

Joint Task Force on Childhood Hunger

City of Concord

Capital Region Food Program

Report

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Ralph Jimenez, Jerry Madden, Maria Manus Painchaud, Elena Preston, Jackie Whatmough,
Candace White-Bouchard, and Mayor Jim Bouley as Ex Officio member

June 12, 2017

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Executive Summary

A Joint Task Force between the City of Concord and the Capital Region Food Program was established in May 2016 with the purpose of exploring and better understanding the level of childhood hunger in Concord and Penacook, New Hampshire. Task Force members represented various organizations directly involved with services to children, the Concord public school system, city councilors, social services subject matter experts, Capital Region Food Program Holiday Food Basket Project and Year Round Distribution Project, city of Concord, and the media.

Over 16 million children live in hunger insecurity in the United States. While New Hampshire ranks 46th, with 45 other states having higher levels of hunger insecurity, the fact that over 27% of those 14,651 individuals (9.9%) living in hunger insecurity in Merrimack County are children is still an issue of grave concern. To better understand the current situation in the Concord/Penacook area the Task Force utilized multiple sources for researching the issue including relevant research studies, statistical information, surveys and interviews. The report succinctly articulates the process, findings and recommendations.

The Task Force utilized various methods to gather data relevant to the current status of childhood hunger in Concord/Penacook. General research was conducted using government resources, both state and federal, as well as current studies on childhood hunger and hunger insecurity. Additionally, organizations and agencies in Concord and Penacook were contacted to secure primary data related to their specific operations. A blind survey was also conducted with recipients to gather information from their perspective. After analysis and review of all the data, a general overview of the findings was articulated.

The Task Force used the findings as a basis for discussion at a public forum on October 13, 2016. The findings along with the feedback from the public forum discussion resulted in the following four recommendations:

1. City of Concord website to be the main repository of information regarding food resources in Concord and Penacook.
2. Updating the information on the City of Concord website will be done through a joint effort of the Capital Region Food Program (CRFP) and the City.
3. A downloadable document will be created and updated by the CRFP, with a hyperlink to where it resides on the City's website to be distributed to the various agencies and organizations.
4. CRFP will pilot quarterly meetings with the agencies to promote information sharing, continue discussions on better coordination and collaboration, and to foster synergies between and among the current and future initiatives addressing hunger insecurity.

It is believed by implementing the aforementioned recommendations, open lines of communication will result in identifying gaps and potential initiatives to address the changing hunger insecurity landscape.

Introduction

On May 4, 2016 the Joint Task Force on Childhood Hunger, for the city of Concord and the Capital Region Food Program, convened. Task Force members included: Tom Croteau, Jim Doremus, Chris Emond, Tricia Foisey, Terri Forsten, Amanda Grady-Sexton, Ralph Jimenez, Jerry Madden, Maria Manus Painchaud, Elena Preston, Jackie Whatmough, Candace White-Bouchard, and Mayor Jim Bouley as Ex Officio member.

At this organizational meeting, context setting, the Task Force's objective, and current status of childhood hunger as we understood it were discussed. The preliminary information gleaned from USDA (United States Department of Agriculture) Research Service, Feeding America Map the Meal Gap 2016, and the NHDOE (New Hampshire Department of Education), Bureau of Data Management provided the following context:

- Most US households with children have consistent, dependable access to adequate food. However, 21% of households with children were food insecure at times during the year.
- According to two research studies regarding frequency of food insecurity during a 5-year period, when measuring food insecurity in 2 time modes 1) during the previous year and 2) during previous 30 days it was found that food insecurity was generally found to be of short durations:
 - 50% experience food insecurity sometime during the 5-year period and only 6% experienced it during all 5 years.
 - Most importantly it was noted that households move in and out of food insecurity.
- Food insecurity in New Hampshire ranges from 8.6% -12.6% by counties with Merrimack County hovering at 9.9% overall.
- Local Childhood insecurity as reflected through reduced/free lunch eligibility:
 - Concord School District reported over 36% of enrolled students (remained relatively stable from 12/31/2015 to 3/20/2017) with
 - Approximately 43% elementary school age
 - 37% middle school age
 - Over 30% high school age
 - Merrimack Valley School District – Penacook Elementary School Only
 - Dropped from reported 39% 12/31/15 to 35% as of 3/20/2017

The objective of the Task Force was to gather data and understand more fully the current situation regarding childhood hunger in Concord and Penacook. This was to include confirming what initiatives were currently in place; access to food, including amount, accessibility (location and logistics), status of federal assistance programs such as SNAP (Supplemental Nutrition Assistance Program), TEFAP (The Emergency Food Assistance Program), CSFP (Commodity Supplemental Food Program), CACFP (Child and Adult Care Food Program), NSLP (National School Lunch Program), SBP (School Breakfast Program), SFSP (Summer Food Service Program), and WIC (Women, Infants and Children), along with other relevant data. It was anticipated that this data would provide insight as to our assumptions of limited resources available and a specific need especially during the summer months.

Data Collection Process

A plan was devised to gather the data for review and analysis by the Task Force. Task Force identified over 35 agencies/organizations to contact. Data collected included: organization name, address, days of operation, hours of operation, contact person, phone number, agency email, frequency of services, ages serviced, summer food program and additional notes, (See Appendix A). From that information a matrix was developed to show availability of food, days of the week and times of the day, as well as the summer program coverage (See Appendix B). A bubble map was also created based on the Capital Region Food Program's Holiday Food Basket recipient data; it illustrates the various concentrations of recipients and the proximity to food resources (pantries, soup kitchens, etc), which provided further insight to potential gap areas (See Appendix C).

The second category of data collection was to interview the agencies directly. There were six key questions developed by Task Force members and asked of each agency.

1. How do you identify clients/recipients of your food program services?
 - a. Include in here any eligibility requirements, such as membership to the organization, income level, published standards/eligibility requirements, etc.
2. How often can the clients/recipients take advantage of your food program services?
 - a. What is the availability or frequency of service?
 - b. What % of your clients are regulars, what % are periodic?
 - c. Does the demand for your food program services vary based on time of year (maybe connected to the 4 seasons or school schedule)? If you know why, please explain.
3. How do the clients/recipients learn about your services?
 - a. Are they referred, if so by whom- another agency, church, school, etc.?
4. Do you have data on how many children are serviced through your program?
 - a. If breakdown available, please provide guesstimates for the following age ranges:
 - i. 0-4
 - ii. 5-10
 - iii. 11-15
 - iv. 16-18
5. How do clients/recipients get to your location/how do they access your services?
6. What are some barriers for clients/recipients in accessing your food program services?

The intent was to have a better understanding of how the services being provided by these various agencies overlapped or complimented each other and what they perceived as challenges (See Appendix D).

The third category of data collected was done with the assistance of several agencies. It was a blind, random sample of the recipients. In gathering this data, each organization identified the recipient by number, provided the recipient's neighborhood information and, when possible, the length of residence at that locale. Then following questions were asked:

1. The number in the family; what are the ages of your children? (e.g. 5 people, 2yrs, 5yrs, 6 yrs, 9yrs – so 1 adult and 4 children)

2. How do you find out about food services?
3. What are the challenges/obstacles you face accessing food?
4. What are you getting for food services?
5. How often do you need to get help with finding food?
6. What would make it easier to access food?
7. Have you ever been turned away from a food services program, if yes, do you know why?

Additional insights were determined by the data that helped to identify key challenges and what might make the process for accessing food easier (See Appendix E).

Some of the assumptions originally believed by the Task Force were not validated. The assumption that transportation presented challenges for recipients to access the food pantries and services, along with the assumption that there is limited to no food access during the summer months while could present issues at times, they were not found to be extreme obstacles.

There were many initiatives that had emerged and been in place to serve the childhood population but knowledge and information to available for the general public was found to be limited. Additionally, there were scholarships available for children of economically challenged circumstances that had not been awarded due to lack of applicants. Further investigation supported the premise again that information sharing about these opportunities was not as effective as could be.

Public Forum

After compiling and analyzing the data the Task Force developed a general overview of its findings (See Appendix F):

- In NH of those individuals identified as hunger insecure, 27% are children who live in hunger insecurity, slightly below the US average.
- Hunger insecurity is not constant, and is effected by many variables including access to food sources, economic circumstances, personal networks, and others. As a result, need varies dependent on individual circumstances.
- Government programs are available to eligible recipients
 - SNAP, TEFAP, CSFP, CACFP, NSLP, SBP, SFSP, WIC
- 15 independent agencies in Concord/Penacook provide food resources on a year round basis
 - The collective schedule of these efforts result in food sources available 7 days a week with a minimum of 2 outlets per day
 - Locations are spread out; 1 mobile food pantry serves Concord locations on Saturdays throughout the month, hitting 6 different locations once a month
- Prepared food is available and open to the general public year round through 2 soup kitchens and 1 independent agency.
- Prepared food is available based on meeting eligibility requirements through programs such as school breakfast/lunch, Boys & Girls Club of Central NH, Concord Family YMCA, and Head Start.
- Summer food service for children is available through the Concord School District, Concord CAP, Boys & Girls Club of Central NH, and Concord Family YMCA.

- Several special initiatives coordinated during the school year in Concord Public Schools through partnership with area food pantries – backpack program @ Christa McAuliffe and Mill Brook with a new initiative at Abbott Downing.
- Some programs are seasonal; some have eligibility requirements.
- How recipients get to the food source location varies depending on access to transportation such as carpooling, receiving a ride, bus, or walk.
- Some challenges faced by agencies providing services include – language barriers, transportation for recipients, eligibility restrictions (large families that are slightly over the income limits and cannot participate in programs).
- A sampling of recipients was surveyed through several local organizations resulting in additional data:
 - Most people receive food stamps and use the food pantries as a supplement to get through the month
 - Recipients learn of resources through word of mouth, churches, social service agencies, friends, neighbors, doctor, brochures or other sources.
 - Some challenges faced by recipients include finding transportation to get to the pantry location, not knowing where to go, language, limitations on how often the resource can be accessed.
 - When asked what would make it easier responses included – transportation, expanded or different food pantry hours of operation, availability of healthier foods, being able to get food stamps.

