



2025-2026 Fall-Winter Brochure

Fun For All Ages!!

General Information

CONCORD PARKS & RECREATION DEPARTMENT

Office Hours*

Monday - Thursday 8 a.m. - 7 p.m.

Friday - 8 a.m. - 4:30 p.m.

Saturdays - 8 a.m. - 2 p.m.

Sunday - Closed

*Hours may vary based on programs and

events

14 Canterbury Rd., Concord, NH 03301

Phone: 603-225-8690 Fax: 603-225-8589

Email: recreation@concordnh.gov

www.facebook.com/concordparknrecdept www.instagram.com/concordparksnrec

Meet Our Staff

David Gill. Director

Laura Bryant. Assistant Director

Dominic Brooks. . . Permitting & Recreation

Manager

John Dennett. Recreation Assistant Terri Stevenson . . Fiscal Supervisor

Dan Lamoureux . . Recreation Supervisor Lou Lapointe Parks Supervisor

Jill Huckins Cemetery Administrator

603-225-3911

RECREATION & PARKS COMMITTEE

Althea Barton	Ward 1
Robert Kleiner	Ward 2
Jim Figueira	Ward 3
Sarah Beauregard	Ward 4
Zoey Murphy	Ward 5
Brian Sartorelli	Ward 6
Nick Kotkowski	Ward 7
Vacant	Ward 8
Deodonne Bhattarai	Ward 9
Mary Miller (Chair)	Ward 10

David Gill	Parks and Rec Dept.
Laura Bryant	Parks and Rec Dept.
Barb Higgins	Concord School District
Kenny Edwards	Merrimack Valley School
	District

City Council Members

Michele Horne Nathan Fennessy

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To Avoid Class Cancellation Be An Early Bird!

Register at least 7 days prior to the start date to avoid class cancellation!

All classes have limited space.



CONCORD PUBLIC LIBRARY'S HEIGHTS BRANCH

The Concord Public Library's Heights Branch is located in the City Wide Community Center at 14 Canterbury Road.

At the Heights Branch, library patrons will have access to a rotating collection of books, movies, music, Chrome books and other devices. Patrons will also discover a variety of programming ranging from family story-time to How-to Tech workshops.

For more information and to stay in the know, follow the Concord Public Library on Facebook (@ConcordPublicLibrary), Instagram (@concordnhlibrary), and Twitter (@ConcordNHLib).

Library Hours for the Heights Branch

Tuesdays, 11 a.m. - 6 p.m. Wednesdays: 9 a.m. to 4 p.m. Saturdays: 9 a.m. to 1 p.m.

How to Register

HOW DO YOU REGISTER?

It's simple and easy. You can:

Register via paper form

- 1) Register with us directly by stopping by the Concord Parks & Recreation Office, 14 Canterbury Rd. (Please refer to the operating hours on page 2 of this brochure).
- 2) Visit our website, <u>www.concordparksandrec.com</u> and download the registration form, fill it out and mail, fax, or bring it in with your payment (cash, checks, or credit cards).

or

Register online

1) Your can register online - if you have taken part in one of our programs in the past you already have a user name and password. If you are new you can create a household to allow you to register online. Please take the time to fill out all information online: family members, date of birth, grade, emergency contact information and email etc. Questions please email us at recreation@concordnh.gov and someone will get back in touch with you within 2 business days.

Please Note:

- Registration forms must be completed by a parent or legal guardian if registrant is under 18.
- Please register early all classes, camps or programs have limited space. Registrations are taken on a first come, first served basis and may fill up before listed deadlines.
- Please complete the registration form in full. Be sure to include the program code number. List all the programs you and/or your children will be participating in on the registration form.

Please register as soon as possible as it will help ensure that classes will run. Some classes may be cancelled within 5 days of starting if the class minimum is not met.

NON-Resident

Non-resident must pay an additional non-resident fee. Also, some programs are limited to Concord/Penacook resident only.

Families must reside in Concord/Penacook to qualify for residency rates. Business ownership does not qualify.

PHOTO POLICY

We may take photographs and/or video for Department marketing purposes only. If you do not want your child to be photographed, please note this on your registration form.



YOUTH RECREATION SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook resident. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are available for most (but not all) youth programs. Scholarships are not available to Non-Resident or for adult programs and do not include late fees.

PROGRAM CANCELLATIONS

Weekends:

Should we experience inclement weather on weekends, staff will post any closings/cancellations on our Facebook page by 8:00 a.m. for morning programs and 1:00 p.m. for afternoon/evening programs.

Evening Activities:

Cancellation for evening activities will not be made until at least 3:00 p.m. to allow for changing weather conditions.

Cancellation Notifications:

Cancellations will be posted online on our Facebook page.

If deteriorating conditions force on-site cancellations, a representative will remain on site until all children are picked up by their parent or guardian.

Weather Cancellation Refund Policy:

In the event of inclement weather, it may be necessary to cancel Concord Parks & Recreation programming. In all cases, safety is of the utmost importance. Refunds will not be processed if programs are cancelled due to weather. However, when possible, Concord Parks & Recreation will do our best to reschedule.

PROGRAM REFUND POLICY

Refunds are issued when the participant enrolled in the program has a note from their physician's office stating they are not able to participate in a program because of a medical condition.



www.facebook.com/concordparknrecdept www.instagram.com/concordparksnrec

Park Info / Online Registration



The Concord Parks and Recreation Department is responsible for the maintenance, scheduling and planning of the City of Concord's parks and cemeteries. There are over 20 parks with over 300 acres of land and 13 cemeteries comprised of 150 acres.

Depending on season, some fields are not available

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Beaver Meadow Park	•				•									•							
Canal St. Park - Penacook						•			•												
Garrison Park		•	•			•				•	•										
Kiwanis River Front Park						•	•			•											
Keach Park		•	•	•		•			•	•	•			•		•	•				
Kimball Park		•	•							•	•										
Memorial Field Complex			•		•	•			•	•		•		•	•	•	•	•		•	
Merrill Park		•	•		•	•			•	•	•			•		•	•				
Reed Park		•														•					
River Front Park-Penacook						•				•											
Rolfe Park	•	•	•		•	•				•	•			•	•	•	•				
Rollins Park	•	•	•		•	•			•	•	•				•	•			•		
Russ Martin Park						•												•		•	to a set long
Terrill Park						•				•			•								
White Park		•	•			•		•		•					•		•				
Fletcher Murphy Play Lot		•	•							•											
Thompson Play Lot		•	•							•											
West Street Play Lot		•	•							•											
* In 2023 the White Park Pool w	as c	onve	rted	to a	Spla	sh P	ad!		Rol	fe Pa	ark h	as 6	ded	icate	d pic	kleb	all co	ourts	!		





ONLINE REGISTRATION ACCOUNT INFORMATION How to Update Family Members on Your Online Account

- *Go to our website: www.concordparksandrec.com
- *Click on the "Online Registration" button
- *Sign into your account with your username and password
- *Once signed in, click the "Account" tab on top of the page
- *Then click on the "Household & Member" drop-down button
- *You will have options to edit most of the information
- *To add a new family member, click the "Add New Member" button
- *Items you can change include:
 - o Email, Phone numbers, Medical concerns, Child's grade in school
- *You will not be able to change: names, birthdates or addresses. If you entered a wrong birthday or address when you created the account, please contact us at recreation@concordnh.gov or call us at 603-225-8690

How to find your username and password

- *If you do not know your username or password, click the "Login" button
- *Then, click on the forgotten password or forgotten username
- *Enter your email address and click submit
- *You should receive an email with your username or password in about 5 minutes
- *If you don't receive an email, then we have a different email on file or you need to create an account
- *If you need to create a new account, click on the create a new account button.
- *If you are not sure if you have an account, please contact us at recreation@concordnh.gov or 603-225-8690

Recreation Rental Facilities

Concord Parks & Recreation offers rentals at four indoor facilities. Along with the familiar Green St. Community Center, and the West Street Ward House rental locations we also offer space at the City Wide Community Center and the Merrimack Lodge at White Park. This will allow for a larger selection of rooms to rent for a variety of uses including, pick-up basketball, baby showers, children's birthday parties, etc. Rentals are limited and offered on a space available basis.

