

SUMMER - FALL 2026

# WE ARE SERIOUS ABOUT FUN!



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# General Information

## CONCORD PARKS & RECREATION DEPARTMENT

### Office Hours\*

Monday - Thursday 8 a.m. - 7 p.m.

Friday - 8 a.m. - 4:30 p.m.

Saturdays - 8 a.m. - 2 p.m.

Sunday - Closed

\*Hours may vary based on programs and events

14 Canterbury Rd., Concord, NH 03301

Phone: 603-225-8690

Fax: 603-225-8589

Email: [recreation@concordnh.gov](mailto:recreation@concordnh.gov)

[www.facebook.com/concordparknrecdept](https://www.facebook.com/concordparknrecdept)

[www.instagram.com/concordparksnrec](https://www.instagram.com/concordparksnrec)

### Meet Our Staff

David Gill. . . . . Director

Laura Bryant. . . . Assistant Director

Dominic Brooks. . . Permitting & Recreation Manager

John Dennett. . . . Recreation Assistant

Terri Stevenson . . Fiscal Supervisor

Dan Lamoureux . . Recreation Supervisor

Lou Lapointe . . . . Parks Supervisor

Mike Andosca . . . Cemetery Administrator

603-225-3911



## RECREATION & PARKS COMMITTEE

Althea Barton . . . . . Ward 1  
 Robert Kleiner . . . . . Ward 2  
 Jim Figueira . . . . . Ward 3  
 Sarah Beauregard . . . . . Ward 4  
 Zoey Murphy . . . . . Ward 5  
 Brian Sartorelli . . . . . Ward 6  
 Nick Kotkowski . . . . . Ward 7  
 Dhan Timsina . . . . . Ward 8  
 Deodonne Bhattarai . . . . . Ward 9  
 Mary Miller (Chair). . . . . Ward 10

David Gill.....Parks and Rec Dept.  
 Laura Bryant .....Parks and Rec Dept.  
 Barb Higgins.....Concord School District  
 Kenny Edwards.....Merrimack Valley School District

### City Council Members

Michele Horne  
 Nathan Fennessy

## Looking for a Healthy, Active Program?

We have many different programs that provide the recommended 60 minutes of physical activity per day for your child.

Our Camps Are...  
 Kid Tested...Parent Approved!



Look for this heart next to our camps that provide the recommended amount of physical activity per day.



### MISSION STATEMENT

Concord Parks and Recreation is committed to engaging our community with safe, fun, inclusive opportunities to enhance health and wellness by providing programming, parks, and recreation facilities.

### VISION STATEMENT

Concord Parks and Recreation's vision is to: create cutting edge and sustainable recreational resources to connect our community through education, programs, and innovative partnerships to ensure an active city to live, work, and play.

### CORE VALUES

Engaged • Fun • Diverse

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# Park Information



The Concord Parks and Recreation Department is responsible for the maintenance, scheduling and planning of the City of Concord's parks and cemeteries. There are 19 parks comprised of over 300 acres of parks and 13 cemeteries comprised of 150 acres.

Depending on season, some fields are not available

	Pickleball	Playground	Basketball	Mini Soccer Pitch	Tennis	Trails	Skateboard Park	Splash Pad	Picnic Shelter	Picnic Tables	Outdoor Pool	Track	Dog Park	Little League	Baseball	Softball	Soccer	Football	Field Hockey	Lacrosse	
Beaver Meadow Park	•				•								•								
Garrison Park		•	•		•				•	•											
Kiwanis River Front Park					•	•			•												
Keach Park		•	•	•	•			•	•	•			•		•	•					
Kimball Park		•	•						•	•											
Memorial Field Complex			•		•	•		•	•		•		•	•	•	•	•	•	•		•
Merrill Park		•	•		•	•		•	•	•			•		•	•					
Reed Park		•													•						
River Front Park-Penacook					•				•												
Rolfe Park	•	•	•		•	•			•	•			•	•	•	•					
Rollins Park	•	•	•		•	•		•	•	•				•	•						•
Russ Martin Park					•																•
Terrill Park					•				•			•									
White Park		•	•		•		•		•					•		•					
Fletcher Murphy Play Lot		•	•						•												
Thompson Play Lot		•	•						•												
West Street Play Lot		•	•						•												



\* In 2023 the White Park Pool was converted to a Splash Pad! Rolfe Park has 6 dedicated pickleball courts!

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## COURT RULES

**NO SKATEBOARDS, ROLLER SKATES,  
BIKES OR DOG WALKING**

**IF TWO OR MORE PEOPLE/GROUPS ARE  
WAITING, PLEASE VACATE THE COURT UPON  
COMPLETION OF THE GAME YOU ARE  
CURRENTLY PLAYING**

**BE CONSIDERATE!  
INVITE INDIVIDUALS TO JOIN**

**COURTS ARE AVAILABLE TO RENT FOR PRIVATE  
USE. PLEASE CONTACT PARKS & RECREATION  
FOR MORE INFORMATION.**



603-225-8690  
WWW.CONCORDPARKSANDREC.COM

City of Concord Parks and Recreation Department  
Fees and Charges effective as of July 1, 2025

For rules, regulations and rental information, please visit our web site:  
[www.concordparksandrec.com](http://www.concordparksandrec.com)

Athletic Fields and Parks	Resident	Non-Resident
Athletic Field Rentals	\$27	\$47
Football games (other than existing youth non-cut league) Does not include light fees.	\$300	\$350
Existing resident, non-cut, nonprofit youth leagues (per 3 month season)	\$725	n/a
Gazebo Rentals	\$24	\$44
Open Area in a park (non-athletic field, per hour). If the event prevents fields from being used there may also be field rental fees	\$27	\$47
Tennis/basketball/pickleball courts	\$11	\$31
Staff time for events and extra maintenance after regular hours and weekends (per hour, 3 hour minimum)	\$42	\$52

- Rental rates are per hour unless otherwise noted
- Additional rental information is listed on our website (rules, forms etc.)

\*\*Listed rental rates are subject to change after July 1, 2026!\*\*

# General Information



## WE'RE HIRING!

## LIFEGUARDS

### FOR SUMMER 2026

Concord Parks and Rec is looking for lifeguards who enjoy working with youth and families to staff our pools this summer!

Up to 40 hours a week

Must be 16+ and certified in First Aid and CPR  
WSI & Red Cross Lifeguard Training needed by June 1

Starting Rate: \$16.95/hour

Applications may be completed online at [www.concordnh.gov](http://www.concordnh.gov).  
For more information on how to apply, call (603) 225-8535

**APPLY TODAY**



### WE'RE SERIOUS ABOUT FUN!

## Help us fundraise to build a New Skate Park

We are excited to share with you our plans to build a new skate park at Kiwanis Riverfront Park. The existing skate park, built in 1994, has served us well but is now in need of an upgrade. Over the past few years, we have been collaborating with local users and the Concord Skate Park Association to design a new, state-of-the-art facility. The new skate park will be constructed in two phases, with the first phase estimated to cost \$1 million and the second phase requiring an additional \$800,000. We are thrilled to inform you that the City has secured a \$500,000 Land and Water Conservation Grant for this project. However, this grant necessitates a local match of \$500,000.

To meet this matching fund requirement, we are seeking support from individuals and organizations. If you are interested in contributing, donations can be made directly to the Parks and Recreation Department or to the Skate Park Association. More information on the project is online at: <https://concordnh.gov/1920/Kiwanis-Park-and-Skate-Park>.



Concord Skatepark Concept  
Concord, NH.



# Community Information

## PARK MEMORIAL TREE & BENCH PROGRAM

Our Park Memorial Tree & Bench Program provides residents an opportunity to recognize loved ones who have passed away while honoring the positive impact they made in the community. Applicants can dedicate a memorial tree or bench to honor individuals, organizations and/or businesses who were involved in the community. By planting trees or installing new benches, City Parks are beautified and the memorials act as a lasting sentiment to those being honored Memorial Tree with Plaque \$1,000, Memorial Bench with Plaque \$1,800. For more information and our application please visit our website.



## DOG LEASH LAW AND DOG WASTE ORDINANCE

The City of Concord welcomes dogs in our parks, cemeteries and open spaces. However, the City does have an ordinance requiring dogs be on a leash and for owners to pick up their dog's waste (City Ordinance 6-1-5). Please pick up and remove your dog's waste. Keep all dogs on a leash at all times.



## CONCORD PUBLIC LIBRARY'S HEIGHTS BRANCH

The Concord Public Library's Heights Branch is located in the City Wide Community Center at 14 Canterbury Road.

At the Heights Branch, library patrons will have access to a rotating collection of books, movies, music, Chromebooks and other devices. Patrons will also discover a variety of programming ranging from family story-time to How-to Tech workshops.

For more information and to stay in the know, follow the Concord Public Library on Facebook (@ConcordPublicLibrary), Instagram (@concordnhlibrary), and Twitter (@ConcordNHLib).



### Library Hours for the Heights Branch

Tuesdays, 11 a.m. - 6 p.m.  
Wednesdays: 9 a.m. to 4 p.m.  
Saturdays: 9 a.m. to 1 p.m.

## LIVE AN ACTIVE LIFE! HERE IS WHAT YOU DO: Healthy NH



- 5** Fruits and vegetables...more matters. Eat at least 5 servings a day.
- 2** Cut screen time to 2 hours or less a day.
- 1** Participate in at least one hour of moderate to vigorous physical activity every day.
- 0** Restrict soda and sugar-sweetened sports and fruit drinks. Instead, drink water and 3 - 4 servings per day of fat-free/skim milk.



### To Avoid Class Cancellation Be An Early Bird!

**Register at least 7 days prior to the start date to avoid class cancellation!**

**All classes have limited space**

# Community Centers

Concord Parks & Recreation offers rentals at four facilities. Along with the Green St. Community Center and the West Street Ward House, we also offer space at the City Wide Community Center and the Merrimack Lodge at White Park. This allows for a larger selection of rooms to rent for a variety of uses including, pick-up basketball, baby showers, children's birthday parties, etc. Rentals are limited and offered on a space available basis. **\*\*Listed rental rates are subject to change after July 1, 2025!\*\***

For more information on rentals, please visit [www.concordparksandrec.com](http://www.concordparksandrec.com)

City Wide Community Center	
Residential Rental Rates*	
Meeting Rooms	\$15 per hour
Exercise Rooms	\$15 per hour
Auditorium	\$25/hour Res, \$55/hour Non-Res.
Kitchen	\$50 per hour
Gymnasium	\$90 per hour prime time \$60 per hour non-prime time
Prime time for gym rentals is Monday - Friday after 5:00 p.m., weekends and holidays	
*Non-residents and non-resident groups are charged an additional \$20 per hour	
Rentals outside regular open hours at the CWCC are charged \$40 per hour in addition to the rates above.	



West Street Ward House	Green Street Community Center
\$17/hour	Gym - \$80/hour
Non-residents and non-resident groups are charged an additional \$20 per hour	

## Merrimack Lodge at White Park

### Resident Rental Rates:

\$110.00 for the first 2 hours (minimum), \$84 per hour after the first 2 hours.

