



Concord Parks & Rec



2023

Spring Brochure

We Are Serious About Fun!

General Information

CONCORD PARKS & RECREATION DEPARTMENT

Office Hours

Monday - Thursday 8 a.m. - 8 p.m.
 Friday - 8 a.m. - 4:30 p.m.
 Saturdays - 8 a.m. - 2 p.m. - hours may vary based on programs and events.

14 Canterbury Rd., Concord, NH 03301
 Phone: 603-225-8690
 Fax: 603-225-8589

Email: recreation@concordnh.gov
www.facebook.com/concordparknrecdept
www.instagram.com/concordparksnrec

Meet Our Staff

David Gill. Director
 Laura Bryant. . . . Assistant Director
 John Andersch . . . Recreation Assistant
 John Dennett. . . . Recreation Assistant
 Terri Stevenson . . Fiscal Supervisor
 Dan Lamoureux . . Recreation Supervisor
 Jill McDaniel-Huckins . Cemetery Administrator
 603-225-3911

RECREATION & PARKS COMMITTEE

Althea Barton Ward 1
 Vacant Ward 2
 Chiara Dolcino Ward 3
 Jennifer Roff Ward 4
 Zoey Murphy Ward 5
 Andrew Doyle Ward 6
 Nick Kotkowski Ward 7
 Marilyn Fraser Ward 8
 Vacant. Ward 9
 Mary Miller (Chair). Ward 10

David Gill.....Parks and Rec Dept.
 Laura Bryant Parks and Rec Dept.
 Heather ShankPlanning Division

City Council Members

Candace White Bouchard
 Nathan Fennessy

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MISSION STATEMENT

Concord Parks and Recreation is committed to engaging our community with safe, fun, inclusive opportunities to enhance health and wellness by providing programming, parks, and recreation facilities.

VISION STATEMENT

Concord Parks and Recreation's vision is to: create cutting edge and sustainable recreational resources to connect our community through education, programs, and innovative partnerships to ensure an active city to live, work, and play.

CORE VALUES

Engaged • Fun • Diverse

Summer Employment

SUMMER EMPLOYMENT

Are you looking for an active, challenging and exciting job for the summer? The Concord Parks & Recreation is looking for you! Concord Parks & Recreation is looking for qualified summer employees. Concord Parks & Recreation offers a fun work environment, flexible schedules and competitive pay!

Applicants should apply online at www.concordnh.gov.



Position	Starting Pay
Camp Staff	\$14.00
Lifeguards	\$15.00
Park & Cemetery Laborers	\$15.50
Water Safety Instructors	\$16.00
Splash Pad Attendant	\$13.50



CONCORD PUBLIC LIBRARY'S HEIGHTS BRANCH

The Concord Public Library's Heights Branch is located in the City Wide Community Center at 14 Canterbury Road.

At the Heights Branch, library patrons will have access to a rotating collection of books, movies, music, Chrome books and other devices. Patrons will also enjoy a variety of programming ranging from family story-time to How-to Tech workshops.

For more information and to stay in the know, follow the Concord Public Library on Facebook (@ConcordPublicLibrary), Instagram (@concordnhlibrary), and Twitter (@ConcordNHLib).

Library Hours for the Heights Branch

Mondays, 1 p.m. to 5 p.m.
 Wednesdays: 9 a.m. to 1 p.m.
 Saturdays: 9 a.m. to 1 p.m.



Information on our Parks



All city parks are available for hosting an event. Each park has its own unique amenities including gazebos, open space, athletic fields, and pools.

Depending on season, some fields are not available

	Playground	Basketball	Tennis	Tennis	Trails	Splash Pad	Splash Pad	Picnic Shelter	Picnic Tables	Outdoor Pool	Track	Dog Park	Little League	Baseball	Softball	Soccer	Football	Field Hockey	Lacrosse	
Beaver Meadow Park			•	•								•								
Garrison Park	•	•		•				•	•											
Kiwanis River Front Park					•			•												
Keach Park	•	•					•	•	•			•		•	•					
Kimball Park	•	•						•	•											
Memorial Field Complex		•	•	•			•	•		•		•	•	•	•	•				•
Merrill Park	•	•	•	•			•	•	•			•		•	•					
Reed Park	•														•					
River Front Park-Penacook				•				•												
Rolfe Park	•	•		•	•			•	•			•	•	•	•					
Rollins Park	•	•	•	•	•			•	•	•			•	•						•
Russ Martin Park				•													•			•
Terrill Park				•				•		•										
White Park	•	•		•		•		•					•		•					
Fletcher Murphy Play Lot	•	•						•												
Thompson Play Lot	•	•						•												
West Street Play Lot	•	•						•												

* Beginning in 2023 the White Park Pool will be converted to a Splash Pad!



Purchase a Park Bench

Our Park Bench Program allows individuals and companies to buy a park bench in one or more of our parks. The cost of each bench is \$1,800.00 and includes an engraved plaque. Department staff will review available locations with you, order the bench, and then install the cement base and bench when it arrives. For more information on our park bench program and to download an application please visit our web site.

Buy a Park Tree

By Arbor Day 2023 our goal is to have planted 23 new park trees. Our plan is to raise enough money to plant 23 flowering trees that will add spring color for years to come. Each tree will cost \$425 and we are hoping the community will help us raise the funds needed. Our goal is to raise \$9,775 by March 24, 2023. If you are interested in donating please send your check to: Concord Parks and Recreation Department, Attn. Arbor Day 23 at 14 Canterbury Road, Concord NH 03301.

BLOSSOM HILL CEMETERY

invites you to...

ADOPT A GRAVE

COMMON GROUND SECTION

The Common Ground at Blossom Hill Cemetery appears to have been a burial ground for the poor or those without family. There are 686 burials in this section consisting of 208 adults and 476 infants. The first burial took place on February 25, 1896 and continued through to the 1950's. The majority of the graves remain unmarked.

The City of Concord along with Star Granite Company is offering the public an opportunity to be a part of this Collaborative Community Project. For a \$100, donation a grave marker will be crafted and set in, memorializing a Concord resident forever.

This is your opportunity to participate in memorializing lives lived and lost in Concord so many years ago. For more information contact: Jill McDaniel - Cemetery Administrator 603-225-3911



Rental Facilities

Concord Parks & Recreation will now be offering rentals at four facilities. Along with the familiar Green St. Community Center, and the West Street Ward House rental locations we also offer space at the City Wide Community Center and the Merrimack Lodge at White Park. This will allow for a larger selection of rooms to rent for a variety of uses including, pick-up basketball, baby showers, children's birthday parties, etc. Rentals are limited and offered on a space available basis.

City Wide Community Center	
Residential Rental Rates*	
Meeting Rooms	\$15 per hour
Exercise Rooms	\$35 per hour
Auditorium	\$25/hour Res, \$50/hour Non-Res.
Kitchen	\$50 per hour
Gymnasium	\$90 per hour prime time \$60 per hour non-prime time
Prime time for gym rentals is Monday - Friday after 5:00 p.m., weekends and holidays	
*Non-residents and non-resident groups are charged an additional \$15 per hour (\$25/hour for the Auditorium at the CWCC).	
Rentals outside regular open hours at the CWCC are charged \$40 per hour in addition to the rates above.	

West Street Ward House	Green Street Community Center
\$15/hour	Gym - \$72/hour
Non-residents and non-residents groups are charged an additional \$15 per hour	



Art Gallery at the City Wide Community Center

Concord Parks & Recreation is excited to announce we have added a community art gallery to the City Wide Community Center. The gallery is located in the south hallway outside of the gymnasium. This space will be designated to display art from local artists. If you are interested in displaying your art please contact Laura Bryant at Lbryant@concordnh.gov or 603-225-8690.



Merrimack Lodge at White Park

Resident Rental Rates:

\$100 for the first 2 hours (minimum), \$75 per hour after the first 2 hours.

Non-Resident Rental Rates:

\$130 for the first 2 hours (minimum), \$90 per hour after the first 2 hours.

The rate includes the use of the patio and the indoor great room.



Please contact John Andersch at jandersch@concordnh.gov for more information.

Adult Classes

DOG OBEDIENCE TRAINING

Requirements:

- One dog over the age of 12 weeks.
- A large link chain or a rolled nylon slip collar 1.5 to 2 inches larger than your dog's neck. (The collars are mistakenly called "choke" collars. We do not choke dogs.)
- A six foot leash, leather or nylon, of suitable thickness for your dog's weight.
- A 15 foot long line, generally nylon (this is going to get dirty), of suitable thickness for your dog's weight.
- Optional, but strongly recommended, a variable stimulation, vibrating e-collar from either the www.collarclinic.com or www.sportdog.com



Basic & Advanced Dog Obedience - Ages 16+ Instructor: Maurice Regan

This eight-week obedience course will teach you and your dog to heel on your left side on a loose leash, sit and down on a single command and hold that position when you walk away, and come when called when on a long line. Your dog will also learn to hold a stand when examined by others and to "out" or leave distractions when requested.