Realities of the data indicated that there are many initiatives underway and resources available, especially within Concord. The challenge is the lack of awareness. While Penacook has limited resources, the resources it does have are not well known to the school system (Merrimack Valley School District). Overall, there is no quick reference vehicle for access to food in Concord/Penacook.

The Task Force determined the next step was to invite the 40 agencies identified through the research process to participate in a public forum where we would be discussing the findings. A total of 65 people were invited, 40 responded they would attend, and 38 individuals, representing 22 agencies, actually were able to participate in the meeting. An overview of the work the Task Force had accomplished and the general findings was shared, after which small group discussions took place.

The small group discussions focused on the Task Force's findings as well as the perceptions of the various agencies and organizations. From that, the group identified as a whole, the following key issues:

- Perceived Challenges/Obstacles/Concerns
 - Lack of current, update to date repository of information regarding food resources, whether online or in hard copy format
 - Knowledge of the resources, locations, hours of operations, different eligibility requirements
 - Language barrier, potential need for translation
 - Timing of food stamps
 - Middle school age children appear to be most vulnerable

- Suggestions for Enhanced Efforts
 - More information sharing/better communication
 - Fostering more collaboration between and among schools, agencies, and organizations serving hunger insecurity needs
 - Potential of additional food pantries, location specific such as the Heights or maybe a mobile unit
 - Partner with the schools as a vehicle to disseminate information
 - Transportation (evenings, weekends, and general access to)

While there were other suggestions noted, the aforementioned were the most common points expressed. Throughout the general discussion there was a lot of echoing of “I didn’t know that” and we need “better communication”. Additionally, there was consensus that whatever enhancements or improvements identified to be implemented, the approach must be deliberate and thought out carefully before executing; there was concern that everything be done in concert to ensure the agencies are not overwhelmed resulting in unintended consequences that adversely impact the current efforts.

Recommendations

Recommendation 1

After much discussion and consideration, it is suggested that the City of Concord website be the primary repository of information regarding food resources. Currently there is information posted but may not be up to date or include all resources available. It is recommended consideration be given to a more prominent link on the home page for easy access to the information.

Recommendation 2

One of the issues that the Task Force continued to consider carefully was the import of ensuring the information on the City website be updated on a regular basis. After much discussion, it became clear that much of the information is already being captured on a regular through the Capital Region Food Program’s (CRFP) projects. As such, it would make sense for the CRFP to take the responsibility of working with the City web liaison and providing updated information. The logistics as to what, when, and how should be discussed between the City and CRFP and, if possible, commence on or before October 1, 2017.

Recommendation 3

In addition to providing the information for the City to post on the website, a reference sheet containing the critical information on each agency/service will be created as a downloadable pdf to be accessed by potential recipients, general public and agency/organization providers. A hyperlink to the document will be disseminated to the agencies and the school systems (both Concord School District and Merrimack Valley School District – for those students residents of Penacook) so that they can access current information and distribute as appropriate.

Recommendation 4

The CRFP will pilot quarterly meetings with the agencies to promote information sharing, continue the discussions of how to better coordinate and collaborate and to foster

synergies between and among the current and future initiatives addressing hunger insecurity. The intent is to kickoff this quarterly meeting process in the fall of 2017. The format will include an opportunity to share updates, discuss current issues, and act as an incubator for enhancements and improvements. Based on feedback and input from participants, adjustments and revisions will be made. Notes/minutes from the meetings will be shared to keep the lines of communication open.

While these recommendations appear to be simplistic, attention to details, ongoing maintenance and having a system in place to ensure the updates and communication continues to flow will result in major progress to the collective effort. It is believed by implementing the aforementioned recommendations, open lines of communication will result in identifying gaps and potential initiatives to address the changing hunger insecurity landscape. Having the City and the CRFP take responsibility for the execution of the information sharing will ensure the sustainability of the efforts, along with continue process improvement.

References

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- US Census. *Quick facts, New Hampshire*. Retrieved 4/28/2016, www.census.gov.

APPENDIX A

General Organization Information

ORGANIZATION	ADDRESS	CITY/STATE	ZIP	DAYS OF OPERATION	HOURS OF OPERATION
Capital Region Food Program - Year Round Distribution Project	c/o M. Susan Leahy, 11 South Main Street	Concord, NH	03301	Monthly distribution to agencies	4:45pm-5:30pm
Capital Region Food Program - Holiday Food Basket Project	c/o M. Susan Leahy, 11 South Main Street	Concord, NH	03301	December operation 12/16-26, 9-5	9am-5pm
Boscawen Congo Church	12 High Street	Boscawen	03303	M & W	11-12(m) & 3-6(w)
Boys & Girls Clubs Central NH	55 Bradley Street	Concord, NH	03301	12 Months five days a week 7-7 summer, 2:30 to 6:00 School Year.	
Centerpoint Church	20 North State Street	Concord, NH	03301	1st & 3rd Saturday	7am-9:30 am
Christ the King	67 1/2 South State Street, PO Box 2756	Concord, NH	03301	Mon-Thursday	7-9pm
The Concord Family YMCA	c/o Jim Doremus, 15 N. State Street	Concord, NH	00331	Yearround/M-F5am-10pm/SatSun9am-6pm	
Department of Health and Human Services	40 Terrill Park Drive	Concord, NH	03301	8:00AM - 4:00PM & online NH Easy	
Community Action Program	2 Industrial Park Dr.	Concord, NH	03301	Summer Meals for children, varies	Randy Emerson
Community Action Program	2 Industrial Park Dr.	Concord, NH	03301	WIC	Christina
Community Action Program	2 Industrial Park Dr.	Concord, NH	03301	Food Pantry	Barbara Chellis
Concord CAP	2 Industrial park Drive, Bldg 2	Concord, NH	03302	Fridays	12-4pm (other days as needed)
Concord Human Services	28 Commercial Street	Concord, NH	03301	Mon-Fri	8:30a-12p & 1-4pm
First Congo	177 North Main Street	Concord, NH	03301	M, T, TH	9:30-11:30
The Friendly Kitchen	Box 373 (Commercial Street)	Concord, NH	03302	Mon-Sun	Breakfast, Lunch, Dinner
Friends of Forgotten Children	224 Bog Road	Concord, NH	03303	W, Th, F	9-3:30, 9-12:30 & 1:30-5:30, 9-1
The Friends Program, Inc.	c/o Jerry Madden, 202 No. State Street	Concord, NH	03301	M-F for Programs, 24/7 for Homeless Shelter	
Gospel Light Church	124 Hall Street	Concord, NH	03301	last 2 saturdays/mo	9am-10am
Immaculate Conception Church	9 Bonney Street	Penacook,NH	03303	Sat & Thursday; Tue & Wed	9-10am; 6-7pm
McKenna House	South Fruit Street	Concord, NH	03301	S-S	24/7
Merrimack Valley Daycare	19 North Fruit Street	Concord, NH	03301	M-F	6:45am-5:30pm
Open Door Community Kitchen	30 Canal Street	Penacook,NH	03303	M&W	4:30pm-5:30pm
Salvation Army	58 Clinton Street	Concord, NH	03301	Tuesday - Friday	9:30-2 pm
St. Paul's Church	21 Centre Street	Concord, NH	03301	M-Th	10am-2pm
United Church of Penacook	21 Merrimack Street	Penacook,NH	03303	Tuesday	9:30-11:30am
West Congo Church	499 North State Street	Concord, NH	03301	Fridays	10am-12pm

ORGANIZATION	CONTACT PERSON	PHONE NUMBER	AGENCY EMAIL	CONTACT EMAIL
Capital Region Food Program - Year Round Distribution Project	Elena Preston	603.565.5048 (Elena)	yrdp@capitalregionfoodprogram.org	-
Capital Region Food Program - Holiday Food Basket Project	Maria Manus Painchaud	603.224.1744 (Maria) 603-796-2329	hfbp@capitalregionfoodprogram.org	s52p@aol.com
Boscawen Congo Church	Rhoda Hardy	(Rhoda)		rhodaharold@tds.net
Boys & Girls Clubs Central NH	Christopher Emond	603-224-1061	www.centralnhclubs.org	Emond@Centralnhclubs.org
Centerpoint Church				
Christ the King	Bryan Westover	603-224-2328	parish@christthekingnh.org	planassist@bow-nh.gov
The Concord Family YMCA	Jim Doremus	603.228.9622 x146	www.concordymca.org	jdoremus@concordymca.org
Department of Health and Human Services			http://www.dhhs.nh.gov	
Community Action Program	225-3295		http://www.bm-cap.org	REmerson@BM-Cap.org
Community Action Program	225-2050		http://www.bm-cap.org	
Community Action Program	225-6990		http://www.bm-cap.org	Bchellis@BM-Cap.org
Concord CAP	Barbara Chellis	603-225-6880	bm-cap.org	bchellis@bm-cap.org
Concord Human Services	Jackie Whatmough	603-225-8575	human_services@concordnh.gov	jwhatmouth@concordnh.gov
First Congo	Linda Strand	603-225-5491	secretary@concordsfirstchurch.org	lindastrand@comcast.net
The Friendly Kitchen	Louise Parenteau	603-224-7418	jenn@thefriendlykitchen.org	louleep@gmail.com
Friends of Forgotten Children	Cheryl Correllus	603-753-4801	fofcnh@gmail.com	
The Friends Program, Inc.	Jerry Madden	603.228.7603	www.friendsprogram.org	jmadden@friendsprogram.org
Gospel Light Church	Betsey & Lenny Virgin	603-225-7373	lvirgin49@gmail.com	
Immaculate Conception Church	Janet Perusse	603-753-4413	foodpantry@icpenacook.org	jlp.1961@yahoo.com
McKenna House				
Merrimack Valley Daycare	Marianne Barter	603-224-1632		mariannebarter@yahoo.com
Open Door Community Kitchen	Lauri Wayne	603-345-3984	odekpenacooknh@gmail.com	lauriflannery@comcast.net
Salvation Army	Captain Sally Warren	603-225-5586		sally_warren@usc.salvationarmy.org
St. Paul's Church	Mary Waples	603-224-2523	kdunklee@stpsulsconcord.org	mpwaples@comcast.net
United Church of Penacook	Nancy Perissa	606-753-4072		lunchlady03303@yahoo.com
West Congo Church	Jennifer Day	603-224-4142		jennifer.day@des.nh.gov