### Non-Resident Rental Rates:

\$130 for the first 2 hours (minimum), \$104 per hour after the first 2 hours.

The rate includes the use of the patio and the indoor great room.



Please contact Dominic Brooks at [dbrooks@concordnh.gov](mailto:dbrooks@concordnh.gov) for more information.

# City Auditorium & Special Events



The theater includes an elegant lobby space with turn of the century stained glass windows and furnishings.

The theater house seats between 835 and 841 depending on the configuration of the orchestra seats. The orchestra has seating for 524-535 guests including 9 wheelchair locations. There are 247 seats in the front balcony and 64 second balcony seats. The space is ADA accessible, including the restrooms. The gilded proscenium arch surrounds the 25x25 foot stage performance area. There is a small orchestra pit. Backstage facilities include 9 dressing rooms and 3 restrooms.

Intermission hospitality is offered in the reception lobby. Additionally, this space is available to rent for meetings and receptions. The lobby's capacity is 65 seated guests and 140 standing guests. Recent users include rotary clubs, historical societies, political events, and business and civic organizations. The lobby is rented out in four-hour blocks.

The space has no kitchen facilities but users may bring in refreshments to serve.

"The Audi", as it is affectionately called, hosts over 100 events each season, including lectures, dance recitals, pageants, concerts and the ballet.

Type of Organization	Performances	Full Venue 2 performances in one day	Rehearsal
Concord Resident Non-Profit	\$335.00	\$610.00	\$150.00
Concord Resident- Profit	\$610.00	\$1190.00	\$150.00
Non-Resident Non - Profit	\$610.00	\$1190.00 paid in advance	\$150.00
Non-Resident - Profit	\$920.00	\$1815.00 paid in advance	\$150.00



## NATIONAL NIGHT OUT

August 4 • Rollins Park • 5:00 p.m. - 8:00 p.m.

Join us for National Night Out. This "National Night Out Against Crime" is a community crime prevention program and part of the National Association of Town Watch, Inc. This event is held nationwide to promote cooperation between the police and the community. Don't miss this year's festivities which will include food, prizes, K-9 demonstrations, the Touch-A-Truck Program, a zoo exhibit, a rock climbing wall, and much more.



## JULY 4th CELEBRATION

Rain Date: Sunday, July 5th

Celebrate July 4th in Concord, NH  
Memorial Field  
Festivities start at 6 p.m.  
Food vendors, music

Fireworks at 9:20 p.m. (dusk)



# Summer Concerts

## TUESDAY NIGHT CONCERTS NEVERS BAND

Concerts begin at 7:00 p.m.

DATE	LOCATION
June 16	Keach Park - Heights
June 23	Rollins Park
June 30	Kiwanis Park (Everett Arena)
July 4 (Saturday)	Memorial Field (rain date July 5)
July 7	Eagle Square
July 14	Rolfe Park
July 21	Concord State House
July 28	Kiwanis Park (Everett Arena)



## WEDNESDAY AT CANAL STREET 6:30 P.M.

July 15  
Crawlspace

July 29  
UP

August 12  
Lee & Dr. G

August 26  
Lucas Gallo & The Guise

This year's Summer Concert Series is brought to you by:

Walker Lecture Fund  
and the  
Concord Parks and Recreation  
Department

Donations are accepted at all music performances and are greatly appreciated.  
Money collected will be used towards our 2027 Summer Concert Series

## THURSDAY NIGHTS AT EAGLE SQUARE, DOWNTOWN CONCORD 7:30 P.M.

June 18  
Get Ready

July 2  
The Freese Brothers Big Band

July 9  
The Shanna Stack Band

July 16  
Paul Hodes and the Blue Buddah Band

July 23  
NH Fiddle Ensemble

July 30  
The Rebel Collective

August 6  
Red Daisy Revival

August 13  
Club Soda

## WHITE PARK SUNDAY CONCERT SERIES

Concerts begin at 10:00 a.m. on the Lodge Patio.  
Inside if the weather is poor.

DATE	LOCATION
June 7	Dusty Gray
June 14	Katie Dobbins
June 21	Andrew North
July 12	Julieann Hartley
July 19	Olivia Conway
August 2	Randy Honeyman Drum Circle
August 9	Mr. Aaron
August 16	Joe Messino
September 13	Jordon Tirrell-Wtsocki
September 20	Lucas Gallo
September 27	Ben Harris



# Special Events



## Wings and Wheels 2026



Concord NH Municipal Airport

**Sunday, September 27, 2026 • 10 AM - 2 PM**

**65 Airport Road, Concord, NH**

**Aircraft & Vehicle Displays\* • Interactive Exhibits & Activities**

**Academy of Model Aeronautics Demonstrations**

**Food Trucks**

***\*Register a vehicle to be part of the event!  
Find more info. at: [concordnh.gov/wingsandwheels](http://concordnh.gov/wingsandwheels)  
Registration opens April 6, 2026***

**This event is FREE & family-friendly with FREE parking**

**Full event details: [concordnh.gov/wingsandwheels](http://concordnh.gov/wingsandwheels)**



# Pool Hours & Rules

## POOL REGULATIONS

1. Parents/Guardians are responsible for watching their children at all times. Non-swimmers must be within arm's reach at all times.
2. It is recommended that all non-swimmers and children eight years old and younger wear a life jacket at all times. The City of Concord requires that life jacket to be a Coast Guard Approved Class 3 life jacket or better (3, 2 or 1).
3. No one is permitted in the pool at any time unless a Lifeguard is on duty.
4. Throwing debris, refuse or any foreign matter in any pool is prohibited.
5. Any unruly action such as dunking, pushing, or spitting in the pool is prohibited.
6. NO ONE UNDER AGE 10 is allowed in the pool area unless accompanied by an adult (over 16 yrs of age).
7. Diving is prohibited at all pools.
8. Prohibited from the pool and pool area are: soaps and cleaning agents of any kind. Also prohibited are animals (domestic and wild), glass containers, tobacco, and alcohol. Smoking is not allowed in the pool area.
9. The following are prohibited from all pools: Floats, masks/goggles which cover the airway, and nose plugs.
10. All persons admitted in the pool are subject to inspection by the Lifeguard for open cuts and sores and may be denied entrance for health reasons by the Lifeguard.
11. All swimmers must wear a regular swimsuit at all times and showers must be taken before entering the pool.
12. Anyone distracting or interfering with the Lifeguard on duty, or disobeying instructions of any of the above listed regulations will be subject to criminal penalty under the Law (Chapter 5, Revised Ordinances, City of Concord).
13. Children who are not completely toilet trained must wear tight fitting rubber pants or disposable swim pants, e.g. "Little Swimmers."
14. Lifeguards are authorized to expel any person from the pool premises for violation of any Pool Regulation or for just cause. The violator is subject to prosecution under the law. Any person expelled from the pool must leave the park immediately.

## PARENT/GUARDIAN EXPECTATIONS

When using the City of Concord Pools please remember the following:

- Please actively supervise your children. Lifeguards are on duty to enforce rules and regulations and to respond to emergencies. Ultimately, parents and guardians are responsible for their children.
- All life jackets worn by children in City pools must be at least a Type 1, 2 or 3 Coast Guard approved life jacket. No exceptions! No substitutions!
- Please keep children within arm's reach when they are in the water.
- Limit the use of electronic devices including cell phones.
- Review pool rules with your children.
- Make sure children use the showers before entering the pool.
- Apply sun block often to your children and yourself.

We appreciate you taking time to review these expectations and look forward to a fun and safe summer at the pools.

\*\*All Prices are subject to change after July 1, 2026!\*\*

## POOL PASSES

**Concord & Penacook Residents:** No charge for use of city pools. Pool passes are not required for Concord/Penacook residents. However, residency checks will be conducted daily throughout the summer. Please always bring your photo ID with you when you come to the pools.

**Non-Resident Families:** Passes may be purchased at the City Wide Community Center. **Cost of a Non-Resident pool pass is \$175 per family. The pool pass is good at all open aquatic facilities all season. Season passes will be available for purchase starting Friday, June 5. 48 hour passes will be available for \$25.00.**

**\*\* Rates may change starting 7/1/26! \*\***



**Pool Guest Policy:** Residents and Non-Residents may bring guests to the pool. Guests are allowed on a 1 to 1 ratio for ages 10 and older( i.e. each person over 10 years old may bring one guest).

## POOL OPENING UPDATE!

At this time we are hopeful we will be able to open all seven aquatic facilities, however it will depend on the number of lifeguards and WSIs we are able to hire. Please check our website in early June for official facility opening information and hours.

Anyone interested in becoming a lifeguard should apply online at [www.concordnh.gov](http://www.concordnh.gov). All certification costs will be reimbursed by Concord Parks and Recreation, for those who work the required 4 days per week.



## RENT-A-POOL

All City swimming pools, excluding White Park Splash Pad, are available for rent Saturday or Sunday mornings for children's birthday parties, neighborhood parties or other family gatherings. **The rental rate is \$125 (\$140 for non-residents)** which includes two lifeguards and use of the rest rooms and pool area from **10 am - noon**. Full payment is due when your reservation is made. No rain dates scheduled. Contact Dominic Brooks at [dbrooks@concordnh.gov](mailto:dbrooks@concordnh.gov) for more information. Rental registration opens Thursday, June 4, 2026. Please note, prices may change starting July 1, 2026.

# Swim Lessons

## LESSONS

### POOL OPENING UPDATE!

At this time we are hopeful we will be able to open all seven aquatic facilities, however it will depend on the number of lifeguards and WSIs we are able to hire. Please check our website in early June for official facility opening information and hours.

Anyone interested in becoming a lifeguard should apply online at [www.concordnh.gov](http://www.concordnh.gov). All certification costs will be reimbursed by Concord Parks and Recreation, for those who work the required 4 days per week.



Welcome to our Pool School (aka Swim Lessons). Lessons are based on learning the fundamentals of swimming while having a fun experience. We ask that all children arrive on time and are ready to swim at the beginning of class. All classes have a max of 8 students.

#### **Splash Tots : Ages 6 months to 3 years.**

There are no prerequisites for Splash Tots. Lessons include learning to ask permission for help into water, feeling comfortable in the water and exploring buoyancy on front and back. Parent or caregiver must accompany child into the water and participate in each class.

**Preschool: Ages 3-5 years.** There are no prerequisites for the Preschool level. Lessons include entering water using ladder, side or steps; blowing bubbles through mouth and nose, rolling from front to back; submerge mouth, nose and eyes.

Learn To Swim Classes:

**Level 1 – Ages 5+ Prerequisite: successfully demonstrate the exit skills required for Preschool level.** Lessons include treading water, front and back glides, combined arm and leg actions on front and back.

**Level 2 – Ages 6+ Prerequisite: successfully demonstrate the exit skills required for Level 1.** Lessons include front jellyfish and tuck floats, change direction of swimming on front or back, finning arm action, open eyes under water, and retrieve submerged objects.

**Level 3 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 2.** Lessons include rotary breathing, survival float, back float, tread water, front crawl, and elementary backstroke.

**Level 4 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 3.** Lessons include swimming underwater, front crawl and backstroke open turns, flutter and dolphin kicks on back and tread water with 2 different kicks.