City Wide Community Center						
Residential Rental Rates*						
Meeting Rooms \$15 per hour						
Exercise Rooms	\$15 per hour					
Auditorium	\$25/hour Res, \$55/hour Non-Res.					
Gymnasium	\$90 per hour prime time					
	\$60 per hour non-prime time					
Prime time for gym rentals is Monday - Friday after 5:00 p.m.,						
weekends and holidays						
*Non-resident and no	on-resident groups are charged an additional					

\$20 per hour (\$30/hour for the Auditorium at the CWCC).

Rentals outside regular open hours at the CWCC are charged \$40 per hour in addition to the rates above.

West Street Ward House	Green Street
	Community Center

Gym - \$72/hour

Non-resident and non-resident groups are charged an additional \$20 per hour









Merrimack Lodge at White Park

Resident Rental Rates:

\$17/hour

\$100 for the first 2 hours - 2 hour minimum, \$75 per hour after the first 2 hours.

Non-Resident Rental Rates:

\$135 for the first 2 hours (minimum), \$95 per hour after the first 2 hours.

The rate includes the use of the patio and the indoor great

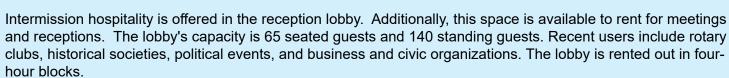




City Audi

The theater includes an elegant lobby space with turn of the century stained glass windows and furnishings.

The theater house seats between 835 and 841 depending on the configuration of the orchestra seats. The orchestra has seating for 524-535 guests including 9 wheelchair locations. There are 247 seats in the front balcony and 64 second balcony seats. The space is ADA accessible, including the restrooms. The gilded proscenium arch surrounds the 25x25 foot stage performance area. There is a small orchestra pit. Backstage facilities include 9 dressing rooms and 3 restrooms.





The space has no kitchen facilities but users may bring in refreshments to serve.

"The Audi", as it is affectionately called, hosts over 100 events each season, including lectures, dance recitals, pageants, concerts and the ballet.

Type of Organization	Performances	Full Venue	Rehearsal
		2 performances in	
		one day	
Concord Resident Non-Profit	\$335.00	\$610.00	\$150.00
Concord Resident- Profit	\$610.00	\$1190.00	\$150.00
Non-Resident Non - Profit	\$610.00	\$1190.00	\$150.00
		paid in advance	
Non-Resident - Profit	\$920.00	\$1815.00	\$150.00
		paid in advance	



Please join us . . .

Here are a few of the upcoming shows . . .

Walker Lectures

Walker Lectures are always fun and interesting and did I mention free? All programs start at 7:30 p.m.

October 1, 2025 - The Grand Ole Opry Through the Years

October 8, 2025 - The Triple Crown of Hiking

October 22, 2025 - Ghosts and Legends with Jeff Belanger

October 29, 2025 - Classic Piano with pianist Mark Valenti

November 5, 2025 - Seasonal Bell Music

Concord Community Players

October 17, 2025 - Concord Community Players present "Something Rotten Jr." - a Children's Theatre Project

October 18, 2025 - "Something Rotten Jr."

November 21, 2025 - Concord Community Players present "The Adams Family"

November 22 & 23, 2025 - The Adams Family

October 19, 2025 The Coachmen's 48th annual Fall Festival Show

Concord Community Concerts

October 24, 2025 - Concord Community Concerts presents Spanish Brass

November 2, 2025 - New England Petite Pagent

<u>Dance Studio Presentations</u>

December 6, 2025 - A Holiday Spectacular by Concord Dance Academy

December 13, 2025 - The Nutcracker presented by Turning Pointe Center of Dance

December 14, 2025 - Holiday Spectacular by Granite State Dance Center

December 21, 2025 - The Nutcracker presented by the New Hampshire School of Ballet

For tickets and additional information on shows please visit the individual presenter's website

Adult Programing

ENRICHMENT CLASSES								
SESSION 1	Code	Day of Week	Dates	Time	Price			
Beginner French	600204-2	Tuesdays	11/4 - 12/16	4:00-5:30 p.m.	\$125 Res, \$135 Non			
Intermediate French	600304-2	Wednesdays	11/5 - 12/17	4:00-5:30 p.m.	\$125 Res, \$135 Non			
Advanced French	600208-2	Mondays	11/10-12/15	4:00-5:30 p.m.	\$125 Res, \$135 Non			
Adult Watercolor	600113-2	Mondays	11/3 - 12/8	5:30 - 7:00 p.m.	\$60 Res, \$70 Non			
Senior Watercolor *	600105-2	Tuesdays	12/2 - 1/6	10:00-12:00 p.m	\$25 Res, \$35 Non			
SESSION 2	Code	Day of Week	Dates	Time	Price			
Beginner French	600204-3	Tuesdays	1/6 - 2/10	4:00-5:30 p.m.	\$125 Res, \$135 Non			
Intermediate French	600304-3	Wednesdays	1/7 - 2/11	4:00-5:30 p.m.	\$125 Res, \$135 Non			
Advanced French	600208-3	Mondays	1/5 - 2/23 no class 1/19 and 2/16	4:00-5:30 p.m.	\$125 Res, \$135 Non			
Senior Watercolor *	600105-3	Tuesdays	2/3 - 3/10	10:00-12:00 p.m.	\$25 Res, \$35 Non			

^{*} Must be a Senior Passport Holder to register for Senior Watercolor

FIT			

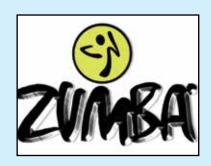
			ESS CLASSES		
SESSION 1	Code	Day of Week	Dates	Time	Price
Belly Dance	600301-4	Wednesdays	11/5 - 12/17 no class 11/26	6:00-7:00 p.m.	\$90 Res, \$100 Non
Chair Yoga - City Wide Comm. Ctr.	262806-1	Fridays	11/7 - 12/19 no class 11/28	10:00-10:45 a.m.	\$25 Res, \$35 Non
Vinyasa Flow Yoga	600448-3	Tuesdays	1/6 - 2/10	6:00-7:00 p.m.	\$65 Res, \$75 Non
Zumba (L. Buono)	600461-1	Saturdays	10/4 - 11/8	9:30-10:30 a.m.	\$45 Res, \$55 Non
Zumba (L. Buono)	600445-2	Tuesdays	10/7 - 12/2 no class 10/28,11/11,11/25	6:00 - 7:00 p.m.	\$45 Res, \$55 Non
Zumba (H. Cary)	600424-1	Thursdays	10/16 - 11/20	5:30 - 6:30 p.m.	\$70 Res, \$80 Non
Zumba Gold (M. Calderon)	600421-3	Saturdays	11/1 - 12/13 no class 11/29	8:30 - 9:15 a.m.	\$25 Res, \$35 Non
SESSION 2	Code	Day of Week	Dates	Time	Price
Belly Dance	600301-5	Wednesdays	1/14 - 2/18	6:00-7:00 p.m.	\$90 Res, \$100 Non
Chair Yoga- <i>Penacook Comm. Room</i>	262805-1	Wednesdays	1/7 - 2/11	10:00-10:45 a.m.	\$25 Res, \$35 Non
Chair Yoga- <i>Penacook Comm. Room</i> Vinyasa Flow Yoga	262805-1 600448-4	Wednesdays Tuesdays	1/7 - 2/11 2/24 - 3/31	10:00-10:45 a.m. 6:00-7:00 p.m.	\$25 Res, \$35 Non \$65 Res, \$75 Non
		-			
Vinyasa Flow Yoga	600448-4	Tuesdays	2/24 - 3/31	6:00-7:00 p.m.	\$65 Res, \$75 Non
Vinyasa Flow Yoga Zumba (L. Buono)	600448-4 600461-2	Tuesdays Saturdays	2/24 - 3/31 11/15 - 12/20	6:00-7:00 p.m. 9:30-10:30 a.m.	\$65 Res, \$75 Non \$45 Res, \$55 Non
Vinyasa Flow Yoga Zumba (L. Buono) Zumba (L. Buono)	600448-4 600461-2 600445-3	Tuesdays Saturdays Tuesdays	2/24 - 3/31 11/15 - 12/20 1/6 - 2/10 12/4 - 1/22	6:00-7:00 p.m. 9:30-10:30 a.m. 6:00 - 7:00 p.m.	\$65 Res, \$75 Non \$45 Res, \$55 Non \$45 Res, \$55 Non
Vinyasa Flow Yoga Zumba (L. Buono) Zumba (L. Buono) Zumba (H. Cary)	600448-4 600461-2 600445-3 600424-2	Tuesdays Saturdays Tuesdays Thursdays	2/24 - 3/31 11/15 - 12/20 1/6 - 2/10 12/4 - 1/22 no class 12/25 & 1/1	6:00-7:00 p.m. 9:30-10:30 a.m. 6:00 - 7:00 p.m. 5:30-6:30 p.m.	\$65 Res, \$75 Non \$45 Res, \$55 Non \$45 Res, \$55 Non \$70 Res, \$80 Non
Vinyasa Flow Yoga Zumba (L. Buono) Zumba (L. Buono) Zumba (H. Cary) Zumba Gold (M. Calderon)	600448-4 600461-2 600445-3 600424-2	Tuesdays Saturdays Tuesdays Thursdays Saturdays	2/24 - 3/31 11/15 - 12/20 1/6 - 2/10 12/4 - 1/22 no class 12/25 & 1/1 1/10 - 2/14	6:00-7:00 p.m. 9:30-10:30 a.m. 6:00 - 7:00 p.m. 5:30-6:30 p.m. 8:30 - 9:15 a.m.	\$65 Res, \$75 Non \$45 Res, \$55 Non \$45 Res, \$55 Non \$70 Res, \$80 Non \$25 Res, \$35 Non
Vinyasa Flow Yoga Zumba (L. Buono) Zumba (L. Buono) Zumba (H. Cary) Zumba Gold (M. Calderon) SESSION 3	600448-4 600461-2 600445-3 600424-2 600421-4 Code	Tuesdays Saturdays Tuesdays Thursdays Saturdays Day of Week	2/24 - 3/31 11/15 - 12/20 1/6 - 2/10 12/4 - 1/22 no class 12/25 & 1/1 1/10 - 2/14 Dates	6:00-7:00 p.m. 9:30-10:30 a.m. 6:00 - 7:00 p.m. 5:30-6:30 p.m. 8:30 - 9:15 a.m. Time	\$65 Res, \$75 Non \$45 Res, \$55 Non \$45 Res, \$55 Non \$70 Res, \$80 Non \$25 Res, \$35 Non Price

