





New Hampshire's Main Street

2016-2017 Fall-Winter

General Information

CONCORD PARKS & RECREATION DEPARTMENT Fall/Winter Office Hours

and Location

Monday 8 a.m. - 4:30 p.m. Tuesday - Friday 8:00 a.m. - 7:00 p.m. Saturday 9 a.m. - 3:00 p.m.

14 Canterbury Rd. Concord, NH 03301

Phone: 603-225-8690 Fax: 603-225-8589

Email: recreation@concordnh.gov www.facebook.com/concordparknrecdept

Meet Our Staff

David Gill Parks and Rec Director
Laura Bryant Recreation Supervisor
Kari Inglis Program Coordinator
John Andersch Recreation Assistant
John DennettRecreation Assistant
Terri Stevenson Fiscal Tech III

Chris Jacques....Grounds Superintendent 603-230-3933

Sid Chase. Golf Course Manager 603-225-7033

Jill McDaniel.Cemetery Administrator 603-225-3911

PARKS & RECREATION COMMITTEE

Althea Barton	Ward 1
Open	Ward 2
Chiara Dolcino	Ward 3
Amelia Brock	Ward 4
Open	Ward 5
Lauren Flieder	Ward 6
Open	Ward 7
Marilyn Fraser	Ward 8
Open	Ward 9
Mary Miller (Chair)	Nard 10

David Gill Parks and Rec Dept.

City Council Members

Candace White Bouchard Gail Matson

REGISTER ONLINE IT'S FAST & EASY!

www.concordparksandrec.com

- Register Online: www.concordparksandrec.com. You must call the office at 225-8690 to obtain your username and password before registering online. You must have registered at least once via the paper registration form before a username/ password can be issued.
- Visit our website: www.concordparksandrec.com and download the Registration and Scholarship Forms. Mail completed forms with payment to the Concord Parks & Recreation Department, 14 Canterbury Rd., Concord, NH 03301. Forms are also available at the office, Monday - Friday, 8 - 4:30 p.m. You may also fax the completed forms with credit card information to 603-225-8589.
- Please Register Early <u>All</u> classes, camps and programs have limited space. Registrations are taken on a first come, first served basis and may fill up before listed deadlines.

We are now on Instragam: @concordparksnrec or https://instagram.com/concordparksnrec

NO NEWS IS GOOD NEWS

When you register for any of our programs, don't wait by the phone or camp by your mailbox. You will only hear from us...

- If the class is full
- If the class is cancelled
- If there is a change in date or time
- If you send a self-addressed, stamped envelope





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Winter Special Events



BLACK ICE POND HOCKEY CHAMPIONSHIP

DATE: January 27, 28 & 29 White Park, Concord, NH (Inclement weather dates: February 10, 11 & 12)

The City of Concord and the Black Ice Pond Hockey Committee invites you to join us for the Annual Black Ice Pond Hockey Tournament.



The committee is actively looking for adult volunteers and local businesses to help support this community event.

> For more information please visit: www.blackicepondhockey.com







This is a fun community event that the whole family will enjoy. Plan ahead and make a sign or banner that represents your family to carry while you march in the inter-generational parade as part of the opening ceremonies. Try competing in speed skating and sledding contests. Warm up by the bonfire while eating a tasty treat.

For more information on the Carnival visit our website in early January at www.concordparksandrec.com.

Sponsored by the Concord Parks and Recreation Department and Friends of White Park.



Community Centers & The "Audi"

RENT-A-COMMUNITY CENTER

Five community centers (East Concord, Green Street, Heights Gym, the Heights Community Center and West Street) are available for a variety of uses including, pick-up basketball, volleyball games, children's birthday parties, etc. Rentals are limited and offered on a space available basis.



East Conco Community Center Gym		West Street Ward House	Green Street Community Center	Heights Community Center	
\$18/hour*	\$36/hour*	\$18/hour*	Canteen - \$21/hour* Dance Studio - \$21/hour* Game Room - \$21/hour*	Auditorium - \$75/hr Auditorium with stage- \$100/hr. Meeting Rooms - \$35/hr.	
	ord / non-Penacook Ro per hour for each fac		Gym - \$53/hour* Green St. rooms may be subject to additional \$19/ hour attendant fee.	(classrooms up to 40 people)	

CITY AUDITORIUM "THE AUDI"

The Concord City Auditorium is a beautiful historic theater owned and held in trust by the City of Concord. The Auditorium was built on the western side of City Hall in 1904 and recently restored with volunteer community support.

The theater includes an elegant lobby space with turn of the century stained glass windows and furnishings.

The theater house seats between 835 and 841 depending on the configuration of the orchestra seats. The orchestra has seating for 524-535 guests including 9 wheelchair locations. There are 247 seats in the front balcony and 64 second balcony seats. The space is ADA accessible, including the restrooms. The gilded proscenium arch surrounds the 25x25 foot stage performance area. There is a small orchestra pit. Backstage facilities include 9 dressing rooms and 3 restrooms.

Intermission hospitality is offered in the reception lobby. Additionally, this space is available to rent for meetings and receptions. The lobby's capacity is 65 seated guests and 140 standing guests. Recent users include rotary clubs, historical societies, political events, and business and civic organizations. The lobby is rented out in four-hour blocks.

The space has no kitchen facilities but users may bring in refreshments to serve.

"The Audi", as it is affectionately called, hosts over 100 events each season, including lectures, dance recitals, pageants, concerts and the ballet. For a listing of performances for the 2016 season please visit <u>www.theaudi.org.</u>

Please keep us in mind for your next performance, dance recital, lecture or meeting. For rental rates and information, please go to <u>www.concordnh.gov/aud</u>i or call Terri Stevenson at 603-225-8690.



Park Information



The Concord Parks and Recreation Department is responsible for the maintenance, scheduling and planning of Concord/Penacook parks, cemeteries and the Beaver Meadow Golf Course. There are over 230 acres of parks, 13 cemeteries comprised of 150 acres and the Beaver Meadow Golf Course, an 18 hole golf course situated on 120 acres. Parks and picnic shelters can be rented by calling John Andersch at 603-225-8690.