**Level 5 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 4.** Lessons include tuck and pike surface dives, sculling, front flip turn and backstroke flip turn while swimming.

**Level 6 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 5.** Lessons include front crawl 100 yards, back crawl 100 yards, breaststroke 50 yards, sidestroke 50 yards and turns while swimming.

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### NEIGHBORHOOD SWIM TEAMS



Join our dedicated WSI's for a FULL week of swim technique development and fun! Participants will meet every evening (M-Th) for the week and will end with a meet on Friday morning.

Participants must be a Level 3 Swimmer (see levels above).

<b>DATES</b>	Aug. 10 - Aug. 14 5:30 p.m. - 7:00 p.m. Mon. - Thurs. Swim meet is - 9:00 a.m. - 11:30 a.m. - Friday, Aug. 14
<b>AGES:</b>	<b>8 - 14 years of age</b>
<b>PRICE:</b>	\$20 Resident, \$30 Non-Resident
<b>POOL:</b>	Rollins
<b>CODE:</b>	222155-1

# Pool Information & Swim Lessons



## Concord Housing + Redevelopment jumps in to help city kids learn to swim.

Concord Housing + Redevelopment's sponsorship of this year's Parks and Recreation swim program will allow Concord and Penacook children to take part in FREE swim lessons throughout the summer. A catalyst for community wide economic growth and revitalization, Concord Housing + Redevelopment has been making a difference in the Greater Concord area for more than fifty years and is happy to have another opportunity to positively impact the young lives in our communities.

[www.concordha.com](http://www.concordha.com)



A clear view of the future.

### FREE Swim Lesson Registration

- Each Concord/Penacook child in the household is entitled to one free 2 week session (8 classes) per child, based on availability (first come, first served).
- Swim Lesson registration opens on Wednesday, June 3 at 9 a.m.in person 12pm for online registration
- Free swim lessons must be registered for in person at 14 Canterbury Rd! If registering online you will be charged the full price.
- Registrations for free lessons is for Concord & Penacook residents only. Non-Residents are allowed to register but will pay regular non-resident rates
- Registration will remain open all summer or until lessons are full

### Parent Expectations

- Arrive 10 minutes early to be sure your child is ready for lessons
- Attend all classes in a session
- Free swim lessons are not available for groups or non-residents

**SESSION 1** June 29 - July 9 Registration deadline June 25  
**SESSION 2** July 13 - July 23 Registration deadline July 9  
**SESSION 3** July 27 - Aug.7 Registration deadline July 23

### EVENING GROUP LESSONS 5:30 P.M. - 6:00 P.M.

<b>DAY/TIME:</b>	Sessions 1-3, Monday - Thursday (Rain date - Friday)			
<b>PRICE:</b>	\$55 Residents, \$65 Non-Residents			
<b>POOL</b>	<b>Rolfe</b>	<b>Merrill</b>	<b>Rollins</b>	<b>Heights</b>
<b>Session 1</b>	Pre-School 221254-1	Level 1 221453-1	Level 2 221455-1	Level 3 221450-1
<b>Session 2</b>	Level 1 221454-2	Splash Tots 221153-2	Level 3 221355-2	Level 2 221050-2
<b>Session 3</b>	Level 1 221354-3	Level 2 221253-3	Level 4 221255-3	Pre-School 220950-3

Swim Lesson Registration Starts:  
 June 3, 2026 9am in person, 12pm online

### WEEKDAY GROUP SWIM LESSON CODES & SESSIONS:

Please remember to write in the session number (1, 2, or 3) on the registration form next to the code number. For example, If you choose Level 4 at Merrill Pool for Session 2 (July 13 - July 23) you would write down the pool code (220953) and then the section number (2) (220953-2) on the registration form.

All Classes have limited space and are held rain or shine.

### WEEKDAY GROUP LESSONS

<b>DAYS:</b>	Monday - Thursday			
<b>PRICE:</b>	\$55 Residents, \$65 Non-Residents			
<b>TIME</b>	<b>Merrill</b>	<b>Rollins</b>	<b>Rolfe</b>	<b>Heights</b>
<b>8:30 am</b>	<u>Level 4</u> <b>220953</b>	<u>Level 5/6</u> <b>221155</b>	<u>Level 3</u> <b>220854</b>	<u>Level 1</u> <b>270751</b>
<b>9:00 am</b>	<u>Level 3</u> <b>220853</b>	<u>Level 4</u> <b>220955</b>	<u>Level 1</u> <b>220654</b>	<u>Level 3</u> <b>270851</b>
<b>9:30 am</b>	<u>Level 1</u> <b>220653</b>	<u>Pre-School</u> <b>220555</b>	<u>Level 2</u> <b>220754</b>	<u>Pre-School</u> <b>270952</b>
<b>10:00 am</b>	<u>Splash Tots</u> <b>220253</b>	<u>Level 1</u> <b>220655</b>	<u>Splash Tots</u> <b>220254</b>	
<b>10:30 am</b>	<u>Pre-School</u> <b>220553</b>	<u>Level 2</u> <b>220556</b>	<u>Pre-School</u> <b>220554</b>	
<b>11:00 am</b>	<u>Level 2</u> <b>220753</b>	<u>Level 3</u> <b>220855</b>	<u>Level 4</u> <b>220954</b>	

# Summer Fun

## It's Time To Plan Your Summer!

We believe that summer is a time for having fun, making new friends, and experiencing new activities and adventures. Our summer camps allow your child to do just that in a safe, day camp setting. Please read our Parent's Guide from cover to cover, as it will answer many of your questions regarding your child's time at camp. Our parents guide will be available in May on our website.



### MISSION STATEMENT

Concord Parks and Recreation is committed to engaging our community with safe, fun, inclusive opportunities to enhance health and wellness by providing programming, parks, and recreation facilities.

### VISION STATEMENT

Concord Parks and Recreation's vision is to: create cutting edge and sustainable recreational resources to connect our community through education, programs and innovative partnerships to ensure an active city to live, work and play.

### CORE VALUES

Engaged • Fun • Diverse

REC ADVENTURE - GRADES 3 - 5  
&  
ADVENTURE CAMP - GRADES 6 - 8

Unfortunately, all Rec Adventure and Adventure camps are full at this time as well as many of the waitlists. Please check online for waitlist availability or call our office at

603-225-8690



## Camp Staff

Traditional camp staff (Stay & Play Camp, Rec Adventure Camp, & Adventure Camp) are selected based on their interest in working with children. All counselors have had previous experience either as campers themselves or as camp leaders. The staff have CPR and First Aid certifications. Creativity, enthusiasm, and excellent communication skills are strong characteristics of our camp staff members. Staff work together as a team and are involved with the campers at all times. The Parks & Recreation Department provides an excellent in-service training program for its staff and requires background checks prior to the start of camp.



Looking for a

## Healthy, Active Camp?

We have many different camps that provide the recommended 60 minutes of physical activity per day for your child.

*Our Camps Are...  
Kid Tested...Parent Approved!*



Look for this heart next to our camps that provide the recommended amount of physical activity per day.

## SCHOLARSHIPS

The Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have a family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are not available to non-residents or for adult programs. Scholarships are available for most (but not all) youth programs/camps. Unfortunately, we are not able to offer scholarships for the following summer camps/programs:

\*Circuit Lab    \*NFL Flag Football

Limited Scholarships are available for basketball and soccer camps.

# Stay and Play and Nature Camps

## STAY & PLAY CAMP - GRADES 1 – 5

This 8 week traditional day camp will have your kids spending the summer days enjoying swimming, tennis, arts & crafts, field games, sing alongs as well as a few special guests sprinkled in. Each week will follow a theme marked by the games, special guests, and arts and crafts scheduled for that week. Staff to child ratio is 1:8. All staff are CPR/First Aid Certified and have an additional 20+ hours of staff training (including water safety).



STAY & PLAY CAMP	
<b>GRADES:</b>	Entering 1–5 Grade (in September 2026)
<b>TIME:</b>	8:30 a.m. – 4:30 p.m.
<b>LOCATION:</b>	City Wide Community Center (14 Canterbury Rd.)
<b>PRICE:</b>	Resident: \$185 per week, Non-Residents: \$195 per week <b>EXCEPTION:</b> Week 2 (4 days) Residents: \$149/wk, Non-Residents: \$159/wk      All camps have limited space

Please be aware that there will be additional camper forms required.

WEEK	DATES	CODE
Week 1	June 22- June 26	240035-1
Week 2	June 29 - July 2 (4 day week-no class July 3)	240035-2
Week 3	July 6 - July 10	240035-3
Week 4	July 13 - July 17	240035-4
Week 5	July 20 - July 24	240035-5
Week 6	July 27 - July 31	240035-6
Week 7	August 3 - August 7	240035-7
Week 8	August 10 - August 14	240035-8



Linden Rayton is the owner and educator of Living Water Nature Programs, LLC. With many years of experience as an environmental educator in New England, she works to bring people into deeper relationships with the outdoors through exploration, education and reflection. Her programs are for all ages, and run all year, focusing on the seasonal specialties that make every new month interesting here in New Hampshire.

## CAMP WILD - AGES 9 - 12

Instructor: Linden Rayton

Send your kids to Camp Wild for a week of wild nature exploration with naturalist and educator Linden Rayton this August! From our home base in White Park, we will take field trips to Concord trails to discover all sorts of summer fun in our local open spaces, from riverside wading to forest critter hunts to survival skills. Campers will also get to visit Concord pools to beat the summer heat. Kids should bring their lunches, morning and afternoon snacks, and come prepared to be outside in all sorts of conditions, except freezing rain and hazardous weather.

Campers should be prepared to be outside most days.  
Rain gear, sunscreen and boots required

CAMP WILD AGES 9 - 12		
<b>TIME:</b>	9:00 a.m. - 4:00 p.m.	
<b>LOCATION:</b>	Merrimack Lodge (White Park)	
<b>WEEK</b>	<b>DATES</b>	<b>CODE</b>
Week 1	July 20 - 24	240430-1
Week 2	August 3 - August 7	240430-2
<b>PRICE:</b>	Resident: \$215 per week Non-Resident \$225	



# Dance/Theatre/Circuit Lab Camps

## Toy Story Dance Camp

Instruction: Dance Inspiration



### TOY STORY DANCE CAMP

To infinity and beyond! Join Woody, Buzz, and all their friends for an action-packed dance adventure. This camp blends ballet, jazz and creative movement with imaginative play and themed activities. Perfect for little dancers who love big adventures, teamwork, and playful storytelling.

<b>DATES:</b>	August 3 - August 7
<b>AGES:</b>	3 - 5
<b>TIME:</b>	9:00 a.m. - 12:00 p.m.
<b>LOCATION:</b>	City Wide Community Center
<b>PRICE:</b>	\$125 Resident, \$135 Non-Resident
<b>CODE:</b>	243302-1

## Youth Baseball Camp

Instruction: Robb Arndt



### YOUTH BASEBALL CAMP

Calling all baseball enthusiasts and beginners! Join St. Paul's School Varsity Baseball Coach Robb Arndt for a week of fun, teamwork, and baseball instruction. No experience necessary. Campers will receive skill-specific instruction and have the opportunity to practice these skills and become a good teammate in an array of settings!

