

SUMMER - FALL 2022

# WE ARE SERIOUS ABOUT FUN!



Cyan Magenta Yellow Black

# General Information

## CONCORD PARKS & RECREATION DEPARTMENT

### Office Hours

#### Summer Office Hours beginning June 20

\*Monday - Friday 8:00 a.m. - 5:30 p.m.

\*Saturdays - 9 a.m. - 1 p.m.

\*Office hours may be extended depending on programs and events.

14 Canterbury Rd., Concord, NH 03301

Phone: 603-225-8690

Fax: 603-225-8589

Email: [recreation@concordnh.gov](mailto:recreation@concordnh.gov)

[www.facebook.com/concordparknrecdept](https://www.facebook.com/concordparknrecdept)

[www.instagram.com/concordparksnrec](https://www.instagram.com/concordparksnrec)

### Meet Our Staff

David Gill. . . . . Director

Laura Bryant. . . . Assistant Director

Dan Lamoureux . . Recreation Supervisor

John Andersch . . . Recreation Assistant

John Dennett. . . . Recreation Assistant

Terri Stevenson . . Fiscal Supervisor

Steve dePreaux . . Parks Supervisor

Jill McDaniel-Huckins . Cemetery Administrator

603-225-3911



## RECREATION & PARKS COMMITTEE

- Althea Barton . . . . . Ward 1
- Robert Avery . . . . . Ward 2
- Chiara Dolcino . . . . . Ward 3
- Jennifer Roff . . . . . Ward 4
- Zoey Murphy. . . . . Ward 5
- Andrew Doyle . . . . . Ward 6
- Nick Kotkowski . . . . . Ward 7
- Marilyn Fraser. . . . . Ward 8
- Nora Ismael . . . . . Ward 9
- Mary Miller (Chair). . . . . Ward 10

David Gill.....Parks and Rec Dept.

Laura Bryant ..... Parks and Rec Dept.

Heather Shank .....Planning Division

### City Council Members

Candace White Bouchard

Nathan Fennessy

## Looking for a Healthy, Active Program?

We have many different programs that provide the recommended 60 minutes of physical activity per day for your child.

*Our Camps Are...  
Kid Tested...Parent Approved!*



Look for this heart next to our camps that provide the recommended amount of physical activity per day.



### MISSION STATEMENT

Concord Parks and Recreation is committed to engaging our community with safe, fun, inclusive opportunities to enhance health and wellness by providing programming, parks, and recreation facilities.

### VISION STATEMENT

Concord Parks and Recreation's vision is to: create cutting edge and sustainable recreational resources to connect our community through education, programs, and innovative partnerships to ensure an active city to live, work, and play.

### CORE VALUES

Engaged • Fun • Diverse

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# Park Information



The Concord Parks and Recreation Department is responsible for the maintenance, scheduling and planning of the City of Concord's parks and cemeteries. There are 19 parks comprised of over 300 acres of parks and 13 cemeteries comprised of 150 acres.

Depending on season, some fields are not available

	Playground	Basketball	Tennis	Trails	Skate Board Park	Picnic Shelter	Picnic Tables	Outdoor Pool	Track	Dog Park	Little League	Baseball	Softball	Soccer	Football	Field Hockey	Lacrosse
Beaver Meadow Park			•							•							
Garrison Park	•	•		•		•	•										
Kiwanis River Front Park				•		•											
Keach Park	•	•	•		•	•	•			•		•	•				
Kimball Park	•	•				•	•										
Memorial Field Complex		•	•	•		•	•	•		•	•	•	•	•			•
Merrill Park	•	•	•	•		•	•	•		•		•	•				
Reed Park	•											•					
River Front Park-Penacook				•		•											
Rolfe Park	•	•	•	•		•	•			•	•	•	•				
Rollins Park	•	•	•	•		•	•	•			•	•				•	
Russ Martin Park				•										•			•
Terrill Park				•		•		•									
White Park	•	•		•		•	•				•		•				
Fletcher Murphy Play Lot	•	•				•											
Thompson Play Lot	•	•				•											
West Street Play Lot	•	•				•											



## COURT RULES

**NO SKATEBOARDS, ROLLER SKATES,  
BIKES OR DOG WALKING**

**IF TWO OR MORE PEOPLE/GROUPS ARE  
WAITING, PLEASE VACATE THE COURT UPON  
COMPLETION OF THE GAME YOU ARE  
CURRENTLY PLAYING**

**BE CONSIDERATE!  
INVITE INDIVIDUALS TO JOIN**

**COURTS ARE AVAILABLE TO RENT FOR PRIVATE  
USE. PLEASE CONTACT PARKS & RECREATION  
FOR MORE INFORMATION.**



603-225-8690

WWW.CONCORDPARKSANDREC.COM

## BAGS & BITES CORNHOLE TOURNAMENT

SPONSORED BY THE FRIENDS OF WHITE PARK



**BAGS & BITES  
CONCORD'S FIRST CORNHOLE  
& FOOD TRUCK EVENT.**

Funds raised will help support the re-build of the Monkey  
Around Playground

- \*Date: Sunday, May 15    Location: White Park
- \*Tournament begins at 11 a.m. (check-ins begin at 10:15 a.m.)
- \*The Cornhole Tournament will be divided into an 11-15 and 16+ age group
- \*Each 2 person team will be guaranteed at least 4 games through a round-robin set up going into playoffs
- \*Cost is \$50 per team.

More information on registering your team, sponsoring tournament cornhole boards, or registering your food truck can be found at [www.FriendsofWhitePark.org](http://www.FriendsofWhitePark.org)

# Community Information

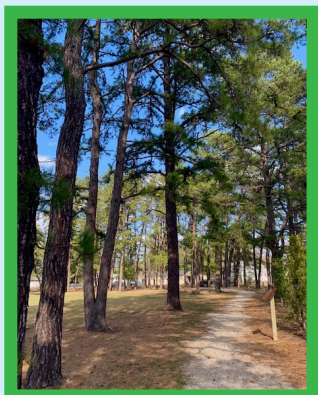
## Purchase a Park Bench

Our Park Bench Program allows individuals and companies to buy a park bench in one or more of our parks. The cost of each bench is \$1,500.00 and includes an engraved plaque. Department staff will review available locations with you, order the bench, and then install the cement base and bench when it arrives. For more information on our park bench program and to download an application please visit our web site.



## STORY WALK AT KEACH PARK

A HUGE thank you to **Jackson Weber** for choosing to install a Story Walk at Keach Park for his Eagle Project! Stop by Keach Park to enjoy a walk and a story. The current story is Coach Ride Around Concord. The story walk begins at the parking lot adjacent to the community center and moves clockwise around the park.



## Art Gallery at the City Wide Community Center

Concord Parks & Recreation is excited to announce we have added a community art gallery to the City Wide Community Center. The gallery is located in the south hallway outside of the gymnasium. This space will be designated to display art from local artists. If you are interested in displaying your art please contact Laura Bryant at [Lbryant@concordnh.gov](mailto:Lbryant@concordnh.gov) or 603-225-8690.



## DOG LEASH LAW AND DOG WASTE ORDINANCE

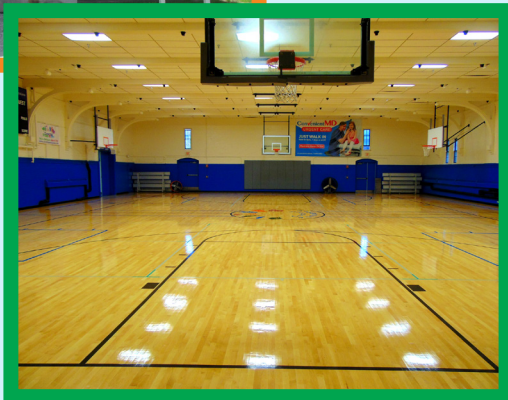
The City of Concord welcomes dogs in our parks, cemeteries and open spaces. However, the City does have an ordinance requiring dogs be on a leash and for owners to pick up their dog's waste (City Ordinance 6-1-5). Please pick up and remove your dog's waste. Keep all dogs on a leash at all times.



# Community Centers

Concord Parks & Recreation offers rentals at four facilities. Along with the Green St. Community Center, and the West Street Ward House we also offer space at the City Wide Community Center and the Merrimack Lodge at White Park. This allows for a larger selection of rooms to rent for a variety of uses including, pick-up basketball, baby showers, children's birthday parties, etc. Rentals are limited and offered on a space available basis.

City Wide Community Center	
Resident Rental Rates	
Meeting Rooms	\$45 per hour
Exercise Rooms	\$50 per hour
Harriet Dame Auditorium	\$100 per hour
Gymnasium	\$90 per hour prime time \$60 per hour non-prime time
Concord-based Non-Profit Rates	
Meeting Rooms:	\$22.50 per hour
Harriet Dame Auditorium:	\$50.00 per hour
Prime time consists of Monday - Friday after 5:00 p.m., weekends and holidays	
Non-residents and non-resident groups are charged an additional \$15 per hour	



West Street Ward House	Green Street Community Center
\$25/hour	Gym - \$72/hour
Non-residents and non-resident groups are charged an additional \$15 per hour	

## Merrimack Lodge at White Park

Resident Rental Rates:

\$300 for the first 2 hours (minimum), \$100 per hour after the first 2 hours.

Non-Resident Rental Rates:

\$315 for the first 2 hours (minimum), \$115 per hour after the first 2 hours.

The rate includes the use of the patio and the indoor great room.

\*Limited Rental Hours during the summer due to our summer camps at the building.



# The Historic City Auditorium



The theater includes an elegant lobby space with turn of the century stained glass windows and furnishings.

The theater house seats between 835 and 841 depending on the configuration of the orchestra seats. The orchestra has seating for 524-535 guests including 9 wheelchair locations. There are 247 seats in the front balcony and 64 second balcony seats. The space is ADA accessible, including the restrooms. The gilded proscenium arch surrounds the 25x25 foot stage performance area. There is a small orchestra pit. Backstage facilities include 9 dressing rooms and 3 restrooms.

Intermission hospitality is offered in the reception lobby. Additionally, this space is available to rent for meetings and receptions. The lobby's capacity is 65 seated guests and 140 standing guests. Recent users include rotary clubs, historical societies, political events, and business and civic organizations. The lobby is rented out in four-hour blocks.

The space has no kitchen facilities but users may bring in refreshments to serve.

“The Audi”, as it is affectionately called, hosts over 100 events each season, including lectures, dance recitals, pageants, concerts and the ballet.

Type of Organization	Performances	Full Venue 2 performances in one day	Rehearsal
Concord Resident Non-Profit	\$335.00	\$610.00	\$150.00
Concord Resident- Profit	\$610.00	\$1190.00	\$150.00
Non-Resident Non - Profit	\$610.00	\$1190.00	\$150.00
Non-Resident - Profit	\$920.00	\$1815.00	\$150.00



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## CONCORD PUBLIC LIBRARY'S HEIGHTS BRANCH

The Concord Public Library's Heights Branch is located in the City Wide Community Center at 14 Canterbury Road.