APPENDIX B

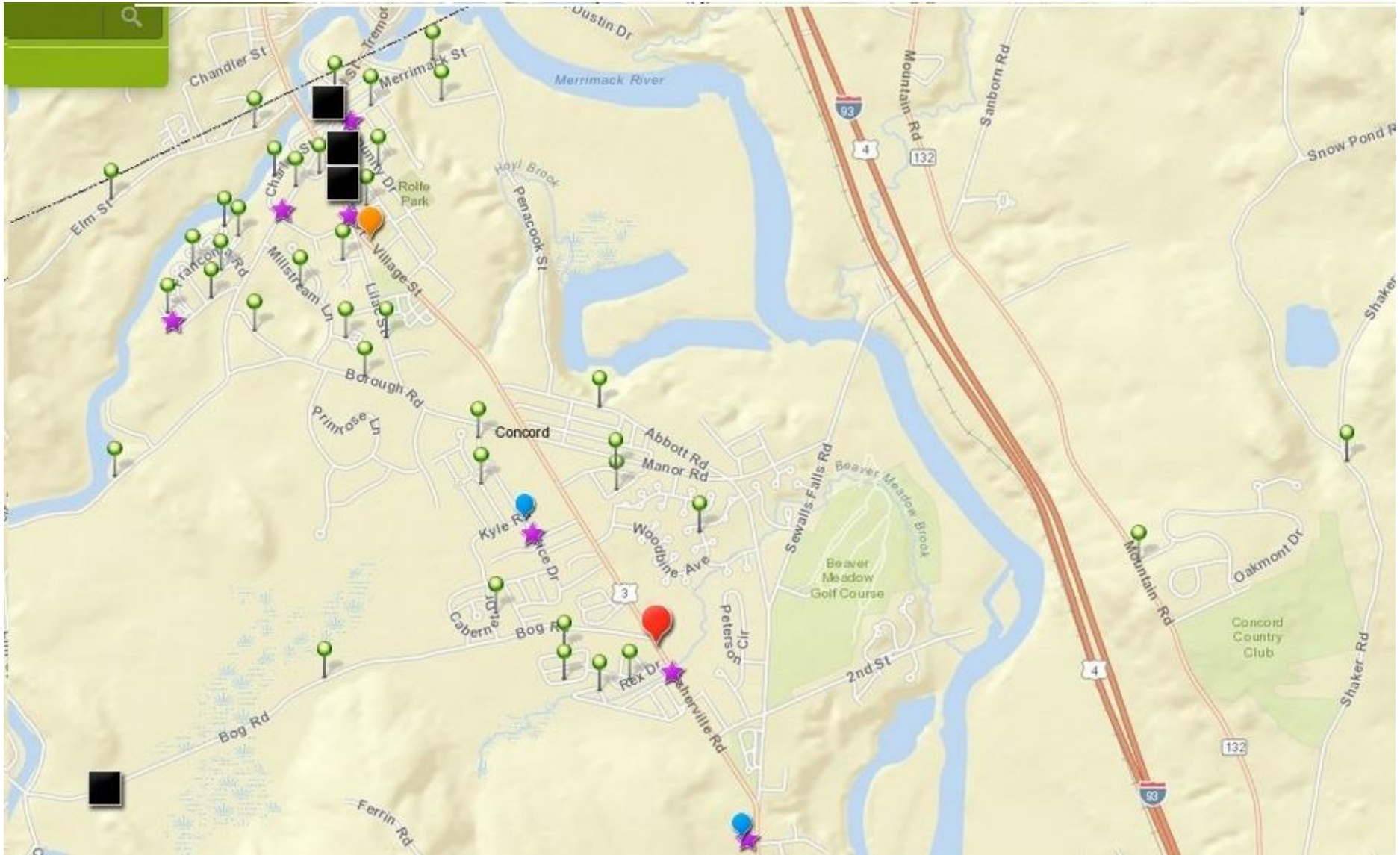
Hours of Operation Matrix

Agency & Address	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friendly Kitchen (meals) 2 S. Commercial St	5 - 6 PM	5 - 6 PM	5 - 6 PM	5 - 6 PM	5 - 6 PM	5 - 6 PM	5 - 6 PM
*Lunch	12 - 12:30 PM	12 - 12:30 PM	12 - 12:30 PM	12 - 12:30 PM	12 - 12:30 PM	X	X
*Breakfast	X	X	X	X	X	8 - 9 AM	8 - 9 AM
*Breakfast Dec. - Mar	8 - 9 AM	8 - 9 AM	8 - 9 AM	8 - 9 AM	8 - 9 AM	8 - 9 AM	8 - 9 AM
Friends of Forgotten Children 224 Bog Rd. (meal)	X	X	X	11:30 - 1 PM	X	X	X
*Pantry	X	X	9 AM - 5 PM	9 AM - 5 PM	X	X	X
United Church of Penacook 21 Merrimack St. Pantry	X	9:30 - 11 AM	X	X	X	X	X
*meal (Open Door Community Kitchen)	4:30 - 5:30 PM	X	4:30 - 5:30 PM	X	X	X	X
Salvation Army 58 Clinton St. Pantry	X	9:30AM - 1:30PM	9:30AM - 1:30PM	9:30AM - 1:30PM	9:30AM - 1:30PM	X	X
First Congregational 177 N Main St. Pantry	9:30 - 11 AM	9:30 - 11 AM	X	9:30 - 11 AM	X	X	X
CenterPoint Church Pantry 20 N. State St.	X	X	X	X	X	7 - 8:30 AM 1st & 3rd	X
Christ the King Pantry 67 1/2 S. State	7 - 9 PM	7 - 9 PM	7 - 9 PM	7 - 9 PM	X	X	X
St. Paul's Church Pantry 21 Centre St.	10 AM - 2 PM	10 AM - 2 PM	10 AM - 2 PM	10 AM - 2 PM	X	X	X
Community Action 2 Industrial Park Dr.	X	X	X	X	12 - 4 PM	X	X
Immaculate Conception 9 Bonney St.	X	6 - 7 PM	6 - 7 PM	9 - 10AM	X	9 - 10AM	X
West Congregational 499 N. State St.	X	X	X	X	10AM - 12PM	X	X
Gospel Light Food Pantry 124 L Hall St.	X	X	8:15 - 8:45 AM	X	X	X	12 - 1 PM
Rise Again Outreach Mobile Pantry:							
*Centerpoint 20 N State	X	X	X	X	X	8 - 9:30AM 1st Sat.	
*IMH 180 Loudon Rd.	X	X	X	X	X	9 - 10:30AM 1st Sat.	
*Friendly Kitchen 2 S. Commercial St.	X	X	X	X	X	8:30 - 9:45AM 2nd Sat.	
*Meadowbrook 86-96 Fisherville Rd.	X	X	X	X	X	9 - 10:30AM 3rd Sat.	
*Centerpoint 20 N State	X	X	X	X	X	8 - 9:30AM 3rd Sat.	
*Merrimack County Court parking lot, off Court St.	X	X	X	X	X	9:15 - 10AM, 4th Sat.	