<b>DATES:</b>	July 20 - July 24
<b>AGES:</b>	5 - 10
<b>TIME:</b>	8:30 a.m. - 12:30 p.m.
<b>LOCATION:</b>	Memorial Field - Rain Location will be Concord High School Gym
<b>PRICE:</b>	\$165 Resident, \$175 Non-Resident
<b>CODE:</b>	241101-1

## CONCORDTV FILMMAKING ACADEMY CAMP

Instruction: CCTV staff



### BEGINNER VIDEO CAMP

Mentored by our professional staff, participants will join us for a week of exciting hands-on experience. Students will learn to produce complete videos with our supply of props and costumes, and using ConcordTV's professional equipment, including video cameras, Adobe Premiere editing software, and green screen. Snacks & water will be provided.

<b>DATES:</b>	July 6 - 10
<b>GRADES:</b>	7 - 9
<b>TIME:</b>	9:00 a.m. - 1:30 p.m.
<b>LOCATION:</b>	Concord TV, 170 Warren St.
<b>PRICE:</b>	\$165 Resident, \$175 Non-Resident
<b>CODE:</b>	242832-1

### ADVANCED VIDEO CAMP

Aspiring filmmakers who meet the prerequisites can return to work with our professional staff in this advanced session that goes further into the topics covered in our beginner program. Students will have more authority and responsibility for their productions, as well as access to more advanced equipment such as wireless microphones, lighting kits, and animation software.

<b>DATES:</b>	July 27 - 31
<b>GRADES:</b>	7 - 9
<b>TIME:</b>	9:00 a.m. - 1:30 p.m.
<b>LOCATION:</b>	Concord TV, 170 Warren St.
<b>PRICE:</b>	\$190 Resident, \$200 Non-Resident
<b>CODE:</b>	242932-1

# Basketball

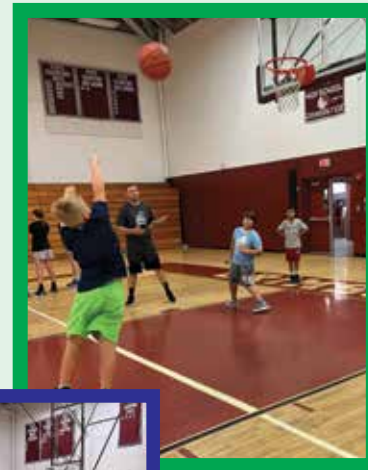


## CRIMSON TIDE BASKETBALL CAMPS

Instructor: Tim LaTorra & CHS players

The focus of our basketball camp will be on skill improvement, a progression of basketball concepts, and implementing these into game play. The goal is to develop confidence in all players so that they can bring their game to the next level and build a love for the game of basketball. There will be an encouraging and engaging coaching staff made up of high school coaches and current/former players. We will work daily on offensive skills (ball handling, passing, shooting, half court moves, etc.), defensive skills (on ball defense, off-ball defense, ball screen defense, etc.) individual and team offensive and defensive concepts (1v1, 2v2, 3v3, to 5v5), game play (5v5 games everyday) and agility and conditioning. At the end of the camp each camper will receive an evaluation, a written packet of drills (with a YouTube link of Coach LaTorra demonstrating the drills) and a t-shirt! Lastly, there will opportunities to win prizes every day! There will be an awards ceremony at the end camp as well as an opportunity for all campers to play on our main court at CHS (all families are invited to attend).

TIDE BASKETBALL CAMP	
<b>TIME:</b>	9:00 a.m. - 3:00 p.m.
<b>LOCATION:</b>	Concord High School Gym
<b>PRICE:</b>	\$225 Resident, \$235 Non-Resident



GRADES 3 - 9		
	DATES	CODES
<b>BOYS:</b>	July 6- July 10	211560-2
<b>GIRLS:</b>	July 13 - July 17	211560-1



\*Limited Scholarships are available for basketball camps.\*

## SEACOAST UNITED SOCCER CAMPS

The Summer Skills Camps are a fantastic way for players from 6 - 14 years of age to be introduced to the Seacoast United Soccer Club's fun developmental approach to the game of soccer. The professional, dedicated full time coaching staff will offer sessions full of competitive yet fun technical challenges and game play. Players thrive within the atmosphere created by all SUSC staff allowing them to develop their love for the game while improving important basic and more advanced skills. Rain location will be the City Wide Community Center gym.



SOCCER CAMP - HALF DAY		
<b>DATES:</b>	June 22 - 26	<b>CODE:</b> 245016-1
<b>DATES:</b>	August 3 - 7	<b>CODE:</b> 245017-1
<b>AGES:</b>	<b>6 - 12 yrs. old</b>	
<b>TIME:</b>	9:00 a.m. - 12:00 p.m.	
<b>LOCATION:</b>	Keach Park	
<b>PRICE:</b>	\$170 Resident, \$180 Non-Resident	

SOCCER CAMP - FULL DAY		
<b>DATES:</b>	June 22 - 26	<b>CODE:</b> 245016-2
<b>DATES:</b>	August 3 - 7	<b>CODE:</b> 245017-2
<b>AGES:</b>	<b>6 - 12 yrs. old</b>	
<b>TIME:</b>	9:00 a.m. - 3:00 p.m.	
<b>LOCATION:</b>	Keach Park	
<b>PRICE:</b>	\$245 Resident, \$255 Non-Resident	

\*Limited Scholarships are available for soccer camps.\*

# Circuit Lab Camps

## CIRCUIT LAB CAMPS

Instruction: Circuit Lab -Jake Weisberg

### HANDS-ON ELECTRONICS

In a world powered by smart technology and AI, the most innovative engineers understand how software and hardware work together. This course gives young makers that critical edge. We start by exploring the magic of electronics with simple circuits, then begin making customized programmable devices with Arduino. We will gain practice working with LEDs, speakers, a variety of sensors, and several kid-friendly programming interfaces. Each class day is a chance to design, build, and code a new hands-on project while developing a valuable skill set.

<b>DATES:</b>	July 20 - July 24
<b>GRADES:</b>	4 - 7
<b>TIME:</b>	12:30 p.m. - 3:15 p.m.
<b>LOCATION:</b>	West St. Ward House
<b>PRICE:</b>	\$215 Resident, \$225 Non-Resident
<b>CODE:</b>	248225-2



### APP INVENTORS

Want to know how the apps work on your phone or iPad? Or do you already have the next great app idea and just need to know how to make it? In this no-experience-required course, we use MIT App Inventor software to make fun, creative apps for Android phones and tablets. We will also explore wireless communication by building custom Bluetooth hardware controllers and readouts for our apps. Participants will learn both the programming and design aspects of creating great apps and have the opportunity to build apps of their own with the support of Circuit Lab instructors.

<b>DATES:</b>	July 20 - July 24
<b>GRADES:</b>	4 - 7
<b>TIME:</b>	9:00 a.m. - 11:45 a.m.
<b>LOCATION:</b>	West St. Ward House
<b>PRICE:</b>	\$215 Resident, \$225 Non-Resident
<b>CODE:</b>	248225-1

### CIRCUIT LAB CAMP - COMBINED PROGRAM

Sign up for both App Inventors & Hands-On Electronics for a full day Circuit Lab experience.

<b>DATES:</b>	July 20 - July 24
<b>GRADES:</b>	4 - 7
<b>TIME:</b>	9:00 a.m. - 3:15 p.m.
<b>LOCATION:</b>	West St. Ward House
<b>PRICE:</b>	\$375 Resident, \$385 Non-Resident
<b>CODE:</b>	248226-1

### CIRCUIT MAKERS 101

Let's get creative with electricity! In this junior electronics class, students will gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class day consists of a circuitry lesson and a hands-on electronics project, using components like lights, buzzers, switches, motors and sensors. Circuit Lab staff will make sure participants create many projects that they can be proud of, and each day includes a take-home project.

<b>DATES:</b>	August 10 - August 14
<b>GRADES:</b>	1 - 3
<b>TIME:</b>	9:00 a.m. - 11:45 a.m.
<b>LOCATION:</b>	West St. Ward House
<b>PRICE:</b>	\$215 Resident, \$225 Non-Resident
<b>CODE:</b>	248227-1

### ROBOT COMMANDERS

Understanding how software can interact with robots is a key skill for the STEM jobs of tomorrow. In this class we provide several active, playful activities, where students learn about what it means to write, debug, and execute computer programs that communicate with different robotic devices. Using the power of code, students will turn Sphero SPRK+ robots into Magic 8 Balls, automated Red Light / Green Light games, and the arcade classic Pong - and Unruly Splats will become our voting machines, relay races, guessing games, and more.

<b>DATES:</b>	August 10 - August 14
<b>GRADES:</b>	1 - 3
<b>TIME:</b>	12:30 p.m. - 3:15 p.m.
<b>LOCATION:</b>	West St. Ward House
<b>PRICE:</b>	\$215 Resident, \$225 Non-Resident
<b>CODE:</b>	248227-2

### CIRCUIT LAB CAMP - COMBINED PROGRAM

Sign up for both Circuit Makers 101 & Robot Commanders for a full day Circuit Lab experience.

<b>DATES:</b>	August 10 - August 14
<b>GRADES:</b>	1 - 3
<b>TIME:</b>	9:00 a.m. - 3:15 p.m.
<b>LOCATION:</b>	West St. Ward House
<b>PRICE:</b>	\$375 Resident, \$385 Non-Resident
<b>CODE:</b>	248228-1

\*Unfortunately, scholarships are not available for Circuit Lab Camps\*

# Fall Pre-School & Youth

## TODDLER OPEN GYM

Instructor: Dan Lamoureux

TODDLER OPEN GYM	
Do you have an active toddler who needs to burn some energy? We have the answer - Toddler Open Gym. Children ages 18 months – 3 years old will be able to participate in open play with their parent or guardian. Activities include ball pit, obstacle courses, and much more! All participants should wear comfortable clothes and sneakers with non-marking soles.	
<b>WHEN:</b>	Tuesdays
<b>AGES:</b>	<b>18 - 36 months old</b>
<b>TIME:</b>	9:30 a.m. - 10:15 a.m.
<b>LOCATION:</b>	City Wide Community Center
<b>PRICE:</b>	\$30 Resident, \$40 Non-Resident
<b>DATE</b>	<b>CODE</b>
Sept. 15 - Oct. 20	261604-1
Nov.10 - Dec. 15	261604-2



## CONCORD TINY EXPLORERS

Instructor: Linden Rayton

CONCORD TINY EXPLORERS	
Fall preschool fun in nature for children and their caregivers, with a special emphasis on the trees and streams around the Batchelder Mill trail (Shawmut St. entrance). We'll sink and float objects, make tree art, and sing seasonal songs. Along the way we'll turn over lots of logs, look for mushrooms and build sensory and social skills in the beautiful outdoors! Rain or shine, long pants and closed-toed shoes recommended.	
<b>WHEN:</b>	Wednesdays, Sept. 9 - 30, 10:30 a.m. - 11:30 a.m.
<b>AGES:</b>	<b>2 - 5</b>
<b>LOCATION:</b>	Batchelder Mill Trail
<b>PRICE:</b>	\$50 Resident, \$60 Non-Resident
<b>CODE:</b>	300314-2



## Mushroom Hunt at White Park

Instructor: Linden Rayton



MUSHROOM HUNT	
Fall is a great time to find mushrooms and learn the ins-and-outs of mushroom ID, as well as tips for mushroom safety. We'll do all that while strolling the grounds of White Park, where plenty of interesting mushrooms can be found. Leave with a take-home craft, and a new appreciation of the fantastic fungi that surround us. Rain or shine, long pants and closed-toed shoes recommended.	
<b>DATES:</b>	Saturdays, September 12
<b>AGES:</b>	<b>All Ages (0 - 4 free)</b>
<b>TIME:</b>	9:30 a.m. - 11:00 a.m.
<b>LOCATION:</b>	Merrimack Lodge, White Park
<b>PRICE:</b>	\$12 Residents, \$22 Non-Residents
<b>CODE:</b>	600921-4

# Pre-School Dance & Yoga

## BALLET & TAP Instruction by: Dance Inspirations Staff

### BALLET & TAP - 2 - 6 YRS.

Ballet and Tap combination classes are fun and lively classes that enhance coordination, musicality and creativity. Children will learn the basic concepts of dance, perfecting weight transfers and balance, while working on their improvisation and cooperation skills within a group. Children will learn through games, routines and repetitive movement. **Dancers need to meet the age requirement by the first day of the class.**

**What to wear:** Female dancers should wear leotards, tights, pink ballet shoes with a strap and tap shoes. Male Dancers should wear sweatpants or athletic shorts and t-shirt, black ballet shoes with a strap and black tap shoes.