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Beaver Meadow Park			•							•							
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River Front Park-Penacook				•			•										
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Fletcher Murphy Play Lot	•	•					•										
Spring Street Play Lot	•	•					•										
Thompson Play Lot	•	•					•										10-40
West Street Play Lot	•	•					•										





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BLOSSOM HILL CEMETERY invites you to...

ADOPT A GRAVE



COMMON GROUND SECTION

The Common Ground at Blossom Hill Cemetery appears to have been a burial ground for the poor or those without family.

There are 686 burials in this section consisting of 208 adults and 476 infants. The first burial took place on February 25, 1896 and continued through to the 1950's. The majority of the graves remain unmarked.

The City of Concord along with Star Granite Company is offering the public an opportunity to be a part of this Collaborative Community Project. For a \$100, donation a grave marker will be crafted and set in, memorializing a Concord resident forever.

This is your opportunity to participate in memorializing lives lived and lost in Concord so many years ago. For more information contact: Jill McDaniel - Cemetery Administrator 603-225-3911

ADOPT A SPOT

Adopt a Spot provides a unique opportunity for the business community and individual volunteers to play an active role beautifying the City of Concord through the adoption and sponsoring of a site. There are multiple spots up for adoption throughout the city.

With a minimal commitment of periodic litter pick up, mowing, trimming, weeding and planting at your site, you can greatly contribute to keeping Concord a beautiful place to live and work. Recognition of your site adoption will be a sign posted at your site.

To join our efforts in making Concord a cleaner, greener city, you can contact the Parks and Recreation Department at 225-8690 and ask for Chris Jacques or visit our website at www. concordparksandrec.com.



Beaver Meadow - Year Round FUN!



Beaver Meadow Golf Course is offering two great membership specials.

Golfers 60 and over can pay \$350 and play unlimited golf Monday - Friday or pay \$495 and play unlimited golf seven days a week for the remainder of the season. You use this payment towards your 2017 membership and lock in at 2016 rates. Carts available at an additional fee.

Call 228-8954 for more information.

2017 Membership Information

Membership Level	Price				
Senior, M - Fri.*	\$ 775				
Adult 7 Days	\$1,305				
Family	\$2,200				
Family Add On	\$ 325				
Junior	\$ 275				
Collegiate Rate	\$ 600				
Twilight	\$ 875				
Young Adult (New)	\$ 900				
*Seniors are 60 years and older Full membership info can be found online					

Family rates include 2 children living in the household (age eligibility is the same as for Junior Membership).

Young adult membership is open to adults aged 19 - 35.

BENEFITS OF MEMBERSHIP

- Unlimited golf based on membership
- Guest Fees of \$32
- Member Only Events
- Reserve Tee Times 7 Days Prior
- Visit website for more details



TEE TIMES Up to 5 days in advance Call the Pro Shop at 228-8954

PUBLIC WELCOME!

www.beavermeadowgolfcourse.com

603-228-8954

Driving Range No pre-registration is required. Large bucket \$9 Small bucket \$3

Daily Rates Monday - Friday, \$35.00 Saturday/Sundays & Holidays, \$40.00 Carts Additional

<u>Fall Special</u> After 12 Noon, 7 days a week, \$35 (includes cart)



BOOKING 2017 OUTINGS NOW!

Each year the course hosts over 25 private golf outings. To learn more about package deals for your special event, please call the Pro Shop at 603-228-8954 and speak with our Head Pro, Phil Davis. The 19th Hole at Beaver Meadow

Full Service Bar & Restaurant

Outdoor Patios Catering Available

Open Breakfast, Lunch

and Dinner Banquet Facilities are open year round for events and catering.

228-5308 - Jessica Martin

WINTER ACTIVITIES AT THE BEAV

Enjoy cross country skiing and ice skating at the Beaver Meadow Golf Course. Please check our website for updates on conditions.





E-CLUB

Sign up for the E-Club to receive information on specials!!

www.beavermeadowgolfcourse.com

Golf & New Community Center

Simulator League 1

November 6th - December 21st

- * Varying team formats
- * \$40 green fee per 2 person team each week
- * \$20 league entry fee
- * 9 hole handicapped score, varying formats
- * League rounds can be made up during a different time slot if necessary. All league rounds must be made up in the current week of play - no exceptions
- * You pick your night and time





Simulator League 2 January 1st - April 15th

- * Varying team formats
- * \$40 green fee per 2 person team each week
- * \$60 league entry fee
- * 9 hole handicapped score, varying formats
- * League rounds can be made up during a different time slot if necessary. All league rounds must be made up in the current week of play - no exceptions
- * You pick your night and time

To register please call our Pro Shop at 603-228-8954

Simulator Rules

- * All golf balls will be provided and golf clubs should be cleaned prior to each round. Any dirt will transfer to the screen.
- No cleats may be worn while using the simulator (sneakers or tennis shoes)
- * No food or drink in the hitting area.
- * Only hit from the designated hitting area.
- * Must be at least 18 years of age to play in league (or have an adult guardian play with you).

Phil Davis Golf Academy at Beaver Meadow Get Golf Ready Classes

Level 1 will cover the basic principles and pre-swing fundamentals for each type of shot and how to use them on the course. This will be a unique experience because you are going to learn to play the game of golf indoors. Classes will be limited to two people per session. So find a friend and let's get ready for the 2017 golfing season.

Classes available Monday through Friday. Sessions held at 8 a.m., 9 a.m., and 10 a.m. Three classes are \$150.00 per student. Sign up with the Pro Shop at 603-228-8954.

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NEW COMMUNITY CENTER

On April 11, 2016, the City Council appropriated \$7.1 million for the design and construction of a new citywide multi-generational community center at the site of the former Dame School located at 14 Canterbury Road (adjoining Keach Park). The new 30,000 square foot facility will feature the following amenities:

- 3 multi-purpose programming rooms, one of which will be used for part-time public library services;
- 2 rooms for exercise and aerobics;
- dedicated space for senior citizen programming;
- a large multipurpose room featuring a stage and catering kitchen for functions and performances;
- an 8,000 square foot, high school size gymnasium with locker rooms; and
- offices for the Parks and Recreation Department.

Approximately 18,750 square feet of the existing former school building will be incorporated into the project. The balance of the facility will be new construction. The design and permitting process for the project is currently underway and construction should begin spring of 2017 with the new facility opening in 2018.