Registration recommended at least 7 days before class starts.

Visit our online registration page at www.concordparksandrec.com for class descriptions/details.







Adult Basketball League & Archery

Adult Basketball League - 18+

ADULT BASKETBALL LEAGUE

Games will be played at the Green Street Community Center. Captains must submit a roster of up to 10 players. Games will be two 20 minute running time halves, with the clock being stopped in the last minute each half. Teams are responsible for supplying matching uniforms, all jerseys must have a number. Playoffs will take place on Saturday April 11, Sunday April 12 and the championship on Sunday April 19.

DATES:	Sundays, February 15 - April 19 (no games 4/5)
AGES:	18+ (out of High School)
TIME:	9:00 a.m 3:00 p.m. (dependent on number of teams
LOCATION:	Green Street Community Center
PRICE:	\$1000/Team

DIVISION A - for teams with a more competitive mind-set - teams who are looking to play organized basketball at a higher skill level.

CODE: 314204-1

DIVISION B - for teams with a recreational mind-set - teams who are looking to play organized basketball at a lower skill level.

CODE: 314204-2

Mandatory Captains' Meeting

Wednesday, January 28th, 5:30 p.m. City Wide Community Ctr.

Registration Deadline: January 23, 2026

ARCHERY CLASSES

Instructor: Lucy Morris

Lucy Morris is USA Archery certified Level 4 NTS Archery Coach and Instructor Trainer. You can learn more about Lucy at www.nearchery.com, TheFlyingArcher.com, and on Youtube: The Flying Archer. All equipment is provided.

The code of an archer: Honor, Respect and Kindness

EPIC BEGINNER ARCHERY

Epic Beginner Archery is for those who are brand new or returning to class. Come and enjoy an age old sport with family and friends. There be a variety of different targets and distances. Embrace the inner spirit of letting go of a string and popping a balloon, hitting a rope, shooting a target and having fun. All equipment is provided. Personal equipment will need to be inspected and approved.

AGES:	7 and up
LOCATION:	Green Street Community Center
PRICE:	\$110 Resident, \$120 Non-Resident

SESSION 1			
DATES: Fridays, November 7 - December 19 (no class 11/28)			
TIME CODE			
5:0	5:00 p.m 6:00 p.m. 215130-2		
6:00 p.m 7:00 p.m. 215131-2			

SESSION 2				
DATES: Fridays, January 9 - February 13				
TIME CODE				
5:0	5:00 p.m 6:00 p.m. 215130-3			
6:00 p.m 7:00 p.m. 215131-3				



LADIES' KNIGHT ARCHERY

It is TIME to learn an ancient sport or to come and brush up on your skills. Enjoy some archery fun with fellow women while learning an ancient sport. Increase your skill and confidence as you let go of stress and hit a balloon, rope or regular round target. It's our night to have fun, ladies.

AGES:	18 and up	
TIME:	7:00 p.m 8:00 p.m.	
LOCATION: Green Street Community Center		

SESSION 1		
DATES:	Fridays, November 7 - December 19 (no class 11/28)	
PRICE:	\$110 Resident, \$120 Non-Resident	
CODE:	215231-2	

SESSION 2		
DATES:	Fridays, January 9 - February 13	
PRICE:	PRICE: \$110 Resident, \$120 Non-Resident	
CODE:	CODE : 215231-3	

Pickleball

Pickleball Clubs - Beginner

This group is designed for those who have some experience playing, know the general rules of the game, but are looking for a slower speed of play so the knowledge of the game and skills can be developed. Space is limited to 25 players. Must pre-register for this program, drop-ins will not be allowed.

CPRD PICKLEBALL CLUB - BEGINNERS			
AGES:	ES: 18+		
TIME:	TIME: 10:00 a.m 12:00 p.m.		
LOCATION: City Wide Community Center			
DATES CODE			
Thursdays, 11/6 - 12/18 (no class 11/27) 600455-1			
Thursdays, 1/8 - 2/12 600455-2			
Thursdays, 3/5 - 4/9 600455-3			
PRICE: \$30 Resident, \$40 Non-Resident			
Bring your own paddle and non-marking shoes to change into.			



CPRD PICKLEBALL CLUB- BEGINNERS		
DATES:	Saturdays, 11/8 - 12/20 (no class 11/29)	
AGES:	18+	
TIME:	12:30 p.m 2:30 p.m.	
LOCATION:	: City Wide Community Center	
PRICE: \$30 Resident, \$40 Non-Resident		
CODE : 600455-4		

Please check our website monthly for Pickleball and Basketball Drop-In Schedules!

Pickleball Clubs - Skilled

www.concordparksandrec.com

CPRD PICKLEBALL CLUB - SKILLED

Players must know the rules and scoring system; be able to consistently get serves/returns in play with varying depth and speed; hit with directional intent and mix soft and hard shots; sustain longer rallies; have only moderate number of unforced errors. This level is for those who can play at a fast pace. Space is limited to 25 players. Must pre-register for this program, drop-ins will not be allowed.

AGES:	18+		
TIME:	7:30 p.m 9:30 p.m.		
LOCATION: Cit		City Wide Community Center	
DATES		CODE	
Mondays, 11/3 - 12/8		600456-1	
Mondays, 1/5- 2/9		600456-2	
Mondays, 3/2 - 4/6		600456-3	
PRICE: \$30 Resident, \$40 Non-Resident			
Bring your own paddle and non-marking shoes to change into.			