At the Heights Branch, library patrons will have access to a rotating collection of books, movies, music, Chrome books and other devices. Patrons will also enjoy a variety of programming ranging from family story-time to How-to Tech workshops.

For more information and to stay in the know, follow the Concord Public Library on Facebook (@ConcordPublicLibrary), Instagram (@concordnhlibrary), and Twitter (@ConcordNHLib).

### Library Hours for the Heights Branch

Mondays, 1 p.m. - 5 p.m.  
Wednesday, 9 a.m. to 1 p.m.  
Saturday, 9 a.m. to 1 p.m.



# Special Events

## TUESDAY NIGHT CONCERTS NEVERS BAND

Concerts begin at 7:00 p.m.

DATE	LOCATION
June 21	Keach Park, Heights
June 28	Riverfront Park (Everett Arena)
July 4 (Monday)	Memorial Field (rain date July 5)
July 12	Eagle Square
July 19	Rolfe Park
July 26	State House
August 9	Riverfront Park (Everett Arena)

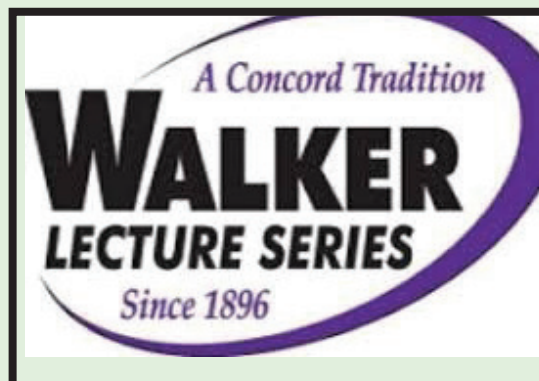


This year's Summer Concert Series is brought to you by:

Walker Lecture Fund,  
and the  
Concord Parks and  
Recreation Department

Donations are accepted at all music performances and are greatly appreciated.

Money collected will be used towards our 2023 Summer Concert Series



**THURSDAY NIGHTs AT  
EAGLE SQUARE,  
DOWNTOWN CONCORD**  
7:00 PM -8:30 PM

Thursday, June 30  
**Kid Pinky**

Thursday, July 7  
**TBA**

Thursday, July 14  
**Marc Berger and Ride**

Thursday, July 21  
**Freese Brothers Big Band**

Thursday, July 28  
**The Shanna Stack Band**

Thursday, August 4  
**TBA**

Thursday, August 11  
**Club Soda**

Thursday, August 25  
**Rebel Collective**

## NATIONAL NIGHT OUT

August 2 • Rollins Park • 5:00 p.m. - 8:00 p.m.

Join us for National Night Out. This "National Night Out Against Crime" is a community crime prevention program and part of the National Association of Town Watch, Inc. This event is held nationwide to promote cooperation between the police and the community. Don't miss this year's festivities which will include food, prizes, K-9 demonstrations, the Touch-A-Truck Program, a zoo exhibit, a rock climbing wall and much more.



## JULY 4<sup>th</sup> CELEBRATION

Rain Date: Tuesday, July 5th

Celebrate July 4th in Concord, NH  
Memorial Field  
Festivities start at 6 p.m.  
Food vendors, music

Fireworks at 9:20 p.m. (dusk)



# Special Events



Saturday, September 24th

10 a.m. - 2 p.m.

Concord Airport  
65 Airport Road, Concord NH

Join us for a free, family friendly event viewing antique vehicles, a variety of aircraft, interactive exhibits, and activities!

Association of Model Aircraft Demonstrations



Free Entry - Food Trucks (\$)



CONCORD PARKS & RECREATION IN PARTNERSHIP WITH  
RED RIVER THEATRE PRESENTS:

## MOVIES IN THE PARK

THE PRINCESS & THE FROG - FRIDAY JUNE 10TH

DIRTY ROTTEN SCOUNDRELS - THURSDAY JULY 14TH

BRING IT ON - FRIDAY AUGUST 5TH

ALL MOVIES HELD AT MEMORIAL FIELD  
MOVIES BEGIN AT DUSK  
ADMISSION IS FREE





# Pool Hours & Rules

## POOL REGULATIONS

1. Parents/Guardians are responsible for watching their children at all times. Non swimmers must be within arm's reach at all times.
2. It is recommended that all non-swimmers and children eight years old and younger wear a life jacket at all times. The City of Concord requires that life jacket to be a Coast Guard Approved Class 3 life jacket or better (3, 2 or 1).
3. No one is permitted in the pool at any time unless a Lifeguard is on duty.
4. Throwing debris, refuse or any foreign matter in any pool is prohibited.
5. Any unruly action such as dunking, pushing, or spitting in the pool is prohibited.
6. NO ONE UNDER AGE 10 is allowed in the pool area unless accompanied by an adult (over 16 yrs of age).
7. Diving is prohibited at all pools.
8. Prohibited from the pool and pool area are: soaps and cleaning agents of any kind. Also prohibited are animals (domestic and wild), glass containers, tobacco, and alcohol. Smoking is not allowed in the pool area.
9. All persons admitted in the pool are subject to inspection by the Lifeguard for open cuts and sores and may be denied entrance for health reasons by the Lifeguard.
10. All swimmers must wear a regular swimsuit at all times and showers must be taken before entering the pool.
11. Anyone distracting or interfering with the Lifeguard on duty, or disobeying instructions of any of the above listed regulations will be subject to criminal penalty under the Law (Chapter 5, Revised Ordinances, City of Concord).
12. Children who are not completely toilet trained, must wear tight fitting rubber pants or disposable swim pants, i.e. "Little Swimmers."
13. Lifeguards are authorized to expel any person from the pool premises for violation of any Pool Regulation or for just cause. The violator is subject to prosecution under the law. Any person expelled from the pool must leave the park immediately.

## PARENT/GUARDIAN EXPECTATIONS

When using the City of Concord Pools please remember the following:

- Please actively supervise your children. Lifeguards are on duty to enforce rules and regulations and to respond to emergencies. Ultimately, parents and guardians are responsible for their children.
- All life jackets worn by children in City pools must be at least a Type 1, 2 or 3 Coast Guard approved life jacket. No exceptions! No substitutions!
- Please keep children within arm's reach when they are in the water.
- Limit the use of electronic devices including cell phones.
- Review pool rules with your children.
- Make sure children use the showers before entering the pool.
- Apply sun block often to your children and yourself.

We appreciate you taking time to review these expectations and look forward to a fun and safe summer at the pools.

## POOL PASSES

**Concord & Penacook Residents:** No charge for use of city pools. Pool passes are not required for Concord/Penacook residents. However, residency checks will be conducted daily throughout the summer. Please always bring your photo ID with you when you come to the pools.

**Non-Resident Families:** Passes may be purchased at the City Wide Community Center beginning June 8th at 9 am. **Cost of a Non-Resident pool pass is \$125 per family. The pool pass is good at all pools all season.**

**Non-Resident 48 hour pool pass will be available for purchase at the City Wide Community Center (Monday - Friday 8- 5 p.m.) \$20 per 48 hour pass. Passes sold beginning Monday, June 20, 2022**

**Pool Guest Policy:** Residents and Non-Residents may bring guests to the pool. Guests are allowed on a 1 to 1 ratio for ages 10 and older( i.e. each person over 10 years old may bring one guest).

## POOL UPDATE!

At this time we are hopeful we will be able to open all seven pools, however it will depend on the number of lifeguards we are able to hire. Please check our website in early June for official pool opening information and hours.

Anyone interested in becoming a lifeguard should apply online at [www.concordnh.gov](http://www.concordnh.gov). All certification costs will be paid for by Concord Parks and Recreation.



## RENT-A-POOL

All City swimming pools, including White Park Pool, are available for rent Saturday or Sunday mornings for children's birthday parties, neighborhood parties or other family gatherings. **The rental rate is \$110 (\$125 for non-residents)** which includes two lifeguards and use of the rest rooms and pool area from **10 am - noon**. Full payment is due when your reservation is made. No rain dates scheduled. Contact John Andersch at [jandersch@concordnh.gov](mailto:jandersch@concordnh.gov) for more information. Rental registration opens June 9, 2022.

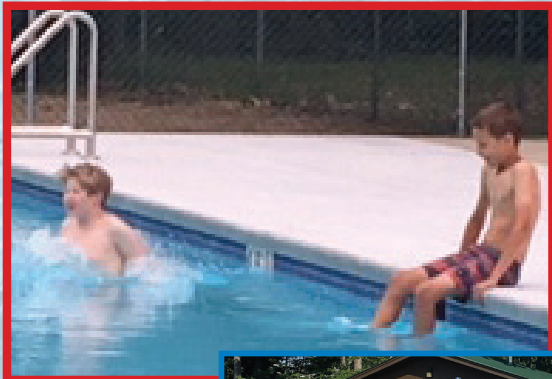
# Swim Lessons

## LESSONS

### POOL UPDATE!

At this time we are hopeful we will be able to open all seven pools, however it will depend on the number of lifeguards we are able to hire. Please check our website in early June for official pool opening information and hours.

Anyone interested in becoming a lifeguard should apply online at [www.concordnh.gov](http://www.concordnh.gov). All certification costs will be paid for by Concord Parks and Recreation.



Welcome to our Pool School (aka Swim Lessons). Lessons are based on learning the fundamentals of swimming while having a fun experience. We ask that all children arrive on time and are ready to swim at the beginning of class. All classes have a max of 8 students.

#### **Splash Tots : Ages 6 months to 3 years.**

There are no prerequisites for Splash Tots. Lessons include learning to ask permission for help into water, feeling comfortable in the water and exploring buoyancy on front and back. Parent or caregiver must accompany child into the water and participate in each class.

**Preschool: Ages 3-5 years.** There are no prerequisites for the Preschool level. Lessons include entering water using ladder, side or steps; blowing bubbles through mouth and nose, rolling from front to back; submerge mouth, nose and eyes.

Learn To Swim Classes:

**Level 1 – Ages 5+ Prerequisite: successfully demonstrate the exit skills required for Preschool level.** Lessons include treading water, front and back glides, combined arm and leg actions on front and back.

**Level 2 – Ages 6+ Prerequisite: successfully demonstrate the exit skills required for Level 1.** Lessons include front jellyfish and tuck floats, change direction of swimming on front or back, finning arm action and open eyes under water and retrieve submerged objects.

**Level 3 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 2.** Lessons include rotary breathing, survival float, back float, tread water and front crawl and elementary backstroke.

**Level 4 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 3.** Lessons include swimming underwater, front crawl and backstroke open turns, flutter and dolphin kicks on back and tread water with 2 different kicks.

**Level 5 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 4.** Lessons include tuck and pike surface dives, sculling, front flip turn and backstroke flip turn while swimming.

**Level 6 – Ages 6+ Prerequisite: successfully demonstrate the certification requirements for level 5.** Lessons include front crawl 100 yards, back crawl 100 yards, breaststroke 50 yards, sidestroke 50 yards and turns while swimming.