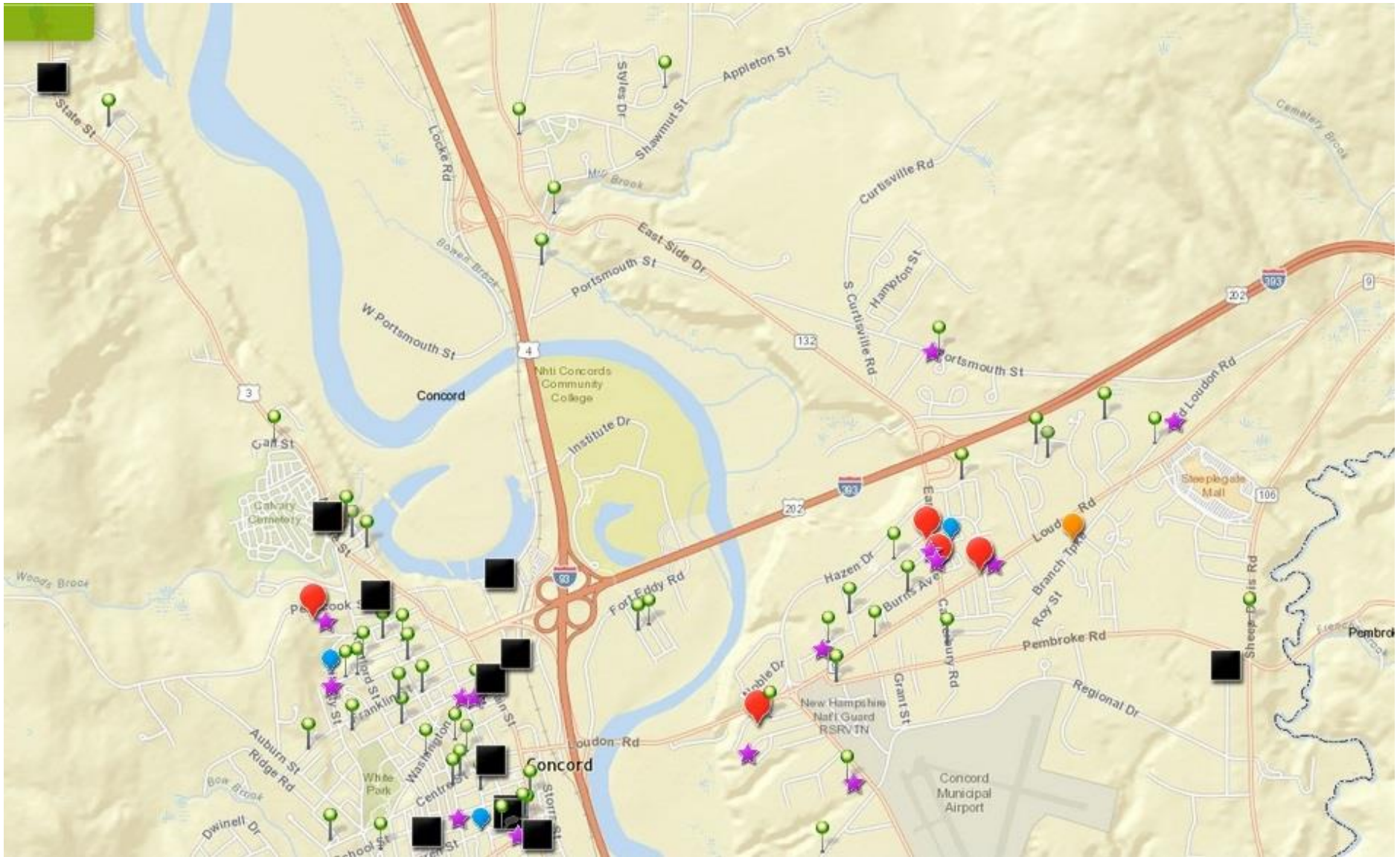
Summer Food Service Schedule	Dates Open	Breakfast	Lunch	Days
Rundlett 144 South	7/6 - 7/23	8 - 8:30AM	11:30 - 12	M - Th
Beaver Meadow 40 Sewalls Falls Rd.	7/6 - 7/23	8 - 8:30AM	11:30 - 12	M - Th
Broken Ground 51 S. Curtisville	7/6 - 7/23	8 - 8:30AM	11:30 - 12	M - Th
Concord High 170 Warren	7/6 - 7/23	8 - 8:30AM	11:30 - 12	M - Th
Concord Boys and Girls 55 Bradley	6/22 - 8/28	7:30 - 8:15	11:30 - 12:15	M - F
Abott-Downing 152 South St.	7/6 - 7/23	8 - 8:30AM	11:30 - 12	M - Th
Keach Park/HCC 20 Canterbury Rd.	6/22 - 8/14	n/a	11:45 - 12:15	M - Th
MillBrook 53 S. Curtisville	7/6 - 7/23	8 - 8:30AM	11:30 - 12	M - Th
Christa McAuliffe 17 N. Spring St.	7/6 - 7/23	8 - 8:30AM	11:30 - 12	M - Th
Concord Gardens 15 Concord Gardens	6/21-8/21	8 - 8:30AM	11:45 - 12:15	M - F
HEAD START INFORMATION				
Head Start (runs the third week in September to the first week in June) = 43				
Breakfast and Lunch				
Head Start/Child care combo (year round) = 16				
Breakfast, Lunch, Snack				
Community Child care (year round)=21				
Breakfast, Lunch, Snack				
Early Head Start (year round)= 17				
Breakfast, Lunch, Snack				

APPENDIX C

Recipient Bubble Map



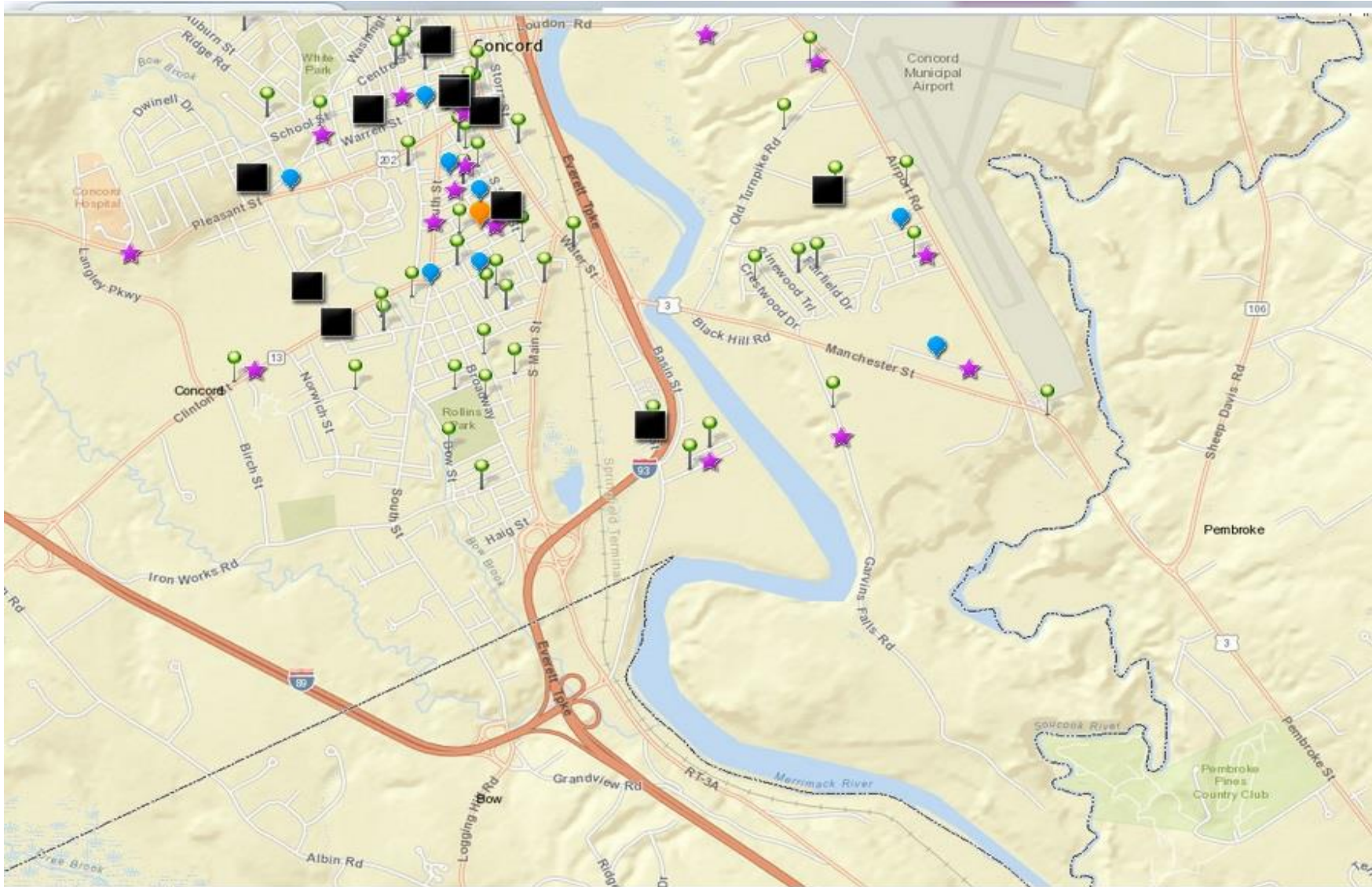
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|---|----------------|---|--|
|  | Infants |  | 24-49 Children |
|  | 0-10 Children |  | 50+ Children |
|  | 11-24 Children |  | Soup Kitchen/Food Pantry/Social Service Agency |



Infants
0-10 Children
11-24 Children



24-49 Children
50+ Children
Soup Kitchen/Food Pantry/Social Service Agency



APPENDIX D

Agency Survey Compilation

AGENCY	1. How do you identify clients/recipients of your food program services? a. Include in here any eligibility requirements, such as membership to the organization, income level, published standards/eligibility requirements, etc
CRFP HFBP	We work with 50 different agencies with in our 18 community catchment area. If a recipient is referred by one of those agencies we accept them with the understanding appropriate prescreening has been done.
CRFP YRDP	Do not distribute food directly to recipients. Distribute food to partnering agencies at no cost. Agency must have board approval, carry non-profit status, be within the 18 community catchment area and open to the public.
Christ the King Food Pantry	Officially, the only requirement we have is income level – which is the same as used by the SNAP program. However, we do not turn away anyone who asks for assistance.
CAP Concord Area Center	FP participants are required to fill out an application each time they come in. If new they must provide an id and proof of address. The requirement to receive any of the USDA foods is that they are either income eligible or are receiving services such as food stamps, fuel assistance, WIC, CSFP, state welfare cash benefits, Head Start etc. If they do not meet the above, they cannot receive the USDA foods, but do receive other food in the pantry.
CAP - Keach Park/Royal Gardens	All students 18 years of age and younger who are enrolled in the local school district programs. From Merrimack County
Concord Family YMCA	All of the recipients of our food programs are enrolled in our pre-school, afterschool, and/or our summer day camp programs. In effect, the children are required to become members of the Y. All of the kids in these programs receive food. We participate in the USDA Food program as a way to help offset some of the cost, but this does not affect whether or not someone is feed.
Concord Human Services	Concord Human Services provides food from the pantry to ongoing cases when requested. The pantry is open when we are open and eligibility is already determined by their application with us for other assistance such as rent or utilities. They are asked to provide identification and their EBT card so it can be verified that they do not have sufficient food stamps on their card. People have to apply in person.
First Congregational Church	Identified by income, etc. Go through city welfare. We have 120 refugee families signed up (about 25% of our clients)
Friends of Forgotten Children	Anyone in Loudon, Concord, Pembroke, Suncook and Penacook. Usually don't turn anyone away. Qualify with Government standards (food stamp)
The Friendly Kitchen	The Friendly Kitchen does not have any eligibility requirements. Anyone who comes in for a meal receives a meal.
The Friends Program	Friends Emergency Housing is not a food program however when clients are admitted to our program we do an intake and if emergency food is needed we provide it. After clients are in under case management, they are referred to local food panties etc. At the initial intake an assessment is made as to what the family needs.
Gospel Light Food Pantry	i. We cannot refuse anyone as everyone has a need for something being big or small. The only requirement of our food pantry is a show of ID but not their license. It has to be a bill in their name. We learn who really needs help as we get to know the clients. If there is someone that is really in bad need of food, more than others, we can give them a little more, but there are people out there that take the pantries for granted and try to get as much out of them as possible and so we have their food supply cut back. There is a form that they have to fill out with their name and address and how many people live in the household and the relationship to the person shopping.

Grace Episcopal Church Take A Tote	1. Mill Brook School, where we deliver food, determines the eligibility requirements based on established federal guidelines for schoolchildren to receive low-cost or free meals at school. The church made the decision to create a food program for its neighborhood school. Take a Tote started in 2010 at Eastman School (a ¼ mile from the church) supporting 7 children. When that school was consolidated with Dame School, we increased our numbers to 20, then 25. Dame School closed in 2012 and our operation moved to the K-2 Elementary School built in 2012 located off Portsmouth Street beside Broken Ground School. Gradually we have increased the number of bags, 25 to 35 and now at 50. It has been reported that with a population of 400 students, nearly 50% are considered to be from low-income families. We are reaching only a small percentage of those in need of supplemental food.
Head Start	For this benefit program, you must be a resident of the state of New Hampshire. Children from birth to age five from families with low income, according to the Poverty Guidelines published by the Federal government, are eligible for Head Start and Early Head Start services. Children in foster care, homeless children, and children from families receiving public assistance (Temporary Assistance for Needy Families or Supplemental Security Income) are categorically eligible for Head Start and Early Head Start services regardless of income. Head Start programs may enroll up to 10 percent of children from families that have incomes above the Poverty Guidelines. Programs may also serve up to an additional 35 percent of children from families whose incomes are above the Poverty Guidelines, but below 130 percent of the poverty line if the program can ensure that certain conditions have been met. Pregnant women may also be eligible for Early Head Start. Because many programs offer services to families that may qualify them under other local criteria, we strongly recommend you contact the program in your community for more information and guidance.
Immaculate Conception Church	Will take all comers though will refer to other sites if out of area of Concord, Penacook, Bow, Boscawen or heights. Use government USDA guidelines and just ask if participant is in that bracket. any and all are taken care of, however, if abuse is suspected, may ask for proof of area residency. All in zip 03303
Merrimack Valley Day Care	Most are low income families. Breakfast, lunch and afternoon snack provided at no additional cost. MVD is reimbursed like the school lunch program. Part of the Child-Adult Food Care Program.
Open Door Community Kitchen	There are no eligibility requirements.
St Paul's Church	Clients must fill out application form, with income and services that they receive. No membership requirements. We do not serve Manchester people as they have many of their own pantries. We will how ever give them food the first time and tell them that they must access a Manchester Pantry.
Salvation Army	Identified for eligibility by Income and Expenses. Personal one on one interview. USDA guidelines are used. None
Second Start	All children in First Start Children's Center are welcome to participate in our food service. There are no eligibility or income requirements. Since we are part of the federal Child and Adult Care Food Program, we do ask families to complete an enrollment form and application. These do not prohibit the children from receiving food. These merely make it possible for the center to receive reimbursement for the meals provided to help fund the food service.

<p>West Congo</p>	<p>In order for patrons to receive the gov't food which we receive from USDA Commodities, there is a form titled "Emergency Food Assistance Program" which must be filled out, which includes the name of the applicant, name of spouse, address, number in the household, and the number of individuals aged 18 and under and aged 60 and over. There are 2 sections, one asking the eligibility of 12 programs; among those are fuel assistance and food stamps. The other section asks for income eligibility, whether the gross yearly household income meets a certain threshold, depending on how many reside in the household. A signature is required. We strongly suggest that the patrons fill out this form, as, excluding the USDA Commodities and the Capital Reg. Food Program, the quantity of private donations we receive is considerably less, at certain times of the year, and the selection is usually not as diverse. Once completed, an index card with the patron's name, address, number in household is created and kept in an index card box. (These completed forms are placed in a binder) Every visit to our pantry is logged in by date and approx. cost of outgoing foods on these index cards, as well as on a USDA Commodities monthly list updated every Friday, tallying adults, seniors, and children 18 and under, with approximate cost.</p>																																													
<p>WIC</p>	<p>The Food and Nutrition Service, USDA, provides the following 185% Income Poverty Guidelines, effective April 1, 2016 to June 30, 2017:</p> <table border="1"> <thead> <tr> <th>Family Size</th> <th>Annual</th> <th>Monthly</th> <th>Bi-weekly</th> <th>Weekly</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>\$21,978</td> <td>\$1,832</td> <td>\$846</td> <td>\$423</td> </tr> <tr> <td>2</td> <td>\$29,637</td> <td>\$2,470</td> <td>\$1,140</td> <td>\$570</td> </tr> <tr> <td>3</td> <td>\$37,296</td> <td>\$3,108</td> <td>\$1,435</td> <td>\$718</td> </tr> <tr> <td>4</td> <td>\$44,955</td> <td>\$3,747</td> <td>\$1,730</td> <td>\$865</td> </tr> <tr> <td>5</td> <td>\$52,614</td> <td>\$4,385</td> <td>\$2,024</td> <td>\$1,012</td> </tr> <tr> <td>6</td> <td>\$60,273</td> <td>\$5,023</td> <td>\$2,319</td> <td>\$1,160</td> </tr> <tr> <td>7</td> <td>\$67,951</td> <td>\$5,663</td> <td>\$2,614</td> <td>\$1,307</td> </tr> <tr> <td>8</td> <td>\$75,647</td> <td>\$6,304</td> <td>\$2,910</td> <td>\$1,455</td> </tr> </tbody> </table> <p>For each additional family member add: \$7,696 \$642 \$296 \$148</p>	Family Size	Annual	Monthly	Bi-weekly	Weekly	1	\$21,978	\$1,832	\$846	\$423	2	\$29,637	\$2,470	\$1,140	\$570	3	\$37,296	\$3,108	\$1,435	\$718	4	\$44,955	\$3,747	\$1,730	\$865	5	\$52,614	\$4,385	\$2,024	\$1,012	6	\$60,273	\$5,023	\$2,319	\$1,160	7	\$67,951	\$5,663	\$2,614	\$1,307	8	\$75,647	\$6,304	\$2,910	\$1,455
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AGENCY	2. How often can the clients/recipients take advantage of your food program services? a. What is the availability or frequency of service? b. What % of you clients are regulars, what % are periodic c. Does the demands for your food program services vary based on time of year (maybe connect to the 4 seasons or school schedules)? If you know why, please explain.
CRFP HFBP	A. We are an annual project and only service directly to the referred recipients in December – distribution is the 22 and 23 of December with emergencies on the 24 and 25. B. We see approximately 65% of the same people every year. C. Not applicable as we are holiday – December distribution only through this project.
CRFP YRDP	Deal with agencies only. 100% are regular participants and there is a slight increase in demand in the summer months.
Christ the King Food Pantry	a. i. Once a week (they are provided a minimum of 3 days of food (9 meals) for each person in the “family”). B. i. Information not available. 97% are “existing” clients, the other 3% are new, on a monthly average, c. i. Our busiest month is July – we suspect it is because school is out and the children do not get free/reduced lunch (& sometimes breakfast). Next busiest is November – probably because of our Thanksgiving Basket program – we see an extra 100+ clients. Our lowest is Feb (generally less clients from Dec-Mar), we suspect it’s due to the inclement traveling (driving & walking) weather and that the pantry will close during snow storms.
CAP Concord Area Center	a. Once every 30 days; b do not track, would say the majority of the participants are regulars; c. tend to see more families during the fall and winter months. They have to make choices between heat and food.
CAP - Keach Park/Royal Gardens	Monday through Thursday at RMS, BMS, CMS, BG, AD, Millbrook and CHS from 8-9 and 11:15-11:45 Also, at the Boys and Girls Club M-F from 7:30-8:15 and 11:30-12:15
Concord Family YMCA	a. We provide breakfast, and mid-afternoon snacks for all of our pre-school kids. We provide breakfast for kids in our before school programs and mid-afternoon snack for all of our after school programs. We provide mid-morning and mid-afternoon snack for our summer day camp program. b. 100% c. No, we do not see fluctuations but we have a controlled number of kids who participate on a regular, structured schedule.
Concord Human Services	The people that are eligible for assistance with CHS do not have any resources available to them at the time they are assisted and all this is verified. Walk-ins are also allowed to obtain food one time without an application.
First Congregational Church	a. clients may come in once a week. We are open Mon, Tues & Thurs 9:30-11:30 am. B. Approximately 90% are regulars, 10% are sporadic. C. Pretty steady. In the summer, slight decrease because many have gardens.
Friends of Forgotten Children	Once a month they can get 21 meals. A. Wednesdays and Thursdays from 9-5. b. 75% regulars. C. Not really. Usually will with other program success of failure.
The Friendly Kitchen	Guests can come as often as they like. A. Dinner is served daily; Lunch is served Monday through Friday; Breakfast is served on Saturday and Sunday, during the winter months (December through March) we serve breakfast daily. B. 90% of our guests are regulars. This is a guestimate because we do not have our guests sign in. c. The number of meals we serve is usually higher during the summer months, although not by a lot.
The Friends Program	As needed once admitted to the program. A. Emergency basis only. B. Very limited and based upon a true emergency need. C. No change.
Gospel Light Food Pantry	a. We are open on the last two Saturdays of the month only. We open at 9am and suppose to close at 10am or all the clients are gone. On occasion, someone will come in at the last minute and we do not push them away. They are allowed to come in both weekends as at the end of the month their food stamps are pretty much gone and need the help more. b. About 95% are regular and the other 5% are periodic. c. During the winter months are harder as the bills for heat are taking their food money so that they can stay warm. Also, with people that have children, snacks for the kids for school are in heavy demand.

Grace Episcopal Church Take A Tote	2. After the school has determined the number of students who meet the federal guidelines, we deliver 50 bags of food each week for the children to take home for their weekend meals. (It usually takes the month of September for paperwork to be completed.) Typically, our first delivery is the second week of October. Except for school vacations, we deliver food 32 weeks of the school year. We do not know if the same 50 students are served each week. Sometimes there are students who receive a bag every week and less critical students may receive food every other week. Or the division may be 50 one week and another 50 qualifying students the next week. The demand for food remains constant. The distribution varies and we are not involved in those decisions.
Head Start	See Prior Info
Immaculate Conception Church	**Every thirty days: Tues and Weds. 6-7p; b. Most all are regulars c. no
Merrimack Valley Day Care	a. While attending. B 100% enrolled. C. Summer months there is an increase for those that take part in afterschool programs during the academic year.
Open Door Community Kitchen	Serves meals two nights a week, Mon and Wed., 4:30 – 5:30PM. They serve approximately 200 – 225 meals per month.
St Paul's Church	a. We are open Monday through Thursday 10 am -2pm. Clients may come every 14 days. B. Of course it varies but around 22% come every two weeks, c. We notice that our numbers increase during the summer (children home and more needs for food) and on a 31-day month getting closer to the 5th of the month. School vacation in Dec. there is not a greater need as many have gotten holiday baskets.
Salvation Army	Once a month food pantry. Also tries to have fresh breads and vegetables as are available from suppliers. B. Most are regulars. C. Yes, based on whether school is in session. If students don't get free or reduced lunch at school, the demand increases. Three meals a day for 3 days once a month.
Second Start	We provide a breakfast, lunch and snack Monday – Friday for all children enrolled in the center. In the summer we provide more meals as our school age summer camp program has school aged children in the center for breakfast and lunch on a consistent basis for ten weeks. Once school begins again, the school aged children are served only snack unless there is a teacher workshop day, snow day or school vacation day.
West Congo	a. Apparently, our pantry is the only pantry in the greater Concord area open every Friday. Those hours are 10am to Noon. We highly suggest to patrons to come every other week, so there is not a constant drain on the inventory. B. The majority of our patrons are regulars. Perhaps once a month on average we may have a new patron to the pantry. c. We seem to have a heavy flow of traffic during the fall and winter months.
WIC	The vouchers are distributed 3 months at a time but each voucher needs to be used for the month indicated on it.

AGENCY	3. How do the clients/recipients learn about your services? a. Are they referred, if so by whom – another agency, church, school, etc.
CRFP HFBP	Through the referring agencies, along with local churches, social service agencies, soup kitchens, food pantries.
CRFP YRDP	Online, referred by other (current) partnering agencies
Christ the King Food Pantry	i. Mostly by word of mouth (neighbor to neighbor), other pantries, and our church.
CAP Concord Area Center	Referrals from other programs such as local welfare, state welfare, schools, other CAP programs, other participants
CAP - Keach Park/Royal Gardens	No Comment
Concord Family YMCA	Families learn about our breakfast and snack program when they inquire about enrolling their child(ren) in one or more of our programs. The primary reason they inquire or are referred is for the childcare/afterschool/day camp service; food is a supplemental component of these programs.
Concord Human Services	No Comment
First Congregational Church	Word of mouth - church news, in the newspaper - sign out front.
Friends of Forgotten Children	Facebook and internet; "We are very well known!"; Yes, state referral or Catholic Charities.
The Friendly Kitchen	Our guests learn about us from word of mouth, checking the website for soup kitchens and they are referred to us by many agencies, churches and schools in the Concord area.
The Friends Program	They come to us because they are homeless not for food.
Gospel Light Food Pantry	i. We are on the list for 211 (when you dial 211 for information). Most of the referrals are word of mouth from friends.
Grace Episcopal Church Take A Tote	3. A school nurse had talked to one of our church members that when children go home for the weekend, many of them do not receive another nutritious meal until they return to school on Monday. Grace Episcopal Church initiated an outreach program to provide simple food that could be opened or prepared with minimal supervision and it was presented to the neighborhood school administrators. We make no referrals. The school determines the recipients.
Head Start	See prior Info
Immaculate Conception Church	Welfare office and word of mouth.
Merrimack Valley Day Care	State of NH, Child and Family Services etc.
Open Door Community Kitchen	No Comment
St Paul's Church	Social services in the communities. We have a list of other local pantries that we hand out. Word of mouth from friends, and we do have business cards that we hand out.
Salvation Army	Resource program and word of mouth. Many ways including Concord Hospital and the Friends Program.
Second Start	Families are referred to our program by Childcare Aware of New Hampshire. They also find us on our website where we discuss our food program.
West Congo	We have on the Church Sign on Route 3/499 North State St Concord, the day and hours open stated, on a daily basis. While the pantry is open, a sign is posted along Hutchins Street. We have a list of Concord/Boscawen/Loudon area Churches' food pantries and soup kitchens with their phone #s, addresses and when open, last updated in 2012, which we try to give to newcomers. Many patrons seem to learn about us by word of mouth and by friends receiving services. There are probably some other agencies telling folks about us, but we do not know for sure who they are. Beaver Meadow Elementary School sometimes lets patrons know about the food pantry, especially near Thanksgiving and Christmas time. This may be the result of the food pantry distributing applications for baskets, offering Thanksgiving and Christmas baskets to those in need.
WIC	There is a prescreening tool online but you have to apply in person. They also provide nutrition assessments and education.

AGENCY	<p>4. Do you have data on how many children are serviced through your program? a. If breakdown available, please provide guesstimates for the following age ranges: i. 0-4 ii. 5-10 iii. 11-15 iv. 16-18</p>
CRFP HFBP	i. Approx. 26%, 370 Concord, appx 32%, 72 Penacook; ii. approx. 36%, 519 Concord, approx. 34%, 77 Penacook; iii. approx. 27%, 379 Concord, approx. 24%, 54 Penacook; iv. approx. 11%, 158 Concord, approx. 9%, 21 Penacook
CRFP YRDP	We do not give the food directly to recipients but instead partnering agencies so do not have this data
Christ the King Food Pantry	v. We only track those 18 and younger as one age group. Approximately 30% are children; roughly 450 of our 1,500 monthly clients are children.
CAP Concord Area Center	For children, we track only the total of those under the age of 18. During the first quarter of 2016 there were a total of 5087 children under the age of 18
CAP - Keach Park/Royal Gardens	No Comment
Concord Family YMCA	i. 0-4 -----202; ii. 5-10 ----487; iii. 11-15 --214; iv. 16-18 -- 21
Concord Human Services	We do not track ages of children receiving food.
First Congregational Church	First quarter we served 981 under the age of 18.
Friends of Forgotten Children	Not really. 200 were under 18 years of age.
The Friendly Kitchen	We do not have data on this.
The Friends Program	Over the course of a year, we typically house over 100 different children. Many are provided with initial short-term food supplies.
Gospel Light Food Pantry	v. We have approx. 20 children with all ages. Most are between the ages of 6 months and 15 years
Grace Episcopal Church Take A Tote	4. The age group served is 5-8years of age. Of course, when a child takes home his tote, it is possible that other children in the family may share the snacks, cereal, or fruit. If the school feels there is a family in critical need of food, it is their prerogative to distribute it as they see fit, even to a neighboring school.
Head Start	See Prior Info
Immaculate Conception Church	No
Merrimack Valley Day Care	0-4 = 40%; 60% are more than 5 yrs. Old
Open Door Community Kitchen	No Comment
St Paul's Church	i. 0-4 30%; ii. 5-10 25%; iii. 11-15 35%; iv. 16-18 10%
Salvation Army	Lots more 18yr. and younger than any other group.
Second Start	i. 0-4 93 children currently enrolled in this age group; ii. 5-10 47 children currently enrolled in this age group
West Congo	We only keep track of how many children, age 18 and under, are served by the food pantry each Friday basis. We could probably supply you with how many are served, just not by age group.
WIC	Children served by WIC are ages 0 through 4 plus pregnant women. There were approximately 1167 women and children in Concord and Penacook served in March, 2016.

AGENCY	5. How do clients/recipients get to your location/how do they access your services?
CRFP HFBP	We use satellite locations with distributions within their communities either pick up or delivery and for Concord /Penacook pickups they are at the NHNG armory on Dec 22 with deliveries in Concord out of the armory on the 23 rd and deliveries in Penacook out of MVHS on the 23 rd .
CRFP YRDP	Recipients do not come directly to us for food. We supply supplemental food to our partnering agencies and recipients go to those locations.
Christ the King Food Pantry	a. They drive, carpool, walk and ride bicycles. It's a pick-up service only (we do not deliver), on a first come, first serve basis.
CAP Concord Area Center	They drive, take the bus, ride bikes, friends/family. We do not deliver.
CAP - Keach Park/Royal Gardens	No Comment
Concord Family YMCA	The children are transported by their parents and the Y provides supplemental transportation for the afterschool and summer day camp programs.
Concord Human Services	There is a bus stop very near the office or people use their own transportation, walk or ride bikes.
First Congregational Church	Some walk, come by car or bus. The refugees have English as a second language class in the building in the mornings.
Friends of Forgotten Children	Car pool
The Friendly Kitchen	Most of our guests walk/bike to The Friendly Kitchen, some drive cars. There is a CAP bus stop in front of The Friendly however the schedule is not compatible with our meal times.
The Friends Program	It varies.
Gospel Light Food Pantry	Most all of the clients have a friends that they can ride with. There are a few that have their own vehicles.
Grace Episcopal Church Take A Tote	5. The students receive our services at their school. The bags are delivered to the school office and are distributed by staff to the students. We have no contact with the recipients.
Head Start	See Prior Info
Immaculate Conception Church	Car
Merrimack Valley Day Care	On own.
Open Door Community Kitchen	There is a bus stop nearby or access would be by private transportation or walking.
St Paul's Church	Walk, bus, cars, friends bring them. We do have an elevator that is on the other side of the building. Being in town allows for easily walking with sidewalks. Buses also.
Salvation Army	bikes walk cars
Second Start	Parents are responsible for providing transportation to our center. We do not currently have any families using public transportation to attend our program.
West Congo	Most patrons come by vehicle. We are also on the Concord Area Transit bus route. We've had some patrons access the pantry via this bus route.
WIC	It is on the bus line or private transportation.

AGENCY	6. What are some barriers for clients/recipients in accessing your food program services?																
CRFP HFBP	Language barriers with New Americans, coordination with agencies.																
CRFP YRDP	Do not deal directly with recipients only with partnering agencies																
Christ the King Food Pantry	a. Physically, we do not have accessibility for those with mobility constraints – stairs are at both entrances - no ramps available. Sometimes the language barrier is a challenge, but we can usually work through it.																
CAP Concord Area Center	Better transportation, shorter wait to take bus back home.																
CAP - Keach Park/Royal Gardens	No Comment																
Concord Family YMCA	The Y provides financial assistance to help enable low-income families to enroll in our programs.																
Concord Human Services	No Comment																
First Congregational Church	time of day, transportations																
Friends of Forgotten Children	Government standards for USDA food. ** Raise money for other than USDA food by fundraising and yard sales. Rely on Food Bank for emergency food. Also serve a community meal every Thursday from 11:30-1 and no one is turned away.																
The Friendly Kitchen	The main barrier is getting here																
The Friends Program	N/A																
Gospel Light Food Pantry	a. The only barrier that I know of, is if they don't have any ride in getting to us.																
Grace Episcopal Church Take A Tote	6. We are a small church whose resources are stretched to the limit in order to sustain this program. If more recipients are to access food program, there must be more community involvement. Childhood hunger cannot be eradicated unless more faith-based communities step up. One other Concord church, Center Point Baptist Church, has followed our model and delivers weekly food to the Christa McAuliffe School. More schools and churches need to develop similar partnerships.																
Head Start	<p>General Info:</p> <p>Household Size* Maximum Income Level (Per Year)</p> <table border="0" style="margin-left: 40px;"> <tr><td>1</td><td>\$11,770</td></tr> <tr><td>2</td><td>\$15,930</td></tr> <tr><td>3</td><td>\$20,090</td></tr> <tr><td>4</td><td>\$24,250</td></tr> <tr><td>5</td><td>\$28,410</td></tr> <tr><td>6</td><td>\$32,570</td></tr> <tr><td>7</td><td>\$36,730</td></tr> <tr><td>8</td><td>\$40,890</td></tr> </table> <p>*For households with more than eight people, add \$4,160 per additional person. Always check with the appropriate managing agency to ensure the most accurate guidelines.</p> <p>Numbers served from Head Start (Concord and Penacook children): Head Start (runs the third week in September to the first week in June) = 43 Breakfast and Lunch Head Start/Child care combo (year round) = 16 Breakfast, Lunch, Snack Community Child care (year round) =21 Breakfast, Lunch, Snack Early Head Start (year round) = 17 Breakfast, Lunch, Snack</p>	1	\$11,770	2	\$15,930	3	\$20,090	4	\$24,250	5	\$28,410	6	\$32,570	7	\$36,730	8	\$40,890
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Immaculate Conception Church	??**Also provide meals every other week on Mon. Tues, and Thursday from 9-10 and Sat. 9-10 Provided 3000 meals in May alone. Also: some food gathered from church members and Hannaford. Allows for some people to get more if an emergency.
Merimack Valley Day Care	Hiring staff that meets state licensing requirements so that their waiting list can be reduced (35 at this time).
Open Door Community Kitchen	No Comment
St Paul's Church	Working people due to our hours but those people can access Christ the King (evening hours). Elevator on other side of building, it can be used but takes longer. Sometimes we have long lines. Parking can be difficult if church function.
Salvation Army	No Comment
Second Start	The biggest barrier is families who are just over the income limits for NH Scholarship Assistance and cannot afford our childcare services completely out of their pocket.
West Congo	There has been the curb from Hutchins Street that has an area for wheelchair accessibility, otherwise, it is all on one floor, from the sidewalk to inside the Johnson Hall building. Ground was broken at the beginning of this week to provide handicapped parking, just inside the Hutchins Street entrance of Johnson Hall building. I believe this parking lot will be completed within the next month or so to make access that much easier. This spring, one patron explained that they never noticed the sign on North State Street stating the food pantry hours, and wasn't aware of our existence for over the past 10 years. Perhaps the pantry needs to be advertised or have more visibility somehow.
WIC	No Comment

APPENDIX E

Recipient Survey Compilation

RECIPIENT SURVEY DATA

	ORGANIZATION	NEIGHBORHOOD	LENGTH LIVED THERE	# IN FAMILY	AGES OF CHILDREN	HOW FIND OUT ABOUT FOOD SERVICE	CHALLENGES ACCESSING FOOD	WHAT FOOD SERVICES USED	HOW OFTEN NEED HELP WITH FINDING FOOD	WHAT WOULD MAKE IT EASIER	EVER BEEN TURNED AWAY	IF YES, DID YOU KNOW WHY
CHS-1	CONCORD HUMAN SERVICES	FISHERVILLE RD	2 YR	3	1, 7	CONCORD HUMAN SERVICES	TRANSPORTATION	SNAP		RIDE		
CHS-2	CONCORD HUMAN SERVICES	PENACOOK	7 YR			WORD OF MOUTH, FOFC, 211, CHA	PERISHABLE ITEMS	FOOD STAMPS, FOFC	NOT OFTEN 3X PER YR	NA	NO	
CHS 3	CONCORD HUMAN SERVICES	5 PPL	2 MOS	5	12,13,15	REFUGEE, NOT SURE YET	TRANSPORTATION	FOOD STAMPS	NEW TO SYSTEM	DRIVER AVAILABILITY		
CHS 4	CONCORD HUMAN SERVICES	NO STATE ST	37 YR	4	7,9,16	HAS LIST OF PANTRIES	NA	FOOD STAMPS, PANTRY	1X EVERY 3 MOS	AVAILABILITY & HOURS	NO	
CHS 5	CONCORD HUMAN SERVICES	RUMFORD ST	11 MOS	4	6,12,16	NOT SURE	NOT KOWING WHERE TO GO	FOOD STAMPS		KNOWING WHAT PLACES OFFER IT	NO	
CtK-1	Christ the King, SVP	SOUTH END		4	6,3	FRIENDS, WORD OF MOUTH	ONLY GET \$46 OF FOODSTAMPS A MONTH	FOOD STAMPS	OFTEN, I'M VERY GRATEFUL FOR FOOD PANTRIES	DON'T KNOW	NO	
CtK-2	Christ the King, SVP	HEIGHTS		3	10,12	KNOW ABOUT IT	NO PROBLEM	NONE	NO PROBLEM	BEING ABLE TO GET FOOD STAMPS	TURNED AWAY FROM FOOD STAMPS	
CtK-3	Christ the King, SVP	SOUTH END		8	16 MOS, 3,6,10,13, 17	KNOW ABOUT THEM	NO PROBLEM	FOOD PANTRIES, GROCERY STORE	NONE	MEET GUIDELINES FOR FOOD STAMPS	TURNED AWAY FROM FOOD STAMPS	
CtK-4	Christ the King, SVP	NORTH STATE		3	7	KNOW ABOUT THEM	TRANSPORTATION	SHOPPING & PANTRY	NONE	TRANSPORTATION	NO	
CtK-5	Christ the King, SVP	SOUTH END		4	18,3	LIVE ACROSS THE ST, NEIGHBOR HAD PAMPHLET	MONEY	PANTRY/EBT	QUARTERLY	MORE MONEY	NO	
CtK-6	Christ the King, SVP	HEIGHTS		5	7, 19, 21	KNOWABOUT THROUGH WIC	LOW INCOME	PANTRY/EBT	WEEKLY VISIT TO PANTRY	MORE MONEY	NO	
YMCA-1	CONCORD FAMILY YMCA	DOWNTOWN	4 YR	4	3,7,10	THE SHELTER	GETTING AROUND WITHOUT A CAR	CASH ASSISTANCE/ FOOD STAMPS	NEVER	TRANSPORTATION	NO	
YMCA-2	CONCORD FAMILY YMCA	DOWNTOWN	2 YRS	4	2,3,8	DHHS CASE WORKER	FINDING TIME TO SHOP WITHOUT THE CHILDREN, NOT BEING ABLE TO GET THE THINGS THE CHILDREN WANT	CASH ASSISTANCE/ FOOD STAMPS	NO	DON'T KNOW	NO	
YMCA-3	CONCORD FAMILY YMCA	HEIGHTS	3 YRS	3	7,10	FAMILY	HAVING ENOUGH	FOOD STAMPS, FRIEND KITCHEN SOMETIMES (I RELY ON THE SCHOOLS FOR BREAKFAST & LUNCH DURING SCHOOL YEAR)	ABOUT ONCE A MONTH	MORE MONEY	NO	

RECIPIENT SURVEY DATA

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YMCA-4	CONCORD FAMILY YMCA	HEIGHTS	4 YRS	6	3,7,8,11	DHHS CASE WORKER	INCOME	FOOD STAMPS, FREE & REDUCED BREAKFAST/ LUNCH AT SCHOOL, SOUP KITCHEN	WEEKLY VISIT TO PANTRY	FULL TIME WORK & CAR	NO	
CAP-BM - 1	COMMUNITY ACTION - BELKNAP MERRIMACK	DOWNTOWN	6 YRS	1	PREGNANT	FAMILY, FRIENDS, WELFARE OFFICE	FINDING RIDES TO PANTRIES, WELFARE, WIC OR STORES	FOOD STAMP & WIC	MAYBE ONCE A MONTH	PLACES THAT ARE CLOSER	NO	
CAP-BM - 2	COMMUNITY ACTION - BELKNAP MERRIMACK	RUNNELS RD	6 YRS	3	1	MEDICAID	COST	WIC	NEVER	EASIER VOUCHERS	NO	
CAP-BM - 3	COMMUNITY ACTION - BELKNAP MERRIMACK	FISHERVILLE RD		4	18 MOS, 1 MO	FOY DV	NO PROBLEM	WIC	NEVER		YES	
CAP-BM - 4	COMMUNITY ACTION - BELKNAP MERRIMACK	HEIGHTS	3 MOS	2	4	MY DOCTOR	NOTHING	WIC	SOMETIMES	MORE PROGRAMS TO RECEIVE FOOD	TURNED AWAY FROM FOOD STAMPS	
CAP-BM - 5	COMMUNITY ACTION - BELKNAP MERRIMACK	PENACOOK	5 YRS	4	NEWBOR N & 4	ONLINE	NO FOOD MARKETS, SUPER MARKETS WITHIN	WIC	NO HELP NEEDED	HAVE A SUPERMARKET CLOSE TO /OR IN	NO	
CAP-BM - 6	COMMUNITY ACTION - BELKNAP MERRIMACK	CONCORD ST	20 YRS	1	PREGNANT	FRIENDS & FAMILY	TO AFFORD THE FOODS I SHOULD	WIC	GRATEFUL FOR FOOD PANTRIES	FOODS WERE MORE AFFORDABLE	NO	
CAP-BM - 7	COMMUNITY ACTION - BELKNAP MERRIMACK	SOUTH END	16 YRS	5	5	THROUGH MY BEST FRIEND WHO COMES HERE	LOW INCOME	WIC	NOT OFTEN	MORE MONEY OR QUALIFIED FOR FOOD STAMPS	YES, FOOD STAMPS BECAUSE I'M UNDER AGE 22 LIVING IN MY FATHER'S HOUSE, WHICH I THINK SHOULD BE 18 OR 20 AT LEAST WHERE THAT RULE WOULD APPLY.	
EH-1	FRIENDS EMERGENCY HOUSING	DOWNTOWN		2	15	thru other people & shelter handouts	no vehicle	food stamps, sometimes food pantries	lately, not often	a vehicle, more food stamps	Yes, from a food pantry becuse adult did not live in pantry area. Also one time turned away due to pantry's insistence on counting roomates income	
EH-2	FRIENDS EMERGENCY HOUSING	DOWNTOWN		4	14,11,1	DHHS CASE WORKER	none	foodstamps	not often	car	no	
EH-3	FRIENDS EMERGENCY HOUSING	DOWNTOWN				from Friend's Program	hard time walking for long walks on my legs/no car	only close places to get to	no look easy	finding place that could help take or bring food to me for my kids to eat	yes, with no ID care in Manchester, NH	