This new facility will complement the recreation facilities already existing at Keach Park which include outdoor pool, lighted tennis and basketball courts, little league and softball fields and in the fall, three youth soccer fields.

Winter Fun

ICE SKATING LESSONS

Register at the Heights Community Center office (14 Canterbury Rd.) by mail, fax, online or in person. **Please Do Not Register At The Everett Arena**. Children ages 4 - 6 are required to wear helmets (bike helmets are acceptable). Participants will need single blade skates only - no double runner skates. All participants need gloves/mittens. All lessons held at the Everett Ice Arena.

LESSONS -	AGES 4 TO ADULT	SATURDAYS				
LEVEL	TIME	SESSION 1 Nov. 5 - Dec. 17 (no class Nov. 26)	SESSION 2 January 7 - February 11			
Basic Beginner	Saturday, 10:10 - 10:40 a.m.	317292-1	317292-2			
Basic Beginner	Saturday, 10:50 - 11:20 a.m.	317392-1	317392-2			
Beginner	Saturday, 10:10 - 10:40 a.m.	317492-1	317492-2			
Beginner	Saturday, 10:50 - 11:20 a.m.	317592-1	317592-2			
Intermediate	Saturday, 10:10 - 10:40 a.m.	317692-1	317692-2			
COST:	\$89 Resident, \$99 Non-Resident					



CONCORD NORDIC BKL

Instruction provided by Joe Ayotte & Coaches

The Concord Nordic BKL is well-known for teaching children how to cross country ski, however the league also offers the more experienced skier excellent training as well as opportunities to learn about Nordic racing. Participants must have their own equipment.

YOUTH SKI LEAGUE					
DATES:	Fridays, January 6 - February 10				
TIME:	3:45 - 4:45 p.m.				
LOCATION:	Memorial Field				
COST:	\$44 Resident, \$54 Non-Resident				
GRADES	CODES				
K - 1	313615-1				
2 - 3	313615-2				
4 - 5	313615-3				

The Concord Nordic BKL League is a recognized participant in the New England Nordic Ski Association!





LEVELS BASIC BEGINNER - Ages 4 and older who have never skated or cannot stand up alone on ice skates.

BEGINNER - Ages 4 and older who can stand up and skate forward.

INTERMEDIATE -Ages 4 who have taken lessons, can skate forward, go backward and cross cut.

FREE WINTER OUTDOOR ACTIVITIES

GROOMED X-COUNTRY TRAILS

* Beaver Meadow Golf Course * White Farm - Park at Memorial Field Parking Lot * Carter Hill Apple Orchard * Memorial Field

Trails will usually open and be groomed once there is 8 inches of snow on the ground.

Rental equipment available (weekends only) at Carter Hill Apple Orchard

> PLEASE READ AND OBEY ALL SIGNS STAY ON GROOMED TRAILS NO PETS ALLOWED ON TRAILS

OUTDOOR ICE SKATING AREAS

* White Park * Rollins Park * Beaver Meadow Golf Course

The following skating areas are lit until 10 p.m.:

Rollins and White Park Skating areas

Pre-school

BALLET AND TAP

This beginner ballet and tap combination class will assist your pre-schooler in developing rhythm and coordination through basic ballet and tap shuffles. Class size is limited. Instruction provided by Carolyn Silva-Coskren and her staff.

LOCATION:	ION: Heights Community Center					
COST:	\$40 Resident, \$50 Non-Res	ident				
	SESSION 1					
	ednesdays, Nov. 2 - Dec. 14 (
Sa	Saturdays, Nov. 5 - Dec. 17 (No class 11/26)					
BA	LLET & TAP – INSP	IRED KIDS				
AGES:	AGES: 2 (must be 2 prior to start of the class)					
DAY:	TIME: CODE:					
Saturday	/ 9:00 – 9:30 a.m.	360202-1				

BALLET & TAP – DAZZLING DANCERS					
AGES:	DAY:	TIME:	CODE:		
2 - 3	Wednesday	11:00 – 11:30 a.m.	360102-1		
3	Saturday	9:40 – 10:10 a.m.	360302-1		

BALLET & TAP – SHINING STARS					
4 - 5					
TIME:	CODE:				
11:40 – 12:10 p.m.	360502-1				
10:20 - 10:50 a.m.	360402-1				
	4 - 5 TIME: 11:40 – 12:10 p.m.				

SESSION 2 Wednesdays, Jan. 11 - Feb., 15 Saturdays, Jan. 7 - Feb. 11						
BALLE	BALLET & TAP – INSPIRED KIDS					
AGES:	AGES: 2 (must be 2 prior to start of the class)					
DAY:	TIME:	CODE:				
Saturday	9:00 – 9:30 a.m.	360202-2				

BALLET & TAP – DAZZLING DANCERS			
AGES:	DAY: TIME: CODE:		CODE:
2 - 3	Wednesday	11:00 – 11:30 a.m.	360102-2
3	Saturday	9:40 – 10:10 a.m.	360302-2

BALLET & TAP – SHINING STARS			
AGES:	GES: 4 - 5		
DAY:	TIME:	CODE:	
Wednesday	11:40 – 12:10 p.m.	360502-2	
Saturday	10:20 - 10:50 a.m.	360402-2	



STORIES, MUSIC & DANCE

Instructor: Laura Bryant

Get ready to shake your sillies out and have some fun! Join the Concord Parks & Recreation Staff for a story, song and a silly dance!

STORIES, MUSIC & DANCE		
AGES:	2 - 4 yrs old	
TIME:	10:00 - 10:45 a.m.	
LOCATION:	Green St. Community Ctr. Gym	
COST:	\$15 Resident, \$25 Non-Resident	
DATES:	Thursdays, Nov. 3 - Dec. 15 (no class Nov. 24)	
CODE:	360904-1	
DATES:	Thursdays, Jan.12 - Feb. 16	
CODE:	360904-2	

PRE-SCHOOL OPEN GYM

This non-instructional program allows toddlers and their parents to explore various sports that will help to develop their kicking, running, throwing and catching skills. This is a parent participation activity. All equipment is provided and an attendant will be on hand to offer skill building games and activities. All participants should wear comfortable clothes and sneakers with non-marking soles.