Please note:  
Only dance participants are allowed into the room during class time.

### BALLET & TAP - AGES 5 - 6

Children's Tap/Ballet dance classes for ages 5 -6 will work on techniques in tap & ballet. Students learn basic positions and vocabulary in an age appropriate and fun setting!

<b>TIME:</b>	10:30 a.m. - 11:30 a.m.	
<b>AGES:</b>	5 - 6	
<b>LOCATION:</b>	City Wide Community Center	
<b>DATES:</b>	<b>CODE:</b>	
Saturdays, Sept. 12 - Oct. 24 (no class Oct. 10)	360302-1	\$60 Resident \$70 Non-Res
Saturdays, Nov. 7 - Dec. 19 (no class Nov. 21, Nov. 28)	360302-2	\$50 Resident \$60 Non-Res

### BALLET & TAP 2 - 4 YRS. - SESSION 1

#### BALLET & TAP - WEDNESDAYS

Sept. 9 - Oct. 14

AGES	TIME	CODE	PRICE
2 yrs.	10:00 – 10:30 a.m.	360102-1	\$54 Res. \$64 Non-Res
3 - 4 yrs.	10:45 – 11:30 a.m.	360202-1	\$56 Res. \$66 Non-Res

#### BALLET & TAP - SATURDAYS

Saturdays, Sept. 12 - Oct. 24 (no class Oct. 10)

AGES	TIME	CODE	PRICE
2 yrs.	9:00 – 9:30 a.m.	360402-1	\$54 Res. \$64 N/R
3 - 4 yrs.	9:45 – 10:30 a.m.	360502-1	\$56 Res. \$66 N/R

### BALLET & TAP 2 - 4 YRS. - SESSION 2

#### BALLET & TAP - WEDNESDAYS

Nov. 4- Dec. 16 (no class 11/11, Nov. 25) (5 wk classes)

AGES	TIME	CODE	PRICE
2 yrs.	10:00 – 10:30 a.m.	360102-2	\$45 Res. \$55 Non-Res
3 - 4 yrs.	10:45 – 11:30 a.m.	360202-2	\$47 Res. \$57 Non-Res

#### BALLET & TAP - SATURDAYS

Saturdays, Nov. 7 - Dec. 19 (no class Nov. 21, Nov. 28)

AGES	TIME	CODE	PRICE
2 yrs.	9:00 – 9:30 a.m.	360402-2	\$45 Res. \$55 N/R
3 - 4 yrs.	9:45 – 10:30 a.m.	360502-2	\$47 Res. \$57 N/R

Rebecca (Becca) Wolfe has been practicing Yoga for 15 years and recently completed her 200 Hour Yoga Teacher Training at Sharing Yoga in Concord. While taking classes with Becca, she hopes you feel supported on and off the mat, empowered to listen and honor your body, guided towards self compassion, and encouraged to live your own authentic practice.

Becca has three children of her own and has always enjoyed practicing yoga with them. She is especially excited to be sharing yoga with kids and future leaders of our communities! She also teaches yoga to adults.

## Intro to Yoga Instructor: Becca Wolfe

### INTRO TO YOGA

In this Intro to Yoga class you will find a yoga experience that gives preschool aged children the space to freely move their bodies while being introduced to various yoga postures and mindfulness exercises through songs, games and books. Children's yoga has been shown to increase self esteem, improve emotional regulation, enhance concentration and develop a sense of self. Kids will also be able to craft their social and emotional skills in a safe group setting! We will always follow the child's lead. Parent participation is not required, but welcomed if needed. This class is all about fun!

<b>WHEN:</b>	Wednesdays, Sept. 23 - Oct. 28	<b>TIME:</b> 9:30 - 10:15am
<b>AGES:</b>	3 - 5 yrs old	
<b>LOCATION:</b>	City Wide Community Center	
<b>PRICE:</b>	\$60 Resident, \$70 Non-Resident	
<b>CODE:</b>	362415-1	



# Youth Art and Baking

Kate "Zesty" Cresswell is a mixed media painter based in Barnstead, NH known for her passion for color and laughter. With joy and spirit, she creates vibrant pieces that burst with bright hues and humor, inviting viewers to experience art as a celebration of life. Currently, Kate is dedicated to making the joy of creating accessible to everyone! Please reach out at any time for information on classes, events, commissions, collaborations or just to say hi! Email – Kate.Elizabeth.Cresswell@gmail.com

## Get Messy

Instructor: Kate Cresswell

GET MESSY	
The happy place where creativity meets mess! We spend too much time avoiding messes, not realizing how important they are when creating freely. Come dressed in your play clothes and roll up those sleeves, as we will be making a mess while we create masterpiece after masterpiece with some of the messiest supplies. (Seriously, this is a messy activity, please be sure that participants are dressed appropriately.)	
<b>DATES:</b>	Wednesdays, September 16 - October 21
<b>AGES:</b>	8 - 12 yrs. old
<b>TIME:</b>	4:30 p.m. - 6:00 p.m.
<b>LOCATION:</b>	City Wide Community Center
<b>PRICE:</b>	\$100 Residents, \$110 Non-Residents
<b>CODE:</b>	311234-1

## Creative Expression A Painting Journey

Instructor: Kate Cresswell

CREATIVE EXPRESSION - A PAINTING JOURNEY	
In this painting class, we will explore color and composition while engaging in playful exercises that challenge each participant to move past creative blocks. Join us as we paint outside the lines! At the end of each class participants will have a finished, if not mostly finished piece to take home	
<b>DATES:</b>	Tuesdays, September 15 - October 20
<b>AGES:</b>	12 - 17 yrs. old
<b>TIME:</b>	4:30 p.m. - 6:00 p.m.
<b>LOCATION:</b>	City Wide Community Center
<b>PRICE:</b>	\$100 Residents, \$110 Non-Residents
<b>CODE:</b>	311233-2

## Mixed Media Mayhem Instructor: Kate Cresswell

MIXED MEDIA MAYHEM	
Dive into the endless possibilities of mixed media art! We will combine traditional materials and some off-the-wall non-conventional materials to create one of a kind works of art as we break some rules and embrace creativity.	
<b>DATES:</b>	Thursdays, September 17- October 22
<b>AGES:</b>	12 - 17 yrs. old
<b>TIME:</b>	4:30 p.m. - 6:00 p.m.
<b>LOCATION:</b>	City Wide Community Center
<b>PRICE:</b>	\$100 Residents, \$110 Non-Residents
<b>CODE:</b>	111239-1



## Fall Baking

Instructor: Nicole Heath

FALL BAKING	
Join Miss Nicole for fun and creative time in the kitchen. Learn how to create fun fall treats! Each week bakers will work together to create a new treat! Recipes will include cookies, cupcakes, and more!	
<b>DATES:</b>	Saturdays, September 5 - 26
<b>AGES:</b>	8 - 12 yrs. old
<b>TIME:</b>	10:00 a.m. - 11:00 a.m.
<b>LOCATION:</b>	City Wide Community Center
<b>PRICE:</b>	\$105 Residents \$115 Non-Residents
<b>CODE:</b>	321333-1



## Basic Baking

Instructor: Nicole Heath

BAKING BASICS	
Learn how to bake your favorite baked goods from scratch! Each week bakers will learn a new recipe and will get take home their own recipe card. Bakers will learn how to make cookies, cupcakes, brownies and pudding!	
<b>DATES:</b>	Saturdays, October 17 - November 7
<b>AGES:</b>	10 - 15 yrs. old
<b>TIME:</b>	10:00 a.m. - 11:00 a.m.
<b>LOCATION:</b>	City Wide Community Center
<b>PRICE:</b>	\$105 Residents \$115 Non-Residents
<b>CODE:</b>	321333-2



# Tennis/Middle School Strength Squad

## TENNIS IN THE PARKS - LEARN & PLAY Instructors: Lizzie Loughridge

The tennis program where kids play while they learn! This program is for brand-new, beginner, or returning novice youth players. Led by a USTA-approved coach, we focus on FUN and learning the basics. This program uses modified tennis balls, age-appropriate rackets and engaging activities that help players successfully learn and play the game quicker.

Each youth participant in their first session will receive a free age-appropriate tennis racket and ball!

Please visit our Tennis in the Parks website, <https://tennisintheparks.com/tennis-in-the-parks/>, for more information regarding:

- Learn to Play scholarships available for those in need of financial assistance
- USTA's Parent Support Guide
- Opportunities to volunteer



TENNIS IN THE PARKS		
<b>DATE:</b>	Mondays & Wednesdays, July 6 - July 22 Rain Date (if needed): July 27 & July 29	
<b>Grades</b>	<b>TIMES</b>	<b>CODES</b>
1 - 2	4:30 p.m.- 5:30 p.m.	118714-1
3 - 5	5:30 p.m.- 6:30 p.m.	118714-2
6 - 8	6:30 p.m. - 7:30 p.m.	118714-3
<b>LOCATION:</b>	Merrill Park Tennis Courts	
<b>PRICE:</b>	\$85 Resident, \$95 Non-Resident	

TENNIS IN THE PARKS		
<b>DATE:</b>	Mondays & Wednesdays, August 3 - August 19 Rain Date (if needed): August 24 & August 26	
<b>Grades</b>	<b>TIMES</b>	<b>CODES</b>
1 - 2	4:30 p.m.- 5:30 p.m.	118714-4
3 - 5	5:30 p.m.- 6:30 p.m.	118714-5
6 - 8	6:30 p.m. - 7:30 p.m.	118714-6
<b>LOCATION:</b>	Merrill Park Tennis Courts	
<b>PRICE:</b>	\$85 Resident, \$95 Non-Resident	

## MIDDLE SCHOOL STRENGTH SQUAD

Instructor: Timothy Finch of 2 Home Fitness

Free Trial Dates  
(5 p.m. - 6 p.m.)  
June 23, August 25

MIDDLE SCHOOL STRENGTH SQUAD	
Join the staff at 2 Home Fitness on a strength building and injury prevention journey. Participants will complete a baseline exam, and work towards improving their results through the 6 week program.	
<b>GRADES:</b>	6 - 8
<b>TIME:</b>	5:00 p.m. - 6:00 p.m.
<b>LOCATION:</b>	2 Home Fitness, 2 Home Avenue, Concord
<b>COST:</b>	\$155 Residents, \$165 Non-Resident
Needed for Class: Athletic wear and a change of sneakers.	

