

EDUCATION

Bachelor of Arts, Liberal Arts, May 2004

New College of Florida, the Honors College of the Florida University System

Undergraduate Thesis: *"Adventure Education: The Modern Day Erdkinder?"*

Honors: Delta Kappa Gamma Academic Scholarship, 2001

Maryville College

GPA: 3.9

Honors: Presidential Scholar; Dean's List: Fall 1999, Spring 2000; Member of Phi Theta Kappa

Massage Therapy Certification, August 2016

Great Bay Community College

GPA 3.8

WORK EXPERIENCE

Farm and Winery Manager

Mermaid Hill Farm, LLC, April 2018 - Present

- Manage all aspects of the farm and winery operations
- Manage staff
- Manage marketing
- Bookkeeping
- Ensure regulatory compliance

Licensed Massage Therapist and Co-Owner

All Elements Healing, LLC, August 2016 – Present

- Manage All Elements Healing, LLC internal and external events
- Manage scheduling
- Offer direct services to clients
- Facilitate workshops

Development Director and Youth Mentor

Appalachian Mountain Teen Project, August 2013 – August 2016

- Facilitated organization's development strategy
- Wrote and managed grants
- Managed fundraising department
- Co-developed projects and programs
- Implemented first and second Youth Symposium in Belknap County
- Worked with BOD to develop a three-year strategic plan
- Worked with Executive Director to improve administrative systems
- Developed/improved outreach/marketing materials and tools
- Effectively collaborated with community partners in Belknap County
- Worked one-on-one with youth and families with limited resources and high needs
- Coordinated adventure, service and other day and multi-day trips
- Supported participants through advocacy in the home, school and community

Beginner Farmer Program Coordinator

Northeast Organic Farming Association (NOFA-NH), January 2012 – February 2016

- Assessed the needs of beginner farmers in NH
- Established educational programming for beginner farmers in NH
- Coordinated beginner farmer scholarships to local and regional conferences & workshops
- Established and managed a state-wide Journeyperson program
- Established and managed a state-wide mentorship program for beginner farmers
- Established and managed an online apprenticeship and farm labor listing
- Collaborated with agricultural service providers and partners state-wide and regionally
- Worked with federal and state agencies, organizations and officials
- Supported program marketing and outreach

Assistant Teacher (Full Time)

Green Valley School, Pembroke, NH, 2010-2011

- Assisted Upper Elementary and Junior High teachers in classroom management and curriculum development/planning
- Lead outdoor science and P.E. classes
- Lead expeditionary learning field trips
- Created experiential history, science, creative writing and naturalist curriculum
- Facilitated students in developing a classroom garden
- Wrote Upper Elementary weekly newsletter and participated in parent conferences
- Successes: I learned a lot about 4-6th graders, and how to get them excited about learning.
- Difficulties: Low pay and limited creative flexibility.

Assistant Education Director (FT/Contract)

The FARM Institute, Martha's Vineyard, MA, Summer 2009/2010

- Managed organizations' registration database
- Created and compiled all pertinent registration/medical forms
- Developed policies and procedures to meet MA Board of Health standards
- Worked with nurse practitioner to ensure health and safety of participants
- Assisted Education Director in summer staff training
- Co-developed first expeditionary program
- Developed curriculum and ran educational programs
- Collaborated with Education Director to develop first on-site residential program
- Successes: Developed strong relationships with my colleagues in a high-stress situation, and co-developed an awesome residential program where I met one of my best friends in NH before moving to the state.
- Difficulties: The organization underwent multiple administrative transitions in the two seasons I worked there, and there was a lot of insecurity. It was sometimes difficult to get information and make good decisions due to an absence of clarity and vision, and this felt very stressful.

Additional Employers Prior to 2010: Outward Bound, Longacre Leadership, Longacre Farm, Sound to Sea, New Gate School, Center Montessori School, Sarasota Film Festival

COMMUNITY LEADERSHIP, MEMBERSHIP & TRAINING EXPERIENCE

American Association of Marriage and Family Therapists (AAMFT) and AAMFT NH Family TEAM Member

2018 - Present

Greater Concord Chamber of Commerce

2016-Present

Associated Bodywork and Massage Professionals

2015-Present

500-hour Advanced Yoga Teacher Training

2016

NOFA-NH Education and Winter Conference Committee

2011-2015

Pittsfield Youth Workshops Board of Directors, Member at Large

2014-2015

GreenStart Board of Directors, Member at Large

2013-2015

USDA Secretary's Advisory Committee on Beginning Farmers & Ranchers

2013 - 2014

New England Farmers Union (NEFU) Legislative Committee

2012-2014

TRAVEL, HOBBIES, & INTERESTS

Writing and Poetry

- Currently working on my first poetry collection (2018)
- Co-facilitated a Yoga and Writing workshop (2016)
- Co-edited college literary magazine, *Backwards and Ugly* (2001-2004)

Outdoor Leadership and Adventure (2000-Present)

- Sailing/Racing
- Rock Climbing
- Backpacking
- Mountain/Road Biking
- Diving (PADI certified)