### NEIGHBORHOOD SWIM TEAMS

Swim teams are for youths, **ages 10 and older**. Participants have the opportunity to learn the basics of competitive swimming in a fun atmosphere. Swim teams provide an opportunity for swimmers to compete in a City Wide Swim Meet on Friday, August 5th at 9:00 a.m. at Rollins Pool. Interested youth are required to swim at Level 4 or higher and must be able to swim 75 feet without assistance. Swim teams are coached by our Water Safety Instructors. Registration is required by Thursday, June 23rd.

Registration opens June 1st.

<b>DATES</b>	Tuesdays & Thursdays June 28 - Aug. 4, 5:30 p.m. - 6:00 p.m.			
<b>AGES:</b>	<b>10+</b>			
<b>COST:</b>	\$6 Resident, \$16 Non-Resident			
<b>POOL:</b>	<b>Keach</b>	<b>Merrill</b>	<b>Rolfe</b>	<b>Rollins</b>
<b>CODE:</b>	222150-1	222153-1	222154-1	222155-1



# Pool Information & Swim Lessons

## TEDDY BEAR PICNIC

For all the bears that ever there was, are gathered here together because, today's the day the teddy bears have their picnic. There will be music, juice and Teddy Grahams. Children should bring their teddy bear friends along for a parade! \$3.00 entry fee required. No charge for parents!

AGES	POOL	DATE/TIME
3 - 6 yrs old	TBA	To Be Announced



## MIDDLE SCHOOL SPLASH BASH

Come celebrate the start of summer! Concord Parks and Recreation invites all 6 - 8th graders to join us for a middle school Splash Bash. This event is for students only (parents can be in the park but are not permitted in the pool area). Participants will enjoy snacks, games and music! This event is supervised by City lifeguards. (Limited to 100 children.) \$6.00 per person entry fee required.

GRADES	POOL	DATE/TIME
6 - 8	Rollins	Friday, June 24, 6:00 p.m. - 7:30 p.m.
<b>CODE:</b>	100004-1	



## WEEKDAY GROUP SWIM LESSON CODES & SESSIONS:

Please remember to write in the session number (1, 2, 3 or 4) on the registration form next to the code number. For example, If you choose Level 4 at Merrill Pool for Session 2 (July 5 - July 14) you would write down the pool code (220953) and then the section number (2) (220953-2) on the registration form.

All Classes have limited space and are held rain or shine.

### Parent Expectations

- Arrive 10 minutes early to be sure your child is ready for lessons
- Attend all classes in a session

Swim Lesson Registration Starts:  
9:00 a.m. June 1, 2022

<b>SESSION 1</b>	June 20 - June 30	Registration deadline June 15
<b>SESSION 2</b>	July 5 - July 14	Registration deadline June 29 (no class on July 4th - make up class held Friday, July 8)
<b>SESSION 3</b>	July 18 - July 28	Registration deadline July 13
<b>SESSION 4</b>	Aug 1- Aug. 11	Registration deadline July 27

### EVENING GROUP LESSONS 5:30 P.M. - 6:00 P.M.

<b>DAY/TIME:</b>	Sessions 1-4, Monday - Thursday (Raindate - Friday)			
<b>COST:</b>	\$40 Residents, \$50 Non-Residents			
<b>POOL</b>	<b>Rolfe</b>	<b>Merrill</b>	<b>Rollins</b>	<b>Heights</b>
<b>Session 1</b>	Pre-School 221254-1	Level 1 221453-1	Level 2 221455-1	Level 3 221450-1
<b>Session 2</b>	Level 1 221454-2	Splash Tots 221153-2	Level 3 221355-2	Level 2 221050-2
<b>Session 3</b>	Level 1 221354-3	Level 2 221253-3	Level 4 221255-3	Pre-School 220950-3
<b>Session 4</b>	Level 3 221054-4	Pre-School 221353-4	Level 5 / 6 221555-4	Level 4 221150-4

### WEEKDAY GROUP LESSONS

<b>DAYS:</b>	Monday - Thursday			
<b>COST:</b>	\$40 Residents, \$50 Non-Residents			
<b>TIME</b>	<b>Merrill</b>	<b>Rollins</b>	<b>Rolfe</b>	<b>Heights</b>
<b>8:30 am</b>	<u>Level 4</u> 220953	<u>Level 5/6</u> 221155	<u>Level 3</u> 220854	<u>Level 1</u> 270751
<b>9:00 am</b>	<u>Level 3</u> 220853	<u>Level 4</u> 220955	<u>Level 1</u> 220654	<u>Level 3</u> 270851
<b>9:30 am</b>	<u>Level 1</u> 220653	<u>Pre-School</u> 220555	<u>Level 2</u> 220754	<u>Pre-School</u> 270952
<b>10:00 am</b>	<u>Splash Tots</u> 220253	<u>Level 1</u> 220655	<u>Splash Tots</u> 220254	
<b>10:30 am</b>	<u>Pre-School</u> 220553	<u>Level 2</u> 220556	<u>Pre-School</u> 220554	
<b>11:00 am</b>	<u>Level 2</u> 220753	<u>Level 3</u> 220855	<u>Level 4</u> 220954	

# Summer Fun



## TENNIS IN THE PARKS

Instructors: Meredith Beaton & Nicole White

Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker!

All players in their first session receive and keep a new age-appropriate racquet, ball, and program t-shirt!



SESSION 2		
Instructor: Nicole White		
<b>DATE:</b>	Monday & Wednesday, July 11 - 27 (3 weeks)	
<b>Grades</b>	<b>TIMES</b>	<b>CODES</b>
1 - 2	4:00 p.m.- 5:00 p.m.	218745-1
3 - 5	5:00 p.m.- 6:00 p.m.	218745-2
6 - 8	6:00 p.m.- 7:00 p.m.	218745-3
<b>LOCATION:</b>	Merrill Park	
<b>COST:</b>	\$75 Resident, \$85 Non-Resident	
Please provide shirt size at time of registration		

## LEARN-TO-ROW

Instruction: Concord Crew Coaches

The Concord Crew Summer Learn-to-Row offers a wonderful opportunity for new rowers to learn the basics of rowing. The program is skill-based, instructional, and provides the perfect opportunity to try out a new sport, learn a new skill and make new friends. For those new to rowing, our Learn-to-Row will allow you to experience the teamwork of sweep oar rowing – you don't need experience and it isn't physically intensive. Attendees can expect some light land work: rowing on rowing machines and maybe some light conditioning exercises. The bulk of each day will be learning the basics of sweep oar rowing and teamwork while out on the Merrimack River with your peers and coaches.



### LEARN-TO-ROW WITH CONCORD CREW

<b>GRADES:</b>	7 - 12
<b>COST:</b>	\$325 Resident, \$335 Non-Res (includes t-shirt)
<b>LOCATION:</b>	Kiwanis Park, behind Everett Arena
Will row in the rain unless there is thunder/lightning	

### SESSION 1

<b>DATES:</b>	Mon. - Thurs., June 20 - July 14 (no class July 4th)
<b>TIME:</b>	4:30 p.m. - 6:30 p.m.
<b>CODE:</b>	242595-1

### SESSION 2

<b>DATES:</b>	Mon. - Thurs., July 18 - August 11
<b>TIME:</b>	4:30 p.m. - 6:30 p.m.
<b>CODE:</b>	242595-2

Unfortunately, scholarships are not available for Learn-to-Row

In celebration of National Learn to Row Day Concord Crew will be holding an open house Saturday, June 4th (9:00 a.m. - 1:00 p.m.). Activities include a free rowing experience for middle and high school students interested in rowing. No experience necessary. Come by to take a tour of the boathouse, talk to our rowers, Board Members and Coaches and jump in a boat. Maybe even try out a rowing machine?

# Summer Camp Intro

## It's Time To Plan Your Summer!

We believe that summer is a time for having fun, making new friends and experiencing new activities and adventures. Our summer camps allow your child to do just that in a safe, day camp setting. Please read our "Parent's Guide" from cover to cover, as it will answer many of your questions regarding your child's time at camp. This guide is located on our website. Please sign up early as all camps have limited space.

### Our Traditional "all day" Camp Staff

Our camp staff are selected based on their interest in working with children. The staff have CPR and First Aid certification and all are 17 years old and older. Creativity, enthusiasm, and excellent communication skills are strong characteristics of our camp staff members. Staff work together as a team and are involved with the campers at all times. The Parks & Recreation Department provides an excellent in-service training program for its staff and requires background checks for all employees.



### Camp Staff

Traditional camp staff (Stay & Play Camp, Rec Adventure Camp, & Adventure Camp (Grades 6 - 8) are selected based on their interest in working with children. All counselors have had previous experience either as campers themselves or as camp leaders. The staff have CPR and First Aid certification. Creativity, enthusiasm, and excellent communication skills are strong characteristics of our camp staff members. Staff work together as a team and are involved with the campers at all times. The Parks & Recreation Department provides an excellent in-service training program for its staff and requires background checks prior to the start of camp.

**All Summer Camps have limited space.**

We recommend registering as early as possible as all camps have limited space and usually fill up.

As of 4/27/22 several weeks are already full

## SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are not available to non-residents or for adult programs. Scholarships are available for most (but not all) youth programs/camps. Unfortunately, we are not able to offer scholarships for the following summer camps/programs

\*Circuit Labs    \* Learn-to-Row    \* Marquee Theatre Camps    \*NFL Flag Football



**FOR ALL SUMMER CAMPS  
PAYMENT PLAN**

- A non-refundable payment of \$20 per week is required at time of registration.
- Balance of each camp week is due 14 days prior to the start of that camp.

Payment plans must be arranged through the Parks and Recreation Office

# Stay and Play and Nature Camps



## STAY & PLAY CAMP - GRADES 1 - 5

Our traditional day camp will have your kids spending the summer days enjoying swimming, tennis, arts & crafts, field games, sing alongs as well as a few special guests sprinkled in. Each week will follow a theme marked by the games, special guests, and arts and crafts scheduled for that week. Staff to child ratio is 1:8. All staff are CPR/First Aid Certified and have an additional 20 hours of staff training (including water safety). Special guests will be announced in late May! Please be aware that there will be additional camper forms required.

STAY & PLAY CAMP	
<b>GRADES:</b>	1-5 (in September 2022)
<b>TIME:</b>	8:30 a.m. - 4:30 p.m.
<b>LOCATION:</b>	City Wide Community Center (14 Canterbury Rd.)
<b>COST:</b>	Resident: \$160 per week, Non-Residents: \$170 per week <b>EXCEPTIONS:</b> Week 3 (4 days) Residents: \$128/wk, Non-Residents: \$138/wk All camps have limited space

WEEK	DATES	KIDS STAY & PLAY GRADES 1 - 2	REC STAY & PLAY GRADES 3 - 5
Week 1	June 20- June 24	240035-1	240031-1
Week 2	June 27 - July 1	240035-2	240031-2
Week 3	July 5 - July 8 (4 day week-no class July 4)	240035-3	240031-3
Week 4	July 11 - July 15	240035-4	240031-4
Week 5	July 18 - July 22	240035-5	240031-5
Week 6	July 25 - July 29	240035-6	240031-6
Week 7	August 1 - August 5	240035-7	240031-7
Week 8	August 8 - August 12	240035-8	240031-8

\*\*Information on theme weeks will be online in late May\*\*



## NATURE CAMP

Instructor: Lora Allison

Concord Parks and Recreation is excited to again offer Nature Camp for the Naturalist in your life! Join our experienced counselors as they introduce your child to the world of nature all around them. All Nature Camps are based out of the Merrimack Lodge at White Park and run 9 - 3 p.m. Staff to child ratio is 1:6. All staff are CPR/First Aid Certified and have an additional staff training. Camp enrollment is limited to 12 participants per week.