GIRLS	
<b>DATES - Tuesdays</b>	<b>CODES</b>
July 7 - August 11	312215-5
Sept. 1 - Oct. 6	312215-6

BOYS	
<b>DATES - Thursdays</b>	<b>CODES</b>
July 9 - August 13	312214-5
Sept. 3 - Oct. 8	312214-6



# NFL Flag Football & Soccer Information



## NFL FLAG FOOTBALL

Concord Parks & Recreation is excited to offer NFL Flag: a flag football league for boys and girls, ages 6-14. The league is broken down into three divisions: Division A (6-8 years old), Division B (9-11 years old) and Division C (12-14 years old). A maximum of 10 players are allowed on each team. This league is co-ed, providing boys and girls with the opportunity to learn the fundamentals of football while playing in a safe environment. Teams will have a 20 minute practice followed by a 40 minute game each week.



## VOLUNTEERS MAKE A DIFFERENCE

### Volunteer Coaches Needed!

Do you have what it takes to make a difference? We think you do! Volunteers are the backbone of our sports programs. Because of our solid volunteer base, our programs succeed. Please consider dedicating some of your time to the children of our community by helping them to develop a passion for sports. No reward is as great as knowing that your gift of time and dedication has helped a child.

## COACHES

Coaches are responsible for general team organization, team practices and coordinating the efforts of their players, and assistant coaches during game play. Coaches are required to attend all coaches' clinics and meetings throughout the season.

## COACHES MEETINGS

**ALL COACHES ARE REQUIRED TO ATTEND.**

This includes returning coaches.

**SOCCER FUN-DAMENTALS and DIV 1  
DIVISION II - GRADES 2 & 3 Coaches  
DIVISION III - GRADES 4, 5 & 6 Coaches**

Thursday, August 27, City Wide Community Center, 5:30 p.m.

**\*\*Please come dressed to play! Our coaches meeting will include a clinic portion.**

## SAFETY FIRST

The Parks & Recreation Department requires all volunteer coaches and staff to complete a criminal background check and are screened accordingly. The Concord Parks & Recreation Dept. and the Recreation & Park Advisory Committee implemented this process over twenty years ago as an additional tool to ensure the safety of our program participants.

FLAG FOOTBALL			
<b>DATES:</b>	Sundays, Sept. 13 - Oct. 25 (No class Oct. 11)		
<b>AGES:</b>	6 - 14 yrs. old		
<b>LOCATION:</b>	Reed Field (Hall St.)		
<b>PRICE:</b>	\$85 Resident, \$95 Non-Resident		
AGES	TIME	YOUTH CODE	COACH CODE
6 - 8	9:30 a.m. - 11:30 a.m.	213912-1	213812-1
9 - 11	10:30 a.m. - 12:30 p.m.	213912-2	213812-2
12 - 14	12:30 p.m. - 2:30 p.m.	213912-3	213812-3
<i>Registration deadline: August, 15, 2025</i>			
<i>Coaches Meeting: Aug. 27, 6:30 p.m. City Wide Community Center</i>			
Unfortunately, scholarships are not available for Flag Football			



# Recreational Soccer Leagues

## **\*IMPORTANT\*** **TEAM PLACEMENT INFORMATION**

### Divisions I, II & III

#### Prior to deadline

- \* Participants are placed on teams solely based on their grade level.
- \* Unfortunately, we cannot honor special requests for team placements.

#### Post deadline

- \* If spaces are available, late registrants will be placed on teams based on the first open team slot.
- \* A late fee will be assessed.

## PRE-SCHOOL FUN-DAMENTALS

The focus of this program is on FUNdamentals. Children will begin to learn the basics of soccer and team sports. This is a co-ed program led by volunteer coaches. Shin guards are recommended but not required for this age group. Price includes a team t-shirt.

**DATES:** Saturdays, Sept.12 - October 24 No games 10/10

**AGES:** 4 – 5 (not in Kindergarten)

**TIME:** 9 - 9:45 a.m. **CODE:** 210613-1 Youth  
**CODE:** 212813-1 Head Coach

**TIME:** 10 - 10:45 a.m. **CODE:** 210613-2 Youth  
**CODE:** 212813-2 Head Coach

**LOCATION:** White Park

**PRICE:** \$65 Resident, \$75 Non-Resident  
\$10 Late Fee after August 15 (if space avail.)

Registration Deadline: August 15

## DIVISION 1 - KINDERGARTEN - 1ST GRADE

This is a co-ed recreational soccer program where the emphasis is on skill development, game participation, good sportsmanship and FUN! This age group will meet no more than twice per week. Games will be held on Saturdays between 9:00 a.m. and 12:00 p.m. depending on number of teams. Shin guards are required and mouth guards are recommend for this age group. Price includes a team t-shirt. Practices begin the week of September 2nd.

**DATES:** September 7 - October 24 No games 10/10

**GRADES:** Kindergarten to 1st Grade

**TIME:** 9 - 12 p.m. (depending on # of teams)

**LOCATION:** Keach Park

**CODES:** **CODE:** 210713-1 - Youth  
**CODE:** 212913-1 - Head Coach

**PRICE:** \$70 Residents, \$80 Non-Residents  
\$10 Late Fee after August 15(if space avail.)

Registration Deadline: August 15

**REGISTRATION  
DEADLINE:**  
Soccer Fundos, Div I,  
Div II - August 15

Div III AUGUST 8



## DIVISION II SOCCER - GRADES 2 & 3

This division focuses on team concepts with continued emphasis on fundamental skills. Teams will meet no more than three times per week for practices/games. Team size will be limited to twelve players and games are played 7 v 7. Shin guards are required and mouth guards are recommend for this age group. Price includes team T-shirt.

**DATES:** Season runs 9/7 - 10/24,  
No games/practices 10/10 & 10/12

**GRADES:** 2 & 3

**DAYS (BOYS):** Games: Monday nights and/or Saturday mornings. All games and practices in Concord

**DAYS (GIRLS):** Games: Wednesday nights and/or Saturday mornings. All games and practices in Concord

**LOCATION:** Concord Parks

**CODE (BOYS):** 211044-1 Youth 213044-1 Head Coach

**CODE (GIRLS):** 211144-1 Youth 213144-1 Head Coach

**PRICE:** \$75 Resident. \$85 Non-Resident  
\$10 Late Fee after August 15 (if space avail.)

Registration Deadline: August 15

## DIVISION III SOCCER - GRADES 4 - 6

Teams will meet no more than three times per week for practices/ games. Team size will be limited to 12 players and games are played 9 v 9. Shin guards are required and mouth guards are recommend for this age group. Price includes team T-shirt.

*Rundlett Middle School offers fall soccer for 6th, 7th and 8th grade students. We allow 6th grade students to play in our leagues if they are not playing on their school teams.*

**DATES:** Season runs 9/7 - 10/24  
No games/practices 10/10

**GRADES:** 4 - 6

**DAYS (BOYS):** Games: Tuesday nights and/or Saturday mornings. All games and practices in Concord

**DAYS (GIRLS):** Games: Thursday nights and/or Saturday mornings. All games and practices in Concord

**CODE (BOYS):** 211244-1 Youth 213244-1 Head Coach

**CODE (GIRLS):** 211344-1 Youth 213344-1 Head Coach

**PRICE:** \$85 Resident, \$95 Non-Resident  
\$10 Late Fee after August 8 (if space avail.)

Registration Deadline: August 8

# Archery/Adult Tennis

## FALL ARCHERY CLASSES

Instructor: Lucy Morris

Lucy Morris is USA Archery certified Level 4 NTS Archery Coach and Instructor Trainer. You can learn more about Lucy at [www.nearchery.com](http://www.nearchery.com), [TheFlyingArcher.com](http://TheFlyingArcher.com), and on Youtube: The Flying Archer. All equipment is provided.

The code of an archer: Honor, Respect and Kindness



### EPIC BEGINNER ARCHERY

Epic Beginner Archery is for those who are brand new or are returning to class. Come and enjoy an age old sport with family and friends. We will shoot at different kinds of targets and do some scoring. Embrace the inner spirit of letting go of a string and popping a balloon, hitting a rope, shooting at a target face and having fun.

<b>DATE:</b>	Fridays, Sept. 18 - Oct. 16	
<b>AGES:</b>	7 and up	
<b>LOCATION:</b>	Green Street Community Center	
<b>PRICE:</b>	\$110 Resident, \$120 Non-Resident	
	<b>TIME</b>	<b>CODE</b>
	5:00 p.m.- 6:00 p.m.	215001-1
	6:00 p.m. - 7:00 p.m.	215001-2
	6 p.m. class also open to Intermediate archers	

### ADULT ARCHERY

It is TIME to learn an ancient sport or to come and brush off your skills! Increase your skill and confidence as you let go of stress and hit a balloon, rope, or a regular round target. It is our night to bond, laugh, and have fun together while pulling a string back and letting go of stress.

<b>DATES:</b>	Fridays, Sept. 18 - Oct. 16
<b>AGES:</b>	18 and up
<b>TIME:</b>	7:15 p.m. - 8:15 p.m.
<b>LOCATION:</b>	Green Street Community Center
<b>PRICE:</b>	\$110 Resident, \$120 Non-Resident
<b>CODE:</b>	215231-1

## ADULT CO-ED TENNIS LEAGUE

Instruction by: Pattu Pillai (PTR Certified)

These leagues are for intermediate level players - USTA rating 3.0. - 3.5. Participants should be able to keep score and play singles and doubles.



### First Summer Adult Leagues - Ages 18 +

<b>Time:</b>	6:00 p.m. - 7:00 p.m.	
<b>Location:</b>	Memorial Field Courts	
<b>Price:</b>	\$55 Residents, \$65 Non-Residents	
<b>Dates</b>	<b>Code</b>	
Tuesdays 6/16 - 7/14	118514-2	
Thursdays 6/18 - 7/16	118514-3	

### Second Summer Adult Leagues - Ages 18+

<b>Time:</b>	6:00 p.m. - 7:00 p.m.	
<b>Location:</b>	Memorial Field Courts	
<b>Price:</b>	\$55 Residents, \$65 Non-Residents	
<b>Dates</b>	<b>Code</b>	
Tuesdays 7/21 - 8/18	118514-4	
Thursdays 7/23 - 8/20	118514-5	



## SUMMER SENIOR WALKING

MONDAYS 5:00-7:00PM  
WEDNESDAYS 5:00-7:00PM  
SATURDAYS 8:00-10:00AM

JUNE 22<sup>ND</sup> - AUGUST 29<sup>TH</sup>



# Senior Program

**Discover Exciting and Affordable Fun for Seniors 55+ with Concord Parks and Rec's Senior Passport Program!**

Our senior groups are welcoming and constantly growing at both Senior program locations! Residents of Concord & Penacook may receive a Passport at no cost, while non-residents can obtain one for just \$50 per year.



**WANT TO JOIN IN ON THE FUN?!**



Visit the City-Wide Community Center or Penacook Community Room to collect your Senior Passport today! Once enrolled in the Senior Program, participants will receive a distinctive "passport" to present when joining activities at either spot.

**The best part – most activities are free!**

**Senior Health Clinics are offered at two Parks & Rec locations:**

**West Street Ward House:**

The first Tuesday of each month: 9 AM – 1 PM  
The third Friday of each month: 10 AM – 1 PM

**City Wide Community Center:**

The last Tuesday of each month: 9 AM – 3:30 PM

Services offered include foot care, blood pressure screening, B-12 injections, medication education, and nutritional education. Senior Health Clinic services are provided for a suggested donation of \$10, however, services are provided regardless of a person's ability to pay.

**To schedule an appointment,  
please call (603) 224-4093, x5815**



Concord Program Location  
14 Canterbury Rd  
Concord, NH 03301



Penacook Activity Center  
76 Community Dr.  
Penacook, NH 03303

# Adult Programs

## FRENCH

### Beginner French - Ages 16+ Instructor: Lise Blais

If you are interested in studying French for fun and improving your speaking, writing and reading skills, please join us. For travel or practical everyday usage, the basic French course will help you get started speaking French or improve the skills which you already have. No background in French necessary.

(Amsco French First Year (Blume/Stein) ISBN: 978-1-5311-3007-7)

**When:** Tuesdays, 4 - 5:30 p.m.  
**Location:** City Wide Community Center  
**Price:** \$125 Resident, \$135 Non-Resident  
**Dates** 9/8 - 10/13  
**Code** 600204-1



### Intermediate French - Ages 16+

Instructor: Lise Blais

Have you spoken French before? If so, this course is designed to enhance your previous knowledge of French speaking skills. Different topics and situations are introduced to help communication evolve. (Easy French Reader (McGraw-Hill) ISBN: 978-1-260-46362-0)

**When:** Wednesdays, 4 - 5:30 p.m.  
**Location:** City Wide Community Center  
**Price:** \$125 Resident, \$135 Non-Resident  
**Dates** 9/9 - 10/14  
**Code** 600304-1



### Advanced Conversational French - Ages 16+ Instructor: Lise Blais

In this class we communicate primarily in French. Learning new vocabulary and expressions, this course is designed to improve your existing skills for whatever your goals may be. Having fun and discussing various topics makes this class fun and rewarding. Come and join the fun.

**When:** Mondays, 4 - 5:30 p.m.  
**Location:** City Wide Community Center  
**Price:** \$125 Resident, \$135 Non-Resident  
**Dates** 9/14 - 10/26 (No class 10-12)  
**Code** 600208-1

## BELLY DANCE



Fairuza is a joyful and inclusive belly dance instructor with over 20 years of performing and teaching experience. Using a large repertoire of dance and body movements, isolations, and traveling steps, all to the beat of rich Middle Eastern and Turkish music and rhythms, Fairuza loves creating a body-positive environment and curriculum for women and men of all ages and abilities.

### All Things Belly Dance - 16+

Instructor: Fairuza Dawn

This is an introductory class for all things belly dance! Together we will go on a journey to discover the dance movements, isolations, traveling steps of this special dance style. We'll get to enjoy beautiful Middle Eastern and Turkish music and practice with some exciting props as well as body positive attitudes that make our audiences, including ourselves, want MORE! Let's shimmy away our daily stresses! Come as you are; leave with a bounce in your step! Wear comfy workout clothes and bring a water bottle. No experience needed.

**When:** Thursdays, 6:00 - 7:00 p.m.  
**Location:** City Wide Community Ctr.  
**Price:** \$90 Resident, \$100 Non-Resident  
**Dates** 6/18 - 7/23  
**Code:** 600301-1  
 8/6 - 9/10 600301-2  
 9/24 - 10/29 600301-3

## CHAIR YOGA

### Chair Yoga- Ages 55+

Instructor: Cindy Falabella

Chair yoga is a modification of traditional yoga which adapts poses and stretches for a seated position or with the support of a chair, making it accessible and beneficial for people with physical limitations, seniors, or anyone needing extra stability. It combines gentle movement with breath work and mindfulness, offering benefits like increased flexibility, improved strength and balance, reduced stress, and enhanced body awareness in a low-impact, safe and inclusive environment.

**When:** Fridays, 10:00 - 10:45 a.m.  
**Location:** City Wide Community Ctr.  
**Price:** \$25 Resident, \$35 Non-Resident  
**Dates** 6/5 - 7/31\*  
 9/11 - 10/23  
**Code:** 262806-4  
 262806-5

\* no class on June 19 and July 3

# Adult Programs

## Zumba

### Zumba - Ages 16+

Instructor: Heidi Cary

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility and boosted energy. Come join this interval-style, calorie-burning dance fitness party.



**When:** Thursdays, 5:30 p.m. - 6:30 p.m.  
**Location:** City Wide Community Center.  
**Price:** \$70 Residents, \$80 Non-Residents  
**Dates** **Code:**  
 7/9 - 8/20 600424-7  
 9/10 - 10/22 600424- 1

### Zumba - Ages 16+

Instructor: Laura Buono

As the saying goes, ditch the workout and join the party! You don't have to have any special coordination to join this friendly dance fitness party featuring an energizing playlist. Plus, you can set your own intensity level based on your personal abilities. The Latin inspired dance moves, matched up with great music, will make you forget that this is exercise but don't be fooled, you'll be burning all sorts of calories and will always leave with a smile on your face!



**When:** Saturdays, 9:30 a.m. - 10:30 a.m.  
**Location:** City Wide Community Center.  
**Price:** \$40 Resident, \$50 Non-Resident  
**Dates** **Code**  
 7/11 -8/15 600461-7  
 8/22 - 9/26 600461-1  
 10/3 - 11/7 600461-2

**When:** Tuesdays, 6:00-7:00 p.m  
**Location:** City Wide Community Center.  
**Price:** \$40 Resident, \$50 Non-Resident  
**Dates** **Code**  
 7/14 -8/18 600445-7  
 8/25 - 9/29 600445-1  
 10/6 - 11/17 600445-2 (no class 11/3)

### Zumba Gold - Ages 55+

Instructor: Mitzi Caldron

Gold is the perfect class for older adults who may be beginners, fitness newbies, or in need of a modified fitness routine!



**Location:** City Wide Community Center.  
**Dates** (5 weeks) **Price** **Code** **Time**  
 Wednesdays 6/24 - 7/22 \$21 Res/ \$31 NRes 600421-1 9:00 - 9:45 am  
 Wednesdays 7/29 - 8/26 \$21 Res /\$31 NRes 600421-2 9:00 - 9:45 am

**Location:** City Wide Community Center.  
**Dates** **Price** **Code** **Time**  
 Saturdays 9/5 - 10/10 \$25 Res/\$35 NRes 600421-3 8:30 - 9:15 am  
 Saturdays 10/17 - 11/21 \$25 Res/\$35 NRes 600421-4 8:30 - 9:15 am



# Adult Programs

## TRAILS & ALES

[Trails & Ales - Ages 21+](#)

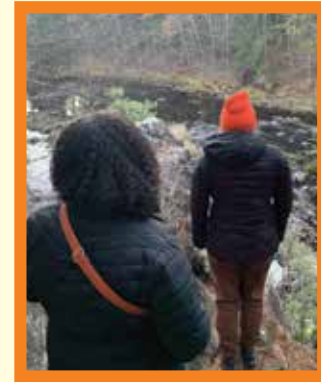
Instructors: Linden Rayton

Trails and Ales is a way for people to explore the 80-mile Concord trail system, meet new friends, and sample the wares of local breweries. This session we'll be exploring beautiful riverside trails in central Concord, and ending our evenings at Litherman's Ltd Brewing Company. Trail locations listed below. Participants can register for the entire series or individual sessions, and are responsible for their own transportation to the trails and the brewery. Rain or shine, long pants and closed-toed shoes recommended

**When:** 5:30 p.m. - 8:00 p.m.

**Price:** \$30 Resident, \$40 Non-Resident

Thursdays		
Dates	Locations	Codes
October 1	East Concord Heritage Trail (West Locke Rd)	600930-1
October 8	Batchelder Mill Trail (Shawmut St. entrance)	600930-2
October 15	Morono Park Trail (Second St. entrance)	600930-3
*All Three Dates:	600930-4 - special pricing	



\*Enjoy a discounted price if you register for all 3 dates **Price:** \$75 Resident, \$105 Non-Resident



## Tai Chi

**Beginners Introduction to Tai Chi Slow Set- Ages 18+**

Instructor: Darcy Cushing

Learn how to practice the traditional 108 movement Yang Tai Chi form that has been described as the equivalent of doing acupuncture on yourself. Beginners are invited to share in this centuries old art form as taught by Masters Tung Kai Ying and Tung Chen Wei. Reduce stress, strengthen legs, back and abs, improve balance, enhance immunity, prevent or relieve arthritis, and generally approach each day with an upbeat perspective and a lighter step.

**When:** Tuesdays, 4:15 p.m. - 5:15 p.m.

**Ages:** 18+

**Location:** City Wide Community Center

**Price:** \$135 Residents, \$145 Non-Residents

**Dates** (7weeks)

**Code:**

7/7 - 8/18

600439-5

9/15 - 10/27

600439-6

**When:** Tuesdays 3:00 p.m. - 4:00 p.m.

**Ages:** 18+

**Location:** City Wide Community Center

**Price:** \$135 Residents, \$145 Non-Residents

**Dates** (7 weeks)

**Code**

7/7 - 8/18

600441-5

9/15 - 10/27

600441-6

**Tai Chi Slow Set - Ages 18+**

Instructor: Darcy Cushing

Learn how to practice the traditional 108 movement Yang Tai Chi form that has been described as the equivalent of doing acupuncture on yourself. Beginners and returning students will be enthusiastically welcomed to share in this centuries old art form as taught by Masters Tung Kai Ying and Tung Chen Wei. Reduce stress, strengthen legs, back and abs, improve balance, enhance immunity, prevent or relieve arthritis, and generally approach each day with an upbeat perspective and a lighter step. Beginners Welcome!

**Tai Chi Slow Set Continuation - Ages 18+**

Instructor: Darcy Cushing

Those who have previously learned Tai Chi Gong and the first section of the 108 movement Yang Tai Chi form are invited to continue their studies to complete the Yang form as taught by the Tung family. As students continue to advance in their studies they will be afforded the opportunity to learn additional related forms, exercises and applications. Not a Beginner Class!