	PRE-SCHOOL OPEN GYM	
AGES:	18 months - 3 yrs with parent	
TIME:	9:30 – 10:15 a.m.	
LOCATION:	Green St. Community Center Gym	
COST:	\$15 Resident, \$25 Non-Resident	
DATES:	Tuesdays, Nov. 15 - Dec. 20	
CODE:	361604-1	
DATES:	Tuesdays, Jan. 10 - Feb. 14	
CODE:	361604-2	

L'IL CHEF'S CLUB Instructor: Kari Inglis

If your little kiddo loves helping out in the kitchen, then they're sure to enjoy this program! With help from a parent and an instructor, children will make edible kitchen creations that they'll be able to take home (if there's any left!). Recipes will also be on hand so that parents and children can share their snacks with friends and family.

	L'IL CHEF'S CLUB	
AGES:	AGES: 3 - 6 yrs old (not in 1st grade)	
TIME:	10 - 11 a.m.	
LOCATION:	New Heights Community Center	
COST: \$50 Resident, \$60 Non-Resident		
DATES:	Tuesdays, Nov. 8 - Nov 29	
CODE:	351820-2	
DATES:	Wednesdays, Dec. 7 - Jan. 11	
CODE:	351820-3	

Pre-school & Youth

PRE-SEASON BASKETBALL 4 yrs - GRADE 2

These co-ed basketball leagues focus on the fundamentals of the game while introducing players to team play. Teams will practice once a week on Sundays. Practice times will integrate fun skill-building activities and small-sided games. Equal playing time is given to all players.

PRE-SEASON HOT SHOTS			
DATES:	Saturdays, Nov. 5 - Dec. 17 (no class 11/26)		
AGES:	4 – 6 (Not in 1st Grade)		
TIME:	10:00 - 11:00 a.m.		
LOCATION:	Green Street Community Center Gym		
COST:	\$50 Resident, \$60 Non-Resident		
CODES:	317004-1 Youth 317104-1 Coach		

PRE-SEASON JUMPERS BASKETBALL

	PRE-SEASON JUMPERS		
DATES:	Saturdays, Nov. 5 - Dec. 17 (no class 11/26)		
GRADES:	1 - 2		
TIME:	11:00 - 12:00 p.m.		
LOCATION:	Green Street Community Center Gym		
COST:	\$50 Resident, \$60 Non-Resident		
CODES:	319404-1 Youth 319704-1 Coach		

REGISTRATION DEADLINE Friday, Oct. 21

COACHES' MEETING Thursday, Oct. 27 5:30 p.m.



CRAFT WITH ME Instructor: Kari Inglis

Let your little one indulge in paint, glitter, and glue without having to worry about a messy house! We will explore different areas, such as painting, drawing, and cutting. With the help of a guardian, children will discover how to use their creativity in an artistic setting. An adult must be present at the time of class.

	CRAFT WITH ME	
DATES	DATES Wednesdays, Oct. 26 - Nov. 30	
AGES:	3 - 6 (not in 1st Grade)	
TIME:	10:00 - 10:45 a.m.	
LOCATION:	Heights Community Center	
COST:	\$35 Residents, 45 Non-Resident	
CODE:	350709-1	

KIDS CAN COOK HEALTHY HOLIDAY! Instructor: Kari Inglis

Let your kids enjoy all of the holiday goods without all of the sugar! Each day participants will make a dish that's been modified to be healthier. When the holidays arrive, your child can join in the festivities by remaking their treat for friends and family. (Note: participants will be using knives in the preparations.)

DATES:	Thursdays, Nov. 10, Nov. 17, Dec. 1 & Dec. 8 (no class 11/25)	
AGES:	8 - 12 yrs old	
TIME:	6 - 7:30 p.m.	
LOCATION:	Heights Community Ctr.	
COST:	\$70 Res, \$80 Non-Res	
CODE:	351731-1	



HOLIDAY GIFT WORKSHOP Instructor: Kari Inglis

Kids looking to make their holidays a DIY success story should look no further! Partnering with a craft teacher, participants can whip up meaningful gifts for friends and family. Those enrolled have a choice of making up to three of each gift: Goodies for friends and family, Holiday Ornaments, and Personalized Mugs! Gifts will be wrapped before going home. No peeking!

DATES:	Saturdays, December 3, 10 & 17	
AGES:	8 - 13 yrs old	
TIME:	12:30 - 2:00 p.m.	
LOCATION:	Heights Community Center	
COST:	\$50 Resident, \$60 Non-Resident	
CODE:	307019-1	



CODE:

Archery & Tae Kwon Do

ARCHERY CLASSES Instructor: Dana White

Dana White, an instructor with over 30 years experience, is a Level III Certified Instructor with the National Archery Association (NAA), and National Field Archery Association, (NFAA). All equipment is provided. Sessions are 6 weeks. Please note: Youth and adult lessons are combined for instructional purposes.

FALL SESSION - FRIDAYS			
DATES:	November 4 - Decem	ber 16, (no class Nov. 25)	
	ARCHERY – BI	EGINNER	
TIME:	5:30 – 6:30 p.m.		
CODE:	315030-1 Youth	315130-1 Adult	
ARCHERY 3			
TIME:	6:30 – 7:30 p.m.		
CODE:	315230-1 Youth	315330-1 Adult	
FA	LL SESSION -	SATURDAYS	
DATES: November 5 - December 17, (no class Nov. 26)			
ARCHERY – BEGINNER			
TIME:	1 – 2 p.m.		
CODE:	315630-1 Youth	315730-1 Adult	
	ARCHERY 2 & 3		
TIME:	2:15 – 3:15 p.m.		

315830-1 Youth

AGES:	6 and up
LOCATION:	Heights Community Center Auditorium
COST:	\$58 Resident Youth, \$68 Non-Resident Youth \$79 Resident Adult, \$89 Non-Resident Adult

WINTER SESSION - FRIDAYS			
DATES:	January 6 - February	10	
	ARCHERY – BI	EGINNER	
TIME:	5:30 – 6:30 p.m.		
CODE:	315030-2 Youth	315130-2 Adult	
ARCHERY 3			
TIME:	6:30 – 7:30 p.m.		
CODE:	315230-2 Youth	315330-2 Adult	
WI	NTER SESSION	- SATURDAYS	
DATES:	January 7- February	11	
ARCHERY – BEGINNER			
TIME:	1 – 2 p.m.		
CODE:	315630-2 Youth	315730-2 Adult	
ARCHERY 2 & 3			
TIME:	2:15 – 3:15 p.m.		