<u>Pickleball Clubs</u> <u>Intermediate</u>

CPRD PICKLEBALL CLUB - INTERMEDIATE

For players who are ready to step up from beginner, but not able to compete at the "skilled" level. You know the basic rules and can keep score. You understand the basics of many core pickleball moves such as proper court positioning, dinking, placing forehand/backhand shots with direction and consistency but have not yet fully developed the skills required to successfully perform them in game. At this level you are able to integrate different levels of power into different shots depending on the situation and can return a medium paced shot serve and volley, but without strategy or consistency. Space is limited to 25 players. You must pre-register for this program. Drop-ins will not be allowed.

program. Brop ind will not be allowed.			
AGES:	18+		
TIME: 5:		5:30 p.m 7:30 p.m.	
LOCATION: City W		de Community Center	
DATES		CODE	
Mondays, 11/3 - 12/8		600462-1	
Mondays, 1/5- 2/9		600462-2	
Mondays, 3/2 - 4/6		600462-3	
PRICE: \$30 Resident, \$40 Non-Resident			
Bring your own paddle and non-marking shoes to change into.			



Tai Chi

Tai Chi

Beginners Introduction to Tai Chi Slow Set- Ages 18+

Instructor: Darcy Cushing

Learn how to practice the traditional 108 movement Yang Tai Chi form that has been described as the equivalent of doing acupuncture on yourself. Reduce stress, strengthen legs, back and abs, improve balance, enhance immunity, prevent or relieve arthritis, and generally approach each day with an upbeat perspective and a lighter step.

When: Tuesdays, 4:15 p.m. - 5:15 p.m.

Ages: 18+

Location: City Wide Community Center **Cost:** \$135 Resident, \$145 Non-Resident **Dates** (7 weeks) **Code:** 10/7 - 12/2 600439-1

(no class 11/11 & 11/25)

Tai Chi Slow Set - Ages 18+ Instructor: Darcy Cushing

Beginners and returning students will be enthusiastically welcomed to share in this centuries old art form as taught by Masters Tung Kai Ying and Tung Chen Wei. When: Tuesdays 3:00 p.m. - 4:00 p.m.

Ages: 18+

Location: City Wide Community Center **PRICE:** \$135 Resident, \$145 Non-Res **Dates** (7 weeks) **Code** 10/7 - 12/2 600441-1

(no class 11/11 & 11/25)

Tai Chi Slow Set Continuation - Ages 18+

Instructor: Darcy Cushing

Those who have previously learned Tai Chi Gong and the first section of the 108 movement Yang tai chi form are invited to continue their studies to complete the Yang form as taught by the Tung family. As students continue to advance in their studies they will be afforded the opportunity to learn additional related forms, exercises and applications. Not a Beginner Class!

When: Tuesdays 5:30 p.m. - 6:30 p.m.

Ages: 18+

Location: City Wide Community Center **Price:** \$135 Resident, \$145 Non-Resident **Dates** (7 weeks) **Code** 10/7 - 12/2 600440-1

(no class 11/11 & 11/25)





Bee Program - All Ages Welcome - Instructor: Capital Area Beekeepers

This program will provide an overview of basic information on the life within a Honey Bee Hive from the eggs laid by the Queen to the emerging newborns, Nurse bees, Worker bees and Foragers. You will also discover how is honey made and harvested. Join us for a fun and educational morning!

When: Saturday, January 10, 10 a.m. - 12:00 p.m.

Location: City Wide Community Center

Age: All Ages - 13 and under must be with an adult **Price:** Free - All participants must be registered

Code: 131701-1





GOT CLASSES?

Is there a class you would like to see?
Do you know an instructor? Concord
Parks & Recreation is always looking to

expand our program offerings. If you are an instructor or if there is a class you would like to see offered please contact us at recreation@concordnh.gov

Senior Program

CONCORD PARKS & RECREATION'S SENIOR PROGRAM!

NOW LOCATED AT 2 LOCATIONS!

Senior Program -Concord Location 14 Canterbury Rd. Concord, NH 03301 Senior Program -Penacook Location 76 Community Dr. Suite 1 Penacook, NH 03303

<u>Concord:</u> The Senior Program at the City Wide Community Center is open Monday - Friday. Please check the monthly calendar for specific program times.

Penacook: Tuesdays 10 a.m. - 2 p.m., Wednesday 10 a.m. - 2 p.m. and Thursdays 9 a.m. - 12 p.m.

Meet our Senior Recreation Specialist:

Laura Puro comes to us as a former Licensed Nursing Assistant and Special Education Teacher.

She is also the mom of fraternal twin boys. Laura is very excited to be here to coordinate activities and fun outings for the Senior Citizens of Concord and Penacook. Laura can be reached at seniorprograms@concordnh.gov or (603) 230-4982

Meet our Senior Recreation Coordinator:

Lizzie is our new Senior
Coordinator working at the
Senior Program in Penacook.
Lizzie recently moved to Penacook with her
husband and two dogs, Paco and Finley.
If the ion't benging out at the Penacook

husband and two dogs, Paco and Finley. If she isn't hanging out at the Penacook Community Room, she is hiking, sewing, or baking!

Senior Passport Program - Ages 55+

The Concord Parks and Rec Senior Citizen Program is designed to offer free and low-cost programs for Senior Citizens, age 55 and older. Programs are held at both the Concord and Penacook locations. Many programs are free of charge, unless otherwise noted. Senior Passport is free to resident while nonresident are charged \$50 for the year. To register for your Senior Passport, stop by the City-Wide Community Center or Penacook Activity Room.





Senior Health Clinics are offered at:

West Street Ward House:

The first Tuesday of each month; 9 - 1 p.m. The third Friday of each month; 10 - 1 p.m.

Services offered include foot care, blood pressure screening, B-12 injections, medication education, and nutritional education.

Senior Health Clinic services are provided for a suggested donation of \$10, however, services are provided regardless of a person's ability to pay. To schedule an appointment please call (603) 224-4093, x5815

Fun activities being offered include:

* Art Class

* Musical Jam

* Baking at the CWCC

* Trips

* Board Game Mania

* CAP Lunches at CWCC

* Trivia

* Chair Yoga

* Indoor Walking at CWCC

* Coffee Socials

* Cribbage, Scrabble,

*Table Tennis

* Mah Jongg

* Book Club

Please check the Senior Calendars for program locations!



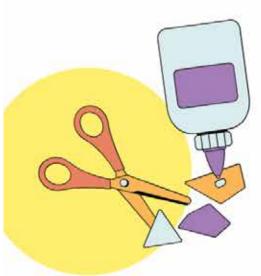
SATURDAYS & SUNDAYS
JANUARY 10 - MARCH 29

FAMILIES & KIDS 10+ 2:00-3:30PM

KIDS 10-16 YRS OLD 3:30-5:00PM



CITY-WIDE COMMUNITY CENTER
14 CANTERBURY ROAD
CONCORD, NH 03301
WWW.CONCORDNH.COM



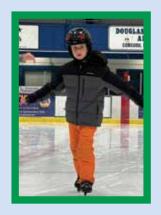


Ice Skating & Nordic BKL

Ice Skating Lessons

Lace up your skates and conquer the ice with Concord Parks & Recreation's Learn-to-Skate Program. Register at our office at 14 Canterbury Rd. in person, by mail, fax, or online. **Registrations** cannot be taken at the Everett Arena. Children ages 4 - 6 are required to wear helmets (bike helmets are acceptable). Participants will need single blade skates only - no double runner skates. All participants need gloves/mittens.

LESSONS - A	AGES 4 TO ADULT	SATURD	AYS	
LEVEL	TIME	SESSION 1 Nov. 1 - Dec. 13 (no cla	=	SESSION 2 January 3 - February 7
Basic Beginner	Saturday, 10:10 - 10:40 a.m.	317292-1		317292-2
Basic Beginner	Saturday, 10:50 - 11:20 a.m.	317392-1		317392-2
Beginner	Saturday, 10:10 - 10:40 a.m.	317492-1		317492-2
Beginner	Saturday, 10:50 - 11:20 a.m.	317592-1		317592-2
Intermediate	Saturday, 10:10 - 10:40 a.m.	317692-1		317692-2
PRICE:	\$125 Resident, \$135 Non-Resid	ent All le	essons held a	t the Everett Ice Arena.



LEVELS

BASIC BEGINNER-Ages 4 and older who have never skated or cannot stand up alone on ice skates.

BEGINNER - Ages 4 and older who can stand up and skate forward.

INTERMEDIATE -Ages 4 and older who have taken lessons, can skate forward, go backward and cross cut.



Concord Nordic BKL

Instruction provided by BKL Volunteer Coaches

The Concord Nordic BKL is for skiers from K through 5th grade. The program meets on Friday afternoons and coaches host optional family meet ups throughout the season. Skiers participate in games, skill development and optional BKL races as well as the New England BKL Festival. Registration includes a NENSA membership. Registration Scholarships are available.

YOUTH SKI LEAGUE		
DATES:	Fridays, January 9 - February 13	
TIME:	E: 4:00 - 5:00 p.m.	
LOCATION:	ATION: Beaver Meadow Golf Course	
PRICE:	\$50 Resident, \$60 Non-Resident	
GRADES	CODES	
K - 1	313615-1	
K - 1 2 - 3	313615-1 313615-2	





The Concord Nordic BKL League is a recognized participant in the New England Nordic Ski Association!

FREE WINTER OUTDOOR ACTIVITIES

GROOMED X-COUNTRY TRAILS

* Beaver Meadow Golf Course

* White Farm - Park at Memorial Field Parking Lot

* Memorial Field

Trails will usually open and be groomed once there is 8 inches of snow on the ground.

Rental equipment available at S&W Sports in Concord.

PLEASE READ AND OBEY ALL SIGNS
STAY ON GROOMED TRAILS
NO PETS ALLOWED ON TRAILS
PLEASE DO NOT WALK/RUN ON GROOMED TRAILS

OUTDOOR ICE SKATING AREAS

* White Park * Rollins Park * Beaver Meadow Golf Course

The following skating areas are lit until 10 p.m.

Rollins and White Park Skating areas

IF SNOW REMOVAL EQUIPMENT IS IN OPERATION, PLEASE STAY OFF THE ICE!

Winter Fun

Winter Solstice at White Park

Instructor: Linden Rayton

Stop by Merrimack Lodge in White Park on this winter solstice Saturday to make a take-home wintery craft and celebrate the return of our winter sunlight! The Lodge will have snacks available for purchase. Craft and other activities are free!

When: Saturday, December 20, 1:00 p.m. - 4:00 p.m.

Location: Merrimack Lodge at White Park Age: All Ages - no registration required

Price: Free







February Vacation Animal Tracking Family Walk - All Ages Instructor: Linden Rayton

Learn the tracks and evidence of animals like deer, fox and squirrel, then practice your skills and see who is walking the woods of Marjorie Swope Park! Participants will receive a take-home guide to winter animal tracks. Wear waterproof footwear, and bring ice spikes and stability aids as preferred.

> When: Monday, February 23 **Time:** 2:00 - 3:30 p.m.

Location: Marjorie Swope Park

Price: \$12 Resident, \$22 Non-Resident

Kids under 4 go for free!

Code: 300311-1



Winter Vacation Camps

Instructor: Parks & Rec Staff

Winter Vacation camps will be similar to how our summer camp were run. For kids (K-5th Grade) the camp will follow the Stay and Play format where your children will enjoy spending the winter days playing in the snow (fingers crossed), arts & crafts, and games! Children in grades 3 - 8 will enjoy the Adventure Camp format where the winter days will be spent traveling to fun locations!



WINTER VACATION CAMPS			
K - 5TH GRADE			
LOCATION: City Wide Community Center		Vide Community Center	
TIME:	TIME: 8:30 a.m 4:30 p.m.		
DATES		CODE	
Monday, December 22		340035-1	
Tuesday, December 23		340035-2	
Monday, December 29		340035-3	
Tuesday, December 30		340035-4	
All 4 Days 3		340035-5	
PRICE: \$50/Day Resident, \$60/Day Non-Res individual days			

\$175 Resident, \$215 Non-Resident - all 4 days

WINTER VACATION AND VEHICLE CAN ITS		
GRADE 3 - 8		
LOCATION:	City Wide Community Center	
TIME:	8:30 a.m 4:30 p.m.	
DATES	TRIP	CODE
Monday, December 22	Altitude	340034-1
Tuesday, December 23	Level 99	340034-2
Monday, December 29	Tubing	340034-3
Tuesday, December 30	To Be Announced	340034-4
All 4 Days		340034-5
PRICE: \$75/Day Resident, \$85/Day Non-Res individual days		

\$275 Resident, \$315 Non-Resident - all 4 days

WINTER VACATION ADVENTURE CAMPS

Pre-school & Youth Programs

Baby and Me Yoga Instructor: Becca Joy

BABY AND ME YOGA - 0 TO 1 YR

At Baby and Me Yoga you will find a yoga experience that provides a safe space to support the bond development between caregiver and baby. Here you will meet other caregivers and babies, learn to follow your baby's lead, relax and regulate together, and learn how to support your baby's natural physical development, all while building confidence in communicating and moving with your baby! We know from experience that babies are going to do what babies want to do, so we will always follow their lead. This is a safe space to explore Yoga with your baby in whatever mood, milestone, or stage of life they are in! Caregiver participation is required.

WHEN:	Tuesdays, 9:00 a.m 9:30 a.m.
AGES:	0 to age 1 (not crawling)
LOCATION:	City Wide Community Center
PRICE:	\$60 Resident, \$70 Non-Resident
DATE	CODE
November 4 - December 16 no class 11/11	362501-2
January 13 - February 17	362501-3

BABY AND ME YOGA - 6 MONTH - 2.5 YR

Toddler Yoga is a lot like Baby and Me but is best suited for caregivers and children who are past he crawling stage and ready to move their bodies more independently! Here you will meet other caregivers and toddlers, learn to follow your toddler's lead, relax and regulate together, and learn how to support your child's natural physical development, all while building confidence in communicating and moving with your toddler! We know from experience that toddlers are going to do what toddlers want to do, so we will always follow their lead. This is a safe space to explore Yoga with your child in whatever mood, milestone, or stage of life they are in! Caregiver participation is required.!

WHEN:	Tuesdays, 9:45 a.m 10:15 a.m.
AGES:	6 months up to age 2.5 (crawling)
LOCATION:	City Wide Community Center
PRICE:	\$60 Resident, \$70 Non-Resident
DATE	CODE
November 4 - December 16 no class 11/11	362305-2
January 13 - February 17	362305-3

Intro to Yoga Instructor: Becca Joy

INTRO TO YOGA

In this Intro to Yoga class you will find a yoga experience that gives little ones the space to freely move their bodies while being introduced to various yoga postures and mindfulness exercises through songs, games and books. Children's yoga has been shown to increase self-esteem, improve emotional regulation, enhance concentration and develop a sense of self. Kids will also be able to craft their social and emotional skills in a safe group setting! We will always follow the child's lead. Parent participation is not required, but welcomed if needed. This class is all about fun!

WHEN:	Wednesdays, 9:45 a.m 10:15 a.m.
AGES:	2.5 - 5 yrs old
LOCATION:	City Wide Community Center
PRICE:	\$60 Resident, \$70 Non-Resident
DATE	CODE
November 5 - December 10	362415-2
January 14 - February 18	362415-3



Toddler Open Gym

Instructor: Concord Parks & Recreation Staff

Do you have an active toddler who needs to burn some energy? We have the answer - Toddler Open Gym. Children ages 18 months – 3 years old will be able to participate in open play with their parent or guardian. Activities include ball pit, obstacle courses, and much more! All participants should wear comfortable clothes and sneakers with non-marking soles.

DATES:	Tuesdays, January 6 - February 10
AGES:	1 1/2 - 3 years with adult
TIME:	9:30 - 10:15 a.m.
LOCATION:	City Wide Community Center
PRICE:	\$30 Resident, \$40 Non-Resident
CODE:	261604-3
All participants about division accordant blackbase and	

All participants should wear comfortable clothes and sneakers with non-marking soles.

Tiny Explorers Winter Wonderland

Instructor: Linden Rayton

Bring your toddlers and preschoolers out for some winter nature fun and exploration at Rolfe Park. We'll explore the winter properties of ice and snow with art, music and games, and look for tracks from our winter animal friends. Along the way, we'll build social, sensory and tactile skills in the great outdoors. A weather make-up day is included on Saturday, Feb. 7th.

DATES:	Saturdays, January 10 - 31	
AGES:	2 - 5 yrs. old	
TIME:	10:30 - 11:30 a.m.	
LOCATION:	Rolfe Park	
PRICE:	\$46 Resident, \$56 Non-Resident	
CODE:	300314-4	



Pre-school & Youth Programs

Ballet & Tap

Instruction by: Dance Inspirations

BALLET & TAP - 2 - 4 YRS

Ballet and Tap combination classes for dancers are fun and lively classes that enhance coordination, musicality and creativity. Children will learn the basic concepts of dance, perfecting weight transfers and balance, while working on their improvisation and cooperation skills within a group. Children will learn through games, routines and repetitive movement. <u>Dancers must meet age requirement by first day of class</u>. All classes are done independently without parental involvement.

What to wear: Female dancers should wear leotards, tights, pink ballet shoes with a strap and tap shoes. Male Dancers should wear sweatpants or athletic shorts and t-shirt, black ballet shoes with a strap and black tap shoes.

SESSION 1

BALLET & TAP - WEDNESDAYS

November 5 - December 17 (no class 11/26)

 2 yrs
 10:00 – 10:30 a.m.
 360102-2
 \$52 Res \$62 Non Res

 3-4 yrs
 10:45 – 11:30 a.m.
 360202-2
 \$56 Res \$66 Non Res

BALLET & TAP - SATURDAYS

Saturdays, Nov. 1 - Dec. 20 (no class 11/22 & 11/29)

	, ,		/
2 yrs	9:00 – 9:30 a.m.	360402-2	\$52 Res \$62 Non-Res
3-4 yrs	9:45 – 10:30 a.m.	360502-2	\$56 Res \$66 Non Res

SESSION 2

BALLET & TAP - WEDNESDAYS

January 14 - February 18

AGES	TIME	CODE	PRICE
2 yrs			\$52 Res \$62 Non-Res
3-4 yrs	10:45 – 11:30 a.m	360202-3	\$56 Res \$66 Non Res

BALLET & TAP - SATURDAYS

Saturdays, January 17 - February 21

AGES	TIME	CODE	PRICE
2 yrs	9:00 - 9:30 a.m.		\$52 Res \$62 Non-Res
3-4 yrs	9:45 – 10:30 a.m.	360502-3	\$56 Res \$66 Non Res

BALLET & TAP - AGES 5 - 6

Children's Tap/Ballet dance classes for ages 5 - 6 old will work on techniques in tap & ballet. Students learn basic positions and vocabulary in an age appropriate and fun setting! Dancers must meet the age requirement by the first day of class. All classes are done independently of parent involvement.

TIME:	10:30 - 11:30 a.m
AGES:	5 - 6

I OCATION: City Wide Community Center

LOCATION: City wide Community Center		
DATES:	CODE:	PRICE:
Saturdays, Nov. 1 - Dec. 20 (no class 11/22 & 11/29)	360302-2	\$60 Resident \$70 Non-Res
Saturdays, Jan. 17 - Feb. 21	360302-3	\$60 Resident \$70 Non-Res

Get Messy

Instructor: Kate Cresswell

GET MESSY!

The happy place where creativity meets mess! We spend too much time avoiding messes, not realizing how important they are when creating freely. Come dressed in your play clothes and roll up those sleeves, as we will be making a mess while we create masterpiece after masterpiece with some of the messiest supplies. (Seriously, this is a messy activity, please be sure that participants are dressed appropriately.)

WHEN:	Wednesdays
AGES:	6 - 12 yrs old
TIME:	4:30 p.m 6:00 p.m.
LOCATION:	City Wide Community Center
PRICE:	\$65 Resident, \$75 Non-Res.
DATE	CODE
November 5 - December 17 no class 11/26	311234-3
January 14 - February 18	311234-4



Creative Expression A Painting Journey

Instructor: Kate Cresswell

CREATIVE EXPRESSION - A PAINTING JOURNEY

In this painting class, we will explore color and composition while engaging in playful exercises that challenge each participant to move past creative blocks. Join us as we paint outside the lines! At the end of each class participants will have a finished, if not mostly finished piece to take home

WHEN:	Thursdays
AGES:	8 - 16 yrs old
TIME:	4:30 p.m 6:00 p.m.
LOCATION:	City Wide Community Center
PRICE:	\$65 Resident, \$75 Non-Res.
DATE	CODE
November 6 - December 18 no class 11/27	311233-3
January 15 - February 19	311233-4

Youth Programs

Holiday Baking with Miss Nicole

Instructor: Nicole Heath

Come enjoy some holiday favorites! Bakers will get into the holiday spirit while baking holiday classics such as gingerbread, shortbread and more! Each week will feature a new holiday favorite!

DATES: Saturdays, Nov. 8, - Dec. 13 no class 11/22 & 11/29 (4 week class)

AGES: 8 - 12 yrs.

TIME: 10:00 - 11:00 a.m.

LOCATION: City Wide Community Center

\$105 Resident, \$115 Non-Resident

Crazy Cupcakes with Miss Nicole

Instructor: Nicole Heath

Bakers can use their creativity to create and decorate		
crazy cupcakes! Each week will feature a new CRAZY		
cupcake.		
DATES:	Saturdays, January 17 - February 7 (4 weeks)	
AGES:	8 - 12 yrs.	
TIME:	10:00 - 11:00 a.m.	
LOCATION:	City Wide Community Center	
PRICE:	\$105 Resident	
	\$115 Non-Resident	
CODE:	321333-3	

Middle School Strength Squad 2 Home Fitness

321333-4

PRICE:

CODE:



Instructor: Timothy Finch

MIDDLE SCHOOL STRENGTH SQUAD

Join the staff at 2 Home Fitness on a strength building and injury prevention journey. Participants will complete a baseline exam, and work towards improving their results through the 6 week program.

GRADES:	6 - 8
TIME:	5:00 - 6:00 p.m.
LOCATION:	2 Home Fitness, 2 Home Avenue, Concord
PRICE:	\$155 Resident, \$165 Non-Resident
Needed for Class: Athletic wear and a change of sneakers.	

GIRLS		
DAYS: Tuesdays		
DATES	CODE	
11/4 - 12/16 (no class 11/25)	312215-1	
1/6 - 2/10	312215-2	
3/3 - 4/7	312215-3	

BOYS	
DAYS:	Thursdays
DATES	CODE
11/6 - 12/18 (no class 11/27)	312214-1
1/8 - 2/12	312214-2
3/5 - 4/9	312214-3

Soccer Clinics Seacoast United

Concord Parks & Recreation is excited to offer an exciting indoor Winter soccer skills program. Our Skills Clinics are the perfect opportunity for your child to develop soccer skills while having a blast! Our experienced SUSC coaches are dedicated to fostering a love for the beautiful game, teaching teamwork, and building confidence in young athletes. Don't miss out on this fantastic chance to kickstart your child's soccer journey in a fun and supportive environment.

SESSION 1			
DATES:	ATES: Wednesdays, November 5 - December 10		
LOCATION:	CATION: City Wide Community Center		
AGES	TIME	CODE	
5 - 6	5:00 - 6:00 p.m.	321005-1	
7 - 8	6:00 - 7:00 p.m.	321006-1	
9 - 11	7:00 - 8:00 p.m.	321007-1	
PRICE:	PRICE: \$110 Resident, \$120 Non-Resident		
Registration Deadline: October 24			

SESSION 2			
DATES:	Wednesdays, January 7 - February 11		
LOCATION:	ION: City Wide Community Center		
AGES	TIME	CODE	
5 - 6	5:00 - 6:00 p.m.	321005-2	
7 - 8	6:00 - 7:00 p.m.	321006-2	
9 - 11	7:00 - 8:00 p.m.	321007-2	
PRICE:	\$110 Resident, \$120 Non-Resident		
Registration Deadline: December 26			

Please bring a change of sneakers - cleats are not allowed.

Pre-Season Basketball

Volunteer coaches will lead players through skills and drills for these preseason leagues. The leagues focus on the fundamentals of basketball while introducing players to team play. Players will get together once a week on Saturdays.

Pre-Season Co-Ed Hot Shots Basketball

PRE-SEASON HOTSHOTS		
DATES:	Saturdays, Nov. 1 - Dec. 13 (no class 11/22 & 11/29)	
AGES:	4 - 5 yrs (not in Kindergarten)	
TIME:	9:00 - 9:45 a.m.	
LOCATION:	City Wide Community Center Gym	
PRICE:	\$50 Resident, \$60 Non-Resident Final Registration Date: 10/24/25 \$10 Late fee after 10/24/25 (based on availability)	
CODES:	Youth Code: 317004-1 Coaches Code: 317104-1	

Pre-Season Co-Ed Jumpers Basketball

PRE-SEASON JUMPERS		
DATES:	Saturdays, Nov. 1 - Dec. 13 (no class 11/22 & 11/29)	
GRADES:	K - 1 (6 to 7 years old)	
TIME:	10:00 - 11:00 a.m.	
LOCATION:	City Wide Community Center Gym	
PRICE:	\$50 Resident, \$60 Non-Resident Final Registration Date: 10/24/25 \$10 Late fee after 10/24/25 (based on availability)	
CODES:	Youth Code: 319404-1 Coaches Code: 319704-1	

Pre-Season Co-Ed Divsion II - Grades 2 - 3

	PRE-SEASON DIVISION II	
DATES:	Saturdays, Nov.1 - Dec. 13 (no class 11/22 & 11/29)	
GRADES:	2 - 3	
TIME:	11:15 - 12:15 p.m.	
LOCATION:	City Wide Community Center Gym	
PRICE:	\$50 Resident, \$60 Non-Resident Final Registration Date: 10/24/25 \$10 Late fee after 10/24/25 (based on availability)	
CODES:	Youth Code: 317101-1 Coaches Code: 317105-1	

PRE-SEASON BASKETBALL COACHES MEETINGS

Wednesday, October 29, 5:30 p.m. City Wide Community Center.



Pre-Season Div III Grades 4 - 5

	. ,	•
Volunteer coaches will lead players through skills and drills for these pre- season leagues. The leagues focus on the fundamentals of basketball while introducing players to team play. Players will get together once a week on Saturdays.		
DATES: Sa	Saturdays, Nov. 1 - Dec. 13 (no class 11/22 & 11/29)	
LOCATION : G	Green St. Community Center Gym	
- \ /	ODE: 319504-1 Youth ODE: 319607-1 Coach	9:00 a.m 11:00 a.m.
- \/	ODE: 319504-2 Youth ODE: 319607-2 Coach	11:00 a.m 1:00 p.m.
PRICE: \$50 Resident, \$60 Non-Resident Final Registration Date: 10/24/25 Add \$10 late fee after 10/24/25 (based on availability)		

NEW

Pre-Season Co-Ed Middle School

PRE-SEASON MIDDLE SCHOOL - GRADES 6 - 8

Volunteer coaches will lead players through skills and drills for these co-ed pre-season leagues. The leagues focus on the fundamentals of basketball while introducing players to team play. Players will get together once a week on Saturdays.

play	play. Players will get together once a week on Saturdays.		
DAT	ΓES:	Saturdays, Nov. 1 - Dec. 13 (no class 11/22 & 11/29)	
TIM	E:	1:00 - 3:00 p.m.	
LOC	CATION:	Green St. Community Center Gym	
PRI	CE:	\$50 Resident, \$60 Non-Resident Final Registration Date: 10/24/25 \$10 Late fee after 10/24/25 (based on availability)	
COI	DES:	CODE : 319604-1 Youth CODE : 319608-1 Coach	

Winter Basketball

PLAYER INFORMATION

The goal of our youth basketball program is to provide players, ages 4 through grade 12, with the opportunity to learn the fundamentals of basketball while being part of a team regardless of experience or skill level. Not only will players be developing an understanding of the sport, they will gain positive social experiences, promote good sportsmanship and have fun in a supportive environment.

All players are asked to bring a water bottle to all games and practices. We also ask that players switch into non-marking soled sneakers before walking onto any of the basketball courts. If for any reason you are unable to make it to a practice or a game, please inform your coach so they are aware. PLEASE NOTE: If you play on any other organized basketball team between November and March, you are not eligible to play in the recreational league.

VOLUNTEERS MAKE A DIFFERENCE

Volunteer Coaches Needed!

Do you have what it takes to make a difference? We think you do! Volunteers are the backbone of our sports programs. Because of our solid volunteer base, our programs succeed. Please consider dedicating some of your time to the children of our community by helping them to develop a passion for sports. No reward is as great as knowing that your gift of time and dedication has helped a child.

YOUTH BASKETBALL COACHES

Coaches are responsible for general team organization, team practices and coordinating the efforts of their players, and assistant coaches during game play.

IMPORTANT TEAM PLACEMENT INFORMATION

Prior to deadline

* Participants are placed on teams <u>solely</u> based on their grade level. Unfortunately, we cannot accommodate requests to be on specific teams.

Post deadline

- * If spaces are available, late registrants will be placed on teams based on the first open team slot.
- * A late fee will be assessed for all basketball programs.

The State of New Hampshire and the Parks & Recreation Department requires all volunteer coaches and staff to complete a criminal background check and are screened accordingly.

SAFETY FIRST

REGISTRATION DEADLINE

REGISTRATION DEADLINE

Div II , Div III, Middle School & High School Friday, December 5th

LATE FEE:

Sign up on or before December 5 to avoid a \$10 late fee (applies to all basketball programs).

COACHES MEETING

The meeting is located at the City Wide Community Center

ALL COACHES ARE REQUIRED TO ATTENDED

This includes returning coaches

Coaches Meetings:

HOT SHOTS, JUMPERS, DIV II & DIV III,
MIDDLE SCHOOL & HIGH SCHOOL BASKETBALL
Wednesday, December 17th, 5:30 p.m.
City Wide Community Center



Winter Basketball

Parents & Guardians

There are 3 options when you involve your children in youth sports, all three options are incredibly important

✓ Option 1: Volunteer Coach

✓ Option 2: Officiate

✓ Option 3: Be a Fan and a parent

All of these roles have their own responsibilities and challenges, but in order to do your role to the best of your ability, you need to trust that everyone else will execute their role.

- Coaches: Leave your parenting hat on the sideline, you have made a commitment to the entire team and should be providing all players with the same attention. Please also keep in mind that some of our officials are still learning as well, they will make mistakes. Without them, we would not be able to play games. Set the tone with your team that the official is always right. When you disagree with a call, you cannot let that show to your players. You are a role model, and they will follow your lead.
- Officials: You will make mistakes. At any point during the game, half of the people will disagree with you. You cannot let that affect you, your job is to call a fair game and make sure everyone is participating safely.
- Parents and Fans: Please leave the coaching and officiating to the people in those roles. Your job is to support and encourage your young athletes.

The leagues focus on the fundamentals of basketball while introducing players to team play. Players will get together once a week on Saturdays.

Hot Shots

HOT SHOTS							
DATES:	Saturdays, January	Saturdays, January 10 - February 14					
AGES:	4 – 5 (Not in K)	4 – 5 (Not in K)					
TIME:	9:00 - 9:45 a.m.	Youth Code: 311704-1 Coach Code:112903-1					
TIME:	10:00 - 10:45 a.m.	Youth Code: 311704-2 Coach Code:112903-2					
LOCATION:	City Wide Community Center Gym						
PRICE:	\$60 Resident, \$70 Non-Resident						
Registration Deadline: Friday, December 5 As long as space is available. Add \$10 late fee after 12/5/25 (based on availability)							

Jumpers

	JUMPERS						
On Saturdays, teams will have a 20 minute practice followed by a 40 minute game between the hours of 11 - 1 p.m.							
DATES:	Saturdays, January 10 - February 14						
GRADES:	K - 1st (6 - 7 yrs old)						
TIME:	11:00 - 1:00 p.m. Youth Code: 311804-1 Coach Code: 312904-1						
LOCATION:	City Wide Community Center Gym						
PRICE:	\$60 Resident, \$70 Non-Resident						
Registration Deadline: Friday, December 5 As long as space is available. Add \$10 late fee after 12/5/25 (based on availability)							

COACHES MEETINGS

Regular Season - Hot Shots, Jumpers, Div 1 - 3, Middle School & High School

Wednesday, December 17, 5:30 p.m. City Wide Community Center





Winter Basketball

Division II - Grades 2- 3

DIVISION II

This division is organized into teams by gender. Players will concentrate on further developing their basketball skills. All teams will practice once a week and games will be played on Saturday mornings. Equal playing time is given to all players,.					
LOCATION:	Local School Gyms				
DATES:	Season runs January 5 - February 14 Games are played on Saturdays				
CODE (BOYS):	ODE: 311904-1 Youth ODE: 313004-1 Head Coach				
CODE (GIRLS):	CODE: 312004-1 Youth CODE: 313104-1 Head Coach				
PRICE:	\$65 Resident. \$75 Non-Resident Add \$10 late fee after 12/5/25 (based on availability)				



Division III - Grades 4 & 5

DIVISION III

This division is organized into teams by gender. Players will concentrate on further developing their basketball skills. All teams can meet up to 3 times per week for either practices or games. Equal playing time is given to all players.

playing time is given to all players.						
LOCATION:	ocal School Gyms					
DATES:	Season runs January 5 - February 21 Games: Friday nights					
CODE (BOYS):	CODE : 312104-1 Youth CODE : 313204-1 Head Coach					
CODE (GIRLS):	CODE : 312204-1 Youth CODE : 313304-1 Head Coach					
PRICE:	\$80 Resident, \$90 Non-Resident Registration Deadline: Friday, December 5 Add \$10 late fee after 12/5/25 (based on availability)					

Look online after November 1st for youth 'drop-in' basketball times for November & December!

Youth Basketball Grades 6 - 12

This division is geared towards Concord/Penacook resident who did not qualify to play for their school team or would like to play basketball and have fun! This division will help players hone their skills while focusing on positional play. Teams can meet up to three times per week for either practices or games. All games will be played on Saturdays. Regular high school rules apply.

MIDDLE SCHOOL GRADES 6 - 8							
DATES:	Season runs January 5 - February 21 Games are played on Saturdays						
CODE (BOYS):	312304-1 Youth 313404-1 Coach						
CODE (GIRLS):	312404-1 Youth 313504-1 Coach						
GAME LOCATION:	Local School Gyms/Green St. Community Ctr.						
PRICE:	\$80 Resident, \$90 Non-Resident Registration Deadline: Friday, December 5 Add \$10 late fee after 12/5/25 (based on availability)						

HIGH SCHOOL - GRADES 9 - 12							
DATES:	Season runs January 6 - February 22 Games are played on Saturdays						
CODE (BOYS):	312504-1 Youth 313604-1 Coach						
CODE (GIRLS):	312604-1 Youth	313704-1 Coach					
GAME LOCATION:	Local School Gyms/Green St. Community Ctr.						
PRICE:	\$80 Resident Only Registration Deadline: Friday, December 5 Add \$10 late fee after 12/5/25 (based on availability)						

DIV II & DIV III, MIDDLE SCHOOL & HIGH SCHOOL REGISTRATION DEADLINE:
Friday, December 5

POST SEASON TOURNAMENT DIV III, MIDDLE SCHOOL & HIGH SCHOOL TO BE HELD FEB. 16 - FEB. 21

Please Note: If you play on any other organized basketball team between November and March, you are not eligible to play in the recreation leagues.







Halloween







BLACK ICE POND HOCKEY CHAMPIONSHIP

DATE: January 23 - 25, 2026 White Park, Concord, NH

The City of Concord and the Black Ice Pond Hockey Committee invites you to join us for the Annual Black Ice Pond Hockey Tournament.

For more information please visit:

www.blackicepondhockey.com





WINTER CARNIVAL
WHITE PARK
Saturday, January 31
1:00 - 4:00 p.m.



Winter Carnival will host the following activities from 12:00 - 4:00 p.m.

Face Painting 1:00-2:00 p.m.
Ice skating race 2:30 p.m.
Best Snowman winner announced at 3:30 p.m.
Bonfire 1:00 – 4:00 p.m.

Sledding Hill & Ice Skating (weather permitting) will be open all day. Come enjoy fun with the whole family! .

FREE LEARN-TO-SKI DAY!



SUNDAY FEBRUARY 8, 2026

Join us! Try out our cross-country gear, participate in a clinic, ski in a recreational 5k or BKL race, spectate and meet members of the local skiing community at Beaver Meadow Golf Course.

FRESH AIR FUN FOR ALL AGES!

Visit skithebeav.org for event info and learn about new snowmaking efforts underway for the 2025-2026 season.



Registration Form

RETURN WITH PAYMENT TO:

Concord Parks & Recreation Dept. 14 Canterbury Rd.

Concord, NH 03301

Make Checks Payable to: City of Concord

CONTACT US AT:

Office: 225-8690 Fax: 225-8589

E-mail: recreation@concordnh.gov Web: www.concordparksandrec.com

For O	ffice U	se Only	
	СС	Cash	Schlrshp
		Entered:	

Check #

Amount:

	Adult First & Last Name		
PARENT/ GUARDIAN	Address		
CONTACT INFO	City	State	Zip
	Home Phone	Work Phone	Cell Phone
<u>Please Print</u>	E-mail	Emergency Contact Name	Phone Number

PLEASE LIS	T PART	CIPA	ANT INFOR	RMATIC	ON AND THEIR COL	JRS	SE C	CHC	OICE	ES		
Participant Information First Name Last Name	Date of Birth	Sex	Child's Elementary School	Child's Grade	Name of Class / Program	Class Code				Fee		

List any special needs or medical conditions we should know about

****PLEASE READ AND SIGN THE WAIVER BELOW****

In Consideration for me and/or my child/ward to participate in the sports and other activities of the City of Concord, New Hampshire Park and Recreation Department, we HEREBY WAIVE AND RELEASE the City of Concord, its officers, employees, and agents, individually or in an official capacity for the City (all for purposes herein also referred to as "Releasee") from all liabilities, claims, actions, damages, costs or expenses which we may have against any of the Releasee arising out of or in any way connected to participation in the activity, including, travel to or from the activity, for bodily injury, death or property damage suffered by me/my child/ ward before, during, or after said activity. In addition, I give my permission for the child(ren) to be treated by qualified medical personnel in the event that the parent/guardian named below cannot be reached at the phone

I understand and agree that all Parks & Recreation Department classes/events may be photographed. I give permission to Parks and Recreation Department to use participants' photo for display or advertisement by the City of Concord, Parks & Recreation Department.



Signature (parent/guardian if participant is under 18 years of age

Date

Youth **Scholarship Donation** Rounding up your program fee helps provide financial assistance to those otherwise unable to afford the cost of a program.



REFUND PROCEDURE - Refunds are issued only when a class is cancelled by the Parks & Recreation Department or the participant enrolled in the program has a note from a physician's office stating they are not able to participate in the program because of a medical condition. Refunds will not be issued if a class is cancelled due to inclement weather. If you feel your request for a refund was unfairly denied, there is an appeal process. Appeals must be in writing and sent to the Concord Parks & Recreation Department.

REMEMBER THESE 4 EASY WAYS TO REGISTER!

Fax your registration to:(603)225-8589 and contact us at 603-225-8690 with payment information



On-Line

www.concordparksandrec.com Customers can sign-up via our on-line registration system at www.concordparksandrec.com



Mail completed registration form & payment to: Concord Parks & Recreation 14 Canterbury Rd., Concord, NH 03301

<u>Mail-In</u>





In-Person/Walk-In

Visit us in at the Parks & Recreation Office at 14 Canterbury Rd.. to fill out your registration in person. Office hours are 8 a.m. - 6:00 p.m.