**When:** Tuesdays 5:30 p.m. - 6:30 p.m.

**Ages:** 18+

**Location:** City Wide Community Center

**Price:** \$135 Residents, \$145 Non-Residents

**Dates** (7 weeks)

**Code**

7/7 - 8/18

600440-5

9/15 - 10/27

600440-6

# Pickleball/FAQ Online Registration

## PICKLEBALL

### CPRD Pickleball Club - Beginner - Ages 18+

This group is designed for those who have some experience playing, know the general rules of the game, but are looking for slower speed of play so their knowledge of the game and skills can be developed. Space is limited to 24 players. This club is for participant play only - no lessons are provided. Participants must pre-register for this program. Please bring your own paddle and non-marking shoes. Drop-ins are not allowed.



**Please Note**  
Pickleball Club does not include instruction. It is reserved play time for different skill levels!

**When:** Tuesdays

**Price:** \$30 Residents, \$40 Non-Residents

Dates	Time	Code
6/2 - 7/7	6 p.m. - 8 p.m.	600455-7
* 6/16/26 class will be 6:30 - 8:30 p.m.		
7/14 -8/18	6 p.m. - 8 p.m.	600455-8

### CPRD Pickleball Club - Skilled - Ages 18+

Players must know the rules and scoring system; be able to consistently get serves/returns in play with varying depth and speed; hit with directional intent and mix soft and hard shots; sustain longer rallies; and have only a moderate number of unforced errors. This level is for those who can play at a fast pace. Space is limited to 24 players. Participants must pre-register for this program. This club is for participant play only - no lessons are provided. Drop-ins are not allowed. Four indoor courts will be available.

**When:** Thursdays

Dates	Time	Code	Price
6/4 -7/9	6 p.m. - 8 p.m.	600456-7	\$30 Res/\$40 Non Res
7/16 - 8/20	6 p.m. - 8 p.m.	600456-8	\$30 Res/\$40 Non Res

### CPRD Pickleball Club - Intermediate - Ages 18+

This group is designed for those who have been playing for over a year, know the general rules of the game, and are looking for the next challenge. Knowledge of the game and skills should be developed. Space is limited to 15 players. Participants must pre-register for this program. Drop-ins are not allowed. Two indoor courts will be available.

**When:** Saturdays

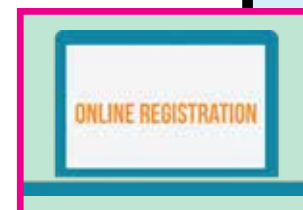
Dates	Time	Code	Price
6/6 -7/11	10 a.m. - 12 p.m.	600462-5	\$30 Res/\$40 Non Res
7/18 - 8/22	10 a.m. - 12 p.m.	600462-6	\$30 Res/\$40 Non Res

## ONLINE REGISTRATION ACCOUNT INFORMATION How to Update Family Members on Your Online Account

- \*Go to our website: [www.concordparksandrec.com](http://www.concordparksandrec.com) and Click on the "Online Registration" button
- \*Sign into your account with your username and password
- \*Once signed in, click the "Account" tab on top of the page. Then click on the "Household & Member" drop-down button
- \*You will have options to edit most of the information
- \*To add a new family member, click the "Add New Member" button
- \*Items you can change include: Email, Phone numbers, Medical concerns, Child's grade in school
- \*You will not be able to change: names, birthdates or addresses. If you entered a wrong birthday or address when you created the account, please contact us at [recreation@concordnh.gov](mailto:recreation@concordnh.gov) or call us at 603-225-8690

### How to find your username and password

- \*If you do not know your username or password, click the "Login" button
- \*Then, click on the forgotten password or forgotten username, enter your email address and click submit
- \*You should receive an email with your username or password in about 5 minutes
- \*If you don't receive an email, then we have a different email on file or you need to create an account
- \*If you need to create a new account, click on the create a new account button.
- \*If you are not sure if you have an account, please contact us at [recreation@concordnh.gov](mailto:recreation@concordnh.gov) or 603-225-8690



# How to Register

All classes have limited space and are first come, first served. Full class details are on our website.

## HOW DO YOU REGISTER?

It's simple and easy.

You can:

### Register via paper form

- 1) Register with us directly by stopping by the Concord Parks & Recreation Office, 14 Canterbury Rd. (Please refer to the operating hours on page 2 of this brochure).
- 2) Visit our website, [www.concordparksandrec.com](http://www.concordparksandrec.com) and download the registration form, fill it out and mail, fax, or bring it in with your payment (cash, checks, or credit cards).

or

### Register online

- 1) You can register online - if you have taken part in one of our programs in the past you already have a user name and password. If you are new you can create a household to allow you to register online. Please take the time to fill out all information online: family members, date of birth, grade, emergency contact information and email etc. Questions please email us at [recreation@concordnh.gov](mailto:recreation@concordnh.gov) and someone will get back in touch with you within 2 business days.

### Please Note:

- Registration forms must be completed by a parent or legal guardian if registrant is under 18.
- Please register early - all classes, camps or programs have limited space. Registrations are taken on a first come, first served basis and may fill up before listed deadlines.
- Please complete the registration form in full. Be sure to include the program code number. List all the programs you and/or your children will be participating in on the registration form.

## NON-RESIDENTS

Non-residents must pay an additional non-resident fee. Also, some programs are limited to Concord/Penacook residents only.

Families must reside in Concord/Penacook to qualify for residency rates. Business ownership does not qualify.

## PHOTO POLICY

We may take photographs and/or video for Department marketing purposes only. If you do not want your child to be photographed, please note this on your registration form.

## YOUTH RECREATION SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are available for most (but not all) youth programs. Scholarships are not available to Non-Residents or for adult programs and do not include late fees.

## PROGRAM CANCELLATIONS

### **Weekends:**

Should we experience inclement weather on weekends, staff will post any closings/cancellations on our Facebook page by 8:00 a.m. for morning programs and 1:00 p.m. for afternoon/evening programs.

### **Evening Activities:**

Cancellation for evening activities will not be made until at least 3:00 p.m. to allow for changing weather conditions.

### **Cancellation Notifications:**

Cancellations will be posted online on our Facebook page.

If deteriorating conditions force on-site cancellations, a representative will remain on site until all children are picked up by their parent or guardian.

### **Weather Cancellation Refund Policy:**

In the event of inclement weather, it may be necessary to cancel Concord Parks & Recreation programming. In all cases, safety is of the utmost importance. Refunds will not be processed if programs are cancelled due to weather. However, when possible, Concord Parks & Recreation will do our best to reschedule.

## PROGRAM REFUND POLICY

Refunds are issued when a program is canceled by the City or when the participant enrolled in the program has a note from their physician's office stating they are not able to participate in a program because of a medical condition.

## 2026 CAMP REFUND POLICY

All requests for refunds must be made in writing (email is ok). Cancellations received three weeks or more prior to the start of the camp are eligible for a full refund minus the \$20 per camp deposit required at registration. Cancellations received under three weeks will not be eligible for a refund unless accompanied by a doctor's note.

[www.facebook.com/concordparknrecdept](https://www.facebook.com/concordparknrecdept)

[www.instagram.com/concordparksnrec](https://www.instagram.com/concordparksnrec)

## FOR ALL SUMMER CAMPS PAYMENT PLAN

- A non-refundable payment of \$20 per week is required at time of registration.
- Balance of each camp week is due 14 days prior to the start of that camp.

Payment plans must be arranged through the Parks and Recreation Office

# Registration Form

## RETURN WITH PAYMENT TO:

Concord Parks & Recreation Dept.  
14 Canterbury Rd.  
Concord, NH 03301  
Make Checks Payable to: City of Concord

## CONTACT US AT:

Office: 225-8690  
Fax: 225-8589  
E-mail: [recreation@concordnh.gov](mailto:recreation@concordnh.gov)  
Web: [www.concordparksandrec.com](http://www.concordparksandrec.com)

## For Office Use Only

Check # \_\_\_\_\_ CC \_\_\_\_\_ Cash \_\_\_\_\_ Schlrshp \_\_\_\_\_

Amount: \_\_\_\_\_ Entered: \_\_\_\_\_

### PARENT/ GUARDIAN CONTACT INFO

**Please Print**

Adult First & Last Name		
Address		
City	State	Zip
Home Phone	Work Phone	Cell Phone
E-mail	Emergency Contact Name	Phone Number

## PLEASE LIST PARTICIPANT INFORMATION AND THEIR COURSE CHOICES

Participant Information		Date of Birth	Sex	Child's Elementary School	Child's Grade in Sept.	Name of Class / Program	Class Code				Fee
First Name	Last Name										

### List any special needs or medical conditions we should know about

#### \*\*\*\*PLEASE READ AND SIGN THE WAIVER BELOW\*\*\*\*

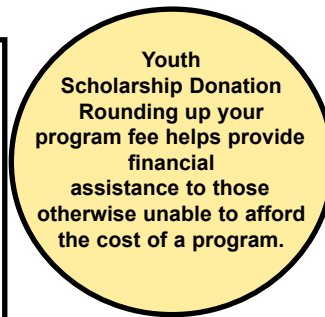
In Consideration for me and/or my child/ward to participate in the sports and other activities of the City of Concord, New Hampshire Park and Recreation Department, we HEREBY WAIVE AND RELEASE the City of Concord, its officers, employees, agents and volunteers, individually or in an official capacity for the City (all for purposes herein also referred to as "Releasee") from all liabilities, claims, actions, damages, costs or expenses which we may have against any of the Releasee arising out of or in any way connected to participation in the activity, including, travel to or from the activity, for bodily injury, death or property damage suffered by me/my child/ward before, during, or after said activity. In addition, I give my permission for the child(ren) to be treated by qualified medical personnel in the event that the parent/guardian named below cannot be reached at the phone numbers provided.

I understand and agree that all Parks & Recreation Department classes/events may be photographed. I give permission to Parks and Recreation Department to use participants' photo for display or advertisement by the City of Concord, Parks & Recreation Department.

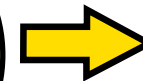


Signature (parent/guardian if participant is under 18 years of age)

Date



Total Fees



Total Amount


**REFUND PROCEDURE** - Refunds are issued only when a class is cancelled by the Parks & Recreation Department or the participant enrolled in the program has a note from a physician's office stating they are not able to participate in the program because of a medical condition. Refunds will not be issued if a class is cancelled due to inclement weather. If you feel your request for a refund was unfairly denied, there is an appeal process. Appeals must be in writing and sent to the Concord Parks & Recreation Department.

### REMEMBER THESE 4 EASY WAYS TO REGISTER!

1



#### Fax

Fax your registration to: (603)225-8589 and contact us at 603-225-8690 with payment information

2



#### On-Line

[www.concordparksandrec.com](http://www.concordparksandrec.com)  
Customers can sign-up via our on-line registration system at [www.concordparksandrec.com](http://www.concordparksandrec.com)

3



#### Mail-In

Mail completed registration form & payment to:  
Concord Parks & Recreation  
14 Canterbury Rd., Concord, NH 03301

4



#### In-Person/Walk-In

Visit us in at the Parks & Recreation Office at 14 Canterbury Rd. to fill out your registration in person. Office hours are 8 a.m. - 6:00 p.m.