**LOCATION:** Merrimack Lodge at White Park

### NATURE CAMP - AGES 5 - 9 (in September 2022)

Campers will spend their days exploring the park, creating nature based crafts and learning all about what the world around them has to offer. Campers should come to camp prepared to be outside regardless of weather. After all weather is just another part of nature!

<b>TIME:</b>	9:00 a.m. - 3:00 p.m.	
<b>WEEK</b>	<b>DATES</b>	<b>CODE</b>
Week 1	June 20- June 24 - Botany	240430-1
Week 2	June 27 - July 1 - Herpetology	240430-2
Week 3*	July 5 - 8 - Entomology	240430-3
Week 6	July 25 - July 28 - Limnology	240430-6
Week 7	August 1 - August 5 Meteorology	240430-7
Week 8	August 8 - August 12 Science of Nature	240430-8
<b>COST:</b>	Resident: \$160 per week Non-Resident: \$170 per week *Week 3 (4 day camp) Resident: \$128, Non-Resident \$138	

Campers should be prepared to be outside most days.  
Rain gear, sunscreen and boots required

### NATURE EXPLORERS CAMP AGES 9 - 12

Campers become Explorers by using the City of Concord's trail system. Explorers will create nature based crafts and learn all about what the world around them has to offer. Campers should come to camp prepared to be outside regardless of weather. After all weather is just another part of nature!

<b>TIME:</b>	9:00 a.m. - 3:00 p.m.	
<b>WEEK</b>	<b>DATES</b>	<b>CODE</b>
Week 4	July 11 - 15	240430-4
<b>COST:</b>	Resident: \$160 per week Non-Resident \$170.00	

# Rec Adventure Camp

## REC ADVENTURE CAMP - GRADES 3 - 5

Rec Adventure Camps offers exciting trips and fantastic favorites. Each week we will have a mix of adventures including beach trips, hikes, theme parks, kayaking, surfing and more! This camp is designed to allow kids to go on an out of town escapade Monday-Thursday, and Friday will be spent in town, or as trip make up day. Information about specific trips will be available online in late May.

Staff to child ratio is 1:8. All staff are CPR/First Aid Certified and have an additional 20 hours of staff training (including water safety).

REC ADVENTURE CAMP	
<b>GRADES:</b>	<b>3-5 (in September 2022)</b>
<b>TIME:</b>	8:30 a.m. – 4:30 p.m.
<b>LOCATION:</b>	“Base Camp” is at City Wide Community Center. After 9 a.m.(Monday - Thursday) we are off campus.
<b>COST:</b>	Resident: \$190 per week, Non-Residents: \$200 per week <b>EXCEPTIONS:</b> Week 3 (4 days) Residents \$152/wk, Non-Residents \$162/wk.



WEEK	DATES	CODE
Week 1	June 20- June 24	240229-1
Week 2	June 27 - July 1	240229-2
Week 3	July 5 - July 8 (4 day week-no class July 4)	240229-3
Week 4	July 11 - July 15	240229-4
Week 5	July 18 - July 22	240229-5
Week 6	July 25 - July 29	240229-6
Week 7	August 1 - August 5	240229-7
Week 8	August 8 - 12	240229-8



\*\*Information on field trips will be online in late May\*\*



# Adventure Camps



## ADVENTURE CAMP GRADES 6 - 8

**Adventure Camps** - Adventure Camp offers exciting trips and fantastic favorites. Each week we will have a mix of adventures including beach trips, hikes, theme parks, kayaking, surfing and more! This camp is designed to allow kids to go on an out of town escapade Monday-Thursday, and Friday will be spent in town, or as trip make up day. Information about specific trips will be available online in late May.

Staff to child ratio is 1:8. All staff are CPR/First Aid Certified and have an additional 20+ hours of staff training (including water safety).

ADVENTURE CAMP	
<b>GRADES:</b>	<b>6 – 8 (in September 2022)</b>
<b>TIME:</b>	8:30 a.m. – 4:30 p.m.
<b>LOCATION:</b>	“Base Camp” is at City Wide Community Center. After 9 a.m.(Monday - Thursday) we are off campus.
<b>COST:</b>	Resident: \$190 per week, Non-Resident: \$200 per week <b>EXCEPTIONS:</b> Week 3 (4 days) Residents: \$152/week Non-Residents: \$162 /week

Please be aware that there will be additional camper forms required.

WEEK	DATES	CODE
Week 1	June 20- June 24	240427-1
Week 2	June 27 - July 1	240427-2
Week 3	July 5 - July 8 (4 day week-no class July 4)	240427-3
Week 4	July 11 - July 15	240427-4
Week 5	July 18 - July 22	240427-5
Week 6	July 25 - July 29	240427-6
Week 7	August 1 - August 5	240427-7
Week 8	August 8 - August 12	240427-8



### SUMMER EMPLOYMENT

Are you looking for an active, challenging and exciting job for the summer? Concord Parks & Recreation is looking for you! We are searching for qualified summer employees who desire a fun work environment, flexible schedules and competitive pay!

Lifeguards will be trained through Concord Parks & Recreation once hired. Anyone hired as a lifeguard will complete certification/recertification through a series of online, Zoom and in person trainings with Swim NH.

Interested applicants should apply online at [www.concordnh.gov](http://www.concordnh.gov).

- \* Lifeguards
- \* Park & Cemetery Laborers





# Dance/Theatre/Circuit Lab Camps

## ROYAL ACADEMY DANCE CAMP



Instruction: Dance Inspirations

Dancers ages 3-7 are invited to Royal Academy to learn the ins and outs of becoming a Royal. Princesses and Princes in training learn to dream big with Tiana, set sail with Prince Eric, look for the good with Belle, how to dress the part with Cinderella, & DON'T TALK ABOUT BRUNO! This three day dance camp includes ballet, tap, creative movement and crafts daily.

ROYAL ACADEMY DANCE CAMP	
<b>DATES:</b>	July 25 - 29
<b>AGES:</b>	3 - 7
<b>TIME:</b>	9:30 a.m. – 12:00 p.m.
<b>LOCATION:</b>	City Wide Community Center
<b>COST:</b>	\$120 Resident, \$130 Non-Resident
<b>CODE:</b>	243302-1



## MARQUEE MIX UP



Instruction: Dance Inspirations

This fun, Broadway themed camp will explore musical theater dancing, theater games, theater production, crafts and more! While learning fun facts about popular shows, including Wicked, Matilda, Seussical, The Little Mermaid and Mary Poppins. Your Broadway performers will light up the stage with their Marquee Mix Up crafts and dance activities. At the end of camp, dancers will make their Broadway debut by performing show stopping routines inspired by each of these musicals! Cue the curtain, Broadway here we come.

MARQUEE MIX UP	
<b>DATES:</b>	July 18 - 22
<b>GRADES:</b>	2 – 6 (in September 2022)
<b>TIME:</b>	9:00 a.m. – 3:30 p.m.
<b>LOCATION:</b>	City Wide Community Center
<b>COST:</b>	\$252 Resident, \$262 Non-Resident
<b>CODE:</b>	243402-1

Unfortunately, scholarships are not available for Marquee Mix Up.

## CIRCUIT LAB CAMPS

Instruction: Circuit Lab



### HANDS-ON ELECTRONICS

Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry and step up to projects where our class will design their own interactive and programmable devices. Participants use the latest tools including Arduino (for building interactive devices) and Raspberry Pi (for learning about computers and coding) to experiment with LEDs, resistors, motors, and programming.

<b>DATES:</b>	August 1 - 5
<b>GRADES:</b>	4 – 7 (in September 2022)
<b>TIME:</b>	9:00 a.m. – 11:45 a.m.
<b>LOCATION:</b>	West St. Ward House
<b>COST:</b>	\$180 Resident, \$190 Non-Resident
<b>CODE:</b>	248225-2



### APP INVENTORS

In this no-experience-required course, we use MIT App inventor software to make fun, creative apps for Android phones and tablets. We will also explore wireless communication by building custom bluetooth hardware controllers and readouts for our apps. Campers will learn the programming and design aspects of creating great apps.

<b>DATES:</b>	August 1 - 5
<b>GRADES:</b>	4 - 7 (in September 2022)
<b>TIME:</b>	12:30 p.m. – 3:15 p.m.
<b>LOCATION:</b>	West St. Ward House
<b>COST:</b>	\$180 Resident, \$190 Non-Resident
<b>CODE:</b>	248225-1

### CIRCUIT LAB CAMP - FULL DAY

Sign up for both App Inventors & Hands-On Electronics for a full day Circuit Lab experience.

<b>DATES:</b>	August 1 - 5
<b>GRADES:</b>	4 - 7 (in September 2022)
<b>TIME:</b>	9:00 a.m. - 3:15 p.m.
<b>LOCATION:</b>	West St. Ward House
<b>COST:</b>	\$325 Resident, \$335 Non-Resident
<b>CODE:</b>	248226-1

Unfortunately, scholarships are not available for Circuit Lab Camps

# Basketball & Field Hockey Camps



## CRIMSON TIDE BASKETBALL CAMPS

Instructor: Tim LaTorra & CHS players

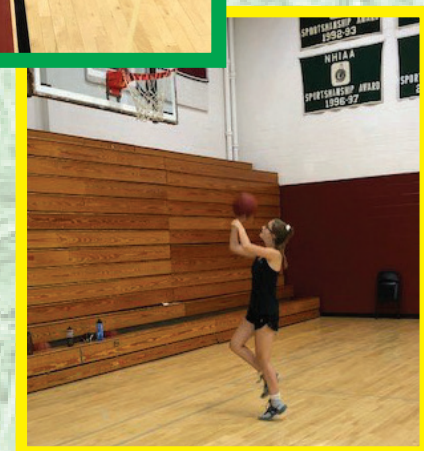
Do you have dreams of being on the Concord High School Basketball team, or just love the game of basketball? Then this camp is for you!! The Crimson Tide Basketball Camp will be held for 3rd-8th grade boys and girls! The focus of our basketball camp will be on skill improvement, basketball concepts, and implementing these into game play.

The goal is to develop confidence in all players so that they may be able to take their game to the next level and build a love for the game of basketball. There will be an encouraging and engaging staff of high school coaches, as well as, current and former players. We will work daily on offensive skills, defensive skills, individual and team offensive concepts, individual and team defensive concepts, game play, agility and conditioning. At the end of the camp week, each camper will receive an evaluation, a written packet full of drills, and a T-Shirt! Lastly, there will be opportunities to win prizes and awards throughout the week, with an awards ceremony to conclude camp!

TIDE BASKETBALL CAMP	
<b>DATES:</b>	July 25 - July 29
<b>TIME:</b>	9:00 a.m. - 3:00 p.m.
<b>LOCATION:</b>	Concord High School Gym
<b>COST:</b>	\$200 Resident, \$210 Non-Resident

GRADES 3 - 5 (in September 2022)	
CODE	
<b>GIRLS:</b>	211560-1
<b>BOYS:</b>	211560-2

GRADES 6 - 8 (in September 2022)	
CODE	
<b>GIRLS:</b>	211560-3
<b>BOYS:</b>	211560-4



18

Cyan  
Magenta  
Yellow  
Black



## FIELD HOCKEY CAMP

Instructor: Taylor Bailey



FIELD HOCKEY CAMP	
Players will learn and develop field hockey skills, technique and game play during this camp. Additionally, players will learn important strength and conditioning exercises to prepare for the fall season. Lastly, players can expect to build confidence as well as new friendships with their fellow players in the area.	
<b>GRADES:</b>	3 - 8 (in September 2022)
<b>TIME:</b>	5:30 p.m. - 7:00 p.m.
<b>LOCATION:</b>	Rolfe Park
<b>COST:</b>	\$72 Residents, \$82 Non-Residents
Players will need: sneakers or cleats, shin guards with socks, field hockey stick, mouth guard and water.	

Coach Taylor Bailey is a player for NEC. Field Hockey is Taylor's passion, and she has been playing since middle school. Taylor is very excited to offer a field hockey camp this summer to share her joy of the sport with younger players in the community. In addition to Taylor coaching she will have former teammates helping as well to provide a fun-filled experience.



SESSION 1 - GRADES 3 - 5	
<b>DATES:</b>	Mon. - Thurs., July 18 - 21 (Rain Date - Friday)
<b>CODE:</b>	243513-1

SESSION 2 - GRADES 6 - 8	
<b>DATES:</b>	Mon. - Thurs., August 1 - 4 (Rain Date - Friday)
<b>CODE:</b>	243513-2

# International Soccer & Disc Sports

**Challenger Sports**, a leader in New England's youth soccer instruction, will be our soccer camp provider this summer.



**Challenger Sports** camps provide young players with the opportunity to learn the game from some of the best young international coaches. Camps will cover individual foot skills and provide tactical practices, small sided games, coached scrimmages, and tournaments. Coaches work with players to elevate their level of play while advocating good sportsmanship, respect for others, and self discipline.

**Soccer Camps are held rain or shine, and the rain location is the City Wide Community Center Gym.**



## International Soccer

Instruction: Challenger Sports

### INTERNATIONAL SOCCER CAMP - HALF DAY

Our most popular camp program weaving personal skill development, character development, and cultural education, within our International format. Emphasis is placed upon improving individual dribbling, passing, control & shooting, and expanding tactical knowledge through small-sided games, and having fun!

<b>DATES:</b>	July 18 - 22	❤️
<b>AGES:</b>	<b>6 - 14 yrs.</b>	
<b>TIME:</b>	9:00 a.m. - 12:00 p.m.	
<b>LOCATION:</b>	Keach Park	
<b>COST:</b>	\$165 Resident, \$175 Non-Resident	
<b>CODE:</b>	245013-1	

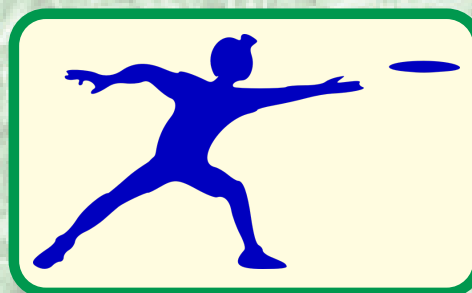
### INTERNATIONAL SOCCER CAMP - FULL DAY

A chance to continue the core skills being developed through the morning session. Full-Day Camps will focus on game-related techniques, small sided games with an emphasis on different techniques and coached match play. Six hours a day for five days.

<b>DATES:</b>	July 18 - 22	❤️
<b>AGES:</b>	<b>7 - 14 yrs.</b>	
<b>TIME:</b>	9:00 a.m. - 3:00 p.m.	
<b>LOCATION:</b>	Keach Park	
<b>COST:</b>	\$210 Resident, \$220 Non-Resident	
<b>CODE:</b>	245013-2	

## DISC SPORTS CAMP

Instructor: Jim Bailey

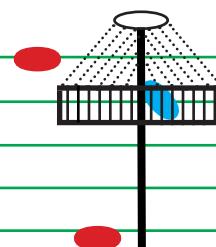


### DISC SPORTS CAMP

The disc sports camp is a great way to introduce your child to the growing sports of disc golf and ultimate frisbee! Disc golf (aka frisbee golf) is an inexpensive family-friendly sport that is similar to conventional golf but played by throwing discs into metal "disc catcher" targets in as few throws as possible. Ultimate frisbee is a fast-paced, non-contact 7-on-7 team sport with field layout similar to football that culminates with a player catching a pass in the end zone for a score.

Campers will leave with an understanding of the basic rules of both sports and a starter set of discs to continue growing their game(s). Experienced tournament player and organizer Jim Bailey will teach throwing mechanics applicable to both sports (backhand and forehand) through a combination of drills, games, and disc golf rounds using on-site course.

<b>DATES:</b>	August 8 - 11 (Rain date - Friday, August 12)
<b>AGES:</b>	<b>10 - 14</b>
<b>TIME:</b>	5:00 p.m. - 7:30 p.m.
<b>LOCATION:</b>	Rolfe Park
<b>COST:</b>	\$60 Resident, \$70 Non-Resident
<b>CODE:</b>	217190-1



# ConcordTV Video Camps

## CONCORDTV VIDEO CAMPS

### BEGINNER VIDEO CAMP

Campers will join us for a week of fun learning the basic skills of video production. Lessons and activities will cover how to use a video camera, Adobe Premiere editing, storyboarding/scriptwriting, and green screen.

**DATES:** July 11 - 15      **CODE:** 242832-1

**DATES:** July 25 - 29      **CODE:** 242832-2

**AGES:** 11 - 15

**TIME:** 9:00 a.m. - 1:30 p.m.

**LOCATION:** Concord High School Studio

**COST:** \$135 Resident, \$145 Non-Resident



### ADVANCED VIDEO CAMP

Campers return for this advanced session that goes further into the topics covered in our beginner camp, also introducing more advanced equipment such as wireless microphones, lighting skills and software like Adobe After Effects. **Prerequisite:** Beginner Video Camp

**DATES:** August 8 - 12

**AGES:** 11 - 15

**TIME:** 9:00 a.m. - 1:30 p.m.

**LOCATION:** Concord High School Studio

**COST:** \$160 Resident, \$170 Non-Resident

**CODE:** 242932-1

20

Cyan Magenta Yellow Black

# ConvenientMD

## URGENT CARE



- ✓ *Quality Care*
- ✓ *Convenient*
- ✓ *Affordable*



Proud Sponsor  
of Concord  
Parks & Recreation

8am-8pm, 7 Days a Week

JUST WALK IN!

# Fall Pre-School & Youth

## ZUMBINI

Instructor: Mitzi Caldron

### ZUMBINI

ZUMBINI is a music and movement class that children ages 0 - 4 years attend with their parent or caregiver. Class is fun, energetic, and full of contemporary music with world beats to create the ultimate bonding experience. Sing, dance and play together while developing your little one's cognitive, social, emotional and motor skills. Parents will register the child, but will also attend.

**DATES:** Wednesdays, Sept. 14 - Oct. 19

**AGES:** 0 - 4 yrs. with adult

**TIME:** 10:00 a.m. - 10:45 a.m.

**LOCATION:** City Wide Community Center

**COST:** \$70 Resident, \$80 Non-Resident  
(fee covers parent & child)

**CODE:** 360914-1

## ART WILD JR.

Instructor: Lora Allison

### ART WILD JR.

Art Wild will use art supplies, craft supplies, materials found in nature, as well as recycled materials to create a project. Over the six weeks the goal will be to expand their creative process and expand their imaginative problem solving.

**DATES:** Thursdays, Sept. 8 - Oct. 13

**AGES:** 3 - 5 yrs.

**LOCATION:** City Wide Community Center

**TIME:** 3:30 p.m. - 4:15 p.m.

**COST:** \$30 Residents, \$40 Non-Residents

**CODE:** 311223-1



## TODDLER OPEN GYM

Instructor: Dan Lamoureux

### TODDLER OPEN GYM

Do you have an active toddler who needs to burn some energy? Join Concord Parks & Recreation staff on Tuesday mornings at Toddler Open Gym. Activities include relay races, ball pit, obstacle courses, and much more! Parents are encouraged to participate with their child. All participants should wear comfortable clothes and sneakers with non-marking soles.

**DATES:** Tuesdays, Sept. 20 - Oct. 25

**AGES:** 18 months - 3 yrs.

**TIME:** 9:30 a.m. - 10:15 a.m.

**LOCATION:** City Wide Community Center Gym

**COST:** \$20 Residents, \$30 Non-Residents

**CODE:** 261604-1



## ART WILD

Instructor: Lora Allison

### ART WILD

Art Wild will use art supplies, craft supplies, materials found in nature, as well as recycled materials to create a project. Over the six weeks the goal will be to expand their creative process and expand their imaginative problem solving.

**DATES:** Thursdays, Sept. 8 - Oct. 13

**AGES:** 6 - 9 yrs.

**LOCATION:** City Wide Community Center

**TIME:** 4:30 p.m. - 5:30 p.m.

**COST:** \$35 Residents, \$45 Non-Residents

**CODE:** 311224-1

# Fall Pre-School & Youth

## BALLET & TAP

Instruction by: Dance Inspirations

### BALLET & TAP - K - 2ND GRADE

Children's Tap/Ballet dance classes for grades K - 2nd will work on techniques in tap & ballet. Students learn basic positions and vocabulary in an age appropriate and fun setting!

<b>LOCATION:</b>	City Wide Community Center		
<b>DATES:</b>	Saturdays, September 10 - October 22 (no class 10/8)		
<b>GRADES</b>	<b>TIME</b>	<b>COST</b>	<b>CODE</b>
<b>K - 2</b>	10:30 - 11:30 a.m	\$50 Res, \$60 Non-Res.	360302-1



### BALLET & TAP - 2 - 5 YRS

Ballet and Tap combination classes for 2 - 5 year olds are fun and lively classes that enhance coordination, musicality and creativity. Children will learn the basic concepts of dance, perfecting weight transfers and balance, while working on their improvisation and cooperation skills within a group. Children will learn through games, routines and repetitive movement. These classes help instill the proper etiquette, love, and appreciation for the art of dance.

**LOCATION:** City Wide Community Center

Wednesdays, September 14 - October 19

AGES	TIME	COST	CODE
<b>2 - 3</b>	10:00 - 10:30 a.m.	\$40 Res, \$50 Non-Res	360102-1
<b>3 - 5</b>	10:45 - 11:30 a.m.	\$40 Res, \$50 Non-Res	360202-1

Saturdays, September 10 - October 22 (no class 10/8)

AGES	TIME	COST	CODE
<b>2 - 3</b>	9:00 - 9:30 a.m.	\$40 Res, \$50 Non-Res	360402-1
<b>3 - 5</b>	9:45 - 10:30 a.m.	\$40 Res, \$50 Non-Res	360502-1

## TINY EXPLORERS

Instructor: Linden Rayton

### TINY EXPLORERS SESSION 1

Bring your little ones out for some early fall exploring at Winant Park with professional naturalist and educator Linden Rayton. We will find salamanders, look for mushrooms, and discover some wild edibles. Along the way we'll build tactile and social skills in the beautiful outdoors! Bug spray, long pants and closed-toed shoes recommended.

<b>DATES:</b>	Thursdays, Sept. 8 - Sept. 29
<b>AGES:</b>	<b>2 - 5 yrs (siblings under 2 welcome without registration)</b>
<b>TIME:</b>	10:30 a.m. - 11:30 a.m.
<b>LOCATION:</b>	Winant Park
<b>COST:</b>	\$63 Residents, \$73 Non-Residents
<b>CODE:</b>	300314-2

### TINY EXPLORERS SESSION 2

Come enjoy fall weather, peak foliage and lots of great activities with naturalist and educator Linden Rayton. We will explore the woodlands and find lots of wildlife. Along the way we'll build tactile and social skills in the beautiful outdoors! Bug spray, long pants and closed-toed shoes recommended

<b>DATES:</b>	Saturdays, Oct. 15 - Nov. 5
<b>AGES:</b>	<b>2 - 5 yrs (siblings under 2 welcome without registration)</b>
<b>TIME:</b>	10:30 a.m. - 11:30 a.m.
<b>LOCATION:</b>	Broken Ground Trails
<b>COST:</b>	\$63 Residents, \$73 Non-Residents
<b>CODE:</b>	300314-3



## BAKING WITH MISS NICOLE

Instructor: Nicole Tenney

### BAKING WITH MISS NICOLE

Cakes and Cookies: This session will focus on learning basic baking skills and how to measure ingredients properly. Each week will feature either a cookie or cake/cupcake recipe for the participants to make and enjoy!

<b>DATES:</b>	Saturdays, Sept. 17 - Oct. 15 (no class 10/8)
<b>AGES:</b>	<b>6 - 8</b>
<b>TIME:</b>	10:00 a.m. - 11:00 a.m.
<b>LOCATION:</b>	City Wide Community Center
<b>COST:</b>	\$105 Residents, \$115 Non-Residents
<b>CODE:</b>	321333-1



# Archery, Safe Sitter & Mushroom Walk

## FAMILY MUSHROOM WALK

Instructor: Linden Rayton

FAMILY MUSHROOM WALK	
A family-oriented mushroom hunt! Join naturalist and educator Linden Rayton to find different types of mushrooms, learn mushroom safety tips, and explore our fabulous local fungi above and below ground. This is not a foraging class. Closed-toed shoes and long pants recommended.	
<b>DATES:</b>	Sunday, October 2
<b>AGES:</b>	<b>All Ages (1 adult (18+) registrant with up to 4 additional family members)</b>
<b>TIME:</b>	3:30 p.m. - 4:45 p.m.
<b>LOCATION:</b>	Winant Park
<b>COST:</b>	\$30/group Residents, \$40/group Non-Residents
<b>CODE:</b>	600921-1

## SAFE SITTER ESSENTIALS

Instructor: Concord Parks & Recreation Staff

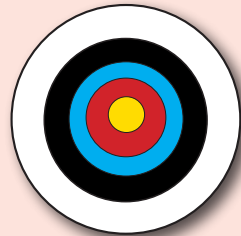
SAFE SITTER	
Our Safe Sitter class is designed to prepare students ages 11 - 14 years to be safe when they're home alone, watching younger siblings, or babysitting. This instructor-led class is filled with games and role playing exercises. Join in on the fun while learning important safety, childcare, business and first aid/rescue skills.	
<b>DATES:</b>	Wednesdays, Sept. 14 - Oct. 5
<b>AGES:</b>	<b>11 - 14 yrs.</b>
<b>TIME:</b>	4:30 p.m. - 6:00 p.m.
<b>LOCATION:</b>	City Wide Community Ctr.
<b>COST:</b>	\$55 Res, \$65 Non-Res
<b>CODE:</b>	350026-1



## FALL ARCHERY CLASSES

Instructor: Lucy Morris

Lucy Morris is USA Archery certified Level 4 NTS Archery Coach and Instructor Trainer. You can learn more about Lucy at [www.nearchery.com](http://www.nearchery.com), [TheFlyingArcher.com](http://TheFlyingArcher.com), and on Youtube: The Flying Archer. All equipment is provided.



The code of an archer: Honor, Respect and Kindness



<b>AGES:</b>	<b>6 and up</b>
<b>LOCATION:</b>	Green Street Community Center
<b>COST:</b>	\$100 Resident, \$110 Non-Resident

### ARCHERY – BEGINNER

Spring into action with archery! Pull the string back, let go of stress for an hour as you build on your skills and confidence. Beginner Archery will offer a variety of different targets and distances. All equipment is provided. Personal equipment will need to be inspected and approved.

<b>DATES:</b>	Fridays, Sept. 9 - Oct. 14
<b>TIME:</b>	5:00 p.m. – 6:00 p.m.
<b>CODE:</b>	215130-1



### ARCHERY – INTERMEDIATE

This intermediate class will continue to build your total archery skills. Let go of stress for an hour, train your eye and arm as you increase your competence and confidence. As in the beginner class there be a variety of different targets and distances. All equipment is provided. Personal equipment will need to be inspected and approved.

<b>DATES:</b>	Fridays, Sept. 9 - Oct. 14
<b>TIME:</b>	6:15 p.m. – 7:15 p.m.
<b>CODE:</b>	215230-1



# NFL FLAG Football & Soccer Information



## NFL FLAG FOOTBALL

Concord Parks & Recreation is excited to offer NFL Flag; a flag football league for boys and girls, ages 6-14. The league is broken down into three divisions: Division A (6-8 years old), Division B (9-11 years old) and Division C (12-14 years old). A maximum of 10 players are allowed on each team. This league is co-ed; providing boys and girls with the opportunity to learn the fundamentals of football while playing in a safe environment. Teams will have a 20 minute practice followed by a 40 minute game each week.

FLAG FOOTBALL			
<b>DATES:</b>	Sundays, Sept. 11 - Oct. 23 (No class Oct. 9)		
<b>AGES:</b>	6 - 14 yrs. old		
<b>LOCATION:</b>	Reed Field (Hall St.)		
<b>COST:</b>	\$55 Resident, \$65 Non-Resident		
<b>AGES</b>	<b>TIME</b>	<b>YOUTH CODE</b>	<b>COACH CODE</b>
6 - 8	9:30 - 11:30 a.m.	213912-1	213812-1
9 - 11	11:30 - 2:30 p.m.	213912-2	213812-2
12 - 14	2:30 - 5:30 p.m.	213912-3	213812-3
<i>Registration deadline: August, 25, 2022</i>			
<i>Coaches Meeting: Aug. 30, 6 p.m. City Wide Community Center</i>			
Unfortunately, scholarships are not available for Flag Football			

## VOLUNTEERS MAKE A DIFFERENCE

### Volunteer Coaches Needed!

Do you have what it takes to make a difference? We think you do! Volunteers are the backbone of our sports programs. Because of our solid volunteer base, our programs succeed. Please consider dedicating some of your time to the children of our community by helping them to develop a passion for sports. No reward is as great as knowing that your gift of time and dedication has helped a child.

## COACHES

Coaches are responsible for general team organization, team practices and coordinating the efforts of their players, and assistant coaches during game play. Coaches are required to attend all coaches' clinics and meetings throughout the season.

## COACHES MEETINGS

ALL COACHES ARE REQUIRED TO ATTEND.

This includes returning coaches.

**DIVISION II - GRADES 3 & 4 Coaches**  
**DIVISION III - GRADES 5 & 6 Coaches**

Wednesday, August 31, City Wide Community Center, 6:00 p.m.

**SOCCER FUN-DAMENTALS and DIV 1**

Thursday, September 1, City Wide Community Center, 6:00 p.m.

\*\*Please come dressed to play! Our coaches meeting will include a clinic portion.

## SAFETY FIRST

The Parks & Recreation Department requires all volunteer coaches and staff to complete a criminal background check and are screened accordingly. The Concord Parks & Recreation Dept. and the Recreation & Park Advisory Committee implemented this process over fifteen years ago as an additional tool to ensure the safety of our program participants.





# Recreational Soccer Leagues

## \*IMPORTANT\* TEAM PLACEMENT INFORMATION

### Divisions I, II & III

#### Prior to deadline

- \* Participants are placed on teams solely based on their grade level and the elementary school they attend as of Sept. 2022.
- \* Unfortunately, we cannot honor special requests for team placements.

#### Post deadline

- \* If spaces are available, late registrants will be placed on teams based on the first open team slot.
- \* A late fee will be assessed.

#### Non Public Schools

- \* If the registrant attends a private school or is home schooled, the child will be placed on their neighborhood elementary school team.

**FINAL REGISTRATION  
DEADLINE:  
AUGUST 19**  
Applies to all leagues  
listed on this page!



### Divisions II & III Concord/Penacook residents only

#### DIVISION II SOCCER - GRADES 3 & 4

This division focuses on team concepts with continued emphasis on fundamental skills. Teams will meet three times per week for practices/games. Team size will be limited to twelve players and games are played 7 v 7. Shin guards and mouth guards are required for this age group. Price includes team T-shirt.

<b>DATES:</b>	Practices will start the week of Sept. 5th No games/practices 10/8 Season runs 9/6 - 10/22	
<b>GRADES:</b>	<b>3 &amp; 4</b>	
<b>DAYS (BOYS):</b>	Games: Thursday nights and/or Saturday mornings. All games and practices in Concord	
<b>DAYS (GIRLS):</b>	Games: Tuesday nights and/or Saturday mornings. All games and practices in Concord	
<b>LOCATION:</b>	Merrill Park	
<b>CODE (BOYS):</b>	211044-1 Youth	213044-1 Head Coach
<b>CODE (GIRLS):</b>	211144-1 Youth	213144-1 Head Coach
<b>COST:</b>	\$55 Resident (residents only) \$10 Late Fee beginning 8/6/22 Final Registration Deadline: August 19	

#### DIVISION III SOCCER - GRADES 5 & 6

Teams will meet three times per week for practices/games. Team size will be limited to 12 players and games are played 9 v 9. Shin guards and mouth guards are required for this age group. Price includes team T-shirt.  
*Rundlett Middle School offers fall soccer for 6th, 7th and 8th grade students. We allow 6th grade students to play in our leagues if they are not playing on their school teams.*

<b>DATES:</b>	Practices will start the week of September 5th No games/practices 10/8 Season runs 9/10 - 10/29	
<b>GRADES:</b>	<b>5 &amp; 6</b>	
<b>DAYS (BOYS):</b>	Games: Thursday nights and/or Saturday mornings. All games and practices in Concord	
<b>DAYS (GIRLS):</b>	Games: Tuesday nights and/or Saturday mornings. All games and practices in Concord	
<b>CODE (BOYS):</b>	211244-1 Youth	213244-1 Head Coach
<b>CODE (GIRLS):</b>	211344-1 Youth	213344-1 Head Coach
<b>COST:</b>	\$55 Resident (residents only) \$10 Late Fee beginning 8/6/22 Final Registration Deadline: August 19	

SOCCER FUN-DAMENTALS		
Focus is on the FUN-damentals! Children will begin to learn the basics of soccer. This is a coed program. Shin and mouth guards are recommended for this age group. Price includes team T-shirt.		
<b>DATES:</b> Saturdays, Sept.10 - October 22 No games 10/8		
<b>AGES:</b>	<b>4 - 6 (Not in 1st Grade)</b>	
<b>TIME:</b>	9 - 9:45 a.m.	<b>CODE:</b> 210613-1 Youth 212813-1 Head Coach
<b>TIME:</b>	10 - 10:45 a.m.	<b>CODE:</b> 210613-2 Youth 212813-2 Head Coach
<b>TIME:</b>	11 - 11:45 a.m.	<b>CODE:</b> 210613-3 Youth 212813-3 Head Coach
<b>LOCATION:</b>	White Park	
<b>COST:</b>	\$50 Resident, \$60 Non-Resident \$10 Late Fee beginning 8/6/22 Final Registration Deadline: August 19	

#### DIVISION 1 - GRADES 1 & 2

This is a co-ed recreational soccer program. This age group will have 1 practice and 1 game per week. Practice will be held during the week and will be chosen by the volunteer coach. Games will be held on Saturdays between 12 and 3 p.m. Shin and mouth guards are recommended for this age group. Price includes a team t-shirt.

<b>DATES:</b> Saturdays, September 10 - October 22 No games 10/8	
<b>GRADES:</b>	<b>1 &amp; 2</b>
<b>TIME:</b>	12 - 3 p.m. (depending on # teams)
<b>LOCATION:</b>	Keach Park
<b>CHILD CODE:</b> 210713-1	<b>COACH CODE:</b> 212913-1
<b>COST:</b>	\$50 Residents, \$60 Non-Residents \$10 Late Fee beginning 8/6/22 Final Registration Deadline: August 19

# Adult Summer Programs

## ADULT CO-ED TENNIS LEAGUE

Instruction by: Pattu Pillai

These leagues are for intermediate level players - USTA rating 3.0. Participants should be able to keep score and play singles and doubles.

### First Summer Adult Leagues - Ages 18 +

**Time:** 6:00 p.m. - 7:00 p.m.  
**Location:** Memorial Field  
**Cost:** \$60 Residents, \$70 Non-Residents  
**Dates** **Code**  
 Tuesdays 6/14 - 7/19 118514-2  
 Thursdays 6/16 - 7/21 118514-3

### Spring Adult Leagues at Merrill Park - Ages 18+

SPRING	
<b>DATES:</b>	Tuesday, 5/3 - 5/31
<b>AGES:</b>	<b>18 +</b>
<b>TIME:</b>	5:00 p.m. - 6:00 p.m.
<b>LOCATION:</b>	Merrill Park
<b>COST:</b>	\$50 Residents, \$60 Non-Residents
<b>CODE:</b>	118514-1



### Second Summer Adult Leagues - Ages 18+

**Time:** 6:00 p.m. - 7:00 p.m.  
**Location:** Memorial Field  
**Cost:** \$60 Residents, \$70 Non-Residents  
**Dates** **Code**  
 Tuesdays 7/26 - 8/30 118514-4  
 Thursdays 7/28 - 9/1 118514-5

## Dog Obedience

### Basic Dog Obedience - Ages 16+ (with parent)

**Instructor:** Maurice Regan

This eight week obedience course will teach your dog to heel on your left side on a loose leash, sit and down on a single command and hold that position when you walk away, and come when called when on a long line. Your dog will also learn to hold a stand when examined by others and to "out" or leave distractions when requested.

Additionally, you will learn techniques to stop your dog from jumping on humans and barking and lunging at other dogs.

You and your dog will learn all the exercises to qualify for the American Kennel Club's "Canine Good Citizen" certification.

**Dates:** Wednesdays, 5/11 - 6/29 (8 weeks)  
**When:** 5:00 p.m. - 6:00 p.m.  
**Location:** City Wide Community Center/Keach Park  
**Cost:** \$130 Resident, \$140 Non-Resident  
**Code:** 600903-5

### Detection Dog Training - Ages 16+ (with parent)

**Instructor:** Maurice Regan

This course is open to all dogs that are starting or are advanced in scent work. The class will be half obedience and half scent detection. Dogs and their handlers have the opportunity to detect both sport and working dog scents using a variety of training methods and devices. Though most of the searches will be indoors, there will be opportunities for outdoor searches as well. Handlers will also learn about competition for detection dogs.

**Dates:** Wednesdays, 5/11 - 6/29 (8 weeks)  
**When:** 7:00 p.m. - 8:00 p.m.  
**Location:** City Wide Community Center/Keach Park  
**Cost:** \$130 Resident, \$140 Non-Resident  
**Code:** 600916-5

### Advanced Dog Obedience - Ages 16+ (with parent)

**Instructor:** Maurice Regan

The advanced dog obedience class is intended for handlers and their dogs that have completed an introductory, basic obedience course and their dogs can heel with automatic sits, down on command, and recall to the handler, all with good leash control.

The advanced course will build on the skills taught in the basic course. Handlers and their dogs will further refine their skills in heeling and automatic sits, sit-stays and down-stays on command and at a distance, and holding the sit and down-stays for extended periods of time in more distracting environments. Dogs and their handlers will learn to work reliably in public areas. Additionally, handlers will learn the elements of conditioned reinforcement ("clicker" training) and scent work.

Graduates of this advanced course should be ready to test for the American Kennel Club's "Canine Good Citizen" or the United Kennel Club's "Specialized Pet Obedience Test."

**Dates:** Wednesdays, 5/11 - 6/29 (8 weeks)  
**When:** 6:00 p.m. - 7:00 p.m.  
**Location:** City Wide Community Center/Keach Park  
**Cost:** \$130 Resident, \$140 Non-Resident  
**Code:** 600913-5



# Adult Summer Programs

## Zumba & Pound Class

### Zumba Toning & Zumba Combo - Ages 16+

Instructor: Cindy Gidley

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility and boosted energy. Class starts with adding resistance by using Zumba® Toning Sticks (or light weights) which helps you focus on specific muscle groups, so you and your muscles stay engaged! End class with an interval-style, calorie-burning dance fitness party.

**When:** Thursdays, 6:00 p.m. - 7:00 p.m.  
**Location:** City Wide Community Center  
**Dates:** 6/23 - 7/28  
**Cost:** \$53 Resident, \$63 Non-Resident  
**Code:** 600424-7



### Pound Rockout Workout - Ages 16+

Instructor: Cindy Gidley

Channel your inner rockstar with this full body cardio-jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable; a POUND® class uses lightly weighted drumsticks engineered specifically for exercising, which transforms drumming into an incredibly effective way of working out.



**When:** Thursdays, 5:00 p.m. - 5:30 p.m.  
**Location:** City Wide Community Center  
**Dates:** 6/23 - 7/28  
**Cost:** \$38 Resident, \$48 Non-Resident  
**Code:** 600416-7

## Yoga

### Yoga For MS - Ages 16+ Instructor: Nancy Kalinski

Yoga has proven to be beneficial to people with MS and to others with similar balance, strength and flexibility problems. This therapeutic yoga class is for you if you are dealing with any of these problems because of a diagnosed medical condition. If you are new to the class please contact the instructor first to make sure this class is appropriate for you. (Nancy Kalinski email: counterpointyoga@gmail.com). Some of our work is done in a chair but we also stand and get down on a yoga mat. (Please provide your own.)

**YOGA FOR MS - COMMUNITY CENTER**  
**When:** Saturdays, 10:30 a.m. - 11:30 a.m.  
**Location:** City Wide Community Center  
**Cost:** \$20 Resident, \$30 Non-Resident  
**Dates** **Code**  
6/11 - 7/16 600446-7



### Yoga For Arthritis - Ages 16+

Instructor: Nancy Kalinski

Yoga for Arthritis is a medically based yoga class specifically designed to improve pain and mobility. This gentle class is for individuals currently experiencing mild to moderate joint pain. The benefits for people with arthritis range from increased strength, balance and flexibility to an improved sense of well-being. Yoga offers a comprehensive, progressive, safe and effective approach to healing. There are over 75 trials published on yoga in major medical journals.

**When:** Thursdays, 9:00 a.m. - 10:00 a.m.  
**Location:** City Wide Community Center  
**Cost:** \$69 Resident, \$79 Non-Resident  
**Dates** **Code**  
6/9 - 7/14 600435-7

**When:** Saturdays, 9:00 a.m. - 10:00 a.m.  
**Location:** City Wide Community Center  
**Cost:** \$69 Resident, \$79 Non-Resident  
**Dates** **Code**  
6/11 - 7/16 600433-7

### Yoga For Backs - Ages 16+

Instructor: Nancy Kalinski

Do you have back problems? Have you tried yoga to help your back? Yoga For Backs is a medically based yoga class specifically designed to improve back pain and function, and prevent future back injuries. This class is for individuals currently experiencing mild to moderate back pain and other spine-related problems. It is also for anyone looking to continue the benefits of a previous back surgery or physical therapy program. These back and neck classes are for people with chronic back and/or neck injuries or for injuries past the immediate acute phase. They offer a comprehensive, progressive, safe and effective approach to back and neck healing.

# TAI CHI & THE SENIOR PROGRAM

## Beginners Introduction to Tai Chi Slow Set- Ages 18+

**Instructor:** Bill Halacy

Learn how to practice the traditional 108 movement Yang tai chi form that has been described as the equivalent of doing acupuncture on yourself. Beginners are invited to share in this centuries old art form as taught by Masters Tung Kai Ying and Tung Chen Wei. Reduce stress, strengthen legs, back and abs, improve balance, enhance immunity, prevent or relieve arthritis, and generally approach each day with an upbeat perspective and a lighter step.

**When:** Thursdays, 7:00 p.m. - 8:00 p.m.  
**Location:** City Wide Community Center  
**Cost:** \$94 Residents, \$104 Non-Residents  
**Dates (8 weeks)**      **Code:**  
6/30 - 8/18                      600439-6



## Tai Chi Slow Set - Ages 18+

**Instructor:** Bill Halacy

Learn how to practice the traditional 108 movement Yang tai chi form that has been described as the equivalent of doing acupuncture on yourself. Beginners and returning students will be enthusiastically welcomed to share in this centuries old art form as taught by Masters Tung Kai Ying and Tung Chen Wei. Reduce stress, strengthen legs, back and abs, improve balance, enhance immunity, prevent or relieve arthritis, and generally approach each day with an upbeat perspective and a lighter step.

Beginners Welcome!