315830-2 Youth

TAE KWON DO

315930-1 Adult

For self defense, sport, fitness and fun, come learn a fast action martial art from Korea. Instruction provided by Master Daniel Jung, a 7th degree black belt from NH Kicks TaeKwonDo Family Fitness. <u>Classes are held at the Heights</u> <u>Community Center</u>. During the last class, students will participate in a board breaking ceremony. Adult age is considered to be 18 years of age and older.

	Heights Community Center
COST:	\$60 Resident Youth, \$70 Non-Resident Youth
	\$80 Resident Adult, \$90 Non-Resident Adult

SESSION 1			
TAE KWON DO AGES 5 - ADULT			
DATES:	November 5 - December 17 (Saturdays) (no class Nov. 26)		
AGES:	5 - Adult		
TIME:	10 - 11 a.m.		
CODE:	319825-1 Youth	Adult 319925-1 Adult	



SESSION 2			
TAE KWON DO AGES 5 - ADULT			
DATES:	January 7 - February 11 (Saturdays)		
AGES:	5 - Adult		
TIME:	10 - 11 a.m.		
CODE:	319825-2 Youth		319925-2 Adult

11

CODE:

315930-2 Adult

Youth



SAFE SITTER Instructor: Kari Inglis

When people hear "babysitting training" what generally comes to mind? Many immediately think of diaper changing, bottle feeding and keeping kids entertained. These infant and child caring tasks are important, however, a

well-rounded youth development program such as Safe Sitter, focuses on so much more.

AGES:	11 - 14 yrs old	
LOCATION:	Heights Community Center	
COST:	\$50 Resident, \$60 Non-Resident	
SESSION 1		
DAYS:	Wednesday/Thursday	
DATES:	October 12, 13, 19, 20	
TIME:	5 - 7 p.m.	
CODE:	350026-1	
SESSION 2		
DAYS:	Wednesday/Thursday	
DATES:	November 2, 3, 9, 10	
TIME:	5 - 7 p.m.	
CODE:	350026-2	

YOUTH **INTRO TO CLIMBING** Instructor: Evolution Rock

During this 6 week program, climbers will learn about climbing gear as well as belaying. They will work their way up to intermediate movement techniques. Additionally, as the session progresses climbers will learn bouldering, slacklining and speed climbing! Evolution Rock provides a knowledgeable staff to guide climbers through the basics of learning to climb.

INTRO TO CLIMBING			
GRADES:	1 - 8		
TIME:	9 - 10 a.m.		
LOCATION:	Evolution Rock Gym		
COST:	\$60 Resident, \$70 Non-Resident		
DATES:	Saturdays, Nov. 5 - Dec. 17 (no class 11/26)		
CODE:	314099-2		
DATES:	Saturdays, Jan. 14 - Feb 18		
CODE:	314099-3		



CONCORDTV FEBRUARY VIDEO CAMP

FEBRUARY VIDEO CAMP

This camp has something for everyone! Campers will have the opportunity to operate professional HD cameras, be the lead actor in a film, use powerful video editing programs, create green screen videos, and more! Videos created in this camp could be featured on ConcordTV's channels and Youtube account.

DATES:	February 27 - March 3
AGES:	9 - 13
TIME:	12:30 - 5 p.m.
LOCATION:	ConcordTV Studio - Concord High School
COST:	\$100 Resident, \$110 Non-Resident
CODE:	331715-1



Squash & Youth Lacrosse



NEW HAMPSHIRE SQUASH

Welcome to the world of squash! New Hampshire Squash is a new organization whose mission is to lead the growth of the game by increasing access and awareness to this exciting sport played by 25 million people around the world. Squash is a fun and challenging contest of agility, strategy, talent, and mental and physical strength. It is an incredibly beneficial game for health and fitness, and has been voted the number one healthiest sport by Forbes Magazine. Kids will love the game and our fun packed sessions. No prior experience is necessary. A squash racquet, eye guard and non-marking shoes are required.

SQUASH SESSIONS		
AGES:	7 - 10	
TIME:	5:30 - 6:30 p.m.	
LOCATION:	St. Paul's School Squash Cts., 325 Pleasant St.	
COST:	\$60 Resident, \$70 Non-Resident	
Session 1		
DATES:	Nov. 28 - Dec. 15 (Mondays & Thursdays)	
CODE:	318180-1	
	Session 2	
DATES:	Jan. 9 - Jan. 19 (Mondays & Thursdays)	
CODE:	318180-2	
Session 3		
DATES:	Feb. 13 - March 2 (Mondays & Thursdays)	
CODE:	318180-3	



SUNDAY TRAINING PROGRAM		
Sundays, Nov. 27 - Jan. 29 (no classes Dec. 18, Dec. 25 & Jan. 1)		
11 - 18		
2:00 - 3:00 p.m.		
St. Paul's School Squash Cts., 325 Pleasant St.		
\$75 Resident, \$85 Non-Resident		
318280-1		

CONCORD CRUSH LACROSSE SPRING LEAGUE



The Concord Parks & Recreation Department is happy to partner with Concord's youth Lacrosse League, Concord Crush. The Parks & Recreation Department will process registrations only, as the league is separate and non-profit with its own board of directors. Concord Crush will offer spring lax program for boys and girls for age groups: U9, U11, U13, and U15. This is a travel league and all games are played on Sundays with practices on weekday evenings. All coaches are USLacrosse Level 1 certified. For complete information on this youth lacrosse league please go to the Concord Crush website.

According to NHYLA rules, children must play in their town or city lacrosse program where they live. If the town does not have a youth lacrosse program in the NHYLA, the child may play for Concord.

U9: 1st & 2nd Grade			
BOY'S CODE: 114015-1	GIRL'S CODE: 114097-1		
	& 4th Grade GIRL'S CODE: 114097-2		
	& 6th Grade GIRL'S CODE: 114097-3		
U15: 7th & 8th Grade BOY'S CODE: 114015-4 GIRL'S CODE: 114097-4			

PROGRAM DATES: April - June, 2017 COST: \$150* Resident *<u>This cost does not include the USLacrosse registration fee.</u> You will need to register with USLacrosse individually.

