SUMMER - FALL 2018

WE ARE SERIOUS ABOUT FUN!

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Swimming Lessons

Soccer

Summer Friends

Toddler Playtime

Tae Kwon Do

Track & Field





New City Wide Community Center Opening Information

www.concordparksandrec.com • www.facebook.com/concordparknrecdept

General Information

CONCORD PARKS & RECREATION DEPARTMENT

Office Hours and Location White Park Office Hours until new **City Wide Community Center Opens** Monday - Friday 8:00 a.m. - 4:30 p.m.

Until Early June Check for Opening Date 1 White St. 14 Canterbury Rd. Concord, NH 03301

Concord, NH 03301

Phone: 603-225-8690 Fax: 603-225-8589

Email: recreation@concordnh.gov www.facebook.com/ concordparknrecdept

Instagram: www.instagram.com/concordparksnrec

Meet Our Staff

David Gill	.Parks and Rec Directo
Laura Bryant	. Recreation Supervisor
•	. Program Coordinator
•	. Recreation Assistant
	.Recreation Assistant
Terri Stevenson	

Chris Jacques	.Grounds Superintendent
603-230-3933	

Sid Chase. Golf Course Manager 603-228-8954

Jill McDaniel. Cemetery Administrator 603-225-3911

PARKS & RECREATION COMMITTEE

Althea Barton Ward 1	
Open Ward 2	
Chiara Dolcino Ward 3	
Amelia Brock Ward 4	
Open Ward 5	
Lauren Flieder Ward 6	
Nick Kotkowski Ward 7	
Marilyn Fraser Ward 8	
Open Ward 9	
Mary Miller (Chair) Ward 10	

David Gill Parks and Rec Dept.

City Council Members

Candace White Bouchard Gail Matson

Looking for a Healthy, Active Camp?

We have twenty different camps that provide the recommended 60 minutes of physical activity per day for your child.

Our Camps Are... Kid Tested...Parent Approved!

Look for this heart next to our camps that provide the recommended amount of physical activity per day.



MISSION STATEMENT

Concord Parks and Recreation is committed to engaging our community with safe, fun, inclusive opportunities to enhance health and wellness by providing programming, parks and recreation facilities.

VISION STATEMENT

Concord Parks and Recreation's vision is to: create cutting edge and sustainable recreational resources to connect our community through education, programs and innovative partnerships to ensure an active city to live, work and play.

> CORE VALUES Engaged • Fun • Diverse

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Beaver Meadow Golf Course



Family T Program

Available every Saturday and Sunday after 4:00 p.m. children 13 years old and younger can play for free with a paying adult. Each child must play with adult. Adults are encouraged to play from the purple tees with their child.

2018 Membership Information

Membership Level	2018					
Full Single (7 Day)	\$1,395					
Full Family 2P (7day)	\$2,350					
Weekday Single (M-F)	\$ 895					
Weekday Family (M-F)	\$1,595					
Young Adult (19 - 39 7 day)	\$ 900					
Junior (under 19)	\$ 275					
Collegiate (FT College Age Student)	\$ 600					
Senior (60+)	\$ 835					
Twilight (7 day - after 1 p.m. Weekdays and after 2 p.m. Weekends	\$995					
*Seniors are 60 years and older Full membership info can be found online						

PUBLIC ALWAYS WELCOME! One Of New England's Oldest Golf Courses, Est. 1896 603-228-8954 www.bmgc.golf

INDOOR GOLF SIMULATORS

May - September \$30 per hour - 7 Days a week



Weekly Specials
(price includes carts)Monday/Tuesday - 2 Seniors (60+)\$80Monday/Tuesday after 1 p.m.
& all day Wednesday - 2 golfers\$80Thursday - Ladies Day - 2 Ladies\$80

Get Golf Ready Clinics									
These 4 week clinics are open to beginners age 18 & older. Price includes one free 9 hole green fee at the end of the clinic.									
AGES:	18	8+							
COST:	COST: \$99 Resident & Non-Resident								
TIME:	6	- 7 p.	m.						
LADIES CLINI	CO-ED CLINI	CS							
DATE	COL	DE	DATE	CODE					
Tuesdays, June 5 - 26	44074	43-1	Thursdays, June 7 - 28	440743-6					
Fridays, Aug. 10 - 31	440743-4		Tuesdays, Aug. 14 -Sept. 4	440743-5					





The 19th Hole at Beaver Meadow

Full Service Bar & Restaurant Outdoor Patios Catering Available Open Breakfast, Lunch

and Dinner

Banquet Facilities are open year round for events and catering.

603-228-5308

CALL OUR PRO SHOP
FOR
PRIVATE AND GROUP LESSONS
603-228-8954



E-CLUB Sign up for the E-Club to receive specials!! <u>www.bmgc.golf</u>

YOUTH GOLF LESSONS

Junior Intro Class						
AGES: 7 - 13						
TIME: 4 - 5 p.m.						
COST: \$60 Resident & Non-Resident						
DATE	CODE					
DATE Fridays, July 6 - 27	CODE 440243-4					

YOUTH SUMMER GOLF CLASSES! SEE PAGE 18

City Wide Community Center

OPENING MONDAY, JUNE 11

Community Center Hours of Operation

Summer Hours: (Monday, June 11 to Sunday, September 16)

Monday – Wednesday: 7 am to 6 pm Thursday: 7 am to 8 pm Saturdays: 8 am – 1 pm Sundays: closed

The new community center will have extended hours starting the week of September 17, 2018.

Many of the rooms at the new community center are available for rent. Please call the office and talk and talk with John for more information.

Library Hours at the Community Center

Tuesdays ,10 am to 4 pm Thursdays, 2 am – 8 pm Saturdays, 9 am – 12 pm



Lobby

RENT-A-COMMUNITY CENTER



Multi-purpose Gym



Teaching Prep Kitchen

New Adult Activities Guide

If you are looking for great adult programming in the Concord region, check out the Concord Parks & Recreations new Adult Activity Guide insert located in this brochure. From language classes to cooking lessons, the guide is sure to have something to attract your interest. Information on these new classes are also online.

The Concord Parks & Recreation will now be offering rentals at three facilities. Along with the familiar Green St. Community Center and the West St. Ward House rental locations, the opening of the City Wide Community Center will allow for a larger selection of rooms to rent for a variety of uses including, pick-up basketball, baby showers, children's birthday parties, etc. Rentals are limited and offered on a space available basis.

City Wide Community Center							
Residential Rental Rates							
Meeting Rooms	\$45 per hour						
Exercise Rooms	se Rooms \$50 per hour						
Auditorium	\$100 per hour						
Kitchen	\$50 per hour						
Gymnasium \$90 per hour prime time \$60 per hour non- prime time							
Prime time consists of Monday - Friday after 5:00 p.m., weekends and holidays							
Non-residents and non-residents groups are charged an additional \$15 per hour							

West Street Ward House	Green Street Community Center			
\$18/hour* As of July 1 rate will increase to \$20	Gym - \$72/hour*			
* Non-Concord / Non-Penacook Resident fees are \$10.00 more per hour for West Street and Green Street Community Centers				

Community News

CONCORD PUBLIC LIBRARY'S HEIGHTS BRANCH





The Concord Public Library's Concord Heights Branch is located in the new Citywide Community Center at 14 Canterbury Road and will be open on Tuesdays 10am-4pm, Thursdays 2pm-8pm, and Saturdays 9am-noon beginning on Tuesday, June 12, 2018

At the Concord Heights Branch, library patrons will have access to a rotating collection of books, movies, music, Chromebooks and other devices. Patrons will also discover a variety of programming ranging from family storytime to How-to Tech workshops. For more information and to stay in the know, follow the Concord Public Library on Facebook (@ConcordPublicLibrary), Instagram (@concordnhlibrary), and Twitter (@ConcordNHLib) and ask to receive the library's monthly eNewsletter!

NEW MULTI-PURPOSE RECREATIONAL BUILDING AT WHITE PARK! (SKATE HOUSE)

The current skate house at White Park was built in 1958. It was immediately used by hundreds of skaters and a generation of Concord youth grew up around the facility. By the middle 90's the building began to decline and shortly thereafter, the bathroom, heating system and the electrical system started to fail. By the late 2000s the building was closed due to numerous safety violations.

At the July 2012 City Council meeting, the Parks and Recreation Director presented a report outlining how the city could use private donations to design a new facility. At the City Council Meeting on August 13, 2012 the City Council approved a donation by the H.L. Turner Group Inc. for the design of a new building. H.L. Turner Group Inc., located here in Concord, offered their architectural and engineering services for the new skate house at no cost to the city. The donation at the time was estimated to be valued at \$60,000.

City Council has approved the new building concept and is interested in building the new facility using a combination of city issued Go Bonds and private donations. The goal is to raise \$450,000 or 50% of the total cost of the building with private donations. To date we have raised over \$100,000. If you are interested in making a donation (small or large) please contact David Gill, Parks and Recreation Director, at 603-225-8690 or dgill@concordnh.gov.

In January of this year, the City of Concord selected Milestone Engineering and Construction based here in Concord to work with city staff and the H.L. Turner Group to develop a guaranteed maximum price for the new building. Once we receive this number we will work with the community to raise the funds needed - we would love to have the building open by January 2019.

When built, this new multipurpose building could be open year round to support programming and activities such as: art programs, birthday parties (next to a great playground!), summer camps, yoga classes and much more. The facility will also provide ice skate rentals during winter months.



Community Centers & Adopt A Spot

CITY AUDITORIUM "THE AUDI"

The Concord City Auditorium is a beautiful historic theatre owned and held in trust by the City of Concord. The Auditorium was built on the western side of City Hall in 1904 and recently restored with volunteer community support.

The theatre includes an elegant lobby space with turn of the century stained glass windows and furnishings.

The theatre house seats between 835 and 841 depending on the configuration of the orchestra seats. The orchestra has seating for 524-535 guests including 9 wheelchair locations. There are 247 seats in the front balcony and 64 second balcony seats. The space is ADA accessible, including the restrooms. The gilded proscenium arch surrounds the 25x25 foot stage performance area. There is a small orchestra pit. Backstage facilities include 9 dressing rooms and 3 restrooms.

Intermission hospitality is offered in the reception lobby. Additionally, this space is available to rent for meetings and receptions. The lobby's capacity is 65 seated guests and 140 standing guests. Recent users include rotary clubs, historical societies, political events, and business and civic organizations. The lobby is rented out in four-hour blocks.

The space has no kitchen facilities but users may bring in refreshments to serve.

"The Audi", as it is affectionately called, hosts over 100 events each season, including lectures, dance recitals, pageants, concerts and the ballet. For a listing of performances for the 2018-2019 season please visit <u>www.theaudi.org</u> or check out the Audi Event Calendar (located under The Audi) at <u>www.concordparksandrec.com</u>.

Please keep us in mind for your next performance, dance recital, lecture or meeting. For rental rates and information, please go to <u>www.</u> <u>concordparksandrec.com</u> or call Terri Stevenson at 603-225-8690.

Upcoming shows:

Shakespeare in Hollywood: May 4th, 5th at 7:30pm. May 6th at 2:00pm For tickets contact www.communityplayersofconcord.org

Annual Perennial Exchange: May 12th 8:00am – 12:00noon.

NV Dance Production "Time Machine" May 19th 11:00am

Gen's Dance Studio "Disney, Movies, Music and Dance" May 26th 2:00pm

Beethoven's Ninth Symphony – May 27th at 2:00pm For tickets www.eventbrite.com

Creative Dance Workshop of Bow "Bright Lights, Big City" June 1st 5:00pm and June 3 at 12:30pm. Tickets call 225-7711.