**When:** Tuesdays 1:30 p.m. - 2:30 p.m.  
**Location:** City Wide Community Center  
**Cost:** \$94 Residents, \$104 Non-Residents  
**Dates (8 weeks)**      **Code:**  
6/28 - 8/16                      600441-6

## Tai Chi Slow Set Continuation - Ages 18+

**Instructor:** Bill Halacy

Those who have previously learned Tai Chi Gong and the first section of the 108 movement Yang tai chi form are invited to continue their studies to complete the Yang form as taught by the Tung family. As students continue to advance in their studies they will be afforded the opportunity to learn additional related forms, exercises and applications. Not a Beginner Class!

**When:** Tuesdays 7:00 p.m. - 8:00 p.m.  
**Location:** City Wide Community Center  
**Cost:** \$94 Residents, \$104 Non-Residents  
**Dates (8 weeks)**      **Code:**  
6/28 - 8/16                      600440-6

## Drop - In Senior Program

Concord Parks & Recreation looks forward to seeing you at one of our senior programs. Please come visit us at the City Wide Community Center to learn more about the Senior Passport and to get a look at the Senior Lounge.



### **Senior Passport (60 yrs. and older)**

All registered Senior Program participants will receive their "passport" and use it to check in when participating in senior programming.

The Senior Passport is FREE for Concord residents and is available to non-residents for a \$50.00 yearly fee.

The Senior Passport will provide FREE access to the following programs as well as the Senior Lounge on Mon, Wed and Fri from 9:00 a.m.-1:00 p.m.

To register for your Senior Passport simply stop by the City Wide Community Center.

### **Want to know what's going on?**

Every month we publish a Senior Program Calendar, which can be found at the City Wide Community Center or by visiting our website ([www.concordparksandrec.com](http://www.concordparksandrec.com)) and viewing the Senior page. The calendar will list all Senior Programs for the month. Please note some programs do require advance sign up and a minimal fee.



# FAQ ONLINE REGISTRATION

## ONLINE REGISTRATION ACCOUNT INFORMATION How to Update Family Members on Your Online Account

- Go to our website: [www.concordparksandrec.com](http://www.concordparksandrec.com)
- Click on the "Online Registration" button
- Sign into your account with your username and password
- Once signed in, click the "Account" tab on top of the page
- Then click on the "Household & Member" drop-down button
- You will have options to edit most of the information
- To add a new family member, click the "Add New Member" button
- Items you can change include:
  - Email
  - Phone numbers
  - Medical concerns
  - Child's grade in school
- You will not be able to change: names, birthdates or addresses. If you entered a wrong birthday or address when you created the account, please contact us at [recreation@concordnh.gov](mailto:recreation@concordnh.gov) or call us at 603.225.8690



### How to find your username and password

- If you do not know your username or password, click the "Login" button
- Then, click on the forgotten password or forgotten username.
- Enter your email address and click submit
- You should receive an email with your username or password in about 5 minutes
- If you don't receive an email, then we have a different email on file or you need to create an account
- If you need to create a new account, click on the create a new account button.
- If you are not sure if you have an account, please contact us at [recreation@concordnh.gov](mailto:recreation@concordnh.gov) or 603.225.8690



- 5** Fruits and vegetables...more matters. Eat at least 5 servings a day.
- 2** Cut screen time to 2 hours or less a day.
- 1** Participate in at least one hour of moderate to vigorous physical activity every day.
- 0** Restrict soda and sugar-sweetened sports and fruit drinks. Instead, drink water and 3 - 4 servings per day of fat-free/skim milk.

### NO NEWS IS GOOD NEWS

When you register for any of our programs, don't wait by the phone or camp by your mailbox. The only time you will hear from us is:

- \* If the class is full
- \* If the class is canceled
- \* If there is a change in date or time

# How to Register

All classes have limited space and are first come, first served. Full class details are on our website.

## HOW DO YOU REGISTER?

It's simple and easy.

You can:

### Register via paper form

- 1) Register with us directly by stopping by the Concord Parks & Recreation Office, 14 Canterbury Rd. (Please refer to the operating hours on page 2 of this brochure).
- 2) Visit our website, [www.concordparksandrec.com](http://www.concordparksandrec.com) and download the registration form, fill it out and mail, fax, or bring it in with your payment (cash, checks, or credit cards).

or

### Register online

- 1) You can register online - if you have taken part in one of our programs in the past you already have a user name and password. If you are new you can create a household to allow you to register online. Please take the time to fill out all information online: family members, date of birth, grade, emergency contact information and email etc. Questions please email us at [recreation@concordnh.gov](mailto:recreation@concordnh.gov) and someone will get back in touch with you within 2 business days.

### Please Note:

- Registration forms must be completed by a parent or legal guardian if registrant is under 18.
- Please register early - all classes, camps or programs have limited space. Registrations are taken on a first come, first served basis and may fill up before listed deadlines.
- Please complete the registration form in full. Be sure to include the program code number. List all the programs you and/or your children will be participating in on the registration form.

## NON-RESIDENTS

Non-residents must pay an additional non-resident fee. Also, some programs are limited to Concord/Penacook residents only.

Families must reside in Concord/Penacook to qualify for residency rates. Business ownership does not qualify.

## PHOTO POLICY

We may take photographs and/or video for Department marketing purposes only. If you do not want your child to be photographed, please note this on your registration form.

## YOUTH RECREATION SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are available for most (but not all) youth programs. Scholarships are not available to Non-Residents or for adult programs and do not include late fees.

## PROGRAM CANCELLATIONS

### **Weekends:**

Should we experience inclement weather on weekends, staff will post any closings/cancellations on our Facebook page by 8:00 a.m. for morning programs and 1:00 p.m. for afternoon/evening programs.

### **Evening Activities:**

Cancellation for evening activities will not be made until at least 3:00 p.m. to allow for changing weather conditions.

### **Cancellation Notifications:**

Cancellations will be posted online on our Facebook page.

If deteriorating conditions force on-site cancellations, a representative will remain on site until all children are picked up by their parent or guardian.

### **Weather Cancellation Refund Policy:**

In the event of inclement weather, it may be necessary to cancel Concord Parks & Recreation programming. In all cases, safety is of the utmost importance. Refunds will not be processed if programs are cancelled due to weather. However, when possible, Concord Parks & Recreation will do our best to reschedule.

## PROGRAM REFUND POLICY

Refunds are issued when a program is canceled by the City or when the participant enrolled in the program has a note from their physician's office stating they are not able to participate in a program because of a medical condition.

## 2022 CAMP REFUND POLICY

All requests for refunds must be made in writing (email is ok). Cancellations received three weeks or more prior to the start of the camp are eligible for a full refund minus the \$20 per camp deposit required at registration. Cancellations received under three weeks will not be eligible for a refund unless accompanied by a doctor's note.

[www.facebook.com/concordparknrecdept](https://www.facebook.com/concordparknrecdept)

[www.instagram.com/concordparksnrec](https://www.instagram.com/concordparksnrec)

## FOR ALL SUMMER CAMPS PAYMENT PLAN

- A non-refundable payment of \$20 per week is required at time of registration.
- Balance of each camp week is due 14 days prior to the start of that camp.

Payment plans must be arranged through the Parks and Recreation Office

# Registration Form

<b>RETURN WITH PAYMENT TO:</b> Concord Parks & Recreation Dept. 14 Canterbury Rd. Concord, NH 03301 Make Checks Payable to: City of Concord	<b>CONTACT US AT:</b> Office: 225-8690 Fax: 225-8589 E-mail: <a href="mailto:recreation@concordnh.gov">recreation@concordnh.gov</a> Web: <a href="http://www.concordparksandrec.com">www.concordparksandrec.com</a>	For Office Use Only			
		Check # _____	CC	Cash	Schlrshp
Amount: _____		Entered: _____			

<b>PARENT/ GUARDIAN CONTACT INFO</b>  <b>Please Print</b>	Adult First & Last Name		
	Address		
	City	State	Zip
	Home Phone	Work Phone	Cell Phone
	E-mail	Emergency Contact Name	Phone Number

## PLEASE LIST PARTICIPANT INFORMATION AND THEIR COURSE CHOICES

Participant Information		Date of Birth	Sex	Child's Elementary School	Child's Grade in Sept.	Name of Class / Program	Class Code				Fee
First Name	Last Name										

### List any special needs or medical conditions we should know about

**\*\*\*\*PLEASE READ AND SIGN THE WAIVER BELOW\*\*\*\***

In Consideration for me and/or or my child/ward to participate in the sports and other activities of the City of Concord, New Hampshire Park and Recreation Department, we HEREBY WAIVE AND RELEASE the City of Concord, its officers, employees, and agents, individually or in an official capacity for the City (all for purposes herein also referred to as "Releasee") from all liabilities, claims, actions, damages, costs or expenses which we may have against any of the Releasee arising out of or in any way connected to participation in the activity, including, travel to or from the activity, for bodily injury, death or property damage suffered by me/my child/ward before, during, or after said activity. In addition, I give my permission for the child(ren) to be treated by qualified medical personnel in the event that the parent/guardian named below cannot be reached at the phone numbers provided.

I understand and agree that all Parks & Recreation Department classes/events may be photographed. I give permission to Parks and Recreation Department to use participants' photo for display or advertisement by the City of Concord, Parks & Recreation Department.

\_\_\_\_\_  
**Signature (parent/guardian if participant is under 18 years of age)**

\_\_\_\_\_  
**Date**

Youth Scholarship Donation  
Rounding up your program fee helps provide financial assistance to those otherwise unable to afford the cost of a program.

➔

<b>Total Fees</b>	
<b>Total Amount</b>	

**REFUND PROCEDURE** - Refunds are issued only when a class is cancelled by the Parks & Recreation Department or the participant enrolled in the program has a note from a physician's office stating they are not able to participate in the program because of a medical condition. Refunds will not be issued if a class is cancelled due to inclement weather. If you feel your request for a refund was unfairly denied, there is an appeal process. Appeals must be in writing and sent to the Concord Parks & Recreation Department.

### REMEMBER THESE 4 EASY WAYS TO REGISTER!

1



**Fax**

Fax your registration to: (603)225-8589 and contact us at 603-225-8690 with payment information

2



**On-Line**

[www.concordparksandrec.com](http://www.concordparksandrec.com)  
Customers can sign-up via our on-line registration system at [www.concordparksandrec.com](http://www.concordparksandrec.com)

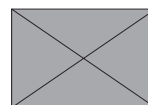
3



**Mail-In**

Mail completed registration form & payment to:  
Concord Parks & Recreation  
14 Canterbury Rd., Concord, NH 03301

4



**In-Person/Walk-In**

Visit us in at the Parks & Recreation Office at 14 Canterbury Rd.. to fill out your registration in person. Office hours are 8 a.m. - 6:00 p.m.

THE NEW ENGLAND PATRIOTS & THE NEW ENGLAND PATRIOTS ALUMNI CLUB PRESENT

# FOOTBALL For You



**FREE NON-CONTACT**

## Football Clinic

*Coached by former Patriots players and local coaches*

# CONCORD, NH

WEDNESDAY, JUNE 15  
MEMORIAL FIELD  
CHECK IN TIME: 5:00 P.M.

Learn more and to register visit: [www.patriotsalumni.com](http://www.patriotsalumni.com)

Presented By