DEADLINE: Registrations will not be accepted after January 7th

Practice Information: Players will be notified by their coaches in April, closer to the start of the season.

www.concordcrush.com

Winter Basketball

PLAYER REQUIREMENTS

Please make sure that your child comes to practices and games wellequipped with non-marking soled shoes. In case of inclement weather, please switch into sneakers from snow boots before walking onto any basketball court. Be advised that the Concord Recreation

Department requires all players to attend all practices and games. If you are unable to make any of these commitments, please notify your coach immediately. **Please Note:** If you play on any other organized basketball team, you are not eligible to play in the Parks & Recreation Leagues.

VOLUNTEERS MAKE A DIFFERENCE Volunteer Coaches Needed!

Do you have what it takes to make a difference? We think you do! Volunteers are the backbone of our sports programs. Because of our solid volunteer base, our programs succeed. Please consider dedicating some of your time to the children of our community by helping them to develop a passion for sports. No reward is as great as knowing that your gift of time and dedication has helped a child.

YOUTH BASKETBALL COACHES

Coaches are responsible for general team organization, team practices and coordinating the efforts of their players, and assistant coaches during game play. Coaches are required to attend all coaches clinics and meetings throughout the season.

COACHES MEETINGS

Meetings are located at the Heights Community Ctr.

ALL COACHES ARE REQUIRED TO ATTENDED.

This includes returning coaches.

DIVISION II & III- GRADES 3 - 6 Coaches Meeting: Thursday, Dec. 8, 6:30 p.m.

HOT SHOTS and JUMPERS Coaches Meeting: Thursday, Dec. 8, 5:30 p.m.

HIGH SCHOOL LEAGUE (Grades 7 - 12) Coaches Meeting: Thursday, Dec. 8, 6:30 p.m.

SAFETY FIRST

The State of New Hampshire and the Parks & Recreation Department requires all volunteer coaches and staff to complete a criminal background check and are screened accordingly.





!! ALL BASKETBALL DIVISIONS !!

SCHOOLS WITH 11 OR MORE STUDENTS LOOKING TO PLAY IN ANY DIVISION WILL BE SPLIT INTO 2 TEAMS!

DEADLINES

LATE FEE: Sign up on or before Thursday, Nov. 10, 2016 to avoid a \$10 late fee (late fees do not apply to High School League)

FINAL REGISTRATION DEADLINES:

Div. II, Div. III: Wed., November 23rd

Hot Shots, Jumpers, High School Basketball (Grades 7-12): Wed., November 30th

HIGH SCHOOL LEAGUE GRADES 7 - 12

This division is geared towards Concord/Penacook residents who did not qualify to play for their school team or would like to play basketball and have fun! This division is organized into teams by gender. The division will help players hone their skills while focusing on positional play. Teams will practice one evening per week and play games on Saturdays. Regular high school rules apply.

Coaches will notify their players concerning practice dates/ times after the coaches meeting on Thursday, December 8, 2016.

GRADES 7 - 8 LEAGUE			
DATES:	Practices will begin week of December 12. Games start the week of January 7		
CODE (BOYS):	312304-1 Youth	313404-1 Coach	
CODE (GIRLS):	312404-1 Youth	313504-1 Coach	
COST:	\$59 Resident		

GRADE 9 - 12 LEAGUE			
DATES:	Practices will begin week of December 12. Games start the week of January 7.		
CODE (BOYS):	312504-1 Youth	313604-1 Coach	
CODE (GIRLS):	312604-1 Youth	313704-1 Coach	
COST:	\$59 Resident		

GRADES 7 - 12 FINAL REGISTRATION DEADLINE: Wednesday, November 30th

Winter Basketball

AGES 4 - GRADE 2

These co-ed basketball leagues focus on the fundamentals of the game while introducing players to team play. Teams will practice once a week on Saturdays. Practice times will integrate fun skill-building activities and small-sided games. Equal playing time is given to all players. Ages 4 - Grade 2 basketball is open to residents and non-residents.

HOT SHOTS

HOT SHOTS								
DATES:	January 7 - February 11 (Saturdays)							
AGES:	4 – 6 (Not in 1st Grade)							
TIME:	1 - 1:45 p.m.	CODE: 311704-1 Youth CODE: 312804-1 Head Coach						
TIME:	2 - 2:45 p.m.	CODE: 311704-2 Youth CODE: 312804-2 Head Coach						
LOCATION:	Green Street Community Center Gym							
COST:	\$50 Resident, \$60 Non-Resident Add \$10 late fee after 11/10/16							



JUMPERS

JUMPERS									
DATES:	January 7 - February 11								
GRADES:	1 & 2								
TIME:	9:00 - 10:00 a.m.	CODE: 311804-2 Youth CODE: 312904-2 Head Coach							
TIME:	10:15 - 11:15 a.m.	CODE: 311804-3 Youth CODE: 312904-3 Head Coach							
TIME:	11:30 - 12:30 p.m.	CODE: 311804-4 Youth CODE: 312904-4 Head Coach							
LOCATION:	Green Street Community Center Gym								
COST:	\$50 Resident, \$60 Non-Resident Add \$10 late fee after 11/10/16								



Fall & Winter 2016 - 2017

GRADES 3 - 6

Players will be placed on teams by GRADE, not ages. Registration deadline for Grades 3 - 6 is Wednesday, November 23, 2016. Registrations received after November 10, 2016 are subject to a \$10.00 late fee and placement is on a space available basis.

Students playing on any other organized basketball team are not eligible to play in this league.

DIVISION II - GRADE 3 & 4

DIVISION II

This division is organized into teams by gender. Instruction focuses on the fundamentals of the game while teaching the rules of basketball. <u>All teams will practice for 1 hour once a week and play all games on Saturday mornings</u>. Equal playing time is given to all players.