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EH-4	FRIENDS EMERGENCY HOUSING	DOWNTOWN	2 mos	2	1 child	DHHS, WIC	none	food stamps/WIC	none	nothing, very easy	no	
EH-5	FRIENDS EMERGENCY HOUSING	DOWNTOWN	1.5 mos	2	5	unneeded	none	none	never	built in grocery store	no	
ECC-1	immaculate Conception Church	PENACOOK	2 yr	4	4, 16	WORD OF MOUTH	Not enough food from food pantry	food stamps	once a week	visiting food pantry more often	no	
ECC-2	immaculate Conception Church	CONCORD - Perley St	3 YRS	4	13, 19 (autistic)	internet	cost	don't qualify for food stamps. Food pantries & Friendly kitchen	1 month	TRANSPORTATION	no	
ECC-3	immaculate Conception Church	FISHERVILLE RD	4 yrs	4	2, 3.5	from a friend	cost	WIC	2 month	# of visits	NO	
ECC-4	immaculate Conception Church	PENACOOK	6 yrs	5	7,9,11	thru another church - at a soup kitchen	TRANSPORTATION & Cost	food stamps, soup kitchen	3x per week	supermarket closer to Penacook area	NO	
ECC-5	immaculate Conception Church	CONCORD	25 yrs	4	8,8,twins, 17	relative	make too much money	Friends of Forgotten children	monthly	if the state changed the guidelines	denied food stamps - with only one income and 3 children	
FP-1	FRIENDS PROGRAM	Longmeadow Dr	8 yrs	7	1,5,8,11,15,17	Concord School District, social service programs	Make food stamps stretch, shops for best buys, buys in bulk	Food stamps, free breakfast lunch at schools, SPS Friends Program Monday night meals	no	If didn't have a vehicle transportation would be a problem	Yes, turned away from food pantry as she was on another list	In past used FOFC but no more; also used St Paul's Church but no more. Both asked for a lot of paperwork and would cancel you off their list
FP-2	FRIENDS PROGRAM	Thompson St	12 yr	12	1,3,6,8,9,10,12,14,16,18	Knew nothing when arrived in USA but learned mostly through Lutheran Social Services	limited challenges now that they learned English	food stamps, free breakfast & lunch, St. Paul's School, Friends program, CRFP, Food Pantry	monthly when food stamps run out; grow vegetables but winter is difficult. Muslim so not affiliated with any church but go to any church food pantry at end of	transporation	NO	Mentioned there are very nice neighbors and people in Concord that share their extra

RECIPIENT SURVEY DATA

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FP-3	FRIENDS PROGRAM	HEIGHTS- Concord Gds	8 yr	5	4,8,9,13	From doctor, Early Head Start, CFS	no challenges, walks	food stamps, free breakfast & lunch at school. CRFP, Summer bagged lunches twice a day June-August for kids under 18 at Concord Gardes, typically 25-50 kids in line for the bagged lunches	no help needed	Anytime someone can come to her, though she will walk with kids in tow	NO	
FP-4	FRIENDS PROGRAM	HEIGHTS - ROYAL GDS	17 YRS	7	9,10,12,14, 17	THROUGH DOCTOR, VISITNG NURSES, SCHOOLS, CHURCHES	Expired food at FOFC & 1 of churches so stopped going to either -- felt might be taken advantage of the fact she can't read	school breakfast/lunch, CRFP, kids in summer -- lunch lady from Broken ground drives into her apt complex and distributes bagged lunches - her kids only sometimes access as lines are long and they feel the New Americans are favored and now Lunch lady	knows where to go	TRANSPORTATION struggles with all to pay - rent, food, laundry, medical -- gave up her pool therapy to assure kids could eat	Been turned away from a garden spot at sagamore gardens (NHTI) being told only for refugees. Feels she has been discriminated against because of her age and that she is illiterate. Wishes more fruits and vegetables for her family.	
FP-5	FRIENDS PROGRAM	FISHERVILLE RD		2	17	FOOD STAMPS, AND SCHOOL ABOUT FREE LUNCH	NONE, KNOWS THE PROCESS	FOOD STAMPS, FREE SCHOOL LUNCH	NOT EVEN 1X PER MONTH, FOOD STAMPS ARE SUFFICIENT	NOT HARD TO ACCESS FOOD WITH THE SERVICES PROVIDED	NO	
FP-6	FRIENDS PROGRAM	JENNINGS DR	YRS?	4	7,9,14	FOOD STAMPS, KIDS SCHOOLS, HOLIDAY PROJECT, FRIENDS PROGRAM	DON'T THINK THERE ARE MANY OBSTACLES	FOOD STAMPS, FREE/REDUCED SCHOOL LUNCHESES, HOLIDAY FOOD BASKETS	NOT OFTEN	DOESN'T KNOW	NO	

APPENDIX F

Overview of Joint Task Force Findings

OVERVIEW OF JOINT TASK FORCE FINDINGS ON CHILDHOOD HUNGER



Over 16 million children live in hunger insecurity in the United States. The task force compiled extensive research, from multiple sources, in attempt of determining the extent of childhood hunger experienced in the Concord/Penacook community; as well as to identify what was being done, how it was being accomplished, when it was being done, restrictions and potential gaps. Data was gathered through open sources regarding school lunch programs, USDA, US Census, government programs, FRAC, and, 38 local agencies and organizations.

Initially it was believed that there were limited to no services available for children in the summertime. Based on the research, that is not an accurate statement. Great work is being done throughout the year; the public may not be aware, but those in need are able to find out about resources and avail themselves of them.

Overview of general findings:

- In NH of those individuals identified as hunger insecure, 27% are children who live in hunger insecurity, slightly below the US average.
- Hunger insecurity is not constant, and is effected by many variables including access to food sources, economic circumstances, personal networks, and others. This means need varies dependent on individual circumstances.
- Government programs are available to eligible recipients
 - SNAP, TEFAP, CSFP, CACFP, NSLP, SBP, SFSP, WIC
- 15 independent agencies in Concord/Penacook provide food resources on a year round basis
 - The collective schedule of these efforts result in food sources available 7 days a week with a minimum of 2 outlets per day
 - Locations are spread out; 1 mobile food pantry serves Concord locations on Saturdays throughout the month, hitting 6 different locations once a month
- Prepared food is available and open to the general public year round through 2 soup kitchens and 1 independent agency
- Prepared food is available based on meeting eligibility requirements through programs such as school breakfast/lunch, Boys & Girls Club of Central NH, Concord Family YMCA, Head Start
- Summer food service for children is available through the Concord School District, Concord CAP, Boys & Girls Club of Central NH, and Concord Family YMCA

- Several special initiatives coordinated during the school year in Concord Public Schools through partnership with area food pantries – backpack program @ Christa McAuliffe and Mill Brook with a new initiative at Abbott Downing.
- Some programs are seasonal; some have eligibility requirements.
- How recipients get to the food source location varies depending on access to transportation such as carpooling, receiving a ride, bus, or walk.
- Some challenges faced by agencies providing services include – language barriers, transportation for recipients, eligibility restrictions (large families that are slightly over the income limits and cannot participate in programs)
- A sampling of recipients was surveyed through several local organizations resulting in additional data:
 - Most people receive food stamps and use the food pantries as a supplement to get through the month
 - Recipients learn of resources through word of mouth, churches, social service agencies, friends, neighbors, doctor, brochures or other sources.
 - Some challenges faced by recipients include finding transportation to get to the pantry location, not knowing where to go, language, limitations on how often can access the resource.
 - When asked what would make it easier responses included – transportation, expanded or different food pantry hours of operation, if healthier foods were available, being able to get food stamps.

APPENDIX G

Public Forum Notice



**CAPITAL REGION FOOD PROGRAM & CONCORD MAYOR'S
JOINT TASK FORCE ON CHILDHOOD HUNGER**

The Joint Task Force has been researching and analyzing data for the past 4 months on current initiatives and resources in Concord and Penacook. We would like to share the findings with members of your organization and discuss how we might work more collaboratively together for the betterment of our community. Please see the attached overview.

**NORTHEAST DELTA DENTAL
TWO DELTA DRIVE, CONCORD NH**

THURSDAY, OCTOBER 13 @ 8:00AM

**PLEASE RSVP by 10/6/16 TO:
Maria Manus Painchaud
e-mail: manus.painchaud@gmail.com
phone: 224-1744**

THANKS IN ADVANCE FOR YOUR INTEREST AND PARTICIPATION.