McKenna Dance Center "Celebrating 11 Seasons of Dance" June 2 at 2:00pm. For tickets call 706-0589

Vibes of Style "We Got Soul" June 10 at 2:30pm. For tickets call 892-9251

Turning Pointe Center of Dance "Mary Poppins and 35 Years of Dance" June 16 2:00pm For tickets call 485-8710

Dance Inspirations "19th Annual Recital" June 17 For tickets call 856-8545

Miss Robin's Dance Etc. "Our Twist on the Story of Aladdin" June 23 at 2:00pm For tickets call 680-1186

Dancesteps Etc. "Broadway and Blast from the Past" June 24 at 1:00pm For tickets call 736-9019

ADOPT A SPOT

Adopt a spot provides a unique opportunity for the business community and individual volunteers to play an active role beautifying the City of Concord through the adoption and sponsoring of a site. There are multiple spots up for adoption throughout the city.

With a minimal commitment of periodic litter pick up, mowing, trimming, weeding and planting at your site, you can greatly contribute to keeping Concord a beautiful place to live and work. A sign will be placed at the site in recognition of your sponsorship.

To join our efforts in making Concord a cleaner, greener city, please contact Chris Jacques at the Parks and Recreation Department at 225-8690 or via e-mail at cjacques@concordnh.gov. You may also visit our web page at www.concordparksandrec.com.





www.concordparksandrec.com

Park Information



The Concord Parks and Recreation Department is responsible for the maintenance, scheduling and planning of the City of Concord's parks and cemeteries. There are over 230 acres of parks and 13 cemeteries comprised of 150 acres.

									Depending on season, some fields are not available									
		Play	Bask	atball ref	nis Trails	LE BOR	ICHIC C	netter	ables Dutdor	S POOL	209 Pr	Little D	eadle based	otholl	DC EN	otball	eld H	otten actions
Beaver Meadow Park			•								•							
Garrison Park	•	•		•			•	•										
Kiwanis River Front Park					•		•											ANTINE DADI
Keach Park	•	•	•			•	•	•			•		•	•				WHITE PARK
Kimball Park	•	•					•	•										
Memorial Field Complex		•	•	•		•	•		•		•	•	•	•	•		•	
Merrill Park	•	•	•	•		•	•	•			•		•	•				
Reed Park	•												•					
River Front Park-Penacook				•			•											
Rolfe Park	•	•	•	•			•	•			•	•	•	•				
Rollins Park	•	•	•	•		•	•	•				•	•			•		*
Russ Martin Park				•											•		•	
Terrill Park				•			•			•								
White Park	•	•		•			•	•				•		•				Concession of the second
Fletcher Murphy Play Lot	•	•					•											FERRE
Thompson Play Lot	•	•					•											
West Street Play Lot	•	•					•											

RENT-A-PARK

Planning a family picnic, a wedding or maybe a company outing? The Parks & Recreation Department would like to schedule your event in one of our many city parks.

Did you know that Merrill Park has a picnic shelter and Rollins Park has a gazebo that are available to rent for your event?

For more detailed information and rental costs, please call John Andersch at 225-8690.

Parks Available to Rent

* White Park * Rollins Park * Rolfe Park * Merrill Park * Russ Martin Park	* Keach Park * Reed Field * Beaver Meadow Park * Memorial Field Complex



TENNIS COURTS

Concord has 20 tennis courts located at six City parks. Court time is free and open to the public (except during tennis lessons and high school matches/ practices).

- Memorial Field: 10 courts
- Rolfe Park: 2 courts
- Beaver Meadow Park: 3 courts
- Merrill Park: 3 courts
- Rollins Park: 1 court
- Keach Park: 1 court

Special Events

MUSIC SERIES SUMMER IN THE CITY

TUESDAY NIGHTS CONCERTS - NEVERS BAND

Concerts begin at 7:00 p.m.

DATE	LOCATION
June 12	Eagle Square
June 19	Kiwanis Riverfront Park - (Arena)
July 4	Memorial Field (July 4 concert begins at 7:45 p.m.) Rain Date is July 5th
July 10	State House
July 17	Rolfe Park
July 24	Keach Park
July 31	State House

Rain Location For Nevers Band: South Congregational Church



This year's Summer Concert Series is brought to you by:

Walker Lecture Fund, Coca Cola, and the Concord Parks and Recreation Department

Donations are accepted at all music performances and are greatly appreciated. Money collected will be used towards our 2019 Summer Concert Series

> **KEACH PARK** Behind the new center

Thursday, August 9 Hokuto Taiko Dojo Drumming 6 - 8 p.m. THURSDAY NIGHTS AT EAGLE SQUARE, DOWNTOWN CONCORD 7 PM

Thursday, July 12 The Sky Blue Boys and Cookie

> Thursday, July 19 Shana Stack Band

Thursday, July 26 Club Soda

Thursday, August 2 Freese Brothers Big Band

> Thursday, August 9 60's Invasion

Thursday, August 16 **TBA**

NATIONAL NIGHT OUT Tuesday, August 7 • Rollins Park • 5-8:30 p.m.

Join us for National Night Out. This "National Night Out Against Crime" is a community crime prevention program and part of the National Association of Town Watch, Inc. This event is held nationwide to promote cooperation between the police and the community. Don't miss this year's festivities which will include food, prizes, K9 demonstrations, the Touch-A-Truck Program, a zoo exhibit, a rock climbing wall and much more.

JULY 4th CELEBRATION Rain Date: Wednesday, July 5th

Celebrate July 4th in Concord, NH Memorial Field Festivities start at 6 p.m. Food vendors, music

Fireworks at 9:15 p.m. (dusk)

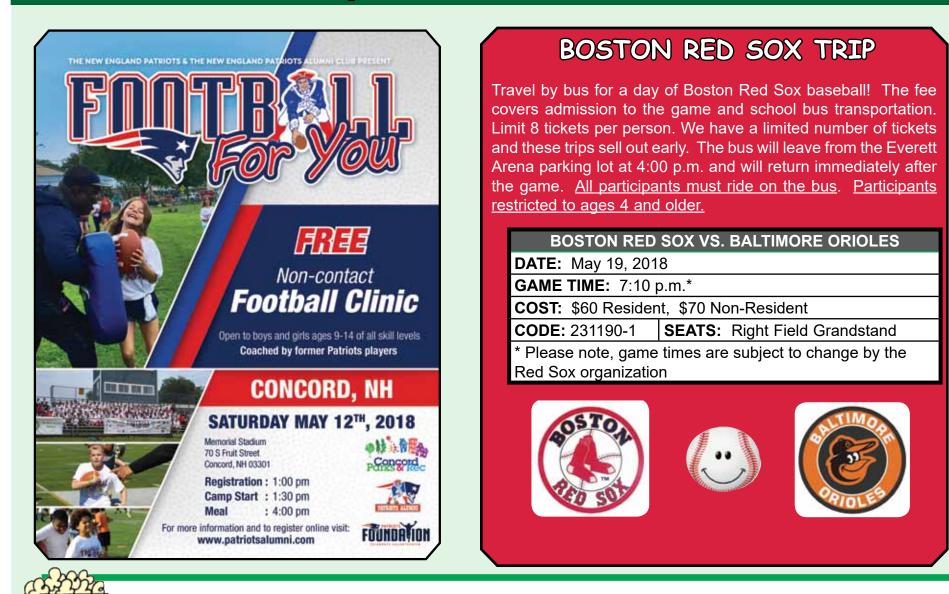


www.concordparksandrec.com



2018 Summer & Fall

Special Events



Movies in the Park

Concord Parks & Recreation has partnered again with Red River Theatres to offer 2 FREE Movies in the Park!

Splash & Sing!

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Join us for an exciting evening of swimming and singing!

Wednesday June 27, 2018 at Rollins Park Splash Bash 6-8pm Rollins Pool Kids ages 10-14. Limited to first 100 participants

Followed by the movie Sing beginning at dusk in Rollins Park, movie is open to all ages.











<u>Zootopia</u>

<u>Wednesday July 11, 2018 at Keach Park</u> We will have a showing of the movie Zootopia beginning at dusk, movie is open to all ages

Summer Camps/Track & Field

It's Time To Plan Your Summer!

We believe that summer is a time for having fun, making new friends and experiencing new activities and adventures. Our summer camps allow your child to do just that in a safe, day camp setting. Please read our "Parent's Guide" from cover to cover, as it will answer many of your questions regarding your child's time at camp. This guide is located on our website.

Camp Staff

Traditional camp staff (Stay & Play Camp, Rec Adventure Camp, & Teen Adventure Camp) are selected based on their interest in working with children. All counselors have had previous experience either as campers themselves or as camp leaders. The staff have CPR and First Aid certification. Creativity, enthusiasm, and excellent communication skills are strong characteristics of our camp staff members. Staff work together as a team and are involved with the campers at all times. The Parks & Recreation Department provides an excellent in-service training program for its staff and requires background checks prior to the start of camp.





SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are not available to non-residents or for adult programs. Scholarships are available for most (but not all) youth programs/camps. Unfortunately, we are not able to offer scholarships for the following summer camps/programs:

* Learn-to-Row *Golf Camp & Lessons * Red Sox Trip *NFL Flag Football * Theatre Camp *High School Soccer



TRACK & FIELD CAMP Instructor: Barb Higgins

Campers will experience all track and field events during this five day camp. Camp is held rain or shine. Please bring lots of water, snacks, sunscreen, and lunch daily. Camp is directed by Barb Higgins.

TRACK & FIELD CAMP		
DATES:	June 18 - 22	
GRADES: 1 – 7 TIME: 8:00 a.m 4:00 p.m.		
		LOCATION: Memorial Field
COST: \$184 Resident, \$194 Non-Resident		
CODE:	247215-1	

JUNIOR TRACK & FIELD CAMP Instructor: Barb Higgins

A great introduction to track and field. Participants will enjoy taking part in age appropriate activities. This camp is designed to teach all students the fundamentals of track and field, the building blocks for developing skills in many other sports. Camp is directed by Barb Higgins.

JUNIOR TRACK & FIELD CAMP		
DATES:	DATES: June 18 - 22	
AGES:	5 - 6 (not in 1st Grade)	
TIME: 8:00 a.m 12:00 p.m.		
LOCATION: Memorial Field		
COST:\$70 Resident, \$80 Non-ResidentCODE:247315-1		



Tennis and Lacross Camps

YOUTH TENNIS CAMP Instructor: Concord Parks & Rec Staff

Children ages 8 - 14 of all ability levels are invited to join us for our Youth Tennis Camps. The Concord Parks & Recreation staff will offer players a fun-filled and energetic tennis camp experience. Players will be challenged at their own level of play, all the while making friends and having serious fun! Beginners will discover tennis fundamentals while experienced players will fine tune skills and train for competitive play.

SESSION 1		
DATES:	July 9 - 13	
AGES: 8 - 14		
TIME: 5:00 p.m 7:30 p.m.		
LOCATION:	Merrill Park	
	Rain location: Green St. Community Ctr.	
COST:	\$90 Resident, \$100 Non-Resident	
CODE:	246215-1	
SESSION 2		

3L3310N Z	
DATES:	August 6 - 10
AGES:	8 - 14
TIME:	5:00 p.m 7:30 p.m.
LOCATION:	Merrill Park Rain location: Green St. Community Ctr.
COST:	\$90 Resident, \$100 Non-Resident
CODE:	246215-2

Participants may bring their own tennis racket but equipment will be available if needed. Please let us know prior to the start of camp if your child will need equipment. Tennis balls are provided.

LACROSSE CAMPS Instructor: Sean O'Brien

CO-ED BEGINNER LACROSSE CAMP

Come learn all of the skills and techniques needed in order to be a team level player. The week will be packed with drills, skills, and games for campers to enjoy while playing and having fun.