DATES:	Practices may begin week of December 12 Games will start the week of January 7.							
CODE (BOYS):	CODE: 311904-1 Youth CODE: 313004-1 Head Coach							
CODE (GIRLS):	CODE: 312004-1 Youth CODE: 313104-1 Head Coach							
COST:	\$50 Resident (residents only) Add \$10 late fee after 11/10/16							

DIVISION III - GRADE 5 & 6

DIVISION III

This division is organized into teams by gender. Players will concentrate on further developing their basketball skills. <u>All</u> teams can practice up to twice a week for 1 hour each and will play all games on Friday evenings. Equal playing time is given to all players. **Division III 5th & 6th grade basketball will play regulation high school rules!!**

DATES:	Practices may begin the week of December 12.							
	Games will start the week of January 7.							
CODE (BOYS):	CODE: 312104-1 Youth							
	CODE: 313204-1 Head Coach							
CODE (GIRLS):	CODE: 312204-1 Youth							
	CODE: 313304-1 Head Coach							
COST:	\$59 Resident (residents only)							
	Add \$10 late fee after 11/10/16							

Div II, Div III & Grade 7 - 12 games begin the week of January 7.

Divisions II & III-Concord/Penacook residents only

Boys and girls are placed in a division based solely on their grade in school as of Sept., 2016. There are no exceptions to this policy.

If there are spaces left on existing teams after the Thursday, November 10, 2016 registration deadline, children will be accepted on a space available basis and a late registration fee will be assessed.

If your child attends a private school, home school or school other than a Concord/Penacook public school, please list the name of the elementary school in your neighborhood.

Unfortunately, we cannot accommodate requests to be on specific teams.

Seniors Programs

SENIOR CITIZEN PROGRAM

Concord Parks & Recreation offers a Senior Program at the Heights Community Center, 14 Canterbury Rd. Concord, NH. The goal of the Senior Program is to offer activities to increase the physical, intellectual and emotional well-being of seniors age 50+.

Monthly calendars of activities are available on the Parks & Recreation website at <u>www.concordparksandrec.com</u> and at the Heights Community Center. There is no fee to join the Senior Program and most activities are free. If there is a cost for an activity it is minimal and is always listed on the calendar. All Concord area seniors age 50+ are welcome to participate.

The Senior Program also offers social activities such as game day, a pizza party, ice cream socials, a summer picnic and/or holiday parties. The Concord Area VNA offers monthly senior health clinics and specialized programs.

For information about any of the senior activities, or to be added to an email list for information and monthly calendars, call Becky at 230-4982 or email her at rbukowski@Concordnh.gov.

During the winter months our programs will be cancelled if the Concord School District has a delayed opening or cancellation.







Monthly Schedule:

- Monday – <u>Bingo</u>, 10 - 12 p.m. , <u>Cribbage</u>, 10 - 12 p.m.

- Mondays, Wednesdays & Fridays - <u>Walking Group</u>, 11 a.m. - come walk a mile in the community center or outside in nice weather.

- Tuesdays <u>Mexican Train</u>, 1:30 3:30 p.m.
- Wednesday & Fridays Bone Builders, 10 -11 a.m. (\$2 donation)
- Every 2nd Wednesday <u>Monthly Luncheon</u>, 11:45 pre-registration is required and a \$2 donations is requested from seniors age 60+ and \$6 for seniors age 50 to 59.
- Every 2nd & 3rd Wednesday of the month, VNA Health Clinics, 9 12 p.m.
- 4th Wednesday of the month VNA Walk In Wednesday, 10 12 p.m.
- Every 4th Wednesday each month Coffee Club/Social Group, 11 12:30 p.m.*
- Every Wednesday and Friday Ping Pong, 10 1 p.m.
- Thursdays <u>Mah Jongg</u> (for experienced players), 1 4 p.m.
- Every 1st Friday each month <u>Knitting Group</u>, 10 12 p.m.*
- Every 2nd Friday <u>Book Discussion Group</u>, 11 12:30 p.m. (we read one book a month books are available for loan)*
- Every 3rd Friday <u>Adult Coloring</u>, 10 12 p.m.*
- Every 4th Friday <u>Trivia,</u> 11 12:15 p.m.*
- Every Friday Bridge, 10 12 p.m.*

*Check monthly calendar - some days may change

Family & Adult Programs

GENTLE YOGA Instructor: Alison Murphy

Gentle Yoga is a 60-minute class designed for students that prefer a slower paced, easier yoga class. Gentle Yoga will include breathing and relaxation techniques as well as standing and seated postures. This class is suitable for students who have completed the Beginner Yoga series or have a basic understanding of yoga postures.

GENTLE YOGA								
DAY:	Tuesdays							
AGES:	18+							
TIME:	10:00 - 11:00 a.m.							
LOCATION:	Heights Community Center							
COST:	\$42 Residents, \$52 Non-Resident							
DATES	CODE							
Nov. 8 - Dec. 13	362405-1							
Jan. 10 - Feb. 14	362405-2							

ADULT NOON OPEN GYM

(Must be 18 years or older)

Tuesday and Thursday at the Green Street Community Center from 12 noon - 1:30 p.m.

DATES: Year Round COST: \$3/visit or \$75 for a 30 visit pass.

ADULT EVENING OPEN GYM

(Must be 18 years or older)

Tuesday and Thursday at the Green Street Community Center from 8 - 10 p.m.

DATES: November 15 - April 20 COST: \$3/visit or \$75 for a 30 visit pass.





No Noon or Evening Open Gym on Tuesday, November 8 or Thursday, November 24



INDOOR DROP-IN PICKLEBALL

BEGINS WEEK OF OCTOBER 10th

Green Street Community Center

(2 indoor courts), Intermediate and higher Mondays, 9 - 12 p.m. Wednesdays 9 - 12 p.m. Fridays 9 - 12 p.m.

New Heights Community Center

(1 indoor court), Beginners Tuesdays, 9 - 12 noon Thursdays: 5:30 - 7:30 p.m.

Cost is \$3.00 per person No pre-registration is required



Community Info







SPRING LITTLE LEAGUE INFORMATION

All Little Leagues and Softball Leagues are separate from Concord Parks and Recreation. Each league handles their own registration. Please find below the names of the leagues and their websites. Registration usually begins in January.