For handlers and their dogs that have completed an introductory, basic obedience this course will build on the skills taught in the basic course. Handlers and their dogs will further refine their skills in heeling and automatic sits, sit-stays and down-stays on command and at a distance, and holding the sit and down-stays for extended periods of time in more distracting environments. Dogs and their handlers will learn to work reliably in public areas.

Graduates of this advanced course should be ready to test for the United Kennel Club Specialized Pet Obedience Test

A 6-foot leash, leather or nylon, of suitable thickness for your dog's weight.

A 15-foot-long line, generally nylon (this is going to get dirty), of suitable thickness for your dog's weight.

Dates: Wednesdays, March 22 - May 10
When: 6:00 - 7:00 p.m.
Location: City Wide Community Center
Cost: \$130 Residents, \$140 Non-Residents
Code: 600903-4

Lost Dog Prevention and Recovery - Ages 16+

Instructor: Maurice Regan

Not if, but when – Seemingly in the life of every dog there is a time when they are lost. Most of the time the loss they are lost briefly and the dog returns home. There are other times that end in grief.

This one hour presentation will review all the methods a dog owner can take to reduce the likelihood of losing their dog, recovering their lost dog, and help others in recovering their lost dogs.

Topics include

- o Thoroughly identifying your dog
- o Dangerous times and days when your dog may go missing
- o Prevention, including obedience training
- o Myths and realities regarding the recovery of missing dogs
- o Community and online resources
- o GPS collars, the use and misuse
- o How to help other dog owners with lost dogs

Dates: Saturday, March 11
When: 10:00 - 11:00 a.m.
Location: City Wide Community Center
Cost: \$15 Residents, \$25 Non-Residents
Code: 600929-1



Adult Classes

FITNESS

All Yoga Participants: Please dress in unrestrictive clothing, bring a water bottle and yoga mat. Yoga is practiced in bare feet or you can bring 'yoga' socks with sticky pads on the soles.

Yoga For Backs - Ages 18+

Instructor: Nancy Kalinski

Do you have back problems? Have you tried yoga to help your back? Yoga for Backs is a medically based yoga class specifically designed to improve back pain and function, and prevent future back injuries. This class is for individuals currently experiencing mild to moderate back pain and other spine-related problems. It is also for anyone looking to continue the benefits of a previous back surgery or physical therapy program. These back and neck classes are for people with chronic back and/or neck injuries or for injuries past the immediate acute phase. They offer a comprehensive, progressive, safe and effective approach to back and neck healing.

When: Saturdays, 9 - 10 a.m.

Location: City Wide Community Center

Cost: \$69 Resident, \$79 Non-Resident

Dates	Code
3/4 - 4/8	600433-4
4/15 - 5/20	600433-5

When: Thursdays, 9 - 10 a.m.

Location: City Wide Community Center

Dates	Code	Cost
3/16 - 4/6 (4 weeks)	600435-4	\$46 Res \$56 Non-Res
4/13 - 5/18	600435-5	\$69 Res, \$79 Non-Res

Yoga For Arthritis - Ages 16+

Instructor: Nancy Kalinski

Yoga for Arthritis is a medically based yoga class specifically designed to improve pain and mobility. This gentle class is for individuals currently experiencing mild to moderate joint pain. The benefits for people with arthritis range from increased strength, balance and flexibility to an improved sense of wellbeing. Yoga offers a comprehensive, progressive, safe and effective approach to healing. There are over 75 trials published on yoga in major medical journals.

Yoga For MS - Ages 18+

Instructor: Nancy Kalinski

If you have MS this yoga class is for you. The on-going class teaching style takes into account any balance, muscle stiffness and fatigue you may be experiencing that can be common with MS. We work in a chair or with mats to provide the best learning environment for you on the day of the class. Although this is a class setting, the work is very individual and you get the special attention you need to get the most benefit.

Note: If you are new to the class, please contact the instructor first to make sure this class is appropriate for you. (nkaliniski@gmail.com)

YOGA FOR MS

When: Saturdays, 10:30 - 11:30 a.m.

Location: City Wide Community Center

Cost: \$20 Resident, \$30 Non-Resident

Dates	Code
3/4 - 4/8	600446-4
4/15 - 5/20	600446-5



Adult Classes

FITNESS



Brigid has been practicing yoga for twenty years and has her EYT200 certification. She believes that yoga can benefit all people and help keep people healthy in body, mind and spirit. An active runner, cyclist and hiker Brigid can attest to the power of yoga as an essential component to any fitness plan.



Vinyasa Flow Yoga - Ages 16+

Instructor: Brigid McNamee

This class offers a vinyasa flow from one posture to the next connecting the movement with the breath. Students will move through a variety of postures throughout the practice focusing on developing strength, flexibility and balance. The practice of controlled breath connected with movement is the foundation of a mind body connection which leads to stress reduction and improved movement.

When: Tuesdays, 6:00 - 7:00 p.m.

Location: City Wide Community Ctr.

Cost: \$60 Resident, \$70 Non-Resident

Dates

Code:

3/7 - 4/11

600448-4

4/18 - 5/23

600448-5



Zumba Gold - Ages 50+

Instructor: Mitzi Caldron

Zumba Gold is the perfect class for older adults who may be Zumba beginners, fitness newbies, or in need of a modified fitness routine!



When: Saturdays, 9:00- 9:45 a.m.

Location: City Wide Community Center.

Cost: \$25 Residents, \$35 Non-Residents

Dates

Code:

3/11 - 4/15

600421-4

5/6 - 6/10

600421-5



Refit Revolution - Ages 18+

Instructor: Karen Hammond

Refit is a fitness experience for everybody and Every Body! Combining cardio, toning, flexibility and stretching into one power-packed hour of uplifting fun!



When: Wednesdays, 5:00- 6:00 p.m.

Location: City Wide Community Center.

Cost: \$60 Residents, \$70 Non-Residents

Dates

Code:

3/8 - 4/12

600425-4

4/26 - 5/31

600425-5

Adult Classes

HOBBIES & CRAFTS

Beginning Birding - Ages 18+ yrs
 Instructor: Linda Rayton



Designed for beginners, and those who want to learn more by birding in a group. Participants will learn the basics of bird behavior and biology, how to use binoculars effectively, and explore birding sites around Concord. The first class will meet at Horseshoe Pond; all other locations given with registration. Bring a set of non-pocket binoculars (some loaners are available). The program is generally held rain or shine, with cancellations for freezing or heavy rain.

BEGINNER BIRDWATCHING

Varies Concord Locations
 Ages 18 +



Dates: 5/5 - 5/26
When: Fridays
Time: 7:30 - 9:00 a.m.
Location: Various locations (1st will be at Horseshoe Pond)
Cost: \$66 Residents, \$76 Non-Res.
Code: 600924-1



Date: Saturday, 4/8
Time: 10:00 - 2:00 p.m.
Location: City Wide Community Ctr.
Cost: \$30 Residents, \$40 Non-Res.
Code: 600915-1

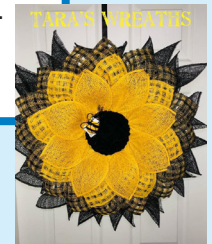
Candle Making - Ages 18+ yrs
 Instructor: Olivia Patterson

Make your own soy candles using a variety of colors and scents and learn how to do it from home! All materials provided!

Spring Wreath Making - Ages 18+ yrs
 Instructor: Tara Whiting

Spring into summer with a new "designed by you" wreath. This spring will have a DIY wreath session to create a sunflower for your door! All supplies are provided, just bring your wreath imagination. Bring a friend and kick-off spring!

Date: Saturday, 4/15
Time: 10:00 - 2:00 p.m.
Location: City Wide Community Ctr.
Cost: \$55 Residents, \$65 Non-Res.
Code: 600116-2



Dates: 3/8 - 3/29 (4 weeks)
When: Wednesdays
Time: 7:00 - 8:30 p.m.
Location: City Wide Community Ctr.
Cost: \$72 Residents, \$82 Non-Res.
Code: 600918-1

Gardening Workshop - Ages 18+ yrs
 Instructor: Hannah McBride



Are you excited to grow your own food? Does picking fresh tomatoes and snap peas from your own garden sound amazing? Do you want to be more self-sufficient and sustainable? Do you want to save money on fresh fruits and vegetables? If you answered YES to any of these questions, come join Hannah MacBride for her home vegetables gardening course. You'll leave with lots of useful tips and tricks, plus the confidence to get started this spring on your very own vegetable garden.

Blanket Workshop - Ages 16+
 Instructor: Lindsey Roy

Do you love to craft and create? Have you ever wanted to make one of those trendy chunky knit blankets? This is the class for you! Join us for a 3-hour hands-on workshop where you'll leave with your own throw blanket to snuggle with. All materials will be provided.

When: Saturdays
Location: City Wide Community Center
Cost: \$72 Resident, \$82 Non-Resident

Dates	Time	Code
3/18	9 a.m. - 12 p.m.	600928-1
4/22	1 p.m. - 4 p.m.	600928-2



Adult Classes

LANGUAGE

[Intermediate French - Ages 16+](#) Instructor: Lise Blais
 This class is for advanced beginners who would like to improve speaking and writing skills. Some basic knowledge of French grammar is needed. Newcomers always welcome.

When: Wednesdays, 4 - 5:30 p.m.
Location: City Wide Community Center
Cost: \$125 Resident, \$135 Non-Resident
Dates **Code**
 3/8 - 4/12 600304-4
 5/3 - 6/7 600304-5



[Advanced Conversational French - Ages 16+](#)
 Instructor: Lise Blais

Students registering for this course will continue to develop their knowledge of reading, writing, listening and speaking in French. Advanced conversation group will discuss new topics each week. Newcomers always welcome.



When: Mondays, 5 - 6:30 p.m.
Location: City Wide Community Center
Cost: \$125 Resident, \$135 Non-Resident
Dates **Code**
 3/6 - 4/10 600208-4
 5/1 - 6/12 (no class 5/29) 600208-5

[2023 - Spring Adult Tennis League at Merrill Park - Ages 18+](#)

Instructor: Pattu Pillai

These are USTA 3.0 coach assisted co-ed adult Tennis Leagues. Players must be 3.0 - 3.5 USTA rated players. Please register at least 10 days in advance!



SPRING	
DATES:	Tuesday, 5/2 - 5/30
AGES:	18 +
TIME:	5:00 - 6:00 p.m.
LOCATION:	Merrill Park
COST:	\$55 Residents, \$65 Non-Residents
CODE:	118514-1



Adult Classes

TAI CHI



After a successful 30 year career in public safety, William Halacy retired from his position as Concord New Hampshire Police Chief and began a new career in Asian medicine. For over twenty-four years, Bill, with his wife, Margaret, has studied Yang style tai chi chuan in New Hampshire, Vermont, and Los Angeles under the tutelage of Masters Tung Kai Ying and Tung Chen Wei of Xingtai, China. He has been teaching tai chi for the past seventeen years at Concord Hospital's Center for Health Promotion, Canterbury Shaker Village, Sage Wellness Center, NHTI and numerous businesses throughout the area.



Beginners Intro to Tai Chi Slow Set- Ages 18+

Instructor: Bill Halacy

Learn how to practice the traditional 108 movement Yang tai chi form that has been described as the equivalent of doing acupuncture on yourself. Beginners are invited to share in this centuries old art form as taught by Masters Tung Kai Ying and Tung Chen Wei. Reduce stress, strengthen legs, back and abs, improve balance, enhance immunity, prevent or relieve arthritis, and generally approach each day with an upbeat perspective and a lighter step.

Tai Chi Slow Set - Ages 18+

Instructor: Bill Halacy

Learn how to practice the traditional 108 movement Yang tai chi form that has been described as the equivalent of doing acupuncture on yourself. Beginners and returning students will be enthusiastically welcomed to share in this centuries old art form as taught by Masters Tung Kai Ying and Tung Chen Wei. Reduce stress, strengthen legs, back and abs, improve balance, enhance immunity, prevent or relieve arthritis, and generally approach each day with an upbeat perspective and a lighter step. Beginners Welcome!

When: Thursdays, 7:00 - 8:00 p.m.	
Location: City Wide Community Center	
Cost: \$100 Residents, \$110 Non-Residents	
Dates	Code:
3/2 - 4/13	600439-4
5/4 - 6/15	600439-5

When: Tuesdays 1:30 - 2:30 p.m.	
Location: City Wide Community Center	
Cost: \$100 Residents, \$110 Non-Residents	
Dates	Code
2/28 - 4/11	600441-4
5/2 - 6/13	600441-5

Tai Chi Slow Set Continuation - Ages 18+

Instructor: Bill Halacy

Those who have previously learned Tai Chi Gong and the first section of the 108 movement Yang tai chi form are invited to continue their studies to complete the Yang form as taught by the Tung family. As students continue to advance in their studies they will be afforded the opportunity to learn additional related forms, exercises and applications. Not a Beginner Class!

When: Tuesdays 7:00 - 8:00 p.m.	
Location: City Wide Community Center	
Cost: \$100 Residents, \$110 Non-Residents	
Dates	Code
2/28 - 4/11	600440-4
5/2 - 6/13	600440-5



Adult Classes

TRAILS & ALES

Trails & Ales - Ages 21+

Instructors: City of Concord Staff/Litherman's Brew Masters

Concord Parks & Recreation along with the City of Concord's Planning Division is excited to offer another session of the Trails & Ales series. This collaboration will introduce participants to some of the amazing trails here in Concord as well as the amazing breweries and pubs in Concord.

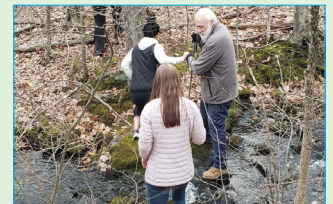
Each session will explore a new trail and a new brew. Please join us for a fun and educational evening out and about in Concord. Trails and Brewery locations will be announced once confirmed.

Participants can register for the entire series or individual sessions. Participants are responsible for their own transportation to the trails and the brewery.

When: Thursdays, 5:00 - 7:30 p.m.
Location: TBA
Cost: \$35 Resident, \$45 Non-Resident

Session 1		Session 2	
Dates	Codes	Dates	Codes
March 23	600919-1	May 4	600930-1
March 30	600919-2	May 11	600930-2
April 6	600919-3	May 18	600930-3
April 13	600919-4	May 25	600930-4
*All Four Dates: 600919-5 - special pricing		*All Four Dates: 600930-5 - special pricing	

*Enjoy a discounted price if you register for all 4 dates **Cost:** \$100 Resident, \$140 Non-Resident



Tiffany MacNeil is the owner of Millstream Yoga in Penacook. She is a certified Yoga teacher, has been an Outings Leader for the Sierra Club, and is a volunteer for the Humane Society Wildlife Land Trust.

Trail Yoga - Ages 18+

Instructor: Tiffany MacNeil of Millstream Yoga Studio

Yoga and hiking both offer the benefit of moving with the breath in the present moment. Trail Yoga offers a hike each week with "yoga stops" along the trail. Join us to stretch, strengthen, and feel more connected to nature and yourself. No mat required. Beginners welcome!

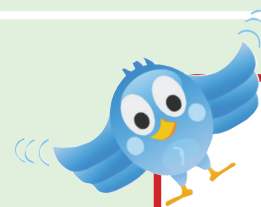
When: Tuesdays
Time: 5:30 - 6:30 p.m.
Cost: \$54 Resident, \$64 Non-Resident

Dates	Location	Code
4/4 - 4/25	Marjory Swope	600459-1
5/2 - 5/23	Batchelder Mill	600459-2



GOT CLASSES?

Is there a class you would like to see? Do you know an instructor? Concord Parks & Recreation is always looking to expand our program offerings. If you are an instructor or if there is a class you would like to see offered please contact us at recreation@concordnh.gov



To Avoid Class Cancellation Be An Early Bird!

Register at least 7 days prior to the start date to avoid class cancellation!

All classes have limited space

Adult Sports

ADULT GYM DROP IN

\$3.00 Res. (w/ID), \$4.00 Non-res.-ADULTS

FEBRUARY & MARCH DROP IN SCHEDULE



Please bring your own
paddle or basketball to
participate.
(603) 225-8690
www.concordparksandrec.com



DAY	GREEN ST. COMMUNITY CENTER 39 Green Street, Concord	CITY WIDE COMMUNITY CENTER 14 Canterbury Road, Concord
MONDAY	PICKLEBALL 9 AM - 12 PM PICKLEBALL 5 PM - 8 PM (CLOSED 2/20/2023)	SENIOR BASKETBALL 11AM - 1PM 55+ ADULT BASKETBALL 6PM - 8PM (CLOSED 2/20/2023)
TUESDAY	ADULT BASKETBALL 12 PM- 2PM	PICKLEBALL 11 AM - 2 PM
WEDNESDAY	PICKLEBALL 9 AM - 12 PM	FUTSAL 6:30-8:30PM (NO FUTSAL 3/29/2023)
THURSDAY	ADULT BASKETBALL 12 PM - 2PM	
FRIDAY	PICKLEBALL 9 AM - 12 PM	PICKLEBALL 1 PM - 4 PM

Adult Basketball League - Ages 18+

The Adult Basketball league is for ages 18+. Players must register with a team.

- Games:** Sundays
- Dates:** March 12 - April 30, & Saturday April 29th (no games April 16)
- Times:** 8 a.m. - 1 p.m., except March 12 & 19 which will be 1 p.m. - 6 p.m.
- Cost:** \$750 per team
- Location:** Green St. Community Center
- Registration Deadline:** March 1, 2023



Captains must submit a roster of up to 10 players. Games will be four 10 minute running time quarters with the clock being stopped in the last minute of each half. Teams are responsible for supplying matching uniform and all jerseys must have a number. There will be 6 weeks of regular games and 1 week for playoffs. Playoffs will take place SATURDAY, April 29 and SUNDAY, April 30. Please visit www.concordparksandrec.com for a full list of league rules.

To register download team form from www.concordparksandrec.com. For questions, please contact Dan Lamoureux at dlamoureux@concordnh.gov or 603-230-4981.

Captains' Meeting: Wednesday, March 8th at 7:30 p.m. at the City Wide Community Center

Senior Program

Meet our Senior Coordinator:

Becky Bukowski has been working at Concord Parks & Recreation Senior Coordinator since November 2014. Becky came to work for Parks & Recreation after she retired from the NH Department of Health and Humans Services after 29 years of service. Becky can be reached by phone (603-230-4982) or email (rbukowski@concordnh.gov).



Concord Parks & Recreation looks forward to seeing you at one of our senior programs. Please come visit us at the City Wide Community Center to learn more about the Senior Passport and to get a look at the Senior Lounge pictured below.

Senior Passport (55 yrs. and older)

All registered Senior Program participants will receive their "passport" and use it to check in when participating in senior programming. The Senior Passport is FREE for Concord residents and is available to non-residents for a \$50.00 yearly fee.

The Senior Passport will provide FREE access to the following programs as well as the Senior Lounge on Mon., Wed and Fri. from 9:00 a.m.-1:00 p.m. Below is a sample of programs offered during the week.

Mondays	Wednesdays	Fridays
Walking Group 9 - 11 Cribbage 10 -12 Scrabble 10 -12	Walking Group 9 - 11	Walking Group 9 - 11 *Knitting 10 - 12 *Adult Coloring 10 - 12 *Book Discussion 11-12:30 *Trivia 10 - 12
The walking group may use walking path at Keach Park when weather permits. .		
*Some Friday programs will alternate weekly. Please check the weekly calendar.		



To register for your Senior Passport simply stop by the City Wide Community Center.

Want to know what's going on?

Every month we publish a Senior Program Calendar, which can be found at the City Wide Community Center or by visiting our website (www.concordparksandrec.com) and viewing the Senior page. The calendar will list all Senior Programs for the month. Please note some programs do require advance sign up and a minimal fee.



Concord Parks & Recreation Senior Program will also offer the following programs in partnership with Concord Regional VNA:

Senior Health Clinics

The first Tuesday of every month 9:00-1:00 p.m.
Location: West St. Ward House, 41 West St. Concord, NH

Senior Health Clinics

The third Friday of every month 9:00-1:00 p.m.
Location: West St. Ward House, 41 West St. Concord, NH

Senior Health Clinics - until May 2023

The fourth Tuesday of every month 9:00-3:00 p.m.
Location: City Wide Community Center, 14 Canterbury Rd Concord, NH

Services offered include foot care, blood pressure screening, B-12 injections, medication education, and nutritional education. Senior Health Clinic services are provided for a suggested donation of \$10, however, services are provided regardless of a person's ability to pay. To schedule an appointment, please call (603) 224-4093, extension 5815.

Spring Basketball

These co-ed basketball leagues will focus on the fundamentals of the game while introducing players to being part of a team. Teams will meet once a week on Saturdays. Practices will include fun and creative ways for learning a new skill.

HOT SHOTS

Basketball doesn't have to end just because winter is over. This program extends Hot Shots basketball into the spring for ages 4 - 6. Spots in this league will be limited so be sure to sign up early. Registration Deadline is Monday, March 6 if space is available.

DATES:	Saturdays, March 11 - April 15
AGES:	4 - 6 (not in 1st grade)
TIME:	9:00 - 9:45 a.m.
LOCATION:	City Wide Community Center Gym
COST:	\$60 Residents, \$70 Non-Residents
CODES:	Child -111804-1 Coach - 112903-1



SPRING BASKETBALL REGISTRATION DEADLINE!

Registration for Spring Basketball is required on or before Monday, March 6. Limited space in all age groups.

JUMPERS

This program extends our popular Jumpers basketball program into the spring for grades 1st and 2nd. Spots in this league will be limited so be sure to sign up early. Registration Deadline: Monday, March 6 if space is available.

DATES:	Saturdays, March 11 - April 15
GRADES:	1 - 2
TIME:	10:00 - 11:00 a.m.
LOCATION:	City Wide Community Center Gym
COST:	\$60 Residents, \$70 Non-Residents
CODE:	Child - 111704-1 Coach - 112803-1

Volunteer Coaches Needed!

Volunteers are the backbone of our sports programs. Because of our solid volunteer base, our programs succeed. Please consider dedicating some of your time to the children of our community.

SPRING BASKETBALL COACHES MEETING!

Wednesday, March 8, 5:30 p.m. at the City Wide Community Center

ConvenientMD
URGENT CARE

- ✓ Quality Care
- ✓ Convenient
- ✓ Affordable

Proud Sponsor of Concord Parks & Recreation

8am-8pm, 7 Days a Week **JUST WALK IN!**

Spring Soccer Leagues

PRE-SCHOOL FUNDAMENTALS - AGES 4 - 6

The focus of this program is on FUNdamentals. Children will begin to learn the basics of soccer and team sports. This is a co-ed program led by volunteer coaches. Shin guards are recommended but not required for this age group. Price includes a team t-shirt.

Final registration deadline: Friday, April 14 if space is available.

DATES:	Saturdays, May 6 - June 10 (No class May 27) 5 weeks	
AGES:	4 - 5 (Not in 1st Grade)	
TIME:	9 - 9:45 a.m.	CODE: 111013-1 Youth CODE: 112814-1 Coach
TIME:	10:00 - 10:45 a.m.	CODE: 111013-2 Youth CODE: 112814-2 Coach
LOCATION:	Keach Park	
COST:	\$55 Resident, \$65 Non-Resident \$10 Late fee applies after Friday, March 24	

Coaches meeting will be held Thursday, April 20 at 5:30 p.m. at the City Wide Community Center

All Spring Soccer will be held at Keach Park



DIV 1, DIV II, DIV III SPRING SOCCER REGISTRATION DEADLINE!

Registration for Spring Soccer is required on or before Friday, April 14. Limited space in all age groups.

DIVISION II CO-ED SOCCER

This league will meet on Saturday mornings at Keach Park. Games only, no team practices are scheduled. There will be equal playing time for all participants. We will play 7 v 7 on a Division II size field. Final registration deadline: Friday, April 14 if space is available.

DATES:	Saturdays, May 6 - June 10 (No class May 27)	
GRADES:	2 & 3	
TIMES:	9 a.m. - 12 p.m. (depending on teams)	
LOCATION:	Keach Park Soccer Field	
COST:	\$60 Residents, \$70 Non-Residents \$10 Late fee after Friday, March 24	
CODES:	Youth 110213-1	Coach 112913-1

Coaches meeting will be held Thursday, April 20 at 5:30 p.m. at the City Wide Community Center



DIVISION 1 - KINDERGARTEN - 1ST GRADE

This is a co-ed recreational soccer program. Emphasis is on skill development, game participation, good sportsmanship and FUN! This age group will have 1 game per week. Games will be held on Saturdays between 11:30 a.m. and 1:30 p.m. depending on number of teams. Shin and mouth guards are required for this age group. Price includes a team t-shirt.

Final registration deadline: Friday, April 14 if space is available.

DATES:	Saturdays, May 6 - June 10 (No class May 27)	
GRADES:	Kindergarten to 1st Grade	
TIMES:	11:30 a.m. - 1:30 p.m. (depending on teams)	
LOCATION:	Keach Park Soccer Field	
COST:	\$55 Residents, \$65 Non-Residents \$10 Late fee after Friday, March 24	
CODES:	Youth 110613-1	Coach 112813-1

Coaches meeting will be held Thursday, April 20 at 5:30 p.m. at the City Wide Community Center

DIVISION III SOCCER

Games only, no team practices are scheduled. There will be equal playing time for all participants. We will play 7 v 7 on a Division III size field.

Final registration deadline: Friday, April 14 if space is available.

GRADES:	4 & 5	
CODE (BOYS): Tuesdays/Wednesdays Week of May 2 - June 7	Youth 110314-1	Head Coach 112914-1
CODE (GIRLS): Wednesdays/Thursdays Week of May 3 - June 8	Youth 110314-2	Head Coach 112914-2
LOCATION:	Keach Park Soccer Field	
COST:	\$60 Residents, \$70 Non-Residents \$10 Late fee after Friday, March 24	

Coaches meeting will be held Thursday, April 20 at 5:30 p.m. at the City Wide Community Center



Pre-School

BALLET & TAP

Instruction by: Dance Inspirations

BALLET & TAP - 2 - 5 YRS

Ballet and Tap combination classes are fun and lively classes that enhance coordination, musicality and creativity. Children will learn the basic concepts of dance, perfecting weight transfers and balance, while working on their improvisation and cooperation skills within a group. Children will learn through games, routines and repetitive movement.

What to wear: Female dancers should wear leotards, tights, pink ballet shoes with a strap and tap shoes. Male Dancers should wear sweatpants or athletic shorts and t-shirt, black ballet shoes with a strap and black tap shoes.

BALLET & TAP - K - 2ND GRADE

Children's Tap/Ballet dance classes for grades K - 2nd will work on techniques in tap & ballet. Students learn basic positions and vocabulary in an age appropriate and fun setting!

TIME:	10:30 - 11:30 p.m.		
GRADES:	K - 2		
LOCATION:	City Wide Community Center		
DATES:	CODE:	PRICE:	
Saturdays, March 11 - April 15	360302-3	\$50 Resident \$60 Non-Res	
Saturdays, May 6 - June 10 (5 weeks no class 5/27)	360302-4	\$42 Res \$52 Non-Res	

Please note:
Only dance participants are allowed into the room during class time.



BALLET & TAP 2 -5 YRS. SESSION 1

BALLET & TAP - WEDNESDAYS

March 8 - April 12

AGES	TIME	CODE	PRICE
2 - 3 yrs	10:00 – 10:30 a.m.	360102-3	\$40 Resident
3 - 5 yrs	10:45 – 11:30 a.m.	360202-3	\$50 Non-Res

BALLET & TAP - SATURDAYS

Saturdays, March 11 - April 15

AGES	TIME	CODE	PRICE
2 - 3 yrs	9:00 – 9:30 a.m.	360402-3	\$40 Resident
3 - 5 yrs	9:45 – 10:30 a.m.	360502-3	\$50 Non-Res

BALLET & TAP 2 - 5 YRS. SESSION 2

BALLET & TAP - WEDNESDAYS

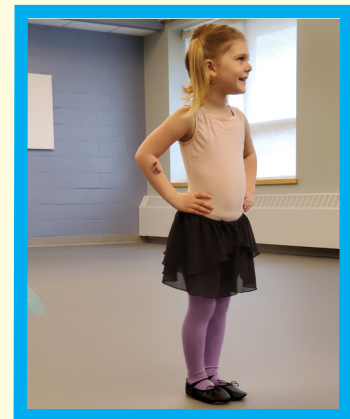
May 3 - June 7

AGES	TIME	CODE	PRICE
2 - 3 yrs	10:00 – 10:30 a.m.	360102-4	\$40 Resident
4 - 5 yrs	10:45 – 11:30 a.m.	360202-4	\$50 Non-Res

BALLET & TAP - SATURDAYS

May 6 - June 10 (5 weeks - no class May 27)

AGES	TIME	CODE	PRICE
2 - 3 yrs	9 – 9:30 a.m.	360402-4	\$34 Resident
3 - 5 yrs	9:45 – 10:30 a.m.	360502-4	\$44 Non-Res



Pre-School

TODDLER OPEN GYM

Instructor: Parks & Recreation Staff

TODDLER OPEN GYM	
Children ages 18 months - 3 years old will have the opportunity to participate in open play. Activities include relay races, ball pit, obstacle courses, and much more! Parents are encouraged to participate with their child. All participants should wear comfortable clothes and sneakers with non-marking soles.	
WHEN:	Tuesdays
AGES:	18 - 36 months old
TIME:	9:30 -10:15 a.m.
LOCATION:	City Wide Community Center
COST:	\$20 Resident, \$30 Non-Resident
DATE	CODE
March 7 - April 11	361604-4
April 18 - May 30 (No class April 25)	161628-1



CONCORD TINY EXPLORERS

Instructor: Linden Rayton

CONCORD TINY EXPLORERS	
Bring your little ones to explore the colors and wildlife of early springtime with professional naturalist Linden Rayton. We will explore the colors of nature with wildflowers, birds, and nature-based art activities, while building social-emotional skills in the great outdoors. Winant Park is a beautiful property that has streams, gentle climbing and many other great features. Come explore it with us!	
DATES:	Saturdays, April 29 - May 20
AGES:	2 - 5 yrs. old
TIME:	10:30 a.m. - 11:30 a.m.
LOCATION:	Winant Park
COST:	\$54 Residents, \$64 Non-Residents
CODE:	300314-5



ART WILD JR.

Instructor: Lora Allison

Art Wild Jr. will use art supplies, craft supplies, materials found in nature, as well as recycled materials to create a project. Over the six weeks the goal will be to expand their creative process and expand their imaginative problem solving in an age appropriate and engaging environment.



ART WILD

Instructor: Lora Allison

Art Wild will use art supplies, craft supplies, materials found in nature, as well as recycled materials to create a project. Over the six weeks the goal will be to expand their creative process and expand their imaginative problem solving.

ART WILD JR.	
DATES:	Thursdays, March 16 - April 20
AGES:	3 - 5 yrs.
LOCATION:	City Wide Community Center
TIME:	3:30 p.m. - 4:15 p.m.
COST:	\$30 Residents, \$40 Non-Residents
CODE:	311223-4

ART WILD	
DATES:	Thursdays, March 16 - April 20
AGES:	6 - 9 yrs.
LOCATION:	City Wide Community Center
TIME:	4:30 p.m. - 5:30 p.m.
COST:	\$35 Residents, \$45 Non-Residents
CODE:	311224-4

Youth Classes

Sarah Lane
Yoga Instructor, RYT-500 with Certifications in Prenatal Yoga,
Children's Yoga & Mindful Meditation Reiki Master

YOGA FOR KIDS

Instructor: Sarah Lane



YOGA FOR KIDS

Join Instructor Sarah Lane in a fun safe space for kids to learn classic yoga poses through engaging themes. Classes include: Breathing exercises, Poses, Yoga games, Meditation, Creative Expression and tons of FUN! Yoga is a great way for kids to gain better self-awareness, concentration, kindness, confidence and so much more.

Wear your comfy clothes and come wiggle your toes!

WHEN:	Thursdays
GRADES:	3 - 5
TIME:	4:00 - 5:00 p.m.
LOCATION:	City Wide Community Center
COST:	\$72 Resident, \$82 Non-Resident

DATE	CODE
March 16 - April 13	162507-1
May 11 - June 15	162507-2



Tiffany is a certified yoga teacher and owner of Millstream Yoga in Penacook. She loves to share the benefits of Yoga and mindfulness with beginners and students of any age.

THE YOGA SPOT

Instructor: Tiffany MacNeil



THE YOGA SPOT

This Yoga 4-class series for pre-teens and teens focuses on ways to better manage stress in their lives, promote positive body image, and increase strength and flexibility. Each class is a mix of yoga poses, breathing and meditation exercises, and mindfulness practices. Classes include how to apply what they learn in yoga class to help them at home, in school, and with friends.

DATES:	Tuesdays, March 7 - March 28
GRADES:	6 - 8
TIME:	5:00 - 6:00 p.m.
LOCATION:	City Wide Community Center
COST:	\$36 Resident, \$46 Non-Resident
CODE:	600460-4

SPORTS SAMPLER

Instructor: Olivia Patterson



SPORTS SAMPLER

This program exposes kids to a different sport every week and gives them an opportunity to try it out. They will learn the rules of each game and develop sportsmanship and game-related skills. By the end of this program, participants will hopefully find a sport that they'd like to continue in the future. Sports that may be featured in this program include basketball, soccer, t-ball, and floor hockey.

DATES:	Mondays, March 6 - March 27
GRADES:	1 - 2
TIME:	4:30 - 5:30 p.m.
LOCATION:	City Wide Community Center
COST:	\$50 Resident, \$60 Non-Resident
CODE:	330244-1



BRICK BUILDERS

Instructor: Olivia Patterson



BRICK BUILDERS

Build a variety of lego creations and work on a group lego project of over 1,000 pieces! At the end of the program, you'll go home with a small set to keep.

DATES:	Tuesdays, March 7 - March 28
GRADES:	3 - 4
TIME:	4:30 - 5:30 p.m.
LOCATION:	City Wide Community Center
COST:	\$45 Resident, \$55 Non-Resident
CODE:	330245-1

Youth Classes

FLOOR HOCKEY

Co-ed Floor Hockey is for players in grades 6 - 12 and is played indoors at the City Wide Community Center. Teams will play two 30 minute games, 5 v 5. Coaches must submit a roster of up to 10 players. Equipment and shirts are provided. Players should bring non-marking sneakers and a water bottle.

MIDDLE SCHOOL FLOOR HOCKEY	
DATES:	Saturdays, March 11 - April 22 (no class 4/1)
GRADES:	6 - 8
TIME:	11:30 - 1:30 p.m. (on 4/22 9 - 11 am)
LOCATION:	City Wide Community Center
COST:	\$200 Resident team \$300 Non-Resident Team
CODE:	111227-1
Participants will need sneakers, mouth guards and shin guards. Registration Deadline: Wednesday, March 1	

HIGH SCHOOL FLOOR HOCKEY	
DATES:	Saturdays, March 11 - April 22(no class 4/1)
GRADES:	9 - 12
TIME:	2 - 4 p.m. (on 4/22 11:30 - 1:30 p.m.)
LOCATION:	City Wide Community Center
COST:	\$200 Resident team \$300 Non-Resident Team
CODE:	111227-2
Participants will need sneakers, mouth guards and shin guards. Registration Deadline: Wednesday, March 1	

FLOOR HOCKEY COACHES MEETING!

Wednesday, March 8, 6:30 p.m. at the City Wide Community Center

SPRING NFL FLAG FOOTBALL

NFL Flag; a flag football league for boys and girls, ages 6-11. The league is broken down into two age groups.

This league is co-ed; providing boys and girls with the opportunity to learn the fundamentals of football while playing in a safe environment. Teams will play 1 game per week.

NFL FLAG FOOTBALL			
DATES:	Sundays, May 7 - June 11 - 5 weeks (no football on May 28)		
AGES:	6 - 11		
LOCATION:	Merrill Park		
COST:	\$55 Resident, \$65 Non-Resident		
AGES	TIME	YOUTH CODE	COACH CODE
6 - 8	9 :00 - 12:00 a.m.	113912-1	113812-1
9 - 11	12:00 - 3:00 p.m.	113912-2	113812-2
* All players will receive a team shirt. Please note child's jersey size at time of registration. *Unfortunately, scholarships are not available for Flag Football.			
Registration Deadline: Friday, April 14			



SPRING FLAG FOOTBALL COACHES MEETING!

Thursday, April 20, 6:30 p.m. at the City Wide Community Center



Cooking/Camp & Trip Programs

SPRINGTIME TREATS

Instructor: Nicole Tenney

SPRINGTIME TREATS	
Miss Nicole is back with another baking class, each week bakers will create a spring themed treat! Treats may include cookies, cupcakes and more!	
DATES:	March 18 - April 8
AGES:	8 - 12 yrs. old
TIME:	10:00 a.m. - 11:00 a.m.
LOCATION:	City Wide Community Center
COST:	\$105 Residents, \$115 Non-Residents
CODE:	321333-4



SPRING NATURE CAMP

Instructor: Lora Allison

SPRING NATURE CAMP	
April vacation nature camp is a perfect place for the young naturalist in your life to explore White Park in the Spring. Your camper will create nature-based art, explore mud and vernal pools, go on in-park hikes, and learn about science with fun activities. The camp is rain or shine or anything in between. Boots, outdoor clothing and a change of clothes is required.	
DATES:	April 24 -28
TIME:	9:00 p.m. - 3:00 p.m.
AGES:	6 - 9 yrs. old
LOCATION:	Merrimack Lodge at White Park
COST:	\$150 Resident, \$160 Non-Residents
CODE:	140340-1
Registration Deadline: April 14	

MIDDLE SCHOOL TRIP SERIES

Instructor: Parks & Rec Staff

MIDDLE SCHOOL TRIP SERIES	
Join us once a month adventuring to fun locations. We have planned trips to FunSpot, a Red Sox game at Fenway Park and Paintball! Transportation and food are provided. Preregistration is required, and spaces are limited!	
GRADES:	6 - 8
LOCATION:	Bus leaves/returns at City Wide Community Ctr.
COST:	\$75 Residents, \$85 Non-Residents Pricing is per trip



APRIL BREAK CAMP

Instructor: Olivia Patterson

APRIL BREAK CAMP	
April Camp is similar to our Winter Vacation Camp. Days will be filled with a variety of crafts, games, unique activities, and open play. Weather permitting, most of it will take place outdoors.	
DATES:	April 24 -28
TIME:	8:30 a.m. - 4:30 p.m.
GRADES:	K - 5
LOCATION:	City Wide Community Center
COST:	\$90 Resident, \$100 Non-Residents
CODE:	340036-1
Registration Deadline: April 14	

22

Cyan
Magenta
Yellow
Black

FUNSPOT PARTY

DATES:	Saturday, March 11
CODE:	340047-1
TIME:	Leave 5:15 p.m, Return 9:45 p.m.
Registration Deadline: March 3	

RED SOX TRIP

DATES:	Saturday, April 15
TIME:	Leave 12:45p.m., Return 9:00 p.m.
CODE:	340047-2
Registration Deadline: March 31	

PAINTBALL

DATES:	Saturday, May 13
TIME:	Leave 11:45 a.m., Return 4:45 p.m.
CODE:	340047-3
Registration Deadline: May 5	

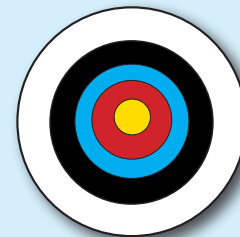
Archery



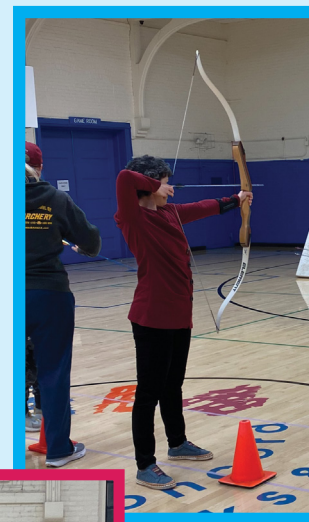
FALL ARCHERY CLASSES

Instructor: Lucy Morris

Lucy Morris is USA Archery certified Level 4 NTS Archery Coach and Instructor Trainer. You can learn more about Lucy at www.nearchery.com, TheFlyingArcher.com, and on Youtube: The Flying Archer. All equipment is provided.



The code of an archer: Honor, Respect and Kindness



ARCHERY – BEGINNER	
Spring into action with archery! Pull the string back, let go of stress for an hour as you build on your skills and confidence. Beginner Archery will offer a variety of different targets and distances. All equipment is provided. Personal equipment will need to be inspected and approved.	
DATES:	Friday, March 10 - April 21 (no class March 31)
AGES:	8 and up
TIME:	5:00 p.m. – 6:00 p.m.
LOCATION:	Green Street Community Center
COST:	\$100 Resident, \$110 Non-Resident
CODE:	215130-4

ARCHERY – INTERMEDIATE	
This intermediate class will continue to build your total archery skills. Let go of stress for an hour, train your eye and arm as you increase your competence and confidence. As in the beginner class there be a variety of different targets and distances. All equipment is provided. Personal equipment will need to be inspected and approved.	
DATES:	Friday, March 10 - April 21 (no class March 31)
AGES:	8 and up
TIME:	6:15 p.m. – 7:15 p.m.
LOCATION:	Green Street Community Center
COST:	\$100 Resident, \$110 Non-Resident
CODE:	215230-4

LADIES NIGHT ARCHERY	
Spring into action with archery! Pull the string back, let go of stress for an hour as you build on your skills and confidence. This is an Intermediate class and will offer a variety of different targets and distances. All equipment is provided. Personal equipment will need to be inspected and approved.	
DATES:	Friday, March 10 - April 21 (no class March 31)
AGES:	18 and up
TIME:	7:30 p.m. – 8:30 p.m.
LOCATION:	Green Street Community Center
COST:	\$100 Resident, \$110 Non-Resident
CODE:	215231-4



**To Avoid
Class Cancellation
Be An
Early Bird!**

**Register at least 7 days prior
to the start date to avoid class
cancellation!**

All classes have limited space

Family Drop-In

FEBRUARY VACATION FAMILY DROP IN

FAMILY BASKETBALL

MONDAY FEB 27

1:00-3:00PM

THURSDAY MARCH 2

4:00-6:00PM



COST 2.00 RES., 3.00 NON-RES

FAMILY OPEN GYM

TUESDAY FEB 28

9:00-11:00am

WEDNESDAY MARCH 1

1:00-3:00PM

SATURDAY MARCH 4

11:00am-1:00PM



**CHILDREN MUST BE SUPERVISED
BY SOMEONE 16+ AT ALL TIMES**

All drop ins are held at the City Wide Community Center

Summer Camps

Now Lets Plan Your Summer!

We believe that summer is a time for having fun, making new friends and experiencing new activities and adventures. Our summer camps allow your child to do just that in a safe, day camp setting. Please read our Parent's Guide from cover to cover, as it will answer many of your questions regarding your child's time at camp. Our parents guide will be available in May on our website.

Our Traditional "all day" Camp Staff

Our camp staff are selected based on their interest in working with children. The staff have CPR and First Aid certifications and all are 17 years old and older. Creativity, enthusiasm, and excellent communication skills are strong characteristics of our camp staff members. Staff work together as a team and are involved with the campers at all times. The Parks & Recreation Department provides an excellent in-service training program for its staff and requires background checks for all employees.



SCHOLARSHIPS

The Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are not available to non-residents or for adult programs. Scholarships are available for most (but not all) youth programs/camps and do not cover late fees.

Speciality Camp Staff

Each summer the Department contracts with vendors to provide numerous speciality camps. These are some of the best in the area and will provide your children the opportunity to learn a new activity. Look for more information in the Summer/Fall brochure due out in May.

FOR ALL SUMMER CAMPS PAYMENT PLAN

- A non-refundable payment of \$20 per week is required at time of registration.
- Balance of each camp week is due 14 days prior to the start of that camp.

Payment plans must be arranged through the Parks and Recreation Office

Be Sure to look for our 2023 Summer Camp Brochure mid-April! Along with our traditional camps you will find information on our Specialty Camps such as: Basketball, Soccer, and Dance!



Summer Camps

STAY & PLAY CAMP - GRADES 1 - 5

This 9 week traditional day camp will have your kids spending the summer days enjoying swimming, tennis, arts & crafts, field games, sing alongs as well as a few special guests sprinkled in. Each week will follow a theme marked by the games, special guests, and arts and crafts scheduled for that week. Staff to child ratio is 1:8. All staff are CPR/First Aid Certified and have an additional 20+ hours of staff training (including water safety).

Special guests will be announced in late May!

STAY & PLAY CAMP	
GRADES:	1-5 (in September 2023)
TIME:	8:30 a.m. - 4:30 p.m.
LOCATION:	City Wide Community Center (14 Canterbury Rd.)
COST:	Resident: \$170 per week, Non-Residents: \$180 per week EXCEPTION: Week 3 (4 days) Residents: \$136/wk, Non-Residents: \$146/wk All camps have limited space

Please be aware that there will be additional camper forms required.



WEEK	DATES	CODES
Week 1	June 19- June 23	240035-1
Week 2	June 26 - June 30	240035-2
Week 3	July 3 - July 7 (4 day week-no class July 4)	240035-3
Week 4	July 10 - July 14	240035-4
Week 5	July 17 - July 21	240035-5
Week 6	July 24 - July 28	240035-6
Week 7	July 31 - August 4	240035-7
Week 8	August 7 - August 11	240035-8
Week 9	August 14 - August 18	240035-9

Information on theme weeks will be online in late May

NATURE CAMP

Instructor: Lora Allison

Concord Parks and Recreation is excited to again offer Nature Camp for the Naturalist in your life! Join our experienced counselors as they introduce your child to the world of nature all around them. All Nature Camps are based out of the Merrimack Lodge at White Park and run 9 - 3 p.m. Staff to child ratio is 1:6. All staff are CPR/First Aid Certified and have an additional 20+ hours of staff training. Camp enrollment is limited to 12 participants per week.

LOCATION: Merrimack Lodge at White Park

Campers should be prepared to be outside most days.
Rain gear, sunscreen and boots required

NATURE CAMP - GRADES 1 - 3

Campers will spend their days exploring the park, creating nature based crafts and learning all about what the world around them has to offer. Campers should come to camp prepared to be outside regardless of weather. After all weather is just another part of nature!

TIME: 9:00 a.m. - 3:00 p.m.

WEEK	DATES	CODE
Week 1	June 19- June 23 - Herpetology	240430-1
Week 2	June 26 - June 30 - Entomology	240430-2
Week 3*	July 3 - 7- Science of Nature (no class July 4)	240430-3
Week 5	July 17 - July 21 - zoology	240430-5
Week 6	July 31 - August 4 Meteorology	240430-6
Week 8	August 14 - August 18 Limnology	240430-8



COST: Resident: \$170 per week Non-Resident: \$180 per week
*Week 3 (4 day camp) Resident: \$136, Non-Resident \$146

CAMP WILD GRADES 4 - 5

Nature and science-based camp for older elementary students. Geared towards children who are ageing out of Nature Camp (not required). With a focus on science, nature, service, and recreation. Walking field trips to pools and downtown as well as two out of park field trips for service trail work on a Concord trail.

TIME: 9:00 a.m. - 3:00 p.m.

WEEK	DATES	CODE
Week 4	July 10 - 14 Entomology & more	240430-4
Week 7	Aug. 7 - Aug. 11 Meteorology & more	240430-7

COST: Resident: \$170 per week Non-Resident \$180.00

Summer Camps

REC ADVENTURE CAMP - GRADES 3 - 5

Rec Adventure Camps are back with exciting trips and fantastic favorites. Each week we will have a mix of adventures including beach trips, hikes, theme parks, kayaking, surfing and more! This camp is designed to allow kids to go on an out of town escapade Monday-Thursday, and Friday will be spent in town, or as trip make up day. Information about specific trips will be available online in late May.

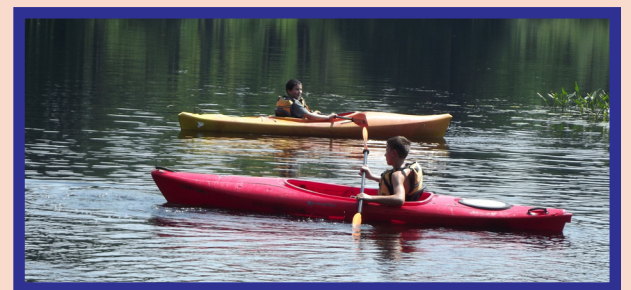
Staff to child ratio is 1:8. All staff are CPR/First Aid Certified and have an additional 20+ hours of staff training (including water safety). If able to due trips this summer they will be announced in late May.

REC ADVENTURE CAMP	
GRADES:	3-5 (in September 2023)
TIME:	8:30 a.m. – 4:30 p.m.
LOCATION:	“Base Camp” is at City Wide Community Center. After 9 a.m.(Monday - Thursday) we are off campus.
COST:	Resident: \$200 per week, Non-Resident: \$210 per week EXCEPTION: Week 3(4 days) Residents: \$160/week Non-Residents: \$170/week



WEEK	DATES	CODE
Week 1	June 19- June 23	240229-1
Week 2	June 26 - June 30	240229-2
Week 3	July 3 - July 7 (4 day week-no class July 4)	240229-3
Week 4	July 10 - July 14	240229-4
Week 5	July 17 - July 21	240229-5
Week 6	July 24 - July 28	240229-6
Week 7	July 31 - August 4	240229-7
Week 8	August 7 - August 11	240229-8

Information on field trips will be online in late May



NO NEWS IS GOOD NEWS
When you register for any of our programs, don't wait by the phone or camp by your mailbox. The only time you will hear from us is:

- * If the class is full
- * If the class is canceled
- * If there is a change in date or time

Summer Camps

ADVENTURE CAMP GRADES 6 - 8

Adventure Camps - Adventure Camp is back with exciting trips and fantastic favorites. Each week we will have a mix of adventures including beach trips, hikes, theme parks, kayaking, surfing and more! This camp is designed to allow kids to go on an out of town escapade Monday-Thursday, and Friday will be spent in town, or as trip make up day. Information about specific trips will be available online in late May.

Staff to child ratio is 1:8. All staff are CPR/First Aid Certified and have an additional 20+ hours of staff training (including water safety). If able to due trips this summer they will be announced in late May.

ADVENTURE CAMP	
GRADES:	6 – 8 (in September 2023)
TIME:	8:30 a.m. – 4:30 p.m.
LOCATION:	“Base Camp” is at City Wide Community Center. After 9 a.m.(Monday - Thursday) we are off campus.
COST:	Resident: \$200 per week, Non-Resident: \$210 per week EXCEPTION: Week 3 (4 days) Residents: \$160/week Non-Residents: \$170 /week



WEEK	DATES	CODE
Week 1	June 19- June 23	240427-1
Week 2	June 26 - June 30	240427-2
Week 3	July 3 - July 7 (4 day week-no class July 4)	240427-3
Week 4	July 10 - July 14	240427-4
Week 5	July 17 - July 21	240427-5
Week 6	July 24 - July 28	240427-6
Week 7	July 31 - August 4	240427-7
Week 8	August 7 - August 11	240427-8



SUMMER EMPLOYMENT

Are you looking for an active, challenging and exciting job for the summer? The Concord Parks & Recreation is looking for you! Concord Parks & Recreation is looking for qualified summer employees. Concord Parks & Recreation offers a fun work environment, flexible schedules and competitive pay!

Applicants should apply online at www.concordnh.gov.

Position	Starting Pay
Camp Staff	\$14.00
Lifeguards	\$15.00
Park & Cemetery Laborers	\$15.50
Water Safety Instructors	\$16.00
Splash Pad Attendant	\$13.50



City Audi

Concord City Auditorium

Please join us...

Here are a few of the upcoming shows..

Walker Lecture Series

Walker Lectures are always fun and interesting and did I mention free?
All programs start at 7:30 p.m.

- March 8, 2023 - Ball in the House
- March 15, 2023 - Egypt and Gibraltar
- March 22, 2023 - Composer Amy Beach, presented by John Gfroerer
- March 29, 2023 - The Soul of Morocco
- April 5, 2023 - Old Time Piano Concert
- April 19, 2023 - an Evening of Harmony with Accidental Harmony and Mixtape
- April 26, 2023 - Spain and Portugal



Community Concerts

- March 18, 2023 - Concord Community Concerts present "The Diamonds"
- April 15, 2023 Concord Community Concerts presents "Jay Daly's Barbeque Brass"

Community Players

- May 5, 6, 7, 2023 - Community Players present "Not a Word"

Dance Recitals:

- May 21, 2023 - NV Dance Studio
- May 27, 2023 - Gen's Dance Studio
- June 3 and June 4, 2023 - McKenna Creative Dance Studio
- June 17, 2023 - Turning Pointe Center of Dance
- June 24, 2023 - Dance Inspirations



www.concordnh.gov/722/Audi

The theater includes an elegant lobby space with turn of the century stained glass windows and furnishings.

The theater house seats between 835 and 841 depending on the configuration of the orchestra seats. The orchestra has seating for 524-535 guests including 9 wheelchair locations. There are 247 seats in the front balcony and 64 second balcony seats. The space is ADA accessible, including the restrooms. The gilded proscenium arch surrounds the 25x25 foot stage performance area. There is a small orchestra pit. Backstage facilities include 9 dressing rooms and 3 restrooms.

Intermission hospitality is offered in the reception lobby. Additionally, this space is available to rent for meetings and receptions. The lobby's capacity is 65 seated guests and 140 standing guests. Recent users include rotary clubs, historical societies, political events, and business and civic organizations. The lobby is rented out in four-hour blocks.

The space has no kitchen facilities but users may bring in refreshments to serve.

"The Audi", as it is affectionately called, hosts over 100 events each season, including lectures, dance recitals, pageants, concerts and the ballet.

Type of Organization	Performances	Full Venue 2 performances in one day	Rehearsal
Concord Resident Non-Profit	\$335.00	\$610.00	\$150.00
Concord Resident- Profit	\$610.00	\$1190.00	\$150.00
Non-Resident Non - Profit	\$610.00	\$1190.00 paid in advance	\$150.00
Non-Resident - Profit	\$920.00	\$1815.00 paid in advance	\$150.00



How to Register

Preregistration recommended at least 10 days before class starts. All classes have limited space and are first come, first served. Full class details are on our website.

HOW DO YOU REGISTER?

It's simple and easy.
You can:

Register via paper form

- 1) Register with us directly by stopping by the Concord Parks & Recreation Office, 14 Canterbury Rd. (Please refer to the operating hours on page 2 of this brochure).
- 2) Visit our website, www.concordparksandrec.com and download the registration form, fill it out and mail, fax, or bring it in with your payment (cash, checks, or credit cards).

or

Register online

- 1) You can register online - if you have taken part in one of our programs in the past you already have a user name and password. If you are new you can create a household to allow you to register online. Please take the time to fill out all information online: family members, date of birth, grade, emergency contact information and email etc. Questions please email us at recreation@concordnh.gov and someone will get back in touch with you within 2 business days.

Please Note:

- Registration forms must be completed by a parent or legal guardian if registrant is under 18.
- Please register early - all classes, camps or programs have limited space. Registrations are taken on a first come, first served basis and may fill up before listed deadlines.
- Please complete the registration form in full. Be sure to include the program code number. List all the programs you and/or your children will be participating in on the registration form.

NON-RESIDENTS

Non-residents must pay an additional non-resident fee. Also, some programs are limited to Concord/Penacook residents only.

Families must reside in Concord/Penacook to qualify for residency rates. Business ownership does not qualify.

PHOTO POLICY

We may take photographs and/or video for Department marketing purposes only. If you do not want your child to be photographed, please note this on your registration form.

RECREATION SCHOLARSHIPS

Concord Parks & Recreation Department tries to keep its fees at an affordable level for all Concord/Penacook residents. If you have an unusual family financial situation that limits participation due to the fee, please contact the Parks & Recreation Department to make arrangements for a fee reduction. Scholarships are available for most (but not all) youth programs. Scholarships are not available to Non-Residents or for adult programs and do not include late fees.

PROGRAM CANCELLATIONS

Weekends:

Should we experience inclement weather on weekends, staff will post any closings/cancellations on our Facebook page by 8:00 a.m. for morning programs and 1:00 p.m. for afternoon/evening programs.

Evening Activities:

Cancellation for evening activities will not be made until at least 3:00 p.m. to allow for changing weather conditions.

Cancellation Notifications:

Cancellations will be posted online on our Facebook page.

If deteriorating conditions force on-site cancellations, a representative will remain on site until all children are picked up by their parent or guardian.

Weather Cancellation Refund Policy:

In the event of inclement weather, it may be necessary to cancel Concord Parks & Recreation programming. In all cases, safety is of the utmost importance. Refunds will not be processed if programs are cancelled due to weather. However, when possible, Concord Parks & Recreation will do our best to reschedule.

PROGRAM REFUND POLICY

Refunds are issued when a program is canceled by the City or when the participant enrolled in the program has a note from their physician's office stating they are not able to participate in a program because of a medical condition.

2023 CAMP REFUND POLICY

All requests for refunds must be made in writing (email is ok). Cancellations received three weeks or more prior to the start of the camp are eligible for a full refund minus the \$20 per camp deposit required at registration. Cancellations received under three weeks will not be eligible for a refund unless accompanied by a doctor's note.

www.facebook.com/concordparknrecdept

www.instagram.com/concordparksnrec

FOR ALL SUMMER CAMPS PAYMENT PLAN

- A non-refundable payment of \$20 per week is required at time of registration.
- Balance of each camp week is due 14 days prior to the start of that camp.

Payment plans must be arranged through the Parks and Recreation Office

ONLINE REGISTRATION ACCOUNT INFORMATION How to Update Family Members on Your Online Account

- Go to our website: www.concordparksandrec.com
- Click on the “Online Registration” button
- Sign into your account with your username and password
- Once signed in, click the “Account” tab on top of the page
- Then click on the “Household & Member” drop-down button
- You will have options to edit most of the information
- To add a new family member, click the “Add New Member” button
- Items you can change include:
 - Email
 - Phone numbers
 - Medical concerns
 - Child’s grade in school
- You will not be able to change: names, birthdates or addresses. If you entered a wrong birthday or address when you created the account, please contact us at recreation@concordnh.gov or call us at 603.225.8690



How to find your username and password

- If you do not know your username or password, click the “Login” button
- Then, click on the forgotten password or forgotten username.
- Enter your email address and click submit
- You should receive an email with your username or password in about 5 minutes
- If you don’t receive an email, then we have a different email on file or you need to create an account
- If you need to create a new account, click on the create a new account button.
- If you are not sure if you have an account, please contact us at recreation@concordnh.gov or 603.225.8690

NO NEWS IS GOOD NEWS

When you register for any of our programs, don’t wait by the phone or camp by your mailbox. The only time you will hear from us is:

- * If the class is full
- * If the class is canceled
- * If there is a change in date or time

Registration Form

RETURN WITH PAYMENT TO:
 Concord Parks & Recreation Dept.
 14 Canterbury Rd.
 Concord, NH 03301
 Make Checks Payable to: City of Concord

CONTACT US AT:
 Office: 225-8690
 Fax: 225-8589
 E-mail: recreation@concordnh.gov
 Web: www.concordparksandrec.com

For Office Use Only

Check # _____ CC Cash Schlrshp
 Amount: _____ Entered: _____

PARENT/ GUARDIAN CONTACT INFO Please Print	Adult First & Last Name		
	Address		
	City	State	Zip
	Home Phone	Work Phone	Cell Phone
	E-mail	Emergency Contact Name	Phone Number

PLEASE LIST PARTICIPANT INFORMATION AND THEIR COURSE CHOICES

Participant Information		Date of Birth	Sex	Child's Elementary School	Child's Grade	Name of Class / Program	Class Code					Fee
First Name	Last Name											

List any special needs or medical conditions we should know about

******PLEASE READ AND SIGN THE WAIVER BELOW******

In Consideration for me and/or or my child/ward to participate in the sports and other activities of the City of Concord, New Hampshire Park and Recreation Department, we HEREBY WAIVE AND RELEASE the City of Concord, its officers, employees, and agents, individually or in an official capacity for the City (all for purposes herein also referred to as "Releasee") from all liabilities, claims, actions, damages, costs or expenses which we may have against any of the Releasee arising out of or in any way connected to participation in the activity, including, travel to or from the activity, for bodily injury, death or property damage suffered by me/my child/ward before, during, or after said activity. In addition, I give my permission for the child(ren) to be treated by qualified medical personnel in the event that the parent/guardian named below cannot be reached at the phone numbers provided.

I understand and agree that all Parks & Recreation Department classes/events may be photographed. I give permission to Parks and Recreation Department to use participants' photo for display or advertisement by the City of Concord, Parks & Recreation Department.

Signature (parent/guardian if participant is under 18 years of age)
Date

Youth
Scholarship Donation
Rounding up your
program fee helps provide
financial
assistance to those
otherwise unable to afford
the cost of a program.

Total Fees

➔

Total Amount

REFUND PROCEDURE - Refunds are issued only when a class is cancelled by the Parks & Recreation Department or the participant enrolled in the program has a note from a physician's office stating they are not able to participate in the program because of a medical condition. Refunds will not be issued if a class is cancelled due to inclement weather. If you feel your request for a refund was unfairly denied, there is an appeal process. Appeals must be in writing and sent to the Concord Parks & Recreation Department.

REMEMBER THESE 4 EASY WAYS TO REGISTER!

1

Fax
 Fax your registration to:(603)225-8589 and contact us at 603-225-8690 with payment information

2

On-Line
www.concordparksandrec.com
 Customers can sign-up via our on-line registration system at www.concordparksandrec.com

3

Mail-In
 Mail completed registration form & payment to:
 Concord Parks & Recreation
 14 Canterbury Rd., Concord,
 NH 03301

4

In-Person/Walk-In
 Visit us in at the Parks & Recreation Office at 14 Canterbury Rd.. to fill out your registration in person. Office hours are 8 a.m. - 6:00 p.m.