99		
DATES:	July 9 - 13	
AGES:	5 - 10	
TIME:	9:00 a.m 12:00 p.m. Early drop off 8:30 am Late pick up 12:30 p.m.	
LOCATION:	Rollins Park Rain Location: Rundlett Middle School	
COST:	\$100 Residents, \$110 Non-Resident	
CODE:	244755-1	



FIELD HOCKEY CAMP

Instructors: Kim Kenney & Kate Letendre

BEGINNER/INTERMEDIATE

Our Field Hockey Camp provides young athletes the opportunity to learn and improve their field hockey skills through excellent instruction and healthy competition. Instructors will have sticks available for participants to use. Camp Directors will be Kim Kenney and Kate Letendre.

,	
DATES	July 30 - August 3
GRADES:	3 - 9
TIME:	5:00 p.m 8:00 p.m.
LOCATION:	Keach Park Rain Location: City Wide Community Center (14 Canterbury Rd.)
COST:	\$92 Resident, \$102 Non-Resident
BEGINNER CODE:	243513-1
INTERMEDIATE CODE:	243513-2
Please wear shin guards & sneakers. Bring water and a snack.	





GIRLS LACROSSE CAMP

Calling all girl youth lacrosse players: Join Coach O'Brien for a week of skills, drills, and games needed to become a successful girl's lacrosse player. Have fun while learning all the techniques you will need to become an accomplished player in the future.

DATES:	July 16 - 20
AGES:	8 - 14
TIME:	9:00 a.m 12:00 p.m. Early drop off 8:30 am Late pick up 12:30 p.m.
LOCATION:	Rollins Park Rain Location: Rundlett Middle School
COST:	\$100 Residents, \$110 Non-Resident
CODE:	244755-2

2018 Summer & Fall

Kids Kamp



This 8-week traditional day camp will offer a different theme each week. Your child will spend their summer days enjoying swimming, tennis, arts & crafts, field games and sing-a-longs. Each week's theme will be celebrated with games, special guests and crafts. All staff are CPR/First Aid certified and have an additional 20+ hours of staff training including water safety.

	STAY & PLAY CAMP		
GRADES: 1–5 (in September 2018)			
TIME:8:30 a.m. – 4:30 p.m. (Early drop-off: 7:30 a.m.; late pick-up: 5:30 p.m.)No extra charge!			
LOCATION:	City Wide Community Center (14 Canterbury Rd.)		
COST:	Resident: \$130 per week EXCEPTIONS: Week 3 (4 days) \$104 Non-Resident add \$10 per week.		

WEEK	DATES	THEME	CODE
Week 1	June 18 - June 22	Nature Week - This week campers will venture into the great wide open to play games, learn songs and make crafts with a nature theme.	240028-1
Week 2	June 25- June 29	e 29 Olympics Week - Campers will be split into teams 2 to compete as individuals and as teams. Bring your game face for a week of non-stop fun!	
Week 3	July 2 - July 6 (4 days-no class 7/4)	Up, Up and Away Week - This week is inspired by the tradition of 4th of July fireworks. Campers will use the sky and outer space as inspiration for all the games, songs and projects for the week.	240028-3
Week 4	July 9 - July 13	Under the Sea Week - Who can think of summer and not think of the ocean? This week's games, crafts and songs will have a sea theme to keep campers cool on those hot summer days!	240028-4
Week 5	July 16 - July 20	Water, Water Everywhere Week - Campers will play in the water every day, learn about cardboard boats, and train for the cardboard boat regatta on Thursday of this week.	240028-5
Week 6	July 23 - July 27	Carnival Week - The counselors will have their hands full as ringmasters this week as campers work together to design and run a carnival all their own!	240028-6
Week 7	July 30 - August 3	Lights, Camera, Action - Calling all performers Kids will spend the week expressing their creative side through acting, music and dance! The week will end with a variety show in which campers can display the performances they've worked on all week.	240028-7
Week 8	August 6- August 10	Summers End - This week campers will experience the best of summer! Sun, water and fun! Enjoy traditional pastimes: capture the flag, playing in the sprinkler and camp songs/stories.	240028-8
	Information on fiel	d trips & special guests will be online in late May	

Please be aware that there will be additional camper forms required.







Free Breakfast & Lunch* at Rec Adventure Camp, Stay & Play Camp and Teen Camp

We are happy to announce that we will again be offering free USDA breakfast and lunch during camps.

Sponsored by: Community Action Program Belknap-Merrimack Counties, Inc.

USDA is an equal opportunity provider and employer

* No lunches provided on Field Trip days

Rec Camp



REC ADVENTURE CAMP - GRADES 3 - 5

REC ADVENTURE CAMP		REC ADVENTURE CAMP	
	GRADES:	3–5 (in September 2018)	
	TIME: 8:30 a.m. – 4:30 p.m. (Early drop-off: 7:30 a.m.; late pick-up: 5:30 p.m. No extra charge!		
LOCATION: City Wide Community Center (14 Canterbury Rd.)		City Wide Community Center (14 Canterbury Rd.)	
	COST: Resident: \$175 per week EXCEPTIONS: Week 2 (4 days) \$140 Non-Resident add \$10 per week.		



WEEK	DATES	THEME	CODE
Week 1	June 18 - June 22	beaches. Indoor Adventure Week - Enjoying some time indoors doesn't have to be boring when 240	
Week 2	July 2- July 6 (4 days-no class 7/4)		
Week 3	July 23 - July 27	Amusement Park Adventure Week - This week will take campers to the best2amusement parks New Hampshire has to offer! We will visit sites such as Canobie Lake2Park, Mel's Funway Park and Skyzone!2	
Week 4	August 6 - 10	Water Adventure Week - Grab your suit and let's go! Campers will enjoy all the water adventures they can handle whether it be surfing, Whale's Tale or kayaking. Fun is sure to be had by all.	240229-4

All field trips leave at 9:00 a.m. sharp. If your child misses the bus, there is NO CAMP for them that day. Please don't be late!



The Concord Crew Summer Learn-to-Row offers a wonderful opportunity for new rowers to learn the basics of rowing. The program is skill-based, instructional, and provides the perfect opportunity to try out a new sport, learn a new skill and make new friends. For those new to rowing, our Learn-to-Row will allow you to experience the teamwork of sweep oar rowing - you don't need experience and it isn't physically intensive. Attendees can expect some light land work: rowing on rowing machines and maybe some light conditioning exercises. The bulk of each day will be learning the basics of sweep oar rowing and teamwork while out on the Merrimack River with your peers and coaches.





LEARN-TO-ROW WITH CONCORD CREW			
GRADES:		7 - 12	
COST:		\$275 (includes t-shirt)	
LOCATION:		Kiwanis Park, behind Everett Arena	
SESSION 1			
DATES:	Mon Thurs., June 25 - July 19 (no class July 4th)		
TIME:	5:0	5:00 p.m 7:30 p.m.	
CODE:	242	242595-1	
SESSION 2			
DATES:	Mon Thurs., July 23 - August 16		
TIME	5:00 n m 7:20 n m		

TIME: 5:00 p.m. - 7:30 p.m. **CODE:** 242595-2

Teen Adventure Camps

GRADES 6 - 8

Adventure Camp is back with exciting new trips and fantastic favorites! Each week we will have a mix of adventures including beach trips, hikes, theme parks, kayaking, surfing, and more! This camp is designed to allow kids to go on an out-of-town escapade each day, Monday through Thursday, with Friday spent in town or used as a make-up date (in the event of foul weather). Daily drop-off and pick-up is at the City Wide Community Center. Staff to child ratio of at least 1 to 8. All staff are CPR/First Aid Certified and have an additional 20+ hours of staff training including water safety.

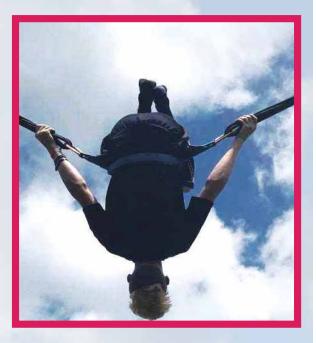
NOTE: All field trips leave at 9:00 a.m. sharp. If your child misses the bus, there is NO CAMP for them that day.

ADVENTURE CAMP		
GRADES:	6 – 8 (in September 2018)	
TIME:	8:30 p.m. – 4:30 p.m. (Early drop-off: 7:30 a.m.; late pick-up: by 5:30 p.m.) No extra charge!	
LOCATION:	"Base Camp" is at City Wide Community Center. After 9 a.m. (Monday - Thursday) we are off campus.	
COST:	Resident: \$175 per week, Except Week 3 (4 days) \$140 Non-Resident add \$10 per week	

WEEK	DATES	THEME	CODE
Week 1	June 18 - June 22	Outdoor Adventure Week - Campers will enjoy time in the mountains and at the beach.	240427-1
Week 2	June 25- June 29	Amusement Park Adventure Week - This week will take campers to the best amusement parks in New Hampshire.	240427-2
Week 3	July 2 - July 6 (4 days-no class 7/4)	Indoor Adventure Week - Enjoying some time indoors doesn't have to be boring when you are visiting places like Funspot, Boston Museum of Science or climbing walls at EVO Rock!	240427-3
Week 4	July 9 - July 13	Water Adventure Week - Campers will enjoy all the water adventures they can handle whether it be surfing, a trip to Whale's Tale or kayaking fun.	240427-4
Week 5	July 16 - July 20	Outdoor Adventure Week - Campers will enjoy time in the mountains, at the beach and seeking adventure at Gunstock's Adventure Park!	240427-5
Week 6	July 23 - July 27	Amusement Park Adventure Week -This week will take campers to the best amusement parks in New Hampshire.	240427-6
Week 7	July 30 - August 3	Indoor Adventure Week - Enjoying some time indoors doesn't have to be boring when you are visiting places like Funspot, Boston Museum of Science or climbing walls at EVO Rock!	240427-7
Week 8	August 6- August 10	Water Adventure Week - Campers will enjoy all the water adventures they can handle whether it be surfing, a trip to Whale's Tale or kayaking fun.	240427-8
	Information on field trips will be online in late May		

Please be aware that there will be additional camper forms required.





SUMMER CAMP PAYMENT PLAN

- A non-refundable payment of \$20 per week is required at time of registration.
- Balance of each camp week is due 14 days prior to the start of that camp.
- Please stop by the office to arrange your summer camp payment plan.

Dance Camps/Theatre/Circuit Lab

MERMAGICAL MERMAIDS & SHIMMERING SWANS

Instruction: Dance Inspirations

As Mermagical Mermaids and Shimmering Swans, tiny ballerinas will dance and leap across the lily pad lagoon in this sparkling summer camp! Dancers will focus on ballet basics and creative movement, as well as fun, imaginative activities and fin-tastic feathery crafts! On the final day join us as Magical Mermaids and Shimmering Swans dance across the sparkling pond, as they perform a dance for you!

MER	MAGICAL MERMAIDS	
DATES:	July 16 - 20	-
AGES:	3 - 6	and a
TIME:	9:00 a.m. – 12:00 p.m.	Dis Marine
LOCATION:	City Wide Community Center	
COST:	\$128 Resident, \$138 Non-Resident	
CODE:	243302-1	

TWIRLTOPIA PRINCESS & PRINCE ACADEMY



Instruction: Dance Inspirations

Cool jewels rule at the Twirltopia Princess & Prince Academy! But the Royal Queen only grants the three sparkling crown jewels to royalty who prove they are confident, fun, friendly, and kindhearted! Campers will love this royal ballet and tap adventure. They will dance through the magical kingdom of Twirltopia and will learn important lessons from their animal friends who will help them reach their crowning moment at the Palace Crown Ball! At the end of the week all are invited to join us at the Palace Crown Ball.

TWIRLTOPIA		
DATES:	DATES: June 25 - 29	
AGES:	3 - 6	
TIME:	9:00 a.m. – 12:00 p.m.	
LOCATION:	City Wide Community Center	
COST:	\$128 Resident, \$138 Non-Resident	
CODE:	243302-2	

INTRO TO THEATRE CAMP

Instruction: Dance Inspirations

This fun, Broadway themed camp will explore musical theatre dancing, theatre games, theatre production, crafts and more! Campers will learn fun facts about popular shows, including Wicked, Matilda, Seussical, Cats, The Little Mermaid and Annie. Your Broadway performers will light up the stage with their Marquee Mix Up crafts and dance activities. At the end of camp, dancers will make their Broadway debut by performing show stopping routines inspired by each of these all-star musicals!



Circuit Lab programs give kids the opportunity to create devices by blending technical concepts with hands-on experimentation. We use the latest technologies including Arduino and

Raspberry Pi to design smart flashlights, race cars, musical instruments, games, and more. It's a creative and fun way to give kids fluency and confidence in increasingly necessary skills.

CIRCUIT MAKERS 101

Instruction: Circuit Lab

In this junior version of our Hands-On Electronics class, students will gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Circuit Lab staff will make sure participants create a project that they can be proud of each day. Most class days include a take-home project.

DATES:	July 23 - 27	
GRADES:	1 - 3	
TIME:	9:00 a.m. – 12:00 p.m.	
LOCATION:	City Wide Community Center	
COST:	\$175 Resident, \$185 Non-Resident	
CODE:	248225-1	

MARQUEE MIX UP		
DATES:	June 25 - 29	
GRADES:	1 – 6	
TIME:	9:00 a.m. – 4:30 p.m.	
LOCATION:	City Wide Community Center Auditorium	
COST:	\$260 Resident, \$270 Non-Resident	
CODE:	243402-1	

Unfortunately, scholarships are not available for Intro to Theatre.



HANDS-ON ELECTRONICS

Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry and step up to projects where our class will design their own interactive and programmable devices. Participants use the latest tools including Arduino (for building interactive devices) and Raspberry Pi (for learning about computers and coding) to experiment with LEDs, resistors, motors, and programming.

DATES:	July 23 - 27	
GRADES:	3 – 6	
TIME:	1:00 p.m. – 4:00 p.m.	
LOCATION:	City Wide Community Center	
COST: \$175 Resident, \$185 Non-Resident		
CODE:	248225-2	

Basketball Camps/Drop In Programs

BASKETBALL TIDE JUMPERS CAMP

This program will be an extension of the winter program where the emphasis will focus on: Ball handling, shooting, lay ups, learning how to V-Cut, pass & catch, and the basics of defense. The camper will learn about the importance of sportsmanship, effort and trying when things are hard. Games will be incorporated into each day. The camp is co-ed and the main instructors will be the Concord High School Varsity coaches: Dave Chase and Tim LaTorra along with some of the Tide players.

chace and him Earling with come of the had playere.	
DATES:	July 16 - 20
GRADES:	K - 2nd
TIME:	9:00 a.m 11:30 a.m.
LOCATION:	City Wide Community Center (14 Canterbury Rd.)
COST:	\$80 Resident, \$90 Non-Resident before April 16 \$95 Resident, \$105 Non-Resident April 16 & after
CODE:	211559-1

This program will be geared towards taking the Jumper graduate

will be on team play and on individual skills allowing the camper

an opportunity to hone personal skills. We will teach the camper

understanding of rules and concepts that will give them a sound

understanding of how to transition into recreational or competitive

City Wide Community Center (14 Canterbury Rd.) \$90 Resident, \$100 Non-Resident before April 16

\$105 Resident, \$115 Non-Resident April 16 & after

Coach LaTorra and Coach Chase will continue to develop an

basketball leagues.

July 16 - 20

211559-2

12:30 p.m. - 3:30 p.m.

3 - 4

DATES:

TIME:

COST:

CODE:

GRADES:

LOCATION:

how to move without the ball and how to use screens and rebound.

and preparing them for the next basketball season. The emphasis



BASKETBALL DEVELOPMENTAL CAMP MIDDLE SCHOOL 3v3 & SHOOTING CAMP

Each day an emphasis will be put on skill development, shooting and understanding how to play 3 on 3 basketball. Drills will be conducted to help the camper understand how to play the game and build confidence in their own abilities. One hour each day will be spent on shooting techniques, one hour on offensive and defensive skills and the final hour will be all about putting the first two hours to work in small sided 3 on 3 games. Emphasis on teamwork while playing will be imperative.

DATES:	July 16 - 20
GRADES:	5 - 8
TIME:	5:30 p.m 8:30 p.m.
LOCATION:	City Wide Community Center (14 Canterbury Rd.)
COST:	\$90 Resident, \$100 Non-Resident before April 16 \$105 Resident, \$115 Non-Resident April 16 & after
CODE:	211559-3

HIGH SCHOOL GIRLS FUTSAL DROP-IN

Join Coach Bill Nardino for an exicitng evening of Futsal. This drop in program is for girls 14-18 years old. Coach Nardino will break participants into teams and run them through a warm up followed by games. This is a great way for players to further develop their skills before the fall soccer season.

Futsal is similar to soccer played on a hard court, smaller than a soccer field, and mainly indoors. It can be considered a version of five-a-side soccer.



1

DATES:	Thursdays, July 12 - August 16
AGES:	14 - 18 yrs old
TIME:	6:00 - 8:00 p.m.
LOCATION:	City Wide Community Center
COST:	\$5 Residents, \$6 Non-Resident



YOUTH BASKETBALL DROP-IN		
DATES:	Saturdays, June 23 - August 18 (9 week program)	
AGES:	10 - 18 yrs old	
TIME:	10:30 - 12:00 p.m.	
LOCATION:	City Wide Community Center	
COST:	\$3 Residents, \$4 Non-Resident	
Concord Parks & Recreation Staff will be on hand to facilitate games		

2018 Summer & Fall

Soccer Camps

Challenger Sports, a leader in New England's youth soccer instruction, will be our soccer camp provider this summer.

Challenger Sports camps provide young players with the opportunity to learn the game from some of the best young United Kingdom and Brazilian coaches.



Camps will cover individual foot skills and provide tactical practices, small sided games, coached scrimmages, and tournaments. Coaches

work with players to elevate their level of play while advocating good sportsmanship, respect for others, and self discipline.

Soccer Camps are held rain or shine, and the rain location is the City Wide Community Center Gym (14 Canterbury Rd.).







NEW!

REC SOCCER PRE-SEASON CAMP

Concord Parks & Recreation is excited to announce a Rec Soccer Preseason Camp for 2018. Challenger Sports' International coaches will provide players with a fun week of soccer as they learn a variety of foot skills, technical drills, tactical practices and freestyle soccer. Players will have the opportunity to put these skills to practice as they participate in a variety of small-sided games and coached scrimmages during our 'Camp World Cup' - the perfect preparation for the fall soccer season.

DATES:	August 20 - 24	CODE: 245013-2		
GRADES:	3 - 6			
TIME:	5:30 p.m 8 p.m.			
LOCATION:	Keach Park			
COST:	\$125 Resident, \$135 Non-Resident			
STREET, STREET	A REAL PROPERTY AND A REAL	and showing the second statements		

	MINI SOCCER CAMP					
	Fun games, competitions and skill-building activities are designed to enlighten and develop budding players.					
	DATES:	July 23 - July 27	CODE: 244913-1			
	AGES:	4 - 6 (not in 1st grade)				
4	TIME: 5:30 - 7:00 p.m.					
1	LOCATION:					
	COST:	\$80 Resident, \$90 Non-Resi	ident			

TETRA BRAZIL CAMP

Players get to experience firsthand the flair, creativity and passion that have made Brazil the most successful soccer nation in the world. Participants will experience the same expert level of training received by professional clubs in Brazil. Campers will learn Brazilian techniques, footwork, moves and of course - fun!

101	,	,		
	GRADES:	1 - 6		NEW
1	DATES:	July 9 - 13		2.n
1		TIME	CODE	COST
	HALF DAY:	8:30 a.m 12:00 p.m.	245213-1	\$125 Res \$135 N-Res
	FULL DAY:	8:30 a.m 4:00 p.m.	245213-2	\$175 Res \$185 N-Res
1	LOCATION:	Keach Park		

BRITISH SOCCER CAMP

This professionally coached camp typically includes: Individual Foot Skills, Fakes, Moves and Turns, Freestyle Soccer, Technical & Tactical Instruction, Small-Sided Games, Daily World Cup Style Tournament, and Fantastic Cultural Experiences. Simply put, amazing coaches, an awesome week of innovative practices with a unique cultural twist each day.

DATES:	July 23 - July 27	CODE: 245013-1		
GRADES:	1 - 6			
TIME:	8:30 a.m 12:00 p.m.			
LOCATION:	Keach Park			
COST:	\$125 Resident, \$135 Non-Resident			

BRITISH ALL SPORTS CAMP

Children will learn new British sports and develop new skills with team-building activities that include more than just running, jumping, catching, kicking and throwing! They will also learn about Respect, Responsibility, Integrity, Sportsmanship and Leadership, while playing hard, having fun and making new friends. New sports will include: Tag Rugby, Cricket, Soccer, Rounders, Kickball and Team Handball

2	DATES:	July 23 - July 27	CODE: 245113-1	New	
Į.	GRADES:	1 - 6		NEW!	
1	TIME:	12:30 p.m 4:00 p.m.		Sunt	
1	LOCATION:	Keach Park		- AC	
ł	COST:	\$125 Resident, \$1	35 Non-Resident		

HOST A COACH

Challenger Sports hires professional coaches from the United Kingdom and Brazil to work at our summer soccer camps. We are inviting local families to provide room & board for these international coaches during their stay in Concord.

In addition to the fun of hosting a coach from the United Kingdom or Brazil, you will receive a refund of \$80 directly from Challenger Sports after the camp is completed. If you would like to apply, please contact Charlotte Owen at 401-213-0458 or e-mail him at cowen@challengersports.com.

Video Camps/Golf Camps

CONCORDTV VIDEO CAMPS

BEGINNER VIDEO CAMP

Campers will be introduced to the basic concepts of video production and will have the opportunity to create their own videos and short films. Topics include: video cameras, video editing, creating studio shows, green screens, scriptwriting and more!

DATES:	July 9 - 13 CODE: 242832-1		
DATES:	July 23 - 27 CODE: 242832-2		
AGES:	8 - 14		
TIME:	12:30 p.m 5:00 p.m.		
LOCATION:	Concord High School Studio		
COST:	\$105 Resident, \$115 Non-Resident		

ADVANCED VIDEO CAMP

Campers return to continue building their skills in the exciting field of multimedia production. We will be using much of the same equipment as the Beginner Video Camp but with more challenging and exciting video projects. **Prerequisite:** Beginner Video Camp

DATES:	August 6 - 10		
AGES:	8 - 14		
TIME:	12:30 p.m 5:00 p.m.		
LOCATION:	Concord High School Studio		
COST:	\$115 Resident, \$125 Non-Resident		
CODE:	242932-1		

FILMMAKING CAMP

Do you want to make your own short films? ConcordTV hosts this exciting summer camp that focuses solely on filmmaking. Campers will watch other films for inspiration, storyboard their ideas, and then use ConcordTV equipment to make their ideas a reality. All completed videos will be posted on the ConcordTV YouTube channel and aired on Public Channel 22.

DATES:	August 20 - 24
AGES:	8 - 14
TIME:	12:30 p.m 5:00 p.m.
LOCATION:	Concord High School Studio
COST:	\$130 Resident, \$140 Non-Resident
CODE:	242938-1



BEAVER MEADOW GOLF ACADEMY

Register with Concord Parks & Recreation





Girls Only Golf Camp					
AGES:	7 - 13				
DATE	TIME CODE				
July 17 - 19	8:00 a.m 12:00 p.m 440143-7				
July 17 - 19	1:00 p.m 5 p.m. 440143-6				
LOCATION:	LOCATION: Beaver Meadow Golf Course				
COST: \$175 Resident & Non-Resident					
All campers will receive a camp shirt					

Junior Co-Ed Golf Camp					
AGES:	7 - 13				
DATE	ATE TIME CODE				
July 10 - 12	1:00 p.m 5 p.m. 440343-2				
August 7 - 9	8:00 a.m 12:00 p.m. 440243-1				
LOCATION:	LOCATION: Beaver Meadow Golf Course				
COST: \$175 Resident & Non-Resident					
All campers will receive a camp shirt					

	Co-Ed Advanced Junior Camp				
DATES: July 10 - 12 (Tues Thurs.)					
AGES:	11 - 16				
TIME:	8:00 a.m 12:00 p.m.				
COST:	\$195 Resident & Non Resident				
CODE:	440343-1				
All campers w	All campers will receive a camp shirt & a 9 hole green fee each day				
	Co-Ed Advanced Junior Camp				
DATES:	Co-Ed Advanced Junior Camp July 24 - 26 (Tues Thurs.)				
DATES:	July 24 - 26 (Tues Thurs.)				
DATES: AGES:	July 24 - 26 (Tues Thurs.) 11 - 16				
DATES: AGES: TIME:	July 24 - 26 (Tues Thurs.) 11 - 16 8:00 a.m 2:00 p.m.				

2018 Summer & Fall

Pool Hours & Rules

POOL REGULATIONS

- 1. Parents/Guardians are responsible for watching their children at all times. Non swimmers must be within arm's reach at all times.
- 2. It is recommended that all non-swimmers and children eight years old and younger wear a lifejacket at all times. The City of Concord requires that lifejacket to be a Coast Guard Approved Class 3 lifejacket or better (3, 2 or 1).
- 3. No one is permitted in the pool at any time unless a Lifeguard is on duty.
- 4. Throwing debris, refuse or any foreign matter in any pool is prohibited.
- 5. Any unruly action such as dunking, pushing, or spitting in the pool is prohibited.
- 6. NO ONE UNDER AGE 10 is allowed in the pool area unless accompanied by an adult (over 16 yrs of age).
- 7. Diving is prohibited at all pools.
- 8. Prohibited from the pool and pool area are: soaps and cleaning agents of any kind. Also prohibited are animals (domestic and wild), glass containers, tobacco, and alcohol. Smoking is not allowed in the pool area.
- 9. All persons admitted in the pool are subject to inspection by the Lifeguard for open cuts and sores and may be denied entrance for health reasons by the Lifeguard.
- 10. All swimmers must wear a regular swimsuit at all times and showers must be taken before entering the pool.
- 11. Anyone distracting or interfering with the Lifeguard on duty, or disobeying instructions of any of the above listed regulations will be subject to criminal penalty under the Law (Chapter 5, Revised Ordinances, City of Concord).
- 12. Children who are not completely toilet trained, must wear tight fitting rubber pants or disposable swim pants, i.e. "Little Swimmers."
- 13.Lifeguards are authorized to expel any person from the pool premises for violation of any Pool Regulation or for just cause. The violator is subject to prosecution under the law. Any person expelled from the pool must leave the park immediately.

PARENT/GUARDIAN EXPECTATIONS

When using the City of Concord Pools please remember the following:

- Please actively supervise your children. Lifeguards are on duty to enforce rules and regulations and to respond to emergencies. Ultimately, parents and guardians are responsible for their children.
- All life jackets worn by children in City pools must be at least a Type 1, 2 or 3 Coast Guard approved lifejacket. No exceptions! No substitutions!
- Please keep children within arm's reach when they are in the water.
- · Limit the use of electronic devices including cell phones.
- Review pool rules with your children.
- Make sure children use the showers before entering the pool.
- Apply sun block often to your children and yourself.

We appreciate you taking time to review these expectations and look forward to a fun and safe summer at the pools.

POOL PASSES

Concord & Penacook Residents: No charge for use of city pools. Pool passes are not required for Concord/Penacook residents. However, residency checks will be conducted daily throughout the summer. Please always bring your photo ID with you when you come to the pools.

Non-Resident Families: Passes may be purchased at the Parks & Recreation Office beginning Monday, May 21st. Cost of a Non-Resident pool pass is \$113 per family. The pool pass is good at all seven pools.

Pool Guest Policy: Residents and Non-Residents may bring guests to the pool. Guests are allowed on a 1 to 1 ratio for ages 10 and older. (i.e. each person over 10 years old may bring one guest).

HOURS OF OPERATION

Regular pool hours begin Saturday, June 16. Pools close for the season Friday, Aug. 10, 4:00 p.m.

Rolfe, Kimball, Merrill, Heights, & Garrison Pools

Monday - Friday 12:30- 4:30 p.m. and 6:00- 7:30 p.m.

Saturday & Sunday from 12:30 - 4:30 p.m.

Rollins Pool Monday – Friday

8:30 a.m. - 12 p.m. (closed-swim lessons) 12:30 – 4:30 p.m. – Public Swim 5:15 – 6 p.m. Adult Lap Swim (age 16+) 5:30 – 6 p.m. –Youth Swim Lessons 6 – 7:30 p.m. – Public Swim



Saturday & Sunday: 12:30 - 4:30 p.m. - Public Swim

During public swim times, one lane is available for adult lap swim.

White Park Pool

Monday – Friday 10 a.m.. – 12 noon, 12:30 – 4:30 p.m. & 5:30 – 7:00 p.m.

Saturday & Sunday from 12:30 – 4:30 p.m.



Looking for a Summer Job?

We are hiring Lifeguards and Water Safety Instructors.

Stating pay \$10.89

We will even pay for your certifications costs.

Apply online: www.concordnh.gov

Swim Lessons



Concord Housing + Redevelopment jumps in to help city kids learn to swim.

Concord Housing + Redevelopment's sponsorship of this year's Parks and Recreation swim program will allow Concord and Penacook children to take part in FREE swim lessons throughout the summer. A catalyst for community wide economic growth and revitalization, Concord Housing + Redevelopment has been making a difference in the

Greater Concord area for more than fifty years and is happy to have another opportunity to positively impact the young lives in our communities. www.concordha.com.



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A clear view of the future.

LESSONS

Welcome to our Pool School (aka Swim Lessons). Lessons are based on learning the fundamentals of swimming while having a fun experience. We ask that all children arrive on time and are ready to swim at the beginning of class. All classes have a max of 8 students.

Splash Tots : Ages 6 months to 3 years.

There are no prerequisites for Splash Tots. Lessons include learning to ask permission for help into water, feeling comfortable in the water and exploring buoyancy on front and back. Parent or caregiver must accompany child into the water and participate in each class.

Preschool: Ages 3-5 years. There are no prerequisites for the Preschool level. Lessons include entering water using ladder, side or steps; blowing bubbles through mouth and nose, rolling from front to back; submerge mouth, nose and eyes.

Learn To Swim Classes:

Level 1 – Ages 5+ Prerequisite: successfully demonstrate the exit skills required for Preschool level. Lessons include treading water, front and back glides, combined arm and leg actions on front and back.

Level 2 – Ages 6+ Prerequisite: successfully demonstrate the exit skills required for Level 1. Lessons include front jellyfish and tuck floats, change direction of swimming on front or back, finning arm action and open eyes under water and retrieve submerged objects.

Level 3 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 2. Lessons include rotary breathing, survival float, back float, tread water and front crawl and elementary backstroke.

Level 4 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 3. Lessons include swimming underwater, front crawl and backstroke open turns, flutter and dolphin kicks on back and tread water with 2 different kicks.

Level 5 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 4. Lessons include tuck and pike surface dives, sculling, front flip turn and backstroke flip turn while swimming.

Level 6 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 5. Lessons include front crawl 100 yards, back crawl 100 yards, breaststroke 50 yards, sidestroke 50 yards and turns while swimming.

NEIGHBORHOOD SWIM TEAMS



Swim teams are for youths, **8 -14 years of age**. Participants have the opportunity to learn the basics of competitive swimming in a fun atmosphere. Swim teams provide an opportunity for swimmers to compete in a City Wide Swim Meet on Friday, August 3 at 9:00 a.m. at Rollins Pool. Interested youth are required to swim at Level 3 or higher and must be able to swim 75 feet without assistance. Swim teams are coached by our Water Safety Instructors. Registration is required by Thursday, June 28th.

I	DATES		Tuesday	Гuesdays & Thursdays, July 3 - August 2, 5:00 - 5:30 p.m.			
	AGES:		8 - 14	3 - 14			
COST: \$6 Resident, \$16 Non-Resident							
	POOL: 0		arrison	Heights	Merrill	Rolfe	Rollins
	CODE:	22	22158-1	222150-1	222153-1	222154-1	222155-1



Pool Information & Swim Lessons

TEDDY BEAR PICNIC

For all the bears that ever there was, are gathered here together because, today's the day the teddy bears have their picnic. There will be music, juice and Teddy Grahams. Children should bring their teddy bear friends along for a parade! \$3.00 entry fee required. No charge for parents!

AGES	POOL	DATE/TIME
3 - 6 yrs old	White	Wednesday, July 11, 5:30 - 7 p.m.

RENT-A-POOL

All City swimming pools, including White Park Pool, are available for rent Saturday or Sunday mornings for children's birthday parties, neighborhood parties or other family gatherings. **The rental rate is \$103** which includes two lifeguards and use of the rest rooms and pool area from **10 am - noon.** Full payment is due when your reservation is made. No rain dates scheduled. Contact John Andersch at 603-225-8690 for more information.

and the second second		When the second second second			
	SATURDAY GROUP LESSONS - NEW!				
June 30th - August 4thDATES:(6 week session)Registration Deadline:Wednesday, June 27					
COST:	· ·	lesidents Ion-Residents			
тім	IE	Kimball Pool (location listed incorrectly	in the physical brochure)		
8:30	am	<u>Level 3</u> 221221-1			
9:00	am	<u>Pre-School</u> 221221-2			
9:30	am	<u>Splash Tots</u> 221221-3			
10:00	am	<u>Level 2</u> 221221-4	ALSO -		
10:30	am	<u>Level 1</u> 221221-5			
11:00	am	Level 4 221221-6	D.		

WEEKDAY GROUP SWIM LESSON CODES & SESSIONS:

221221-6

Please remember to write in the session number (1, 2, 3 or 4) on the registration form next to the code number. For example, If you choose Level 4 at Merrill Pool for Session 2 (July 2 - July 12) you would write down the pool code (220953) and then the section number (2) (220953-2) on the registration form.

All Classes have limited space and are held rain or shine.

FREE Swim Lesson Registration

- Each Concord/Penacook child in the household is entitled to one free 2 week session (8 classes) per child, or one 6 week Saturday session based on availability (first come, first served).
- Swim Lesson registration opens Wednesday, May 9th at 9 am.
- Must register in person or via mail for free lesson
- Registrations for free lessons is for Concord & Penacook residents only.
- Registration will remain open all summer or until lessons are full

Parent Expectations

- Arrive 10 minutes early to be sure your child is ready for lessons
- Attend all classes in a session
- Offer not available for groups or non-residents

	SESSION 1	June 18 - June 28	Registration deadline June 13
1	SESSION 2	July 2 - July 12	Registration deadline June 27
	(no swim	class on July 4th - n	nake up class is July 6th) 🛛 👩
	SESSION 3	July 16 - July 26	Registration deadline July 11
	SESSION 4	July 30- Aug. 9	Registration deadline July 25

	EVENING GROUP LESSONS						
	DAY/TIME:	Sessions 1 -	4, Monday -	Thursday 5:3	0 - 6:00 p.m.		
	COST:	\$30 Residen	its, \$40 Non-F	Residents			
1	POOL	Rolfe	Rolfe Merrill Rollins Heights				
	Session 1	Pre-School 221254-1	Level 1 221453-1	Level 2 221455-1	Level 3 221450-1		
	Session 2	Level 1 221454-2	Pre-School 221153-2	Level 3 221355-2	Level 2 221050-2		
	Session 3	Level 1 221354-3	Level 2 221253-3	Level 4 221255-3	Pre-School 220950-3		
	Session 4	Level 3 221054-4	Pre-School 221353-4	Level 5 & 6 221555-4	Level 4 221150-4		

WEEKDAY GROUP LESSONS

3	DAYS:	Monday - Thursday						
2	COST:	\$30 Residen	\$30 Residents, \$40 Non-Residents					
3	TIME	Merrill	Rollins	Rolfe	Garrison	Heights		
	8:30 am	<u>Level 4</u> 220953	<u>Level 5/6</u> 221155	<u>Level 3</u> 220854	<u>Level 1</u> 270558			
1	9:00 am	<u>Level 3</u> 220853	<u>Level 4</u> 220955	<u>Level 1</u> 220654	<u>Level 2</u> 270658	<u>Level 1</u> 270751		
	9:30 am	<u>Level 1</u> 220653	Pre-School 220555	<u>Level 2</u> 220754	<u>Splash Tots</u> 270758			
	10:00 am	Splash Tots 220253	<u>Level 1</u> 220655	<u>Splash Tots</u> 220254	Pre-School 270858	<u>Level 3</u> 270851		
	10:30 am	Pre-School 220553	<u>Level 2</u> 220556	Pre-School 220554	<u>Level 1</u> 270888			
	11:00 am	<u>Level 2</u> 220753	<u>Level 3</u> 220855	<u>Level 4</u> 220954	<u>Level 3</u> 270958	Pre-School 270952		

www.concordparksandrec.com

Fall Youth Sports



NFL FLAG FOOTBALL

Concord Parks & Recreation is excited to offer NFL Flag; a flag football league for boys and girls, ages 6-11. The league is broken down into two divisions: Division A (6-8 years old) and Division B (9-11 years old).). Teams can register using the Team Registration packet found on the website. A maximum of 10 players are allowed on each team. This league is co-ed; providing boys and girls with the opportunity to learn the fundamentals of football while playing in a safe environment. Teams will have a 20 minutes practice followed by a 40 minutes game each week.

FLAG FOOTBALL					
DATES: Sundays, Sept. 9 - Oct. 21, (No class Oct. 7)			class Oct. 7)		
AGES:		6 - 11 yrs. old			
LOCATION: Reed Field (Hall St.)					
COST:		\$55 Resident,	\$65 Non-Resident		
AGES		TIME	YOUTH CODE	COACH CODE	
6 - 8	9::	30 - 11:30 a.m.	213912-1	213812-1	
9 - 11	11	:30 - 2:30 p.m.	213912-2	213812-2	
In addition to the team registration with Concord Darks					

In addition to the team registration with Concord Parks & Recreation, All players must complete the NFL Player Participation Agreement online at https://www.nflflag.com/parents in order to participate in the league. Registration deadline: August, 24, 2018

Unfortunately, scholarships are not available for Flag Football



HIGH SCHOOL SOCCER

HIGH SCHOOL SOCCER

The high school fall soccer program is for kids grades 9th -12th who want to have some fun and spend time with their friends. This 6-week program will take place on Sunday afternoons in the fall. Registration deadline is Friday, August 31, 2018.

DATES:	Saturdays, September 8 - October 21 (no class October 7)		
GRADES:	9 – 12 NEW!		
TIME:	1:00 – 4:00 p.m.		
LOCATION:	Rundlett Middle School		
COST:	\$50 Residents, \$60 Non-Residents		
CODE:	211444-1		
Unfortunately, scholarships are not available for High School Soccer			

VOLUNTEERS MAKE A DIFFERENCE

Volunteer Coaches Needed!

Do you have what it takes to make a difference? We think you do! Volunteers are the backbone of our sports programs. Because of our solid volunteer base, our programs succeed. Please consider dedicating some of your time to the children of our community by helping them to develop a passion for sports. No reward is as great as knowing that your gift of time and dedication has helped a child.

YOUTH SOCCER COACHES

Coaches are responsible for general team organization, team practices and coordinating the efforts of their players, and assistant coaches during game play. Coaches are required to attend all coaches' clinics and meetings throughout the season.

COACHES MEETINGS

ALL COACHES ARE REQUIRED TO ATTENDED. This includes returning coaches.

DIVISION II - GRADES 3 & 4 Coaches DIVISION III - GRADES 5 & 6 Coaches\Officials Wednesday, August 22, City Wide Community Center, 5:30 p.m.

SOCCER FUN-DAMENTALS and DIV 1

Wednesday, August 29, City Wide Community Center, 5:30 p.m.

**Please come dressed to play! Our coaches meeting will include a clinic portion.

SAFETY FIRST

The Parks & Recreation Department requires all volunteer coaches and staff to complete a criminal background check and are screened accordingly. The Concord Parks & Recreation Dept. and the Recreation & Park Advisory Committee implemented this process over ten years ago as an additional tool to ensure the safety of our program participants.

Player Clinics - Free!

Available for registered Concord Parks & Recreation Players

Calling All Girls! - Ages 3 - 6 yrs.

Join the Concord High School Varsity girls for a free girls only soccer skills clinic - Dates & times will be supplied at a later date.

Boys Will Be Boys! - Ages 3 - 6 yrs.

Join the Bishop Brady boys soccer team for a free boys only skills clinic. Dates & times will be supplied at a later date.



Recreational Soccer Leagues

IMPORTANT TEAM PLACEMENT INFORMATION

<u>Divisions I, II & III</u>

Prior to deadline

* Participants are placed on teams <u>solely</u> based on their grade level and the elementary school they attend as of Sept. 2018.

* Unfortunately, we cannot honor special requests for team placements.

Post deadline

* If spaces are available, late registrants will be placed on teams based on the first open team slot.

* A late fee will be assessed.

Non Public Schools

* If the registrant attends a private school or is home schooled, the child will be placed on their neighborhood elementary school team.



7th & 8th GRADE SOCCER

We do not offer 7th and 8th Grade Soccer as Rundlett Middle School offers a tryout and a non-cut league. Please call the school for information on their soccer program: 603-225-0862.

Divisions II & III Concord/Penacook residents only

DIVISION II - GRADE 3 & 4 DIVISION II SOCCER

This division focuses on team concepts with continued emphasis on fundamental skills. Teams will meet three times per week for practices/games. Team size will be limited to twelve players and games are played $8 \vee 8$. Shin guards and mouth guards are required for this age group. Price includes team T-shirt.

DAYS (BOYS):Games: Thursday nights and/or Saturday morningsDAYS (GIRLS):Games: Tuesday nights and/or Saturday morningsCODE (BOYS):211044-1 Youth213044-1 Head CoachCODE (GIRLS):211144-1 Youth213144-1 Head CoachCOST:\$50 Resident (residents only)	DATES:	Games will start the week of September 3rd			
morningsDAYS (GIRLS):Games: Tuesday nights and/or Saturday morningsCODE (BOYS):211044-1 Youth213044-1 Head CoachCODE (GIRLS):211144-1 Youth213144-1 Head CoachCOST:\$50 Resident (residents only)	GRADES:	3 & 4			
morningsCODE (BOYS):211044-1 Youth213044-1 Head CoachCODE (GIRLS):211144-1 Youth213144-1 Head CoachCOST:\$50 Resident (residents only)	DAYS (BOYS):				
CODE (GIRLS):211144-1 Youth213144-1 Head CoachCOST:\$50 Resident (residents only)	DAYS (GIRLS):	, , , , ,			
COST: \$50 Resident (residents only)	CODE (BOYS):	211044-1 Youth	213044-1 Head Coach		
- $ -$	CODE (GIRLS):	211144-1 Youth 213144-1 Head Coach			
	COST:				

SOCCER FUN-DAMENTALS

SOCCER FUN-DAMENTALS

Focus is on the FUN-damentals! Children will begin to learn the basics of soccer. This is a coed program. Shin and mouth guards are recommended for this age group. Price includes team T-shirt. **DATES**:September 8 - October 20(Saturdays) No games 10/6

AGES:	4 – 6 (Not in 1st Grade)		
TIME:	9 - 9:45 am	CODE: 210613-1 Youth CODE: 212813-1 Head Coach	
TIME:	10 - 10:45 am	CODE: 210613-2 Youth CODE: 212813-2 Head Coach	
TIME:	11 - 11:45 am	CODE: 210613-3 Youth CODE: 212813-3 Head Coach	
LOCATION:	White Park (Sept. 15th game is at Merrill Park)		
COST:	\$45 Resident, \$55 Non-Resident \$10 Late Fee after 7/27/18		

CO-ED DIVISION I YOUTH SOCCER LEAGUE

DIVISION 1 - GRADES 1 & 2

This is a co-ed recreational soccer program. This age group will have 1 practice and 1 game per week. Practice will be held during the week and will be chosen by the volunteer coach. Games will be held on Saturdays between 12 and 3 p.m. Shin and mouth guards are recommended for this age group. Price includes a team t-shirt.

DATES: Saturdays, September 8 - October 20 No games 10/6

GRADES:	1 & 2
TIME:	12 - 3 p.m.
LOCATION:	Keach Park (Sept. 15th game is at Merrill Park)
COST:	\$45 Residents, \$55 Non-Residents \$10 Late Fee after 7/27/18
CHILD CODE: 210713-1	COACH CODE: 212913-1

DIVISION III - GRADE 5 & 6 DIVISION III SOCCER

Teams will meet three times per week for practices/games. Team size will be limited to 12 players and games are played 8 v 8. Shin guards and mouth guards are required for this age group. Price includes team T-shirt.

Rundlett Middle School or private school students in grade 6 should note their neighborhood elementary school when registering.

9 9.			
DATES:	Practices may begin week of August 27. Games will start the week of September 3rd No games 10/6/18		
GRADES:	5 & 6		
DAYS (BOYS):	Games: Thursday nights and/or Saturday mornings		
DAYS (GIRLS):	Games: Tuesday nights and/or Saturday mornings		
CODE (BOYS):	211244-1 Youth	213244-1 Head Coach	
CODE (GIRLS):	211344-1 Youth 213344-1 Head Coach		
COST:	\$50 Resident (residents only) \$10 Late Fee after 7/27/18		

Pre-School

BALLET & TAP

Instruction by: Dance Inspirations

BALLET & TAP - K - 2ND GRADE

Children's Tap/Ballet dance classes for grades K - 2nd will work on techniques in tap & ballet Students learn basic positions and vocabulary in an age appropriate and fun setting!

LUCATION:				
DATES:	Tuesdays, September 18 - November 6			
GRADES	TIME COST CODE			
K - 2	5:00 - 6:00 p.m	\$82 Res, \$92 Non-Res.	260502-1	

BALLET & TAP - 2 - 5 YRS

Ballet and Tap combination classes for 2 - 5 year olds are fun and lively classes that enhance coordination, musicality and creativity. Children will learn the basic concepts of dance, perfecting weight transfers and balance, while working on their improvisation and cooperation skills within a group. Children will learn through games, routines and repetitive movement. These classes help instill the proper etiquette, love, and appreciation for the art of dance.

LOCATION: City Wide Community Center

Wednesdays, September 19 - November 7			
AGES	TIME	COST	CODE
2 - 3	11:00 – 11:30 a.m.	\$42 Res, \$52 Non-Res	260302-1
3 - 5	10:00 – 10:45 a.m.	\$62 Res, \$72 Non-Res	260402-2
Saturdays, September 22 - Nov. 17 (No class Oct. 6)			
AGES	TIME	COST	CODE
2 - 3	10:00 – 10:30 a.m.	\$42 Res, \$52 Non-Res	260102-1
3 - 5	9:00 – 9:45 a.m.	\$62 Res, \$72 Non-Res	260402-1



SPORTIES FOR SHORTIES Instructor: Concord Parks & Recreation Staff

SPORTIES FOR SHORTIES

This exciting class includes fun group games and basic sports skills. Each week will feature a new sport that will help your young preschooler develop gross motor skills such as kicking, running, throwing, catching, as well as social development. This class is limited to 12 participants, however the program must have at least 6 participants to run. Sign up with a friend!

DATE:	Wednesdays, September 5 - October 10	
AGES:	3.5 - 5 yrs. old	
TIME:	2:00 - 2:45 a.m.	
LOCATION:	Keach Park	
COST:	\$25 Residents, \$35 Non-Resident	
CODE:	317704-2	

TODDLER OPEN GYM Instructor: Concord Parks & Recreation Staff

TODDLER OPEN GYM

Do you have an active toddler who needs to burn some energy? We have the answer; join Concord Parks & Recreation staff on Tuesday mornings at Toddler Open Gym. Children ages 18 months -- 3 years old will have the opportunity to participate in open play. Activities include relay races, ball pit, obstacle courses, and much more! Parents are encouraged to participate with their child. All participants should wear comfortable clothes and sneakers with nonmarking soles. *Program must have at least 6 participants to run. Sign up with a friend!*

DATES:	Tuesdays, October 2 - November 6	
AGES:	18 – 36 months	
TIME:	9:30 – 10:15 a.m.	
LOCATION:	Green St. Community Center Gym	
COST:	\$15 Residents, \$25 Non-Residents	
CODE:	261604-1	

KIDS & GROWN UP YOGA Instructor: Alison Murphy

KIDS & GROWN UP YOGA

Kids, bring a grown up with you to this fun yoga class! Suitable for kids ages 2 to 6. Grown ups and kids alike will enjoy this half hour class that incorporates yoga poses, games, and relaxation.

DATES:	Tuesdays, Sept. 18 - Oct. 23	
AGES:	2 - 6 yrs old	
TIME:	11:15 - 11:45 a.m.	
LOCATION:	City Wide Community Center	
COST:	\$22 Residents, \$32 Non-Resident	Jun C
CODE:	362415-1	
		2215

L'IL CHEF'S CLUB

Instructor: Concord Parks & Recreation Staff

L'IL CHEF'S CLUB

Learn how to be a "Lil Chef" in our newly redesigned kitchen! With the help from a parent and an instructor, children will make edible kitchen creations that they'll be able to take home (if there's any left!). Recipes will also be on hand so that parents and children can share their snacks with friends and family. *Program must have at least 6 participants to run. Sign up with a friend!*

DATES:	Wednesdays, September 5 - October 10 (5 week class)	
AGES:	3 - 6 years (not in 1st grade)	
TIME:	10:30 - 11:30 a.m.	
LOCATION:	City Wide Community Center Kitchen	
COST:	\$50 Resident, \$60 Non-Resident	
CODE:	351820-1	

Pre-School & Youth

NATURE BABES

Instructor: Hannah MacBride

NATURE BABES

Join Hannah and explore the local trails this fall with your little one in a front/back carrier. Get to know other parents as you enjoy the outdoors and some snuggle time with your baby. The benefits of the 6-week hiking series are endless: fresh air, parent and child bonding time, new friendships, and exercise! Join us as we explore Carter Hill Orchard Trail, Marjory Swope Park Trail, Winant Park Trail, NH Audubon Society Trail, and Society for the Protection of New Hampshire Forest Trail.

DATES:	Tuesdays, September 18 - October 23	
AGES:	6 weeks and up	
TIME:	10 - 11 a.m.	
LOCATION:	Concord NH trails *exact trail schedule will be announced at a later date*	
COST:	\$35 Residents, \$45 Non-Resident	
CODE:	231700-1	



SAFE SITTER ESSENTIALS Instructor: Concord Parks & Recreation Staff



SAFE SITTER

Our Safe Sitter class is designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting. This instructor-led class is filled with games and role playing exercises. Join in on the fun while learning important safety, childcare, business and first aid/rescue skills

DATE:	Saturday, November 3rd	
AGES:	11 - 14	
TIME:	10:30 - 4:00 p.m.	
LOCATION:	City Wide Community Center	
COST:	\$50 Residents, \$60 Non-Resident	
CODE:	350026-2	



CRAFT WITH ME Instructor: Concord Parks & Recreation Staff

CRAFT WITH ME

Let your little one indulge in paint, glitter and glue in our art room so you don't have to worry about the mess! We will explore different areas, such as painting, drawing and molding. With the help of a guardian, children will discover how to use their creativity in an artistic setting. An adult must be present at the time of the class. *Program must have at least 6 participants to run. Sign up with a friend!*

DATE:	Thursdays, September 13 - October 18	
AGES:	3 - 6 (not in 1st grade)	
TIME:	10:15 - 11:00 a.m.	
LOCATION:	City Wide Community Center	
COST:	\$35 Residents, \$45 Non-Resident	
CODE:	250709-1	

LITTLE HITTERS TENNIS Instructor: Concord Parks & Rec Staff

Little Hitter Tennis is a program for children ages 4 -7. Join Chris Bouressa and staff for an exciting 4 week introduction to the great game of tennis. Our Little Hitters program utilizes the United States Tennis Association's "10 and Under" format to help kids learn and experience the game in a way that is both enjoyable and rewarding, with lighter racquets, larger low-bounce tennis balls and a smaller court. All equipment is provided.

SESSION 1			
DATE:	Tuesdays, & Thursdays June 19, 21, 26 & 28		
AGES	TIME CODE		
4 - 5	5 - 5:30 p.m. 218153-1		
6 - 7	5:45 - 6:30 p.m. 218253-1		
LOCATION:	Merrill Park		
COST:	\$40 Resident, \$50 Non-Resident		

SESSION 2			
DATE:	Tuesdays, & Thursdays July 17, 19 24 & 26		
AGES	TIME CODE		
4 - 5	5 - 5:30 p.m.	218153-2	
6 - 7	5:45 - 6:30 p.m. 218253-2		
LOCATION:	Merrill Park		
COST:	\$40 Resident, \$50 Non-Resident		

Archery & Tae Kwon Do

FALL ARCHERY CLASSES Instructor: Dana White

Dana White, an instructor with over 30 years experience, is a Level II Certified Instructor with the National Archery Association (NAA) and National Field Archery Association, (NFAA).



All equipment is provided.

COST:	\$58 Resident Youth, \$68 Non-Resident Youth
6 week session	\$79 Resident Adult, \$89 Non-Resident Adult
LOCATION: Green Street Community Center	

SESSION 1 - FRIDAYS				
DATES:	ES: September 7 - October 19 (no class Oct. 5)			
BEGINNERS - 9 METERS				
TIME:	5:30 – 6:30 p.m.			
CODE:	215030-1 - Youth	215130-1 Adult		
ARCHERY 1 & 2 - 9 METERS				
TIME:	6:45 – 7:45 p.m.			
CODE:	215230-1 Youth	215330-1 Adult		
ARCHERY 3 & 4 - 18 METERS				
TIME:	8:00 - 9:00 p.m.			
CODE:	215430-1 Youth	215530-1 Adult		

SESSION 1 - SATURDAYS										
DATES:	S: September 8 - October 20 (no class Oct. 6)									
BEGINNERS - 9 METERS										
TIME:	2:00 – 3:00 p.m.									
CODE:	215630-1 - Youth	215730-1 Adult								
ARCHERY 1 & 2 - 9 METERS										
TIME:	3:15 - 4:15 p.m.									
CODE:	215830-1 Youth	215930-1 Adult								
ARCHERY 3 & 4 - 18 METERS										
TIME:	4:30 - 5:30 p.m									
CODE:	215430-1 Youth	215530-2 Adult								



TAE KWON DO Instructor: Daniel Jung

For self defense, sport, fitness and fun come learn a fast action martial art from Korea. Instruction provided by Master Daniel Jung, a 7th degree black belt from NH Kicks Taekwondo Family Fitness. Classes are held at the new Heights Community Center. During the last class, students will participate in a board breaking ceremony. Adult age is considered to be 18 years of age and older.

TAE KWON DO AGES 5 - ADULT							
DATES:	Saturdays, Sept. 8 - Oct. 20 (No class Oct. 6)						
AGES:	5 - Adult						
TIME:	10 - 11 a.m.						
LOCATION:	City Wide Community Center						
COST:	Children: \$60 Residents, \$70 Non-Resident						
0031.	Adults (18+) \$80 Residents, \$90 Non-Residents						
CODE:	219730-1 Youth 219730-2 Adult						





More Fall FUN!

FALL FIELD HOCKEY LEAGUE

FIELD HOCKEY LEAGUE

Fall field hockey provides beginners the opportunity to learn the ins and outs of the game and develop their own skills as a player. During this 6 week program participants will be instructed on how to play the game through skills and drill work and then showcase what they learned with scrimmages starting after the 2nd week.

Sundays, Sept. 9 - Oct. 21 (no practice Oct. 7)
2 - 5
1 - 2:30 p.m.
Rollins Park
\$60 Residents, \$70 Non-Residents
216455-1

NO NEWS IS GOOD NEWS

When you register for any of our programs, don't wait by the phone or camp by your mailbox. The only time you will hear from us is:

* If the class is full
* If the class is canceled
* If there is a change in date or time

CORE COOKING Instructor: Maggie Perez

This is a signature cooking program designed by Maggie that will lay a foundation of nutrition and cooking skills for life. Students will learn about kitchen safety, knife skills, proper food storage, cross contamination, etc. They will be making/cooking healthy snacks, breakfasts, lunches, dinners & smoothies, all in a fun atmosphere that includes nutritional games and activities. At the end of each class students will get to enjoy what they prepared during the class.

	KIDS CORE COOKING
DATES:	Saturdays, Sept. 19 - Oct. 27 (no class Oct. 6)
AGES:	8 - 10
TIME:	10 - 12:00 p.m.
LOCATION:	City Wide Community Center
COST:	\$90 Residents, \$100 Non-Residents
	Fee includes food and class workbook
CODE:	351826-1
	CORE COOKING CLASS
DATES:	Tuesdays, Sept. 18 - Oct. 23
AGES:	11 - 13
TIME:	4:30 - 6:30 p.m.
LOCATION:	City Wide Community Center
COST:	\$90 Residents, \$100 Non-Residents
	Fee includes food and class workbook



2018 Summer & Fall

Film Class/Adult Programming

FILMMAKING ESSENTIALS

Instructor: Josh Hardy

FILMMAKING ESSENTIALS

Like our popular youth video camps, this class will tackle elements of filmmaking, but more in-depth, for student filmmakers looking to hone their skills and craft.

Class 1: Screenwriting: learn the screenwriting format by focusing on plot, character and dialogue to create a short film script to be fast-tracked into production.

Class 2: Filming: learn shot composition, lighting, audio, and directing. Participants will have script and camera in hand and will be provided with all the right tools.

Class 3: Editing: Now that filming is complete, learn how to construct your film elements into a finished piece with cuts, transitions, music and more.

Class 4: Discussion: This session will wrap-up the process. We will discuss how to enter into film festivals, other distribution methods, and view your completed films

DATES:	Tuesdays, Sept. 18, Sept. 25, Oct. 2 & Oct. 9	
AGES:	14 – 20 yrs old	
TIME:	5:00 – 7:00 p.m.	
LOCATION:	City Wide Community Center	
COST:	\$163 Residents, \$173 Non-Residents	
CODE:	353853-1	

NEW ADULT PROGRAMING

The new City Wide Community Center provides the ideal setting to accommodate all the new opportunities we have in store. Please visit page 4 of this brochure for more details about the City Wide Community Center. For all the details on our new adult programming, please look for our Adult Activities Guide or on our web site.

These new programs are open to both residents and non residents.

Language Russian I Russian II Spanish I Spanish II French I

French II Italian Travel & Language

Cooking Classes

Gourmet Cupcakes Italian Cooking

Art

Drawing with the right side of the brain Intro to Acrylics Oil Painting Basics Intro to Drawing Watercolor I

Exercise and Wellness

Boot Camp Zumba Yoga 20/20/20 Intro to self-hypnosis Advanced self-hypnosis Yoga & Meditation Lean Workshop

Music

How to play Guitar I How to play Harmonica I How to play Ukulele I

Misc.

Dog Obedience Digital Camera I Digital Camera II with basic Photoshop Voice over Class



Theatre



ACTING I & II Instructor: Seraphim Afflick

Acting is a great tool to build confidence, self-esteem, and poise. In this class actors play games, learn how to walk, talk, and listen on the stage. Improv, small scenes, and monologues will be explored but Fun is the priority. This class is great for future film & TV stars! The class will also interact with guest speakers from TV and Film.

DATES:	Thursdays, September 20 - October 25						
AGES:	9 - 16 yrs old	9 - 16 yrs old					
LOCATION:	City Wide Community Center						
COST:	\$100 Residents, \$110 Non-Residents						
CLASS NAME	TIME	CODE					
Acting I	3:45 - 5:00 p.m.	353701-1					
Acting II	5:15 - 7:15 p.m.	353701-2					



MUSICAL THEATRE Instructor: Seraphim Afflick

There is a saying in the theatre world- A triple threat! Participants will learn to sing, dance, and act; a real triple threat building class! Classes will cover all areas of theatre arts- acting, singing, dance, playwriting and stage craft. Offering two Musical Theatre classes-Tweens 9- 12 years of age and our Teens program 13-16 Guest speakers from Broadway.

Wednesdays, September 19 - December 5					
City Wide Community Center					
\$175 Residents, \$185 Non-Residents					
TIME	CODE				
4:00 - 5:00 p.m.	353850-1				
5:15 - 6:15 p.m.	353850-2				
	City Wide Community Center \$175 Residents, \$185 Non-Res TIME 4:00 - 5:00 p.m.				

BROADWAY SPROUTS Instructor: Seraphim Afflick

Learn how to sing, dance and act in this beginner musical theatre class! Children will act out their favorite musical numbers in a comfortable and loving environment. Stage direction, Selfexpression, and singing are just a few of the skills that they will practice weekly. With the focus being on the performing art of musical theatre.

DATES:	Mondays, Sept. 17 - Oct. 29 (No class Oct. 8)
AGES:	7 - 9 yrs old
TIME:	3:45 - 5:00 p.m.
LOCATION:	City Wide Community Center
COST:	\$80 Residents, \$90 Non-Resident
CODE:	353753-1



INTRO TO STAND UP COMEDY Instructor: Doris Ballard

INTRO TO STAND UP COMEDY

This class will introduce teens and young adults to the basics of stand-up comedy and will conclude with an actual graduation showcase before a live audience. There will also be visits by comedians who have been successful locally.

Class 1: Exploring styles of successful stand-up comedians and starting to develop each student's possible "personas."

Class 2: Writing to make people laugh and learning the basic protocols of stand-up comedians; students will start to have time at the mic during this class session.

Class 3 and 4: Students will be trying out their material during the final 2 sessions.

Class 5: Graduation Showcase before a live audience (Date to be determined)

This workshop is presented by Doris Ballard, producer of Laughta in New Hampsha School of Comedy who has been performing comedy for more than 30 years. Local stand-up comedians will also be invited to drop by and provide feedback and tell their stories to the class.

DATES:	Tuesdays, Sept. 18, Sept. 25, Oct.2 & Oct. 9 plus a showcase date (TBA)
AGES:	14 – 20 yrs old
TIME:	5:00 – 7:00 p.m.
LOCATION:	City Wide Community Center
COST:	\$163 Residents, \$173 Non-Residents
CODE:	353605-1

How to Register

HOW DO YOU REGISTER?

It's simple and easy. You can:

Register via paper form

 Register with us directly by stopping by the Concord Parks & Recreation Office, 1 White St., Monday through Friday between 8:00 a.m. and 4:30 p.m. Please note on May 29 we will be moving to the new community at 14 Canterburry Road
 Visit our website, <u>www.concordparksandrec.com</u> and download the registration form, fill it out and mail, fax, or bring it in with your check or credit card (Mastercard/Visa).

Register online

 In order to register online you must have registered at least once via the paper registration form (see above). Once you have registered via the paper form you may contact us at 603-225-8690 to request username and password for onlne registration. After receiving your username and password you will be able to register online at <u>www.concordparksandrec.com</u>.

Please Note:

- Registration forms must be completed by a parent or legal guardian.
- Please Register Early all classes, camps or programs have limited space. Registrations are taken on a first come, first served basis and may fill up before listed deadlines.
- Please complete the registration form in full. Be sure to include the program code number. List all the programs you and/or your children will be participating in on the registration form.
- If you arrive after hours to drop off a completed registration form and payment, please drop it in the mail slot of our front door at our White Park office.

NON-RESIDENTS

Non-residents must pay an additional non-resident fee. Some programs are limited to Concord/Penacook residents only.

Families must reside in Concord/Penacook to qualify for residency rates. Business ownership does not qualify.

PHOTO POLICY

We may take photographs and/or video for department marketing purposes only. If you do not want your child to be photographed, please note this on your registration form.



RECREATION SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee waiver. Scholarships are available for most (but not all) youth programs. <u>Scholarships are not available to</u> <u>Non-Residents or for adult programs and do not include late fees.</u>

PROGRAM CANCELLATIONS

Daytime Activities:

Programs may be cancelled due to inclement weather. A decision regarding a cancellation will be made at least one hour prior to the start of a program. If deteriorating conditions force on-site cancellations, a representative will remain on site until all children are picked up by their parent or guardian.

Evening Activities:

Cancellation for evening activities will not be made until at least 3:00 p.m. to allow for changing weather conditions.

Cancellation Notifications:

Cancellations will be posted online at <u>www.concordparksandrec.com</u> and on our Facebook page.

Weather Cancellation Refund Policy:

In the event of inclement weather, it may be necessary to cancel Concord Parks & Recreation programming. In all cases, safety is of the utmost importance. Refunds will not be processed if programs are cancelled due to weather. However, when possible, Concord Parks & Recreation will do our best to reschedule.

PROGRAM REFUND POLICY

Refunds are issued when the participant enrolled in the program has a note from their physician's office stating they are not able to participate in a program because of a medical condition.

CAMP REFUND POLICY

All requests for refunds must be made in writing. Cancellations received three weeks or more prior to the start of the camp are eligible for a full refund minus the \$20 per camp deposit required at registration. Cancellations received under three weeks will not be eligible for a refund unless accompanied by a doctors note.

www.facebook.com/concordparknrecdept

www.instagram.com/concordparksnrec

SUMMER CAMP PAYMENT PLAN

- A non-refundable payment of \$20 per week is required at time of registration.
- Balance of each camp week is due 14 days prior to the start of that camp.
- Please stop by the office to arrange your summer camp payment plan.

2018 Summer & Fall

Registration Form

Prior to May 29, 2018 RETURN WITH PAYMENT TO: Concord Parks & Recreation Dept. 1 White St. Concord, NH 03301 Make Checks Payable to: City of Concord			On or After May 29, 2018 RETURN WITH PAYMENT TO: Concord Parks & Recreation Dept. 14 Canterbury St. Concord, NH 03301 Make Checks Payable to: City of Concord			01 Of Fa	CONTACT US AT: Office: 603-225-8690 Fax: 603-225-8589 E-mail: recreation@concordnh.gov Web: www.concordparksandrec.com							
	Adult First & La	Adult First & Last Name												
PARENT/ GUARDIAN	Address													
CONTACT	City		State					Zip						
	Home Phone					Work Phone				Cell F	hone			
<u>Please Print</u>	E-mail					Emergency Conta	act Name			Phone	e Num	umber		
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List any special nee	ds or medical	condition	s we	should know	about:								<u> </u>	L]
In Consideration of being p activities of the City of Conc WAIVE, DISCHARGE, AND agents, individually or in an of from all liabilities, claims, a Releasee arising out of or in activity, for bodily injury, dea activity. I understand that th action or inaction of any R RISK OF INJURY OR PROF in or as a result of the activity medical personnel in the evo numbers provided. All Parks be photographed for City of the	ord, New Hampsh CONVENANT No official capacity for ctions, damages, any way connect th or property dar his release and w eleasee or other PERTY DAMAGE by In addition, I yent that the part & Recreation Dep	pecific reque nire Park and OT TO SUE the City (all f costs or ex red to participa nage suffered vaiver include wise. I HER due to the ne give my perm ent/guardian partment class s and promotio	st, for Recrea the Cit or purp penses ation in by me es any EBY A gligeno nission named es/evel ons.	me or my child ation Departmen y of Concord, its ooses herein also s which we may the activity, incl e/my child/ward b claim or action SSUME FULL R ce of Releasee of for the child(ren below can not nts may be photo	/ward to p t, we HER s officers, o referred t y have ag uding, trav before, dur based on ESPONSI or otherwis o) to be tre be reache	participate in the REBY RELEASE, employees, and to as "Releasee") aainst any of the vel to or from the ring, or after said the negligence , BILITY FOR ALL se while engaged pated by qualified ed at the phone	Roungram assista wise u cos REF wher Depa has a not a medi is ca reque	UND I a class artment ble to p cal con ncelled est for a	PROC PROC Single Control PROC Single Control PROC Single Control PROC Single Control PROC Single Control PROC Single Control Single Control S	pro- vide other- d the m. CEDUR ancelled e particip physicia pate in th . Refunct o inclem nd was u	To Amo E - Re by the pant en an's of ne pro s will ent we unfairly	e Parks nrolled i ffice sta ogram b not be i eather. y denied	► are issued are issued as & Recre- in the pr ating they because issued if If you fe d, there	eation rogram y are of a f a class eel your
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(603)225-8589 your credit information (Visa/MasterCa										d Check #				

name & password. First time May 29: 14 Canterbury St.

Concord, NH 03301

CSC (3 digit) (on back of card)

COMPLETE IF PAYING BY CREDIT CARD

registrants must use paper

form initially.

CC NUMBER

Name as it appears

on the Card:

→ EXPIRATION DATE:

our new office at 14 Canterbury Rd
to fill out your registration in person.Check # _____Office hours are 8 a.m. - 4:30 p.m.Amount: _____Date :_____Initials:_____

MasterCard

Visa

Signature

THE NEW ENGLAND PATRIOTS & THE NEW ENGLAND PATRIOTS ALUMNI CLUB PRESENT

FREE

Non-contact Football Clinic

Open to boys and girls ages 9-14 of all skill levels Coached by former Patriots players

CONCORD, NH

SATURDAY MAY 12TH, 2018

Memorial Stadium 70 S Fruit Street Concord, NH 03301

Registration : 1:00 pmCamp Start : 1:30 pmMeal : 4:00 pm

For more information and to register online visit: www.patriotsalumni.com