Concord American Softball

www.eteamz.com/concordamericansoftball/

Concord Little League

www.concordnhlittleleague.org

Concord National Youth Softball

www.eteamz.com/concordnationalyouthsoftball/

Concord Northeast Baseball and Softball

www.leaguelineup.com/concordnortheast

M. V. Youth Baseball and Softball League

www.leaguelineup.com/mvyouthball

18



Friday, October 28th • 5:30-7:30pm DOWNTOWN CONCORD

Wear your costume, see your friends, play with *Parks & Recreation*, join the costume parade & dance party, enjoy the NEW Main Street, and trick-or-treat at all your favorite downtown businesses! *For more information and details: www.intownconcord.org*



©Eastern Bank



How to Register

PLEASE READ THIS SECTION CAREFULLY! IT IS THE MOST IMPORTANT PAGE OF THIS BROCHURE.

HOW DO YOU REGISTER?

It's simple and easy. We've tried to make it as convenient as possible. You can:

1) Register online at www.concordparksandrec.com

See Page 2 for more online registration info.

- 2) Visit our web-site, www.concordparksandrec.com and download the registration form, fill it out and mail, fax, or bring it in with your check or credit card (Mastercard/Visa).
- Mail in the registration form and fee to: Concord Parks & Recreation Department, 14 Canterbury Road, Concord, NH 03301.
- 4) Drop it in the blue door mail slot (located just to the right of our main entrance) at the 14 Canterbury Rd. office. You can do this when the office is closed, on your way to work, on the way home, on the weekends, or anytime you are in the area.
- 5) FAX IT our FAX number is 603-225-8589
- 6) Stop by the Concord Parks & Recreation Office, 14 Canterbury Rd., Monday through Friday between 8:00 a.m. and 4:30 p.m.
- 7) Registration Forms must be completed by a Parent or Legal Guardian.

Please complete the registration form in full. Be sure to include the program code number. List all the programs you and/or your children will be participating in on the registration form.

Please Register Early - all classes, camps or programs have limited space. Registrations are taken on a first come, first served basis and may fill up before listed deadlines.

All Checks Should Be Made Payable to City of Concord.

PARTICIPANT REGISTRATION

Most programs have a minimum number of participants needed in order for the program to run. If the minimum number of participants is not met, the class may be cancelled.

NON-RESIDENTS

Non-residents must pay an additional non-resident fee. Also, some programs are limited to Concord/Penacook residents only.

Families must reside in Concord/Penacook to qualify for residency rates. Business ownership does not qualify.

PHOTO POLICY

We may take photographs and/or video for Department marketing purposes only. If you do not want your child to be photographed, please note this on your registration form.

RECREATION SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee waiver. Scholarships are available for most (but not all) youth programs. <u>Scholarships are not available to</u> <u>Non-Residents or for adult programs and do not include late fees.</u>

REFUND PROCEDURE

Refunds are issued only when a class is cancelled by the Parks & Recreation Department or if the participant enrolled in the program has a note from a physician's office stating they are not able to participate in a program because of a medical condition. If you feel your request for a refund is unfairly denied, there is an appeal process. Appeals must be in writing and sent to the Concord Parks & Recreation Department. The Director will review and either approve or deny your request in writing. If your request is denied by the Director you may appeal in writing to the City Manager.

RETURNED CHECK POLICY

A \$30.00 processing charge will be assessed for any checks returned by your bank as not payable.

REGISTRATION FORM

It is very important that you REFER TO THE CODE NUMBER correctly. If you have any suggestions on how we can improve the quality of this form or any other part of this brochure, please call us or include a note on your registration form.

FAX YOUR REGISTRATION

We accept credit cards (Mastercard/Visa) which means you can fax your registration to us. Our FAX number is 603-225-8589. To be able to process a registration form by fax you MUST include credit card information. Registrations can not be processed without it.

CREDIT CARDS

The Recreation Department accepts MasterCard & Visa Credit Cards.

PROGRAM CANCELLATIONS

Daytime Activities:

Programs may be cancelled due to inclement weather. A decision regarding a cancellation will be made one hour prior to the start of a program. If deteriorating conditions force on-site cancellations, a representative will remain on site until all children are picked up by their parent or guardian.

Evening Events:

Cancellation for evening activities will not be made until at least 3:00 p.m. to allow for changing weather conditions. Whenever possible we will leave a message on our answering machine and online at www.concordparksandrec.com.



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RETURN WITH PAYMENT TO: Concord Parks & Recreation Dept. 14 Canterbury Rd. Concord, NH 03301 Make Checks Payable to: City of Concord			CONTACT US AT: Office: 225-8690 Fax: 225-8589 E-mail: recreation@concordnh.gov Web: www.concordparksandrec.com						For Office Use Only Check # CC Cash Schlrs				
PARENT/ GUARDIAN CONTACT INFO <u>Please Print</u>	Adult First & Las Address City Home Phone E-mail	State Zip											
Participants Information		Elementary	Sex	COUR Date of	RSE C Grade	HOICE Name	S of Class / P	Program		Class	Code		Fee
In Consideration of being permitted, at my specific request, for me or my child/ward to participate in the activities in the control term of the child of Concord, New Hampshire Park and Recreation Department, we HEREBY RELEASE. WAVE, DISCHARGE, AND CONVENANT NOT TO SUE the City of Concord, its officers, employees, and agents, individually or in an official capacity for the City of Concord, its officers, employees, and agents, individually or in an official capacity for the City of Concord, its officers, employees, and agents, individually or in an official capacity for the City of Concord, its officers, employees, and agents, individually or in an official capacity for the City of Concord, its officers, employees, and agents, ocations, damages, costs or expenses which we may have against any of the Releasee To a program. Total Fees, total cost of a program. Total registration of any Release or otherwise. I HERER YELLRESP NOEIBILITY FOR ALL RISK OF INJURY OR PROPERTY DAMAGE due to the negligence of Release or otherwise while engaged in or as a result of the activity. In addition, I give my permission for the child(ren) to be treated by qualified medical photographed for City of Concord programs and promotions. Signature (parent/guardian armed below can not be recached at the phone numbers and here is an appeal process. Appeals must be in writing and sent to the Concord Parks & Recreation Department is under 18 years of age													
1 Drop-Box An after hours drop box is provided. The mail slot is located just to the right of our main entrance at our 14 Canterbury Rd office.								rks & t 14 ill out your on. Office					
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Signature

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Name as it appears